

STAFFS "OPEN" POWER 1993

VENUE..POWERHOUSE GYM,BURTON ON TRENT,STAFFS
 PROMOTER..STEVE GARDNER,SUNDAY 24th JANUARY 1993
 REFFEREES..LES PILLING,ADRIAN AND ANNETTE BLINDT,
 KATE JONES,KEITH WILSON.
 M.C. .. ALAN HILL,TECHNICAL OFFICER..STEVE GARDNER

63K	Jeannette Gevers	30yrs	sq120	bp05	d1135	tot320
70	Emma Willan	17	150.5	70	155	375
60	Paul Crooks	20	162.5	85	190	437.5
67.5	Neil Abery	15	115	60	140	315
75	John McKay	33	175	102.5	215	492.5
75	John Dudley	51	135	95	180	400
82.5	Julian Woolf	21	210	127.5	242.5	580
	Steve Young	35	200	117.5	245	562.5
	Bill Stout	35	210	127.5	222.5	560
	Andrew Wood	27	200	112.5	235	547.5
	Steve Parsons	31	165	85	165	415
	George Keremezo	28	142.5	87.5	105	395
90	Nick Swain	27	230	140	200	630
	Chris Seager	27	200	125.5	230.5	555
100	Mick Bradford	42	187.5	110	227.5	525
	Graham Easthope	30	200	100	210	510
	Kevin Hall	38	190	85	220	495
110	Ilija Kovacevic	39	bombed	on squat		
	Simon Hodgson	20	180	100	215	495
125	Tim Tucker	32	bombed	on squat		
	Graham Saxton	30	230	130	265	625

REPORT ON THE CHAMPIONSHIPS BY THE PROMOTER

What a great start to 93! the competition ran smoothley and the atmosphere was electric,it was a competition with all levels of experience across the board,from raw novice to seasoned lifters,great work from the officials mentioned above, I thank them for their help in running this great comp,BUT I also wish to thank the following for helping me with the toughest job of all,LOADING... big thanks to STEVE BRADLEY,ANDY WILLAN,STEVE ANGEL, ADRIAN BLINDT and WILLI,

The two ladies lifted well,a great 320 total from Jeannette Gevers,and a senior British record in sq from Emma Willan,375 total at 17. Paul Crooks lifted superb,new British under 23 records, Neil Abery 15,first time on a platform,John McKay and John Dudley both b ack after injury problems,and great to see them,Julian Woolf lifted well to win a group of six,with μ 23 deadlift record,Steve Young and Bill Stout in good form gave him a run for his money,Nick Swain looked good at 90,ahead of Chris Seager who broke Welsh records.Mick Bradford enjoyed himself to take Master and Senior titles ahead of Graham Easthope and Kevin Hall,Ilija Kovacevic lost it on the squat to

leave Simon Hodgson,in his first power tournament.Tim Tucker also fell victim to the squat to leave Graham Saxton to do a pb total,with 50 or so present,it was a busy little affair,lets hope it stays that way for all of 93.