



# BRITISH DRUG FREE POWERLIFTING ASSOCIATION



## 2019 BDFPA North East Division Qualifier

**Date:** 2<sup>nd</sup> February 2019

**Location:** Queens Court Business Centre, Carmere Rd, Sunderland, SR2 9TW  
[www.the-pfc.co.uk](http://www.the-pfc.co.uk)



**Aim:** Our aim is to host the North East Division Powerlifting Meet within the BDFPA. We are inviting Female and Male lifters of all ages and categories to take part.

### Timings

**Weigh In:** 0830-1000hrs

**Lifting Starts:** 1030hrs

**Cut off date for this event:** 19<sup>th</sup> January 2019

**Dress Code:** Equipment as detailed in the BDFPA Rulebook which can be found at <http://bdfpa.co.uk/>

## **Cost**

**Full Power:** £25

**Single Lift:** £15. £5 for each additional lift

*Payment must be sent prior to the event by electronic payment. Please ensure you use your name as the reference when paying.*

## **Payment Details**

**BDFPA NE**

**Sort Code:** 30-93-55

**Account:** 60748368

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**Venue:** Queens Court Business Centre, Carmere Rd, Sunderland, SR2 9TW

**Weigh In:** 0830-1000hrs. (All must be present within the first hour as the last 30 minutes are dedicated to re-weighs only, as per rule book)

**Name:**.....

**Full Address:**.....  
.....  
.....  
.....

**Telephone:**.....

**Email:**.....

**Date of Birth:**.....

**Gender:**.....

**Age:**.....

**Body Weight:**.....

**Class:**.....

**Please circle as required**    Full Power Equipped

Full Power Unequipped

Single Squat

Single Bench

Single Deadlift

**Full Power:** £25

**Single Lift:** £15

**Additional to single lift:** £5

## **Drug Testing**

*Drug testing will take place at this event*

*Please sign the following:*

I understand that I compete at my own risk and that I am entering a drug tested event. Knowingly entering this competition whilst using banned substances will result in a lifetime ban from all future competitions.

Name: .....

Signature.....

Date.....

Keep up to date with changes and events in the North East by following the division on Facebook at

<https://www.facebook.com/groups/246084115908249/>