

Official B.D.F.P.A. Championship Score Sheet

Venue & division of Competition -

Tonypan Community College Welsh Champs 2008

Date of comp

06/12/2008

lot	U E	Name	Wt cat.	Body wt	Age Cat	Age	Div/ Nat	Rk Ht	Squat				Bench Press				Sub Total	Dead Lift				Total	Co eff.	Points	Place
									1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift				
1	UE	Steve Maden	100.00	95.50	M1	44	W	8	185.0 kg	200.0 kg	210.0 kg		125.0 kg	130.0 kg	135.0 kg		345.0 kg	215.0 kg	227.5 kg			572.5 kg	0.5663	324.2068	
2	E	Darren Gardener	90.00	90.00	SR	36	W	8	175.0 kg	180.0 kg	185.0 kg		120.0 kg	125.0 kg	130.0 kg		315.0 kg	205.0 kg	210.0 kg			520.0 kg	0.5853	304.3560	
3	UE	Ceri Roberts	100.00	100.00	SR	23	W	8	185.0 kg	185.0 kg	190.0 kg		130.0 kg	135.0 kg	140.0 kg		325.0 kg	222.5 kg	227.5 kg	230.0 kg		555.0 kg	0.554	307.4700	
4	UE	Chris Jones	110.00	110.00	SR	30	W	7	230.0 kg	245.0 kg	252.5 kg		170.0 kg	182.5 kg	187.5 kg		440.0 kg	270.0 kg	290.0 kg	310.0 kg		730.0 kg	0.5365	391.6450	
5	UE	Matthew Pearce	125.00	120.90	SR	20	W	10	180.0 kg	202.5 kg	210.0 kg		135.0 kg	150.0 kg	155.0 kg		365.0 kg	220.0 kg	245.0 kg	250.0 kg		610.0 kg	0.5261	320.9210	
6	UE	Robert West	145.00	139.00	SR	34	W	8	180.0 kg	190.0 kg	195.0 kg		125.0 kg	130.0 kg	135.0 kg		320.0 kg	190.0 kg	200.0 kg	210.0 kg		530.0 kg	0.5045	267.3850	
7	UE	Andrew Stone	125.00	118.80	SR	34	W	7	230.0 kg	250.0 kg	280.0 kg		180.0 kg	190.0 kg	200.0 kg		470.0 kg	240.0 kg	265.0 kg	285.0 kg		735.0 kg	0.5281	388.1535	
8	E	David Evans	145.00	129.70	SR	37	W	10	220.0 kg	240.0 kg	260.0 kg		170.0 kg	180.0 kg	185.0 kg		445.0 kg	240.0 kg	270.0 kg	275.0 kg		715.0 kg	0.5154	368.5110	
9	UE	Pete Sutton	145.00	131.00	M1	43	W	8	220.0 kg	240.0 kg	260.0 kg		160.0 kg	180.0 kg	200.0 kg		460.0 kg	240.0 kg	270.0 kg	290.0 kg		750.0 kg	0.5138	385.3500	
10	UE	Gary Whitbread	82.50	81.20	m2	48	W										0.0 kg	165.0 kg	175.0 kg	182.5 kg		182.5 kg	0.6262	114.2815	
11	UE	Daniel Watkins	82.50	81.00	T1	14	W										0.0 kg	150.0 kg	161.0 kg	162.5 kg		162.5 kg	0.6273	101.9363	
12	UE	Dean Roberts	90.00	88.70	JR	21	W										0.0 kg	190.0 kg	200.0 kg	205.0 kg		200.0 kg	0.5905	118.1000	
13	UE	Darlow Lloyd	90.00	86.90	M5	64	W										0.0 kg	180.0 kg	190.0 kg	195.0 kg		190.0 kg	0.5982	113.6580	
1	UE	David Ayres	75.00	73.50	JR	22	W	7	130.0 kg	140.0 kg	145.0 kg		100.0 kg	105.0 kg	107.5 kg		250.0 kg	180.0 kg	190.0 kg	200.0 kg		450.0 kg	0.6752	303.8400	
2	UE	Chris Protheroe	75.00	74.50	SR	33	W	7	180.0 kg	190.0 kg			120.0 kg	125.0 kg	130.0 kg		320.0 kg	230.0 kg	245.0 kg	245.0 kg		550.0 kg	0.668	367.4000	
3	UE	Lewis Graddon	82.50	77.80	JR	22	W	9	170.0 kg	180.0 kg	190.0 kg		110.0 kg	120.0 kg	120.0 kg		290.0 kg	220.0 kg	240.0 kg	245.0 kg		535.0 kg	0.6461	345.6635	
4	UE	Dan Handley	82.50	82.50	SR	25	W	8	140.0 kg	150.0 kg	155.0 kg		110.0 kg	112.5 kg	112.5 kg		262.5 kg	180.0 kg	190.0 kg	200.0 kg		462.5 kg	0.6193	286.4263	
5	UE	Nicky May	82.50	76.00	T3	18	W	8	100.0 kg	110.0 kg	120.0 kg		90.0 kg	95.0 kg	100.0 kg		220.0 kg	155.0 kg	165.0 kg	175.0 kg		395.0 kg	0.6577	259.7915	
6	UE	Connor Yarnton	90.00	83.90	T2	16	W	9	140.0 kg	140.0 kg	145.0 kg		90.0 kg	100.0 kg	102.5 kg		242.5 kg	190.0 kg	200.0 kg	210.0 kg		452.5 kg	0.6122	277.0205	
7	UE	Richard Banner	90.00	89.90	SR	38	W	7	190.0 kg	200.0 kg	205.0 kg		130.0 kg	140.0 kg	145.0 kg		345.0 kg	210.0 kg	220.0 kg	225.0 kg		565.0 kg	0.5857	330.9205	
8	UE	Stef Roberts	90.00	84.30	M2	48	W	8	125.0 kg	135.0 kg	145.0 kg		100.0 kg	105.0 kg			245.0 kg	170.0 kg	180.0 kg	185.0 kg		430.0 kg	0.6102	262.3860	
9	UE	Jonathan gooding	90.00	86.60	M1	42	W	8	150.0 kg	165.0 kg	175.0 kg		110.0 kg	120.0 kg	130.0 kg		305.0 kg	160.0 kg	175.0 kg	185.0 kg		490.0 kg	0.5995	293.7550	
10	UE	Stephen Robson	90.00	83.50	SR	34	I	7	145.0 kg	152.5 kg	157.5 kg		110.0 kg	117.5 kg	122.5 kg		275.0 kg					275.0 kg	0.6142	168.9050	
11	E	Steve Cook	90.00	89.80	SR	36	W	6	240.0 kg	260.0 kg	270.0 kg		160.0 kg				420.0 kg	200.0 kg				620.0 kg	0.5861	363.3820	
12	UE	Morgan Andrews	82.50	80.10	T2	16	W						117.5 kg	120.0 kg	120.0 kg		120.0 kg					120.0 kg	0.6324	75.8880	
13	UE	Deri Lewis	90.00	88.90	M7	71	W						85.0 kg	90.0 kg	100.0 kg		90.0 kg					90.0 kg	0.5897	53.0730	
14	UE	Christian Samuels	90.00	85.30	JR	21	W						115.0 kg	130.0 kg	137.5 kg		137.5 kg					137.5 kg	0.6055	83.2563	
																	0.0 kg					0.0 kg		0.0000	
																	0.0 kg					0.0 kg		0.0000	
																	0.0 kg					0.0 kg		0.0000	

DR = Divisional Record

BR = British Record

ER = European Record

WR = World Record

A copy of the results should be sent to:

The BDFPA General Secretary. The Records Registrars. Raw Power Editor

This result sheet must be signed & printed by all referees who adjudicated in the above competition

Ref's Signed

Ref's in Block Caps

STEVE COOK Steve Maden

STEVE COOK, STEVE MADEN