

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2009
Bradford University, Bradford - 04/04/2009

Day 1, Flight 1

| WGT CLASS | Competitor Name | NAT CLUB | DOB Age | Body Weight | Cat. | U/E | Squat | | | | BEST LIFT | POINTS |
|-----------|-------------------|----------|----------------|-------------|-------------|-----|----------------|-----------------------|----------------------------|-----------------------|-----------|----------|
| | | | | | | | 1 | 2 | 3 | 4 | | |
| W 53kg | Patricia KIM | ENG NE | 17/12/80 28 | 51.5 | Snr | U | NR 60 | NR 65 | NR 67.5 | | 67.5 | 65.8935 |
| W 70kg | Manon BRADLEY | ENG EM | 19/10/66 42 | 67.8 | M1 | U | 80 | 85 | 90 | | 90 | 69.804 |
| W 80kg | Mary ANDERSON | SCO SCO | 02/09/67 41 | 77.5 | M1 | U | NR 130 | NR 142.5 | NR 150 | | 150 | 105.705 |
| W 80kg | Gabrielle BENNETT | ENG NE | 18/03/93 16 | 79 | T2 | U | NR 90 | NR* 95 | NR* 100 | | 100 | 69.49 |
| W 90kg | Jessica TAYLOR | ENG NE | 22/10/90 18 | 89.4 | T3 | U | NR 80 | NR 80 | - | | 80 | 50.712 |
| 67.5kg | Callum IDE | SCO SCO | 02/03/91 18 | 67.4 | T3 | U | NR* 160 | NR* 170 | NR* 170 | | 170 | 123.556 |
| 75kg | Tommy MEREDITH | ENG SW | 25/07/56 52 | 69.1 | M3 | U | 170 | NR* 175 | NR* 175 | NR* 180 | 175 | 124.425 |
| 75kg | Michael DALDRY | ENG WM | 04/10/90 18 | 72.2 | T3 | U | 150 | NR* 155 | NR* 155 | | 155 | 106.1905 |
| 75kg | Mark FLEMING | ENG NE | 10/08/83 25 | 74.8 | Snr/MP F | U | NR 192.5 | NR 202.5 | MPF-WR 207.5 | | 202.5 | 134.8448 |
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Referees: J Bevan, A Mahoney, D Wallis

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2009
Bradford University, Bradford - 04/04/2009

Day 1, Flight 2

| WGT CLASS | Competitor Name | NAT CLUB | DOB Age | Body Weight | Cat. | U/E | Squat | | | | BEST LIFT | POINTS |
|-----------|------------------|----------|----------------|-------------|-------------|-----|------------------|-----------------------|-----------------------|-----------------------|-----------|----------|
| | | | | | | | 1 | 2 | 3 | 4 | | |
| 82.5kg | David J FREEMAN | ENG WM | 12/08/50 58 | 76.4 | M4 | U | NR* 120 | NR* 130 | ER* 140 | | 130 | 85.15 |
| 82.5kg | Graham J EDWARDS | ENG SW | 01/10/58 50 | 80.3 | M3 | U | NR* 160 | NR* 165 | NR* 165 | | 160 | 100.992 |
| 82.5kg | Mark HESKETH | ENG NW | 07/09/61 47 | 81.4 | M2 | U | 170 | 170 | 180 | | 170 | 106.267 |
| 90kg | Mike A DAVIES | GBR NM | 27/07/38 70 | 84.6 | M7 | U | 117.5 | 117.5 | 117.5 | | 0 | 0 |
| 90kg | Daniel BOLTON | ENG NW | 08/01/88 21 | 85 | Jnr | U | 155 | 165 | 170 | | 170 | 103.173 |
| 90kg | Lee PARKIN | ENG NM | 02/05/80 28 | 87.4 | Snr/MP F | U | 170 | 180 | 190 | | 190 | 113.24 |
| 90kg | Andy DAVIES | ENG NW | 12/06/44 64 | 90 | M5 | U | NR* 160 | NR* 170 | WR* 180 | | 170 | 99.501 |
| 100kg | Philippe M CRISP | ENG SE | 01/12/69 39 | 97.5 | Snr | U | 195 | 210 | 225 | | 225 | 126.1125 |
| 110kg | Mike LEADBETTER | ENG NW | 24/04/51 57 | 110 | M4 | U | 180 | NR* 193 | NR* 197.5 | WR* 200 | 197.5 | 105.9588 |
| 125kg | Les PILLING | ENG NW | 07/12/54 54 | 110.8 | M3 | U | 200 | 220 | - | | 220 | 117.832 |
| 125kg | Chris YOUNG | ENG SE | 11/06/66 42 | 117.8 | M1 | U | NR* 200 | NR* 215 | NR* 225 | | 225 | 119.025 |
| 125kg | Shaun JONES | ENG EC | 23/03/60 49 | 121 | M2 | U | 200 | 200 | 200 | | 200 | 105.2 |
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Referees: J Bevan, A Mahoney, D Milbourne, D Wallis,

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2009
Bradford University, Bradford - 04/04/2009

Day 1, Flight 3

| WGT CLASS | Competitor Name | NAT CLUB | DOB Age | Body Weight | Cat. | U/E | Squat | | | | BEST LIFT | POINTS |
|-----------|------------------|----------|----------------|-------------|------|-----|----------------|-----------------------|-------------------------|-----------------------|-----------|----------|
| | | | | | | | 1 | 2 | 3 | 4 | | |
| w 80kg | Mary ANDERSON | SCO SCO | 02/09/67 41 | 77.5 | M1 | E | NR 170 | NR 185 | NR 195 | WR 200 | 195 | 137.4165 |
| 75kg | Dean MIKOSZ | ENG SC | 04/07/68 40 | 74.2 | M1 | E | NR* 220 | WR* 240 | WR* 250 | | 220 | 147.422 |
| 82.5kg | George KING | ENG NM | 08/11/86 22 | 76 | Jnr | E | 160 | - | - | | 0 | 0 |
| 82.5kg | Neil A RATCLIFFE | ENG NW | 27/01/71 38 | 79.4 | Snr | E | 190 | 190 | 200 | | 190 | 120.916 |
| 82.5kg | Russell BAIN | ENG NW | 24/03/68 41 | 80.2 | M1 | E | 200 | 210 | 222.5 | | 222.5 | 140.5755 |
| 82.5kg | Rick MELDON | ENG SE | 21/04/64 44 | 82.3 | M1 | E | NR* 240 | NR* 265 | WR* 292.5 | | 265 | 164.3795 |
| 90kg | Neil ABERY | ENG EM | 09/11/77 31 | 85 | Snr | E | 240 | NR 283 | NR 283 | | 282.5 | 171.4493 |
| 90kg | Tony CRUMP | ENG SE | 28/08/74 34 | 88.3 | Snr | E | 215 | 225 | 235 | | 235 | 139.167 |
| 100kg | Philippe M CRISP | ENG SE | 01/12/69 39 | 97.5 | Snr | E | - | | | | 0 | 0 |
| 110kg | Mark NORTON | ENG NE | 30/07/64 44 | 107.9 | M1 | E | 300 | NR* 317.5 | NR 330.5 | | 330 | 177.936 |
| 110kg | Ian HAWKINS | ENG SC | 18/12/78 30 | 109 | Snr | E | 285 | 302.5 | 302.5 | | 285 | 153.2445 |
| 125kg | Les PILLING | ENG NW | 07/12/54 54 | 110.8 | M3 | E | 220 | 240 | 260 | | 240 | 128.544 |
| 125kg | Shaun JONES | ENG EC | 23/03/60 49 | 121 | M2 | E | 230 | 240 | NR* 250.5 | | 230 | 120.98 |
| 145kg | Christopher PYE | ENG NW | 06/04/66 42 | 141.4 | M1 | E | 222.5 | 230 | 240 | | 240 | 120.432 |
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Referees: J Bevan, A Davies, M Davies, A Thomas

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2009
Bradford University, Bradford - 04/04/2009

Day 1, Flight 4

| WGT CLASS | Competitor Name | NAT CLUB | DOB Age | Body Weight | Cat. | U/E | Bench | | | | BEST LIFT | POINTS |
|-------------|-------------------|------------|----------------|-------------|------|-----|-------------|------------------------|------------------------|----------------------|-----------|----------|
| | | | | | | | 1 | 2 | 3 | 4 | | |
| w 50.5kg | Pat REEVES | ENG WM | 12/11/45 63 | 49.5 | M5 | U | 30 | 32.5 | - | | 32.5 | 32.7665 |
| w 53kg | Patricia KIM | ENG NE | 17/12/80 28 | 51.5 | Snr | U | 40 | 45 | 50 | | 45 | 43.929 |
| w 63kg | Nicola ELDING | ENG NM | 01/04/68 41 | 59.8 | M1 | U | 45 | 55 | NR* 60 | | 60 | 51.768 |
| w 70kg | Maureen SAGE | ENG EC | 10/02/38 71 | 67.7 | M7 | U | 40 | 42.5 | NR* 45.5 | | 45 | 34.947 |
| w 70kg | Manon BRADLEY | ENG EM | 19/10/66 42 | 67.8 | M1 | U | 70 | 75 | 77.5 | | 77.5 | 60.109 |
| w 80kg | Mary ANDERSON | SCO SCO | 02/09/67 41 | 77.5 | M1 | U | NR* 80 | NR* 87.5 | WR* 92.5 | | 87.5 | 61.66125 |
| w 80kg | Gabrielle BENNETT | ENG NE | 18/03/93 16 | 79 | T2 | U | NR* 47.5 | NR* 50 | NR* 52.5 | | 50 | 34.745 |
| w 90kg | Jessica TAYLOR | ENG NE | 22/10/90 18 | 89.4 | T3 | U | NR* 52.5 | NR* 55 | NR* 55 | | 52.5 | 33.27975 |
| w +90kg | Tara EDWARDS | ENG SW | 20/12/73 35 | 111.9 | Snr | U | 67.5 | NR 70 | NR 72.5 | | 70 | 39.69 |
| 67.5kg | Jamie EASTWOOD | ENG SW | 17/05/94 14 | 60.8 | T1 | U | NR* 67.5 | NR* 72.5 | NR* 72.5 | NR* 75 | 72.5 | 58.13775 |
| 67.5kg | Martin J GODDEN | ENG SC | 11/05/44 64 | 65.4 | M5 | U | NR* 82.5 | NR* 87.5 | NR* 90 | | 87.5 | 65.37125 |
| 67.5kg | Callum IDE | SCO SCO | 02/03/91 18 | 67.4 | T3 | U | 90 | 105 | 105 | | 90 | 65.412 |
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Referees: A Davies, P Linnett, A Mahoney, D Milbourne, M Norton

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2009
Bradford University, Bradford - 04/04/2009

Day 1, Flight 5

| WGT CLASS | Competitor Name | NAT CLUB | DOB Age | Body Weight | Cat. | U/E | Bench | | | | BEST LIFT | POINTS |
|-----------|---------------------|------------|----------------|-------------|-------------|-----|----------------|------------------------|------------------------|--------------------------|-----------|----------|
| | | | | | | | 1 | 2 | 3 | 4 | | |
| 75kg | Tommy MEREDITH | ENG SW | 25/07/56 52 | 69.1 | M3 | U | 120 | 125 | 125 | | 120 | 85.32 |
| 75kg | Kallum PENNINGTON | GBR NW | 17/04/88 20 | 71 | Jnr | U | 110 | 115 | 122.5 | NR* 128 | 122.5 | 85.10075 |
| 75kg | Daniel ORWIN | ENG NE | 11/08/81 27 | 71.1 | Snr | U | 120 | 125 | 125 | | 120 | 83.268 |
| 75kg | Michael DALDRY | ENG WM | 04/10/90 18 | 72.2 | T3 | U | 100 | 107.5 | 110 | | 107.5 | 73.64825 |
| 75kg | David WALLIS | ENG NE | 23/12/36 72 | 73 | M7 | U | 85 | 90 | 95 | | 95 | 64.4955 |
| 75kg | George SHELTON | ENG WM | 12/02/93 16 | 73 | T2 | U | 80 | 90 | 90 | | 0 | 0 |
| 75kg | David AIKMAN SNR | SCO SCO | 14/04/64 44 | 73.2 | M1 | U | 135 | 145 | 145 | | 135 | 91.449 |
| 75kg | Paul SAMRAJ | ENG WM | 09/06/90 18 | 74 | T3 | U | 100 | 100 | 112.5 | | 112.5 | 75.555 |
| 75kg | Mark FLEMING | ENG NE | 10/08/83 25 | 74.8 | Snr/MP F | U | 140 | MPF-NR 150 | MPF-NR 160 | MPF-WR 165 | 160 | 106.544 |
| 82.5kg | Roy D GARNER | ENG WM | 02/12/35 73 | 79.5 | M7 | U | 82.5 | NR* 87.5 | NR* 87.5 | | 82.5 | 52.4535 |
| 82.5kg | Bill LEGG | ENG SC | 11/04/39 69 | 80.7 | M6 | U | 85 | 92.5 | 92.5 | | 85 | 53.465 |
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Referees: A Davies, M Leadbetter, P Linnett, A Mahoney, M Norton, A Thomas,

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2009
Bradford University, Bradford - 04/04/2009

Day 1, Flight 6

| WGT CLASS | Competitor Name | NAT CLUB | DOB Age | Body Weight | Cat. | U/E | Bench | | | | BEST LIFT | POINTS |
|-----------|-------------------|----------|----------------|-------------|-------------|-----|-------------------------------------|-------------------------------------|-------------------------------------|----------------------------------|-----------|----------|
| | | | | | | | 1 | 2 | 3 | 4 | | |
| 82.5kg | Michael JOHN | GBR WM | 09/11/60 48 | 77.4 | M2 | U | 115 | 125 | 130 | | 125 | 81.075 |
| 82.5kg | Phil TEMPEST | ENG NE | 04/05/71 37 | 78.5 | Snr/MP F | U | 140 | 140 | 145 | | 145 | 93.061 |
| 82.5kg | David WILLIAMS | GBR SW | 24/06/53 55 | 80.2 | M4 | U | 125 | 130 | 132.5 | | 130 | 82.134 |
| 82.5kg | Graham J EDWARDS | ENG SW | 01/10/58 50 | 80.3 | M3 | U | 130 | 130 | 135 | | 135 | 85.212 |
| 82.5kg | Ashley SINCLAIR | SCO SCO | 18/07/50 58 | 80.3 | M4 | U | 115 | 125 | 130 | | 125 | 78.9 |
| 82.5kg | Jonathan MITCHELL | ENG NE | 09/03/86 23 | 80.4 | Jnr/MPF | U | 110 | 120 | 125 | | 120 | 75.684 |
| 82.5kg | Ben GRIFFITHS | ENG WM | 28/05/92 16 | 80.7 | T2 | U | 105 | NR* 115.5 | NR* | | 115 | 72.335 |
| 82.5kg | Daniel PENNINGTON | GBR NW | 27/11/90 18 | 80.9 | T3 | U | 112.5 | 120 | 127.5 | NR* 133 | 127.5 | 80.05725 |
| 82.5kg | Alex TOSH | ENG WM | 28/07/82 26 | 80.9 | Snr | U | 145 | 150 | 152.5 | | 152.5 | 95.75475 |
| 82.5kg | Mike JOSEPH | ENG EC | 23/07/71 37 | 81 | Snr | U | 165 | 172.5 | - | | 172.5 | 108.2093 |
| 82.5kg | David LOEBELL | ENG SE | 22/01/68 41 | 81 | M1 | U | 112.5 | 117.5 | 122.5 | | 117.5 | 73.70775 |
| 82.5kg | Michael YULE | SCO SC | 24/12/78 30 | 82.1 | Snr/MP F | U | MPF-WR 160 | MPF-WR 160 | MPF-WR 160 | | 0 | 0 |
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Referees: A Davies, M Leadbetter, M Norton, D Wallis

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2009
Bradford University, Bradford - 04/04/2009

Day 1, Flight 7

| WGT CLASS | Competitor Name | NAT CLUB | DOB Age | Body Weight | Cat. | U/E | Bench | | | | BEST LIFT | POINTS |
|-----------|------------------|------------|----------------|-------------|-------------|-----|---------------|-------------------------|-------------------------|---|-----------|----------|
| | | | | | | | 1 | 2 | 3 | 4 | | |
| 90kg | Mike A DAVIES | GBR NM | 27/07/38 70 | 84.6 | M7 | U | 80 | 80 | 80 | | 0 | 0 |
| 90kg | Dominic REDBOURN | GBR WM | 05/06/92 16 | 86.2 | T2 | U | NR* 95 | NR* 102.5 | NR* 102.5 | | 95 | 57.1235 |
| 90kg | David HEATH | GBR SC | 30/06/79 29 | 86.8 | Snr | U | 135 | 145 | 150 | | 150 | 89.79 |
| 90kg | Dave TEMPEST | British NW | 05/11/72 36 | 86.8 | Snr/MP F | U | 120 | 125 | 125 | | 120 | 71.832 |
| 90kg | Lee PARKIN | ENG NM | 02/05/80 28 | 87.4 | Snr/MP F | U | 137.5 | 147.5 | 147.5 | | 137.5 | 81.95 |
| 90kg | Jan MAKSYM CZUK | GBR SW | 11/09/72 36 | 87.9 | Snr | U | 150 | 157.5 | 165 | | 157.5 | 93.53925 |
| 90kg | Lee SMITH | GBR WM | 29/09/72 36 | 89.5 | Snr | U | 160 | 165 | - | | 165 | 96.9045 |
| 100kg | John BISWELL | ENG EM | 30/01/74 35 | 92.6 | Snr | U | 120 | 127.5 | 135 | | 127.5 | 73.4145 |
| 100kg | Henry TOSH | ENG WM | 26/01/80 29 | 94.2 | Snr | U | 175 | 180 | - | | 175 | 99.82 |
| 100kg | John HAYNES | ENG NM | 18/09/72 36 | 96.4 | Snr | U | 127.5 | 135 | 142.5 | | 135 | 76.086 |
| 100kg | Andrew RIGBY | ENG NW | 20/03/62 47 | 96.4 | M2 | U | 175 | 182.5 | NR* 190.5 | | 190 | 107.084 |
| 100kg | Steve BULLIMORE | ENG EM | 27/12/71 37 | 98.4 | Snr | U | 150 | 152.5 | 155 | | 155 | 86.5055 |
| 100kg | Martin FLETT | ENG NM | 06/02/56 53 | 98.7 | M3 | U | 140 | 147.5 | 155 | | 155 | 86.3815 |
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Referees: M Leadbetter, A Mahoney, D Wallis

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2009
Bradford University, Bradford - 04/04/2009

Day 1, Flight 8

| WGT CLASS | Competitor Name | NAT CLUB | DOB Age | Body Weight | Cat. | U/E | Bench | | | | BEST LIFT | POINTS |
|-----------|--------------------|----------|----------------|-------------|-------------|-----|--------------|-----------------------|--------------------------|--------------------------|-----------|----------|
| | | | | | | | 1 | 2 | 3 | 4 | | |
| 110kg | Ian TUDOR | ENG EC | 10/10/48 60 | 103.3 | M5 | U | NR* 145 | NR* 155 | NR* 155 | | 155 | 84.7695 |
| 110kg | Neil THOMAS | ENG EC | 22/02/72 37 | 104.6 | Snr/MP F | U | 160 | 170 | 175 | MPF-WR 183 | 175 | 95.27 |
| 110kg | Chris BURFORD | GBR EM | 22/02/70 39 | 106 | Snr | U | 150 | 160 | 170 | | 170 | 92.157 |
| 110kg | John MC COMISH | GBR EC | 03/02/69 40 | 106.5 | M1 | U | 160 | 172.5 | 177.5 | | 160 | 86.608 |
| 125kg | Les PILLING | ENG NW | 07/12/54 54 | 110.8 | M3 | U | 120 | 130 | 130 | | 130 | 69.628 |
| 125kg | Matthew LJ GOODWIN | ENG EM | 15/10/70 38 | 121.2 | Snr | U | 180 | 185 | - | | 180 | 94.644 |
| 125kg | Chris BAKER | ENG NE | 21/12/74 34 | 124 | Snr | U | 180 | 192.5 | 200 | | 200 | 104.48 |
| 145kg | Alan PEARSON | ENG NM | 24/08/70 38 | 130.7 | Snr/MP F | U | 195 | MPF-NR 202.5 | MPF-ER 210 | | 202.5 | 104.1053 |
| 145kg | Paul MERRICKS | ENG WM | 04/10/75 33 | 143.4 | Snr | U | 217.5 | 220 | 222.5 | NR 225.5 | 222.5 | 111.1833 |
| +145kg | Haydn ROWLANDS | ENG NM | 14/07/56 52 | 145.1 | M3 | U | NR* 182.5 | NR* 190 | NR 197.5 | WR* 205 | 197.5 | 98.3155 |
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Referees: A Davies, M Davies, A Mahoney

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2009
Bradford University, Bradford - 04/04/2009

Day 2, Flight 1

| WGT CLASS | Competitor Name | NAT CLUB | DOB Age | Body Weight | Cat. | U/E | Bench | | | | BEST LIFT | POINTS |
|-----------|-----------------|------------|----------------|-------------|------|-----|----------------|--------------------------|--------------------------|-------------------------|-----------|----------|
| | | | | | | | 1 | 2 | 3 | 4 | | |
| w 80kg | Mary ANDERSON | SCO SCO | 02/09/67 41 | 77.7 | M1 | E | WR 105 | WR 110 | WR 112.5 | WR 117.5 | 112.5 | 79.1325 |
| 60kg | Aaron GIDEON | ENG SE | 02/03/80 29 | 59 | Snr | E | NR 130 | NR 137.5 | NR 142.5 | WR 155.5 | 142.5 | 117.8618 |
| 75kg | Daniel MC KEAN | SCO SCO | 30/11/86 22 | 72 | Jnr | E | 120 | NR* 130 | NR* 130 | | 120 | 82.404 |
| 75kg | George SHELTON | ENG WM | 12/02/93 16 | 73 | T2 | UE | 80 | 82.5 | - | | 82.5 | 56.00925 |
| 75kg | Dean MIKOSZ | ENG SC | 04/07/68 40 | 74.6 | M1 | E | 152.5 | WR* 167.5 | WR* 167.5 | | 152.5 | 101.7633 |
| 82.5kg | David WILLIAMS | GBR SW | 24/06/53 55 | 79.6 | M4 | E | WR* 140 | WR* 150 | WR* 150 | WR* 155 | 150 | 95.28 |
| 90kg | Paul C MASON | GBR NW | 14/02/62 47 | 86.8 | M2 | E | 130 | 135 | 140 | | 140 | 83.804 |
| 90kg | Jan MAKSYM CZUK | GBR SW | 11/09/72 36 | 87.2 | Snr | E | 150 | 157.5 | 160 | | 160 | 95.504 |
| 90kg | Tony CRUMP | ENG SE | 28/08/74 34 | 88.8 | Snr | E | 140 | 150 | 160 | | 160 | 94.416 |
| 90kg | Keith ARKLE | ENG NE | 03/11/61 47 | 90 | M2 | E | 130 | - | | | 130 | 76.089 |
| 90kg | Joe MC EWAN | SCO SCO | 04/03/80 29 | 90 | Snr | E | 135 | 140 | 140 | | 0 | 0 |
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Referees: A Davies, M Davies, M Leadbetter, A Mahoney

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2009
Bradford University, Bradford - 04/04/2009

Day 2, Flight 2

| WGT CLASS | Competitor Name | NAT CLUB | DOB Age | Body Weight | Cat. | U/E | Bench | | | | BEST LIFT | POINTS |
|-----------|------------------|----------|----------------|-------------|-------------|-----|------------------|--------------------------|------------------------|------------------------|-----------|----------|
| | | | | | | | 1 | 2 | 3 | 4 | | |
| 100kg | Martin FLETT | ENG NM | 06/02/56 53 | 98.4 | M3 | E | 170 | WR* 187.5 | WR* 187.5 | WR* 192.5 | 187.5 | 104.6438 |
| 100kg | Martin GREEN | ENG EM | 07/05/74 34 | 99.9 | Snr | E | 235 | 235 | 240 | | 235 | 130.2605 |
| 100kg | Wayne CATTERALL | ENG NW | 21/06/62 46 | 100 | M2 | E | 180 | NR* 197.5 | NR* 197.5 | NR* 200 | 197.5 | 109.415 |
| 110kg | Frank SINCLAIR | SCO SCO | 29/06/61 47 | 100.7 | M2 | E | 140 | - | | | 140 | 77.336 |
| 110kg | Neil THOMAS | ENG EC | 22/02/72 37 | 104.5 | Snr/MP F | E | 200 | MPF-ER 211 | MPF-ER 220 | | 220 | 119.812 |
| 110kg | Mark NORTON | ENG NE | 30/07/64 44 | 107.3 | M1 | E | 227.5 | 227.5 | 230 | | 0 | 0 |
| 110kg | Ian HAWKINS | ENG SC | 18/12/78 30 | 109.6 | Snr | E | 222.5 | 230 | 232.5 | | 232.5 | 124.8525 |
| 125kg | Les PILLING | ENG NW | 07/12/54 54 | 110.8 | M3 | E | 120 | 130 | - | | 120 | 64.272 |
| 125kg | Mark CATTON | GBR EM | 02/02/76 33 | 112.9 | Snr | E | 160 | 160 | 165 | | 160 | 85.328 |
| 125kg | Marc SIDNEY | ENG SE | 13/01/63 46 | 115.9 | M2 | E | NR* 192.5 | NR* 200 | NR* 200 | | 192.5 | 102.1405 |
| 125kg | Tom CHANTLER | ENG EM | 27/04/76 32 | 124.8 | Snr | E | 200 | 210 | 220 | | 200 | 104.26 |
| 145kg | Gerald PILLING | ENG NE | 15/02/74 35 | 126.9 | Snr | E | 225 | NR 235 | - | | 235 | 121.8945 |
| +145kg | Matthew J MACKEY | GBR EM | 15/08/61 47 | 156 | M2 | E | NR* 200 | NR 220 | NR 230 | | 220 | 107.14 |
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Referees: A Davies, M Davies, M Leadbetter, A Mahoney

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
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Bradford University, Bradford - 04/04/2009

Day 2, Flight 3

| WGT CLASS | Competitor Name | NAT CLUB | DOB Age | Body Weight | Cat. | U/E | Deadlift | | | | BEST LIFT | POINTS |
|-------------|-------------------|------------|----------------|-------------|-------------|-----|------------|----------------|------------------------|------------|-----------|----------|
| | | | | | | | 1 | 2 | 3 | 4 | | |
| w 50.5kg | Pat REEVES | ENG WM | 12/11/45 63 | 49.2 | M5 | U | 90 | - | | | 90 | 91.188 |
| w 53kg | Patricia KIM | ENG NE | 17/12/80 28 | 51.5 | Snr | U | 105 | NR 115 | NR 117.5 | | 117.5 | 114.7035 |
| w 55.5kg | Louise FOX | ENG EC | 31/07/72 36 | 54.4 | Snr | U | 145 | 155 | WR 165 | | 165 | 153.9945 |
| w 58.5kg | Ann THOMAS | ENG EC | 01/04/79 30 | 58.5 | Snr/MP F | U | 120 | MPF-WR 130 | - | | 130 | 114.244 |
| w 63kg | Nicola ELDING | ENG NM | 01/04/68 41 | 59.7 | M1 | U | 95 | NR* 107.5 | WR* 118 | | 107.5 | 92.88 |
| w 70kg | Maureen SAGE | ENG EC | 10/02/38 71 | 67.8 | M7 | U | 80 | 85 | WR* 91.5 | | 85 | 65.926 |
| w 80kg | Mary ANDERSON | SCO SCO | 02/09/67 41 | 77.7 | M1 | U | WR 160 | WR 175 | WR 190 | | 190 | 133.646 |
| w 80kg | Gabrielle BENNETT | ENG NE | 18/03/93 16 | 78.5 | T2 | U | WR* 110 | WR* 115 | WR* 120 | WR* 125 | 120 | 83.772 |
| w 90kg | Jessica TAYLOR | ENG NE | 22/10/90 18 | 88.9 | T3 | U | WR* 125 | WR* 130 | WR* 135 | WR* 140 | 135 | 85.941 |
| w +90kg | Tara EDWARDS | ENG SW | 20/12/73 35 | 111.4 | Snr | U | 130 | 140 | 140 | | 130 | 73.801 |
| 67.5kg | Jamie EASTWOOD | ENG SW | 17/05/94 14 | 61.2 | T1 | U | 137.5 | 142.5 | 150 | | 150 | 119.49 |
| 67.5kg | Harry SANDBACH | ENG NM | 02/07/91 17 | 62.2 | T2 | U | 155 | 160 | 165 | | 160 | 125.424 |
| 67.5kg | Jordan BUCHANAN | ENG SW | 05/05/93 15 | 63.5 | T1 | U | WR* 170 | WR* 180 | WR* 190 | | 190 | 145.958 |
| 67.5kg | Adam BALLINGER | GBR WM | 13/02/92 17 | 66.8 | T2 | U | 140 | 155 | 162.5 | | 162.5 | 119.0638 |
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Referees: P Hudson, A Mahoney, M Norton, N Thomas

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2009
Bradford University, Bradford - 04/04/2009

Day 2, Flight 4

| WGT CLASS | Competitor Name | NAT CLUB | DOB Age | Body Weight | Cat. | U/E | Deadlift | | | | BEST LIFT | POINTS |
|-------------|-----------------|------------|----------------|-------------|-------------|-----|-----------------------|-----------------------|--------------------------|-----------------------|-----------|----------|
| | | | | | | | 1 | 2 | 3 | 4 | | |
| W 58.5kg | Ann THOMAS | ENG EC | 01/04/79 30 | 58.5 | Snr/MP F | E | MPF-WR 130 | MPF-WR 142.5 | MPF-WR 150 | | 142.5 | 125.229 |
| W 80kg | Mary ANDERSON | SCO SCO | 02/09/67 41 | 77.7 | M1 | E | WR 200 | WR 210 | WR 220 | | 210 | 147.714 |
| 67.5kg | Martin J GODDEN | ENG SC | 11/05/44 64 | 65.9 | M5 | U | NR* 120 | NR* 120 | NR* 130 | | 130 | 96.434 |
| 67.5kg | Ted BYRNE | ENG NM | 02/09/51 57 | 66.8 | M4 | U | 145 | 155 | NR* 170 | | 170 | 124.559 |
| 67.5kg | Roger J LITTLE | ENG NM | 13/05/42 66 | 67 | M6 | U | 115 | 120 | 125 | | 125 | 91.3375 |
| 75kg | Callum IDE | SCO SCO | 02/03/91 18 | 68.9 | T3 | U | 180 | 195 | NR* 215 | | 195 | 138.996 |
| 75kg | Tommy MEREDITH | ENG SW | 25/07/56 52 | 70.2 | M3 | U | 190 | NR* 198 | - | | 190 | 133.266 |
| 75kg | Michael DALDRY | ENG WM | 04/10/90 18 | 72.2 | T3 | U | 200 | NR* 210.5 | NR* 215.5 | | 215 | 147.2965 |
| 75kg | Andrew BURT | GBR SW | 12/11/92 16 | 73 | T2 | U | 160 | 180 | WR* 190 | WR* 195 | 190 | 128.991 |
| 75kg | George SHELTON | ENG WM | 12/02/93 16 | 73 | T2 | U | 150 | 165 | 180 | WR* 191 | 180 | 122.202 |
| 75kg | Ben TAYLOR | ENG SC | 08/11/69 39 | 74 | Snr | U | 190 | 200 | - | | 200 | 134.32 |
| 82.5kg | Josh O'BOYLE | ENG WM | 06/10/90 18 | 78.9 | T3 | U | 200 | 210 | 215 | | 210 | 134.274 |
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Referees: A Davies, P Hudson, A Mahoney, D Milbourne, M Norton

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2009
Bradford University, Bradford - 04/04/2009

Day 2, Flight 5

| WGT CLASS | Competitor Name | NAT CLUB | DOB Age | Body Weight | Cat. | U/E | Deadlift | | | | BEST LIFT | POINTS |
|-----------|--------------------|----------|----------------|-------------|-------------|-----|------------|------------|----------------------------|-----------------------|-----------|----------|
| | | | | | | | 1 | 2 | 3 | 4 | | |
| 75kg | Ben TAYLOR | ENG SC | 08/11/69 39 | 74 | Snr | E | 190 | 202.5 | 207.5 | | 202.5 | 135.999 |
| 82.5kg | Darren DEAN | ENG WM | 18/12/88 20 | 78.2 | Jnr | U | 190 | 202.5 | 210 | | 202.5 | 130.329 |
| 82.5kg | Daniel WATKINS | WAL WAL | 12/10/94 14 | 78.3 | T1 | U | 150 | 160 | WR* 166 | | 165 | 106.095 |
| 82.5kg | John F O'RIORDAN | GBR WM | 19/10/59 49 | 80.1 | M2 | U | 190 | 205 | NR* 215.5 | | 215 | 135.966 |
| 82.5kg | Russell BAIN | ENG NW | 24/03/68 41 | 80.6 | M1 | U | 225 | 235 | 242.5 | | 242.5 | 152.6538 |
| 82.5kg | David LOEBELL | ENG SE | 22/01/68 47 | 80.8 | M1 | U | 170 | 182.5 | - | | 182.5 | 114.683 |
| 82.5kg | Daniel SAUNDERS | GBR NM | 10/06/85 23 | 80.8 | Jnr | U | 160 | 172.5 | 180 | | 172.5 | 108.399 |
| 82.5kg | Will KEEGAN | ENG SW | 11/01/93 16 | 81 | T2 | U | 170 | 185 | WR* 200.5 | WR* 205 | 200 | 125.46 |
| 82.5kg | William SHAW | SCO SCO | 12/12/79 29 | 81.5 | Snr/MP F | U | 210 | 232.5 | MPF-NR 242.5 | | 232.5 | 145.2195 |
| 82.5kg | Charles P BUCHANAN | ENG SW | 29/10/56 52 | 82.5 | M3 | U | WR* 250 | WR* 265 | WR* 275 | WR* 284 | 275 | 170.3075 |
| 90kg | Mike A DAVIES | GBR NM | 27/07/38 70 | 83.8 | M7 | U | 130 | 150 | 160 | | 150 | 91.905 |
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Referees: A Davies, M Davies, A Mahoney, M Norton

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2009
Bradford University, Bradford - 04/04/2009

Day 2, Flight 6

| WGT CLASS | Competitor Name | NAT CLUB | DOB Age | Body Weight | Cat. | U/E | Deadlift | | | | BEST LIFT | POINTS |
|-----------|------------------|----------|----------------|-------------|-------------|-----|--------------|----------------|----------------|------------------------|-----------|----------|
| | | | | | | | 1 | 2 | 3 | 4 | | |
| 90kg | Joe BALLINGER | ENG WM | 06/04/90 18 | 83.8 | T3/MPF | U | NR* 185 | NR* 200 | NR* 205 | NR* 210 | 205 | 125.6035 |
| 90kg | Alex SARGEANT | GBR NM | 26/10/90 18 | 86.1 | T3 | U | NR* 172.5 | 185 | 190 | | 172.5 | 103.8105 |
| 90kg | Larry WHYTE | ENG WM | 11/09/56 52 | 86.5 | M3 | U | 220 | 240 | 260 | | 260 | 156 |
| 90kg | Daniel BOLTON | ENG NW | 08/01/88 21 | 86.6 | Jnr | U | 200 | 210 | 220 | | 210 | 125.895 |
| 90kg | Matthew INCHLEY | ENG NM | 12/03/90 19 | 87.7 | T3 | U | NR* 172.5 | 185 | NR* 202.5 | NR* 210 | 202.5 | 120.4268 |
| 90kg | Spyros MATSOUKIS | NW | 03/12/60 48 | 88.8 | M2 | U | 190 | 205 | 215 | | 205 | 120.9705 |
| 90kg | Colin HARRISON | ENG NW | 29/12/75 33 | 89.4 | Snr/MP F | U | 245 | 262.5 | 272.5 | | 272.5 | 160.1483 |
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Referees: M Davies, P Hudson, L Pilling, N Thomas

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2009
Bradford University, Bradford - 04/04/2009

Day 2, Flight 7

| WGT CLASS | Competitor Name | NAT CLUB | DOB Age | Body Weight | Cat. | U/E | Deadlift | | | | BEST LIFT | POINTS |
|-----------|--------------------|----------|----------------|-------------|------|-----|----------------|----------------|-------------------------|-----------------------|-----------|----------|
| | | | | | | | 1 | 2 | 3 | 4 | | |
| 100kg | Brett LE CRAS | ENG SC | 29/04/88 20 | 90.7 | Jnr | U | 250 | NR* 262.5 | WR* 272.5 | | 272.5 | 158.7858 |
| 100kg | Andy DAVIES | ENG NW | 12/06/44 64 | 91.4 | M5 | U | NR* 200 | WR* 215 | WR* 225 | | 215 | 124.7215 |
| 100kg | Eddie BENNETT | ENG NE | 19/11/37 71 | 92 | M7 | U | 160 | - | - | | 160 | 92.464 |
| 100kg | Jamie ALLONBY | ENG NE | 26/06/78 30 | 94 | Snr | U | 255 | 265 | 275 | | 265 | 151.315 |
| 100kg | David AINSWORTH | GBR SC | 11/10/89 19 | 95.9 | T3 | U | 210 | WR* 231 | WR* 240 | WR* 250 | 240 | 135.624 |
| 100kg | Simon GARDENER | GBR NW | 24/02/66 43 | 97.3 | M1 | U | 240 | 250 | 250 | | 250 | 140.25 |
| 100kg | Paul VAN DANZIG | ENG EM | 30/09/71 37 | 97.5 | Snr | U | 220 | 232.5 | 242.5 | | 242.5 | 135.9213 |
| 100kg | Philippe M CRISP | ENG SE | 01/12/69 39 | 97.6 | Snr | U | 215 | 232.5 | 240 | | 240 | 134.448 |
| 100kg | Adam KERSHAW | ENG NE | 10/07/86 22 | 98.7 | Jnr | U | 245 | 260 | NR* 267.5 | WR* 273 | 267.5 | 149.0778 |
| 100kg | Matthew HOULDERSHA | ENG NM | 18/07/90 18 | 100 | T3 | U | 205 | NR* 220 | WR* 232.5 | | 220 | 121.88 |
| 100kg | Ben FRANCE | ENG NW | 01/08/73 35 | 100 | Snr | U | 250 | 270 | 277.5 | | 277.5 | 153.735 |
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Referees: A Davies, P Hudson, A Mahoney, M Norton

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2009
Bradford University, Bradford - 04/04/2009

Day 2, Flight 8

| WGT CLASS | Competitor Name | NAT CLUB | DOB Age | Body Weight | Cat. | U/E | Deadlift | | | | BEST LIFT | POINTS |
|-----------|------------------|----------|----------------|-------------|--------|-----|------------|----------------|------------------|------------|-----------|----------|
| | | | | | | | 1 | 2 | 3 | 4 | | |
| 82.5kg | Russell BAIN | ENG NW | 24/03/68 41 | 80.6 | M1 | E | 225 | 235 | 245 | | 235 | 147.9325 |
| 82.5kg | George FLETCHER | ENG NM | 31/03/80 29 | 80.9 | Snr | E | 205 | 215 | 222.5 | | 215 | 134.9985 |
| 82.5kg | Neil A RATCLIFFE | ENG NW | 27/01/71 38 | 81 | Snr | E | 202.5 | 210 | 210 | | 210 | 131.733 |
| 90kg | Tony CRUMP | ENG SE | 28/08/74 34 | 88.8 | Snr | E | 230 | 245 | 257.5 | | 245 | 144.5745 |
| 90kg | Tom MOFFAT | SCO SCO | 02/02/72 37 | 88.8 | Snr | E | 232.5 | 252.5 | 260 | | 260 | 153.426 |
| 100kg | Andrew ARCHER | ENG NW | 19/07/65 43 | 99.8 | M1 | U | 215 | 225 | 230 | | 225 | 124.7625 |
| 110kg | Gordon SYKES | ENG NW | 26/07/69 39 | 107.8 | Snr | U | 230 | 245 | 255 | | 255 | 137.5215 |
| 110kg | Mike LEADBETTER | ENG NW | 24/04/51 57 | 109.2 | M4 | U | 250 | WR* 265 | WR* 270 | | 270 | 145.125 |
| 125kg | Les PILLING | ENG NW | 07/12/54 54 | 110.8 | M3 | U | 230 | 245 | 260 | | 260 | 139.256 |
| 125kg | Phil LAING | ENG NM | 17/10/63 45 | 124 | M2/MPF | U | WR* 290 | WR* 302.5 | WR* 307.5 | | 307.5 | 160.638 |
| 145kg | Christopher PYE | ENG NW | 06/04/66 42 | 143.4 | M1 | U | 230 | WR* 236 | WR* 242.5 | WR* 250 | 242.5 | 121.1773 |
| 145kg | Paul MERRICKS | ENG WM | 04/10/75 33 | 144.1 | Snr | U | 250 | 280 | - | | 280 | 139.692 |
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Referees: A Davies, P Hudson, A Mahoney, M Norton

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2009
Bradford University, Bradford - 04/04/2009

Day 2, Flight 9

| WGT CLASS | Competitor Name | NAT CLUB | DOB Age | Body Weight | Cat. | U/E | Deadlift | | | | BEST LIFT | POINTS |
|-----------|------------------|----------|----------------|-------------|--------|-----|----------|----------------|----------------------|---|-----------|----------|
| | | | | | | | 1 | 2 | 3 | 4 | | |
| 100kg | James BELL | ENG NM | 09/08/86 22 | 98.4 | Jnr | E | 210 | 225 | 241 WR* | | 225 | 125.5725 |
| 100kg | David HOWARTH | ENG NW | 23/06/47 61 | 99.5 | M5 | E | 220 | WR* 232.5 | 237.5 WR* | | 232.5 | 129.1073 |
| 100kg | Derek COPE | ENG EM | 26/04/58 50 | 99.8 | M3 | E | 210 | 222.5 | 232.5 | | 222.5 | 123.3763 |
| 110kg | Steve VAN KEMPEN | ENG EC | 25/05/66 42 | 100.5 | M1/MPF | E | 210 | 220 | 225 | | 220 | 121.638 |
| 110kg | Frank SINCLAIR | SCO SCO | 29/06/61 47 | 100.7 | M2 | E | 260 | 270 | 280 | | 270 | 149.148 |
| 110kg | Marc GILES | ENG NM | 07/08/64 44 | 102.3 | M1 | E | 240 | 260 | - | | 240 | 131.736 |
| 110kg | Gordon SYKES | ENG NW | 26/07/69 39 | 107.8 | Snr | E | 235 | 245 | 260 | | 245 | 132.1285 |
| 125kg | Les PILLING | ENG NW | 07/12/54 54 | 110.8 | M3 | E | 245 | 260 | - | | 260 | 139.256 |
| 145kg | Gerald PILLING | ENG NE | 15/02/74 35 | 126.9 | Snr | E | 280 | 310 | - | | 310 | 160.797 |
| 145kg | Paul MERRICKS | ENG WM | 04/10/75 33 | 144.1 | Snr | E | - | | | | 0 | 0 |
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Referees: A Davies, P Hudson, A Mahoney, M Norton