# BRITISH POWERLIFTING ASSOCIATION
# OFFICIAL RECORDER'S SHEET

EVENT: HERTS + BCOS

VENUE: ST ALBANS.

TECHICAL OFFICER: J. WEST

DATE: 31/5/92

M.C.: DEREK AMBLER

RECORDER: M. DINNEAGE

REFEREES: (Chief) [signature] (E. MILLINGTON) [signature] R HENTALL

« » [signature] D. AMBLER

Loaders:

BRITISH POWERLIFTING ASSOCIATION (DRUG FREE) LTD

| CLASS | LIFTER | B/W | SCHWARTZ OR MALONE | AGE | SQUAT 1 | SQUAT 2 | SQUAT 3 | B-PRESS 1 | B-PRESS 2 | B-PRESS 3 | SUB TOTAL | DEADLIFT 1 | DEADLIFT 2 | DEADLIFT 3 | TOTAL | AMENDED |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 63 | MARI HILL 33% | 61.5 | 4 1.145 | | 100 | 105 | 110 | 60 | 65 | 65 | | 120 | 130 | 140 | 315 | 480.7 |
| 67½ | TOBY SWALLOW ○ | 64 | 4 1.113 | | 165 | 175 | 180 | 90 | 97½ | 100 | | 200 | 210 | 212½ | 490 | 1 545.8 |
| GUEST | GARY WATTS | 64.5 | 4 | | 150 | 160 | 170 | 105 | 110 | 115 | | 170 | 180 | 190 | 475 | |
| GUEST | TOM JOHNSTON | 67 | 5 | | 100 | 110 | 120 | 75 | 80 | 80 | | 140 | 150 | 160 | 355 | |
| 75 | GILBERT HARRIOTT | 69.5 | 5 | | 135 | 145 | 150 | 90 | 100 | 110 | | 150 | 165 | 170 | 415 | 6 |
| | ANDY McPHEE | 72.5 | 5 | | 125 | 135 | 140 | 75 | 80 | 82½ | | 145 | 155 | 167½ | 390 | 7 |
| GUEST | NEIL HEATH | 73 | 4 | | 120 | 125 | 135 | 85 | 95 | 100 | | 180 | 190 | 200 | 425 | |
| | CHRIS ANDERSON ○ | 73.5 | 5 1.013 | | 155 | 165 | 170 | 125 | 130 | 135 | | 195 | 205 | 210 | 505 | 1 511.5 |
| | TERRY CLARK ○ | 74 | 5 1.008 | | 150 | 157½ | 157½ | 100 | 105 | 107½ | | 150 | 160 | 170 | 435 | 4 438.[illegible] |
| | ALCH DEMETER | 74 | 4 1.008 | | 160 | 170 | 180 | 105 | 110 | 115 | | 165 | 180 | 190 | 485 | 2 |
| | JEFF MERRY ○ | 74.5 | 5 1.004 | | 160 | 170 | 175 | 100 | 105 | 105 | | 180 | 165 | 180 | 440 | 3 44[illegible] |
| | KEN HILL ○ | 75 | 6 1.000 | | 135 | 145 | 152½ | 70 | 77½ | 82½ | | 180 | 190 | 200 | 430 | 5 430 |
| 82½ | STEVE PARSONS | 76.5 | 4 | | 155 | 170 | 177½ | 75 | 80 | 85 | | 165 | 175 | 180 | 442½ | 2 ~~527.6~~ |
| | KEVIN COLLINS ○ | 79 | 5 .96825 | | 190 | 200 | 210 | 105 | 110 | 110 | | 220 | 240 | [illegible] | 545 | 1 527.6 |
| GUEST | ERIC WEST | 80 | 5 | | 175 | 185 | 190 | 115 | 120 | 122½ | | 185 | 195 | 205 | 505 | |
| | BILL BURNS | 81 | 6 | | 130 | 140 | 145 | 80 | 80 | 85 | | 160 | 165 | 170 | 385 | 3 |
| GUEST 90 | DEREK ROAST | 85.5 | 5 .92525 | | 210 | 220 | 225 | 120 | 130 | 132½ | | 220 | 240 | 245 | 600 | |
| 100 | RALF HENTALL ○ | 98 | 6 .859 | | 180 | 200 | 210 | 100 | 110 | 117½ | | 200 | 220 | 230 | 550 | 472.4[illegible] |
| | HITCHIN | 14 | 98.69 | | | | | | | | | | | | | |
| | ST ALBANS | 13 | 40.73 | | | | | | | | | | | | | |

ATTEMTS ONLY:

4th B. BURNS 145

" T. SWALLOW 82½ BRITISH [illegible] RECORD SQUAT

RETURN THIS FORM TO THE GENERAL SECRETARY, STEVE GARDNER, "POWERHOUSE," 18 HOLLY ROAD, BARTON-UNDER-NEEDWOOD, STAFFS DE13 8LD