

North West & North Midlands Divisional - Warrington, Cheshire - Sunday 22nd January 2006

E/UE	Cat.	Name	Nat	B Wgt	Age	Squat	Bench	D/Lift	Total	Points	Place
UE	75	Darren Mingo	NW	74	Snr	160	115	210	485	325.73	7
	82.5	Steve Baker	NW	80	Snr	180	142.5	252.5	575	354.60	4
		Faheem Chauhan	NW	80.5	Snr	180	105	212.5	497.5	313.48	9
	100	Simon Mathews	NW	95.5	Snr	190	145	235	570	322.79	8
		Tony Barker	NW	98.5	M3	175	140	215	530	295.63	11
	110	Richard Harris	NW	102	Snr	200	140	260	600	329.7	6
		Mark Norton	NE	103.5	M1	255	190	255	700	382.55	2
		Mike Leadbetter	NW	108.5	M3	165	135	217.5	517.5	278.62	12
	125	Neil Coventry	NW	118.5	Snr	180	170	242.5	592.5	313.02	10
		Phil Laing	NM	123	M1	250	172.5	290	712.5	373.14	3
	145	Mark Haydock	NW	127	Snr	282.5	175	317.5	775	401.91	1
		Andrew Varley	NW	133.5	Snr	232.5	182.5	272.5	687.5	352.17	5
E	125	Roy Olsen	NM	114.5	M6	180	150	220	550	292.49	1

Single Lifts

UE	100	Mark Kirkland		97	M1		165			92.71	1
	125	Paul Spencer		117	Snr		155			82.09	2

Referees: Andy Davies, Les Pilling, Haydn Rowlands, Mark Norton

Drug Tested: Simon Mathews, Neil Coventry

Report from Andy Davies

22 January saw the Divisional Championships at Thorncross YOI.

15 lifters competing, it turned out to be a good competition with novices competing for the first time. In the 75kg class Darren Mingo had a successful day with a 160 squat, 115 bench and a 210 deadlift. 82.5kg. Two lifters Steve Baker and Faheem Chauhan were both neck and neck after the squat, both getting 180kgs. Steve forged ahead on bench with a 142.5kg while Faheem just managed to get his last bench after failing the first two at 105kgs. Dead lift saw Steve pull a very good 252.5kgs and Faheem a very credible 212.5kgs. 100kgs Class followed with 3 lifters Simon Mathews on his first competition did an excellent 190 squat, 145 bench and a 235 deadlift. Tony Barker Master 3, in his first unequipped competition, 175 squat, 140 bench 215 dead lift. Tony just wanted to be sure of qualifying for the British, Mark Kirkland just did bench with an excellent 165kgs. 110kgs class. Again another fist timer Richard Harris with a great 200 squat, 140 bench and a 260 dead lift excellent lifting for a novice. Next in the 110s a name you very rarely see in unequipped lifting was our President Mark Norton who got 9 from 9 255 squat, 190 bench and a 255 dead lift with a great total of 700kgs. Next was Mike Leadbetter making a comeback after injuries and an operation to qualify for the British in Masters 4 with 165 squat, 135 bench and a 217.5 deadlift. In the 125kg class there were four lifters, our only equipped lifter of the day was Roy Olsen a young Masters 6 with a 180 squat, 150 bench and a 220 deadlift. Next was Neil Coventry making a comeback after some time off. After two failures he got his third squat 180kgs and went on to an excellent 170 bench, 242.5 deadlift. Phil Laing Masters 1 finished with a 250 squat 172.5 bench and a 290 deadlift 712.5 total, very good lifting. Lastly to the big boys 145kgs. Both came for a good days lifting and put up a fine show. Mark Haydock finishing with a 282.5 squat, 175 bench and a 317.5 deadlift just missing on his last attempt an unofficial world record of 322.5 kgs. Andrew Varley keeps improving with a 232.5 squat an 182.5 bench and a 272.5 deadlift. A great days lifting which started at 10am and was finished for 1.30pm. I would like to thank John, George and Gerald for coming over from Bradford and loading and also the lads from Thorncross. Refs were Haydn Rowlands. Les Pilling, Mark Norton and Andy Davies. Platform Manager Gary Fisher. A special thanks to Sam Haydock for scores time keeping and doing an excellent job keeping the comp running smoothly, also congrats to Sam Haydock and Haydn Rowlands on being upgraded to National Referees.

ATTENTION ALL REFEREES .

With the Divisionals coming to an end and National and Internationals soon to begin. If you intend to officiate at any of these comps can you please let me know as soon as possible.

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