

WEST MIDLANDS DIVISIONAL CHAMPIONSHIPS
GLOUCESTER - 29th FEBRUARY 2004

** Denotes British record

POWERLIFTING - UNEQUIPPED

Bwt. Cat.	E/UE	NAME	Division	Bwt.	Age Cat.	SQUAT	B.PRESS	DEAD L.	TOTAL	Formula
67.5	UE	HUSSAIN PATEL	WM	63	T1	70	52.5	130	252.5	195.46
75	E	RYAN CONNELLY	WM	75	JUN	160	110	170	470	312.32
75	UE	ANDY SMALLWOOD	RAF	74	OPEN	150	90	200	440	295.5
82.5	UE	TONY SMITH	WM	82.3	OPEN	160	120	210	490	303.95
90	UE	SELBY SPICER	RAF	88.4	OPEN	195	132.5	240	567.5	335.85
90	UE	CARL CHANT	WM	89	OPEN	160	140	220	520	311.12
90	UE	MALEK MORADI	WM	84.4	OPEN	160	140	200	500	304.9
90	UE	JUNIOR ESSON	WM	84.3	OPEN	120	130	200	450	274.59
100	E	NEIL THOMAS	ARMY	98.4	OPEN	215	160	240	615	343.23
100	E	MARK DOREE	ARMY	96.1	OPEN	170	130	230	530	299.19
100	UE	STUART ROBATHAN	WM	97	OPEN	200	155	270	625	351.19
110	UE	DEAN ALLISON	WM	109.3	T3	182.5	120	225	527.5	283.43
110	UE	JON PAYNE	WM	108.2	JUN	180	110	220	510	274.79
110	UE	SEAN GRANT	WM	107.3	T3	180	132.5	185	497.5	268.7

Best Lifter: (1) Stuart Robathan (2) Selby Spicer (3) Ryan Connelly (4) Neil Thomas

SINGLE EVENT SQUAT

67.5	UE	HUSSAIN PATEL	WM	63	T1	95				73.54
75	E	RYAN CONNELLY	WM	75	JUN	165				109.64
75	UE	ANDY SMALLWOOD	RAF	74	OPEN	152.5				102.42
90	E	TOM COX	WM	88.8	M4	180				106.22
145	UE	ABU BHAM	WM	135.9	JUN	150				76.19

Best Lifter: Andy Smallwood

SINGLE EVENT BENCH PRESS

63	UE	LATEEFA TAYLOR	WM	60	OPEN		62.5**			53.77
67.5	UE	HUSSAIN PATEL	WM	63	T1		52.5			40.64
75	UE	MARTIN FISHLEY	WM	74.3	OPEN		125			83.68
75	UE	RYAN CONNELLY	WM	75	JUN		112.5			74.76
75	UE	GARETH CAPPER	WM	74.8	T2		65			43.28
82.5	E	RASHEED PATEL	WM	77.6	M1		140**			90.62
82.5	UE	RASHEED PATEL	WM	77.6	M1		135**			87.39
90	E	TOM COX	WM	88.8	M4		130			76.71
100	UE	JOHN NELSON	WM	98.8	JUN		145			80.77
100	UE	STEVE BARNETT	WM	92	OPEN		140			80.91
145	UE	ABU BHAM	WM	135.9	JUN		145			73.65

Best Lifter: (1) Rasheed Patel (2) Martin Fishley (3) Steve Barnett

SINGLE EVENT DEAD LIFT

63	UE	LATEEFA TAYLOR	WM	60	OPEN			160**		137.65
67.5	UE	HUSSAIN PATEL	WM	63	T1			135		104.5
75	UE	RYAN CONNELLY	WM	75	JUN			200		132.9
75	UE	ANDY SMALLWOOD	RAF	74	OPEN			190		127.6
75	UE	MARTIN FISHLEY	WM	74.3	OPEN			160		107.1
75	UE	GARETH CAPPER	WM	74.8	T2			135		89.9
82.5	E	RASHEED PATEL	WM	77.6	M1			225		145.64
90	E	TOM COX	WM	88.8	M4			190		112.12
100	UE	STEVE BARNETT	WM	92	OPEN			225		130.03
145	UE	ABU BHAM	WM	135.9	JUN			220		111.74

Best Lifter: (1) Ryan Connelly (2) Rasheed Patel (3) Steve Barnett

Best Female Lifter (Bench Press/Dead Lift): Lateefa Taylor

Referees: Steve Williams, Malcolm Coles, Rasheed Patel, Neil Thomas.