

British Single Lifts - St.Clears, Carmarthenshire

Squat

Class	B / WT	Name	Age	1	2	3	4	Total	Sec	Pos	Sch	Rating
58.5	58.5	Alison Seabright	Snr			110		122.5	Eq	1	0.8345	102.22625
75	72.8	George Pasmore	M6			85		105	Uneq	1	0.6805	71.4525
75	73.9	Chris Dossantos	T2			105		130	Eq	1	0.6723	87.399
82.5	82.5	Julien Mealey	T3			130		140	Uneq	1	0.6193	86.702
90	83.8	John Jones	M5			110		120	Uneq	1	0.6127	73.524
100	100	Olli Hunter	Snr			255		255	Eq	1	0.554	141.27
100	99.8	Alasdair Mealey	Jnr			165			Uneq		0.5545	0
110	105.5	Brian Mitchell	M2			200		200	Uneq	1	0.5429	108.58
125	111.5	Stephen Fisher	Snr			245			Uneq		0.5348	0

Bench Press

Class	B / WT	Name	Age	1	2	3	4	Total	Sec	Pos	Sch	Rating
58.5	58.5	Alison Seabright	Snr	75	80	85		85	Eq	1	0.8345	70.9325
60	59.1	Ron Cluer	M10	30	35	40		40	Uneq	1	0.8257	33.028
70	68.7	Maureen Sage	M6	40	42.5	45		45	Uneq	1	0.7146	32.157
75	73.9	Chris Dossantos	T2	65	70	75		75	Uneq	1	0.6723	50.4225
75	72.8	George Passmore	M6	85	90	95		90	Uneq	1	0.6805	61.245
75	74.3	Christopher Protheroe	Snr	115	125	125		125	Uneq	1	0.6694	83.675
82.5	82.5	Julien Mealey	T3	100	105	110		105	Uneq	1	0.6193	65.0265
82.5	81.1	Lee Parkin	Jnr	100	107.5	112.5		107.5	Uneq	1	0.6268	67.381
82.5	79.7	Mike Joseph	Snr	170	180			170	Eq	1	0.6347	107.899
82.5	79.7	Mike Joseph	Snr	170	180			180	Uneq	1	0.6347	114.246
90	87.3	Renzo Carullo	Snr	150	155	155		150	Uneq	1	0.5965	89.475
90	89.1	Martin Green	Snr	201	207.5	210		207.5	Eq	1	0.5889	122.19675
100	99.8	Alasdair Mealey	Jnr	100	105	108		105	Uneq	1	0.5545	58.2225
100	99	John Feehan	Snr	225	225.5	230		230	Eq	1	0.5565	127.995
110	106.6	Roger Mealey	M5	112.5	117.5	121	125	120	Uneq	1	0.5411	64.932
110	105.5	Brian Mitchell	M2	140	150	152.5		150	Uneq	1	0.5429	81.435
110	103.8	Roy Parkhurst	M1	150	155	157.5		157.5	Uneq	2	0.5459	85.97925
110	105.9	Mark Davies	M1	160	170	175		170	Uneq	1	0.5422	92.174
125	111.5	Steve Fisher	Snr	165	175	177.5		175	Uneq	2	0.5348	108.5325
125	115.7	John Bevan	M4	120	125	125		125	Uneq	1	0.5308	66.35
125	121.9	Pete Sutton	Snr	170	190	200		190	Uneq	1	0.6347	120.593
145	144	Matthew Mackey	Snr	217.5	222.5	222.5		217.5	Eq	1	0.499	108.5325

DeadLift

Class	B / WT	Name	Age	1	2	3	4	Total	Sec	Pos	Sch	Rating
70	68.7	Maureen Sage	M6	90	95	100		95	Uneq	1	0.7146	67.887
75	72.8	George Passmore	M6	110	120	125		125	Uneq	1	0.6805	85.0625
75	73.9	Chris Dossantos	T2	130	140	145.5	152.5	145	Uneq	1	0.6723	97.4835
75	74.5	George Troulis	M1	240	260	276		275	Eq	1	0.668	183.7
82.5	81.1	Lee Parkin	Jnr	132.5	142.5	150		150	Uneq	1	0.6268	94.02
82.5	82.5	Julien Mealey	T3	170	182.5	190		182.5	Uneq	1	0.6193	113.02225
82.5	82.3	Martin Brown	Snr	195	220	240		220	Uneq	1	0.6203	136.466
90	83.8	John Jones	M5	170	185	200	210	200	Uneq	1	0.6127	122.54
100	99.8	Alasdair Mealey	Jnr	170	182.5	182.5		170	Uneq	1	0.5545	94.265
100	100	Ollie Hunter	Snr	220	250	270		270	Eq	1	0.554	149.58
100	94	Terry Jex	M2	260	280	280		280	Uneq	1	0.571	159.88
110	105.5	Brian Mitchell	M2	240	250	260		250	Uneq	1	0.5429	135.725
110	105.9	Mark Davies	M1	230	250	260		250	Uneq	1	0.5542	138.55
110	104.8	Derek Cope	Snr	222.5	245	257.5		257.5	Eq	1	0.5441	140.10575
110	104.8	Derek Cope	M2	222.5	245	257.5		257.5	Eq	1	0.5441	140.10575