

SOUTHERN COUNTIES POWERLIFTING CHAMPIONSHIPS: BASINGSTOKE SPORTS CENTRE

INCORPORATING: HANTS AND I.O.W. TEAM CHAMPIONSHIPS on the 21/7/91.

CLASS	NAME	B/WT	SQUAT	BENCH	D.LIFT	TOTAL	MAL./SCH'Z
LADIES							
63	Jackie Stoneman	58.8	95	45	110	250	218.75
80	Dona Bonner	70.9	135	62.5	155BR	352.5	264.79
MEN							
60	Luke Gerrard	56.85	130	80	160	370	320.53
67.5	Phillip Murray	65.1	160	105	192.5	457.5	343.26
A	David Miell	65.6	175	90	190	455	338.97
D	Alex Neil	65.1	130	90	195	415	311.83
75	B Brian Spice	71.4	210	105	255	570	394.09
	Dean Mikosz	73.6	235	135	200	570	384.46
E	Robert Hall	73.85	190	115	220	525	353.32
	Rick Meldon (G)	72.8	225	122.5	235	582.5	
82.5	C Dave Oakley	81.45	260	120	290	670	418.81
A	Nick Miles	82.15	255	150	265	670	416.33
B	Adrian Stoneman	82.1	210	132.5	225	567.5	352.64
E	Neil Heath	75.8	95	95	195	385	253.71
	Brian Smith	80.75			4th 200 S.C.M.R.		
90	C Peter Edwards	87.3	190	120	225	535	319.12
			4th 205 R.A.F.R.				
100	Carlton Harris	92.6	215	130	250	595	342.60
D	Brian Mitchell	92.75	210	130	240	580	333.73
110	Dave Hearnden	105.9	220	100	230	550	298.21
125	Steve Tanner	116.8	200	120	215	535	283.44

Hants and Isle of Wight Team Placings:

Schwartz Total

1st:	A Terry Morris Club - Southampton	755.30
2nd:	B Basingstoke Powerlifting Club	746.73
3rd:	C Alton Powerlifting Club	737.93
4th:	D Isle of Wight Powerlifting Club	645.56
5th:	E Havant Power Team	607.03

VIDEO, VIDEO, VIDEO, VIDEO, VIDEO, VIDEO, VIDEO, VIDEO, VIDEO, VIDEO, VIDEO, VIDEO, VIDEO

An excellent Video is available of the Southern Counties Powerlifting Championships, 1991. All lifts are shown. Send £11 (includes postage) payable to Mike Rudd at the following address: 31 Bramley Hill, Mere, Wilts, Telephone 0747 860240.