

BRITISH POWERLIFTING ASSOCIATION OFFICIAL RECORDER'S SHEET

EVENT: RAF CHAMPIONSHIPS

TECHICAL: KW SMITH

VENUE: RAF COSFORD

DATE: 9th MAY

M.C.: STEVE GARDNER

RECORDER: STEVE GARDNER

REFEREES: (Chief) BAKRY SULTAN

Graham Brown
Neil Miles
Dun Gilman

" " WENDY SAMWAYS

GRAHAM SEXTON

Loaders: KW SMITH

DAVE AUSTIN

JOHN MCKAY

(* RAF RECORD)

STEVE RUSTEN



CLASS	LIFTER	D/W	SCHWARTZ OR MALONE	AGE	SQUAT				B-PRESS				SUB TOTAL	DEADLIFT				TOTAL	AMENDED
					1	2	3	4 ^m	1	2	3	4 ^m		1	2	3	4 ^m		
60	TOM BATH	59.8	6150		125	135	140		100	105	115		230	165	175	180		410	334.4
67.5	DAVID STANDING	64.0	7625		20	120	130		75	80	80		205	160	170	175		375	285.9
	KEVIN TALL	65.0	7514		100	115	117		77	82	87		200	160	170	185		385	289.3
	DEAN GILBERT	66.3	7377		140	152	160		75	85	90		237.5	175	185	190		427	315.4
75	GARETH PHILLIPS	68.1	7201		140	155	160		80	87	92		212.5	165	180	190		432	311.4
	ANDY DAMFORD	68.3	7183		150	160	170		90	97	100		210	200	210	220		470	337.6
	JOHN DUFFY	70.0	7031		100	110	115		67	72	77		177.5	137	147	155		332	238.8
	JOHN EVANS	72.9	6797		150	160	165		105	110	115		265	190	205	215		470	319.4
	STEVE WELSH	74.1	6908		220	227	230		120	127	132		357.5	220	220	227		577	387.4
	ANDREW O'NEILL	74.8	6659	20	70	75	82		60	65	70		147.5	125	135	152		282	188.1
82.5	PAUL ROPER	76.9	6517		145	157	162		102	110	115		277.5	190	200	212		477	311.9
	ROB BURNET	78.1	6462		150	160	160		90	95	100		255	195	205	215		470	302.8
	PAUL MILLS	79.8	6341		120	135	145		105	110	115		260	180	185	175		425	269.5
	JEFF WILSON	79.9	6335		130	140	150		105	107	110		247.5	150	165	180		427	270.9
	OSY GOODCHILD	80.9	6279		160	177	190		120	125	125		310	160	180	202		512	321.8
	DAVID COX	81.1	6268		175	180	190		105	110	112		302.5	207	217	217		510	319.7
	DAVE OAKLEY	81.6	6241		260	275	287		120	125	130		400	280	290	302		490	430.6
	ANDY SHIPMAN	82.4	6198		200	210	215		140	145	145		360	235	240	245		600	371.9
90K	DAVID LEATHERBARROW	83.0	6167		160	170	182		105	112	117		300	180	195	205		505	311.4
	GRAHAM BROWN	84.5	6093	53	110	115	122		97	102	107		230	158	170	175		400	243.7
	EDDY HOLDSWORTH	86.8	5986		165	175	185		110	117	122		212.5	190	205	205		482	288.8
	MARK BEAULAND	89.1	5889		205	212	215		142	147	150		365	235	260	262		625	360.0
100K	ANDY WILSON	93.1	5740		145	152	162		100	110	110		272.5	180	192	202		465	266.9
110K	MAL GREEN	100.1	5535		220	235	245		150	160	170		365	265	270	288		665	365.2
	MARK HEARD	101.7	5502		120	130	135		110	100	100		235	120	145	165		400	220.0
	DAVE AUSTIN	103.8	5451		180	190	195		120	125	130		325	210	225	235		550	310.2