

SOUTH-WEST REGION CHAMPIONSHIPS - NEWQUAY, CORNWALL ON 30/9/89

WOMEN

58.5 kg.

Jo Edmonds (Junior)	115 ⁺	60 ⁺	140 ⁺	315 ⁺
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+ denotes new British Junior records. Jo Edmonds made 62.5 kg⁺ on a 4th attempt.

70 kg.

Julie Thornton	100	42.5	135	277.5
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MEN

56 kg.

Dave Raggett (Junior)	75	60	115	250
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60 kg.

Michael Fox (Junior)	130	65	145	340
John Owen (S/Boy)	87.5	75	115	277.5

67.5 kg.

Ron Sydenham	185	97.5	220	502.5
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82.5 kg.

Andrew Cominos (40+)	187.5	115	197.5	500
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Referees: Vernon Wills, Kerry Drewett, Trudi Drewett, Andrew Burden, Andrew Cominos