

**KENT OPEN - 11th MAY 1991**

Heavy Weights Gym - Sittingbourne

M.C Graham Saxton

Technical Officer: Ken Smith

Recorder Trish Baldock

Referees: Ken Smith, Andy Bonner, Ellie Millington, Suzanne Brooker,  
Carol Wrycraft

Loaders: Darren Clifford, Darren Sandy, Dave Hatch

<u>LIFTER</u>	<u>B/W</u>	<u>SQUAT</u>	<u>Bench Press</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
<b><u>Ladies</u></b>					
<b>70Kg</b>					
Marie Hill	64.5	105	62.5	135	302.5
<b><u>Men</u></b>					
<b>60Kg</b>					
Paul Rogerson	59.35	140	85	175	400
John Simpkin	59.15	125SR	85SR	180SR	390SR
<b>67½Kg</b>					
Glen Coleman	67.4	190	107.5	195SR	492.5SR
Jeff Claridge	66	170	110	200	480
<b>75Kg</b>					
Brian Spice	72.1	220	115	265	600
Dave Holtum	71.5	190	105	200	495
Dave Marsh	74.25	170	90	210	470
David Ambler	70.5	177.5	100	190	467.5
Steve Holtum	69.9	165	97.5JR	195	457.5
Ken Hill	74.5	145	80	195	420
<b>82.5Kg</b>					
Nick Miles	82.3	247.5	150	275	672.5
Nick Swain	81.5	220SR	130SR	247.5SR	597.5SR
Derek Roast	82.4	212.5	130	230	572.5
Nick Oliver	80.45	190	107.5	215	512.5
Brian Smith	80.9	175	105	232.5	512.5
<b>90Kg</b>					
Steve Parnel	88.4	135	90	160	385
<b>100Kg</b>					
Brian Mitchell	95.2	190	135	240	565
<b>110Kg</b>					
Darryl White	104.4	260SR	135	270	665
Darren McCann	105.9	260	140	247.5	647.5
<b>125Kg</b>					
Ray Ambs	119.95	220	180	275	675
Alisdar Grayr	120.85	120SR	90SR	160SR	370
<b>145Kg</b>					
Dean Foley	131.5	115SR	85SR	150SR	350
				4th 200 SR	