

WELSH OPEN POWERLIFTING CHAMPIONSHIPS
JULY 6th 1991

67.5Kg class

Jeff Claridge	175	107.5	195	477.5
Dave Ambler	180	100	180	460
Warren Johnson Jnr	140	95	170	405

75Kg Class

Glen Coleman	190	115	190	495
Steve Holtum	165	100	190	455
Dave Morgan	135	115	202.5	452.5
Terry Clark Jnr	140	95	150	385
Lee Evans Jnr	115	82.5	155	352.5
Andrew Belt Jnr	110	85	145	340

82.5Kg Class

Ray Jones 40+	190	117.5	230	537.5
Nigel Phillips	160	125	220	505
Steve Adrian	170	87.5	195	452.5
Steve Freeman	150	92.5	200	442.5

90Kg Class

Simon Hughes	232.5	130	242.5	605
Gareth Clements	212.5	115	220	547.5
Gethin Bibbs	182.5	122.5	215	520
Steve Parnell	137.5	87.5	150	375
David Bedford Jnr	80	72.5	165	317.5

100Kg Class

Les Pilling	255	155	270	680
Andrew Velasco	230	140	230	600
Martin Ferguson	215	115	215	545
Alan Johnson 40+	187.5	105	190	482.5

110Kg Class

Andrew Dodwell	250	147.5	260	657.5
Darren McCann	250	140	247.5	637.5
Graham Saxton	195	125	230	550

125Kg Class

Ray Ames	250	190	280	720
Graham Petrie	190	95	225	510

145Kg Class

Howard Thomas	325 *	155	295	775 *
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145+ Kg Class

Dilwyn Davies 40+	250 +	140 +	250 +	640 +
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* British European World Record
+ British European World Masters Record