

Therapeutic Use Exemptions

What is a TUE

Athletes may have illnesses or conditions that require them to take particular medications.

If the medication an athlete is required to take to treat an illness or condition happens to fall under the WADA

Prohibited list, A TUE may give that athlete the authorization to take the needed medicine.

How to apply or ask a TUE

Download from your national WADA-website, or the website from your National Anti-Doping Organization the

application form for a TUE and take this to your doctor to fill in.

When the doctor has filled in the medications you require for your illness or condition, and signed this, you send the

complete application form to the address of your national WADA-organization which will decide to grant a TUE or

not.

If your TUE is granted, you will receive a TUE number.

Important to know

Make sure you have this document on you when going on competition (or a copy) and fill this TUE number in on the

document in the part 'medications or drugs taken in the last 7 days'. Only TUE number xxx is enough. The lab has this

number and will take count of your required medication. Make sure to fill in ALL medications you took in the period

of 7 days before the doping control.

The application form for a TUE, even signed by a doctor, is not valid as TUE on the coc-document.

A TUE is only valid for a certain period. Make sure you renew your TUE before it is expired.

Which medications are prohibited?

The list of prohibited medications can be found on the website of your National Anti-Doping Organization.

If you are not sure, ask your doctor to check, he will be glad to help you.

Do not forget !

One of the most important rules of the WADA-rulebook :

It is each athlete's personal duty to ensure that no Prohibited Substance enters his body. Athletes are responsible for any Prohibited Substance or its Metabolites or

Markers found to be present in their Samples.

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