

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
 British Single Lift Championships 2009
 Bradford University, Bradford - 04/04/2009

Squat		W.Cl.	U/E	Competitor Name	age	cat	B.W.	Result	4th Lift	POINTS	Qual.
w	1	53kg	U	Patricia KIM	NE	28	Snr	51.5	67.5 NR	65.8935	NO (70).
w	1	70kg	U	Manon BRADLEY	EM	42	M1	67.8	90	69.804	YES (85).
w	1	80kg	U	Mary ANDERSON**	SCO	41	M1	77.5	150 WR	105.705	YES (95).
w	2	80kg	U	Gabrielle BENNETT	NE	16	T2	79	100 WR*	69.49	YES (72.5).
w	1	90kg	U	Jessica TAYLOR	NE	18	T3	89.4	80 WR*	50.712	NO (87.5).
w	1	80kg	E	Mary ANDERSON**	SCO	41	M1	77.5	195 WR	137.417	YES (110).
	1	67.5kg	U	Callum IDE	SCO	18	T3	67.4	170 WR*	123.556	YES (120).
	1	75kg	U	Mark FLEMING**	NE	25	Snr/MPF	74.8	202.5 WR†	134.845	YES (162.5).
	2	75kg	U	Tommy MEREDITH	SW	52	M3	69.1	175 NR*	124.425	YES (140).
	3	75kg	U	Michael DALDRY	WM	18	T3	72.2	155 NR*	106.191	YES (132.5).
	1	82.5kg	U	Mark HESKETH	NW	47	M2	81.4	170	106.267	YES (160).
	2	82.5kg	U	Graham J EDWARDS	SW	50	M3	80.3	160 NR*	100.992	YES (152.5).
	3	82.5kg	U	David J FREEMAN	WM	58	M4	76.4	130 NR*	85.15	NO (145).
	1	90kg	U	Lee PARKIN	NM	28	Snr/MPF	87.4	190	113.24	YES (185).
	2	90kg	U	Daniel BOLTON	NW	21	Jnr	85	170	103.173	YES (167.5).
	3	90kg	U	Andy DAVIES	NW	64	M5	90	170 WR*	99.501	YES (145).
	---	90kg	U	Mike A DAVIES	NM	70	M7	84.6	---	---	NO (117.5).
	1	100kg	U	Philippe M CRISP	SE	39	Snr	97.5	225	126.113	YES (192.5).
	1	110kg	U	Mike LEADBETTER	NW	57	M4	110	197.5 WR*	105.959	YES (162.5).
	1	125kg	U	Chris YOUNG**	SE	42	M1	117.8	225 NR*	119.025	YES (197.5).
	2	125kg	U	Les PILLING	NW	54	M3	110.8	220	117.832	YES (177.5).
	3	125kg	U	Shaun JONES	EC	49	M2	121	200	105.2	YES (187.5).
	1	75kg	E	Dean MIKOSZ	SC	40	M1	74.2	220 NR*	147.422	YES (167.5).
	1	82.5kg	E	Rick MELDON	SE	44	M1	82.3	265 WR*	164.38	YES (180).
	2	82.5kg	E	Russell BAIN	NW	41	M1	80.2	222.5	140.576	YES (180).
	3	82.5kg	E	Neil A RATCLIFFE	NW	38	Snr	79.4	190	120.916	YES (190).
	---	82.5kg	E	George KING	NM	22	Jnr	76	---	---	NO (170).
	1	90kg	E	Neil ABERY	EM	31	Snr	85	283 WR	171.449	YES (200).
	2	90kg	E	Tony CRUMP	SE	34	Snr	88.3	235	139.167	YES (200).
	---	100kg	E	Philippe M CRISP	SE	39	Snr	97.5	---	---	NO (212.5).
	1	110kg	E	Mark NORTON**	NE	44	M1	107.9	330.5 WR	177.936	YES (207.5).
	2	110kg	E	Ian HAWKINS**	SC	30	Snr	109	285	153.245	YES (217.5).
	1	125kg	E	Les PILLING	NW	54	M3	110.8	240	128.544	YES (195).
	2	125kg	E	Shaun JONES	EC	49	M2	121	230	120.98	YES (205).
	1	145kg	E	Christopher PYE	NW	42	M1	141.4	240	120.432	YES (222.5).

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Bench		W.Cl.	U/E	Competitor Name	age	cat	B.W.	Result	4th Lift	POINTS	Qual.
w	1	1	50.5kg	U Pat REEVES	WM	63 M5	49.5	32.5		32.7665	YES (25).
w	1	1	53kg	U Patricia KIM	NE	28 Snr	51.5	45		43.929	YES (40).
w	1	1	63kg	U Nicola ELDING	NM	41 M1	59.8	60 NR*		51.768	YES (45).
w	1	1	70kg	U Manon BRADLEY	EM	42 M1	67.8	77.5		60.109	YES (47.5).
w	2	1	70kg	U Maureen SAGE	EC	71 M7	67.7	45.5 WR*		34.947	YES (32.5).
w	1	1	80kg	U Mary ANDERSON**	SCO	41 M1	77.5	87.5 NR*		61.6613	YES (55).
w	2	1	80kg	U Gabrielle BENNETT	NE	16 T2	79	50 NR*		34.745	YES (42.5).
w	1	1	90kg	U Jessica TAYLOR	NE	18 T3	89.4	52.5 NR*		33.2798	YES (50).
w	1	1	+90kg	U Tara EDWARDS	SW	35 Snr	111.9	70 NR		39.69	YES (67.5).
w	1	1	80kg	E Mary ANDERSON**	SCO	41 M1	77.7	112.5 WR		79.1325	YES (67.5).
	1	1	67.5kg	U Callum IDE	SCO	18 T3	67.4	90		65.412	YES (80).
	2	1	67.5kg	U Martin J GODDEN	SC	64 M5	65.4	87.5 NR*		65.3713	YES (75).
	3	1	67.5kg	U Jamie EASTWOOD	SW	14 T1	60.8	72.5 NR*		58.1378	YES (65).
	1	1/1	75kg	U Mark FLEMING**	NE	25 Snr/MPF	74.8	160 WR†		106.544	YES (112.5).
	2	1	75kg	U David AIKMAN SNR	SCO	44 M1	73.2	135		91.449	YES (107.5).
	3	1	75kg	U Kallum PENNINGTON	NW	20 Jnr	71	122.5	128 NR*	85.1008	YES (102.5).
	4	1	75kg	U Tommy MEREDITH	SW	52 M3	69.1	120		85.32	YES (97.5).
	5	2	75kg	U Daniel ORWIN	NE	27 Snr	71.1	120		83.268	YES (112.5).
	6	1	75kg	U Paul SAMRAJ**	WM	18 T3	74	112.5		75.555	YES (92.5).
	7	2	75kg	U Michael DALDRY	WM	18 T3	72.2	107.5		73.6483	YES (92.5).
	8	1	75kg	U David WALLIS	NE	72 M7	73	95		64.4955	YES (72.5).
	---		75kg	U George SHELTON	WM	16 T2	73	---		---	NO (82.5).
	1	1	82.5kg	U Mike JOSEPH	EC	37 Snr	81	172.5		108.209	YES (120).
	2	2	82.5kg	U Alex TOSH	WM	26 Snr	80.9	152.5		95.7548	YES (120).
	3	3/1	82.5kg	U Phil TEMPEST	NE	37 Snr/MPF	78.5	145		93.061	YES (120).
	4	1	82.5kg	U Graham J EDWARDS	SW	50 M3	80.3	135		85.212	YES (105).
	5	1	82.5kg	U David WILLIAMS	SW	55 M4	80.2	130		82.134	YES (100).
	6	1	82.5kg	U Daniel PENNINGTON	NW	18 T3	80.9	127.5		80.0573	YES (97.5).
	7	1	82.5kg	U Michael JOHN	WM	48 M2	77.4	125		81.075	YES (110).
	8	2	82.5kg	U Ashley SINCLAIR	SCO	58 M4	80.3	125		78.9	YES (100).
	9	1/2	82.5kg	U Jonathan MITCHELL	NE	23 Jnr/MPF	80.4	120		75.684	YES (107.5).
	10	1	82.5kg	U David LOEBELL	SE	41 M1	81	117.5		73.7078	YES (115).
	11	1	82.5kg	U Ben GRIFFITHS	WM	16 T2	80.7	115.5 NR*		72.335	YES (87.5).
	12	1	82.5kg	U Bill LEGG	SC	69 M6	80.7	85		53.465	YES (85).
	13	1	82.5kg	U Roy D GARNER	WM	73 M7	79.5	82.5		52.4535	YES (77.5).
	---		82.5kg	U Michael YULE	SC	30 Snr/MPF	82.1	---		---	NO (120).

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	W.Cl.	U/E	Competitor Name		age	cat	B.W.	Result	4th Lift	POINTS	Qual.
1	1	90kg	U Lee SMITH	WM	36	Snr	89.5	165		96.9045	YES (127.5).
2	2	90kg	U Jan MAKSYM CZUK	SW	36	Snr	87.9	157.5		93.5393	YES (127.5).
3	3	90kg	U David HEATH	SC	29	Snr	86.8	150		89.79	YES (127.5).
4	4/1	90kg	U Lee PARKIN	NM	28	Snr/MPF	87.4	137.5		81.95	YES (127.5).
5	5/2	90kg	U Dave TEMPEST	British	36	Snr/MPF	86.8	120		71.832	NO (127.5).
6	1	90kg	U Dominic REDBOURN	WM	16	T2	86.2	95 NR*		57.1235	YES (92.5).
	---	90kg	U Mike A DAVIES	NM	70	M7	84.6	---		---	NO (80).
1	1	100kg	U Andrew RIGBY	NW	47	M2	96.4	190.5 NR*		107.084	YES (120).
2	1	100kg	U Henry TOSH	WM	29	Snr	94.2	175		99.82 (inj)	YES (135).
3	2	100kg	U Steve BULLIMORE	EM	37	Snr	98.4	155		86.5055	YES (135).
4	1	100kg	U Martin FLETT**	NM	53	M3	98.7	155		86.3815	YES (115).
5	3	100kg	U John HAYNES	NM	36	Snr	96.4	135		76.086	YES (135).
6	4	100kg	U John BISWELL	EM	35	Snr	92.6	127.5		73.4145	NO (135).
1	1/1	110kg	U Neil THOMAS	EC	37	Snr/MPF	104.6	175		95.27	YES (140).
2	2	110kg	U Chris BURFORD	EM	39	Snr	106	170		92.157	YES (140).
3	1	110kg	U John MC COMISH	EC	40	M1	106.5	160		86.608	YES (132.5).
4	1	110kg	U Ian TUDOR	EC	60	M5	103.3	155 WR*		84.7695	YES (110).
1	1	125kg	U Chris BAKER	NE	34	Snr	124	200		104.48	YES (142.5).
2	2	125kg	U Matthew LJ GOODWIN**	EM	38	Snr	121.2	180		94.644	YES (142.5).
3	1	125kg	U Les PILLING	NW	54	M3	110.8	130		69.628	YES (120).
1	1	145kg	U Paul MERRICKS**	WM	33	Snr	143.4	222.5	225.5 ER	111.183	YES (150).
2	2/1	145kg	U Alan PEARSON	NM	38	Snr/MPF	130.7	202.5 ER ¹		104.105	YES (150).
1	1	+145kg	U Haydn ROWLANDS	NM	52	M3	145.1	197.5 WR*		98.3155	YES (135).
1	1	60kg	E Aaron GIDEON	SE	29	Snr	59	142.5 NR		117.862	YES (100).
1	1	75kg	E Dean MIKOSZ	SC	40	M1	74.6	152.5		101.763	YES (117.5).
2	1	75kg	E Daniel MC KEAN	SCO	22	Jnr	72	120		82.404	YES (110).
n/a	n/a	75kg	UE George SHELTON	WM	16	T2	73	82.5		56.0093	YES (82.5).
1	1	82.5kg	E David WILLIAMS	SW	55	M4	79.6	150 WR*	155 WR*	95.28	YES (110).
1	1	90kg	E Jan MAKSYM CZUK	SW	36	Snr	87.2	160		95.504	YES (140).
2	2	90kg	E Tony CRUMP	SE	34	Snr	88.8	160		94.416	YES (140).
3	1	90kg	E Paul C MASON	NW	47	M2	86.8	140		83.804	YES (125).
4	2	90kg	E Keith ARKLE	NE	47	M2	90	130		76.089	YES (125).
	---	90kg	E Joe MC EWAN	SCO	29	Snr	90	---		---	NO (140).
1	1	100kg	E Martin GREEN	EM	34	Snr	99.9	235		130.261	YES (147.5).
2	1	100kg	E Wayne CATTERALL	NW	46	M2	100	197.5 NR*		109.415	YES (132.5).
3	1	100kg	E Martin FLETT**	NM	53	M3	98.4	187.5 WR*	192.5 WR*	104.644	YES (125).
1	1	110kg	E Ian HAWKINS**	SC	30	Snr	109.6	232.5		124.853	YES (152.5).
2	2/1	110kg	E Neil THOMAS	EC	37	Snr/MPF	104.5	220 ER ¹		119.812	YES (152.5).
3	1	110kg	E Frank SINCLAIR	SCO	47	M2	100.7	140		77.336	YES (137.5).
	---	110kg	E Mark NORTON**	NE	44	M1	107.3	---		---	NO (145).
1	1	125kg	E Tom CHANTLER**	EM	32	Snr	124.8	200		104.26	YES (157.5).
2	1	125kg	E Marc SIDNEY	SE	46	M2	115.9	192.5 NR*		102.141	YES (142.5).
3	2	125kg	E Mark CATTON	EM	33	Snr	112.9	160		85.328	YES (157.5).
4	1	125kg	E Les PILLING	NW	54	M3	110.8	120		64.272	NO (135).
1	1	145kg	E Gerald PILLING	NE	35	Snr	126.9	235 NR		121.895	YES (165).
1	1	+145kg	E Matthew J MACKEY	EM	47	M2	156	220 NR		107.14	YES (155).

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		W.Cl.	U/E	Competitor Name	age	cat	B.W.	Result	4th Lift	POINTS	Qual.	
Deadlift												
w	1	1	50.5kg	U Pat REEVES	WM	63	M5	49.2	90	91.188	YES (65).	
w	1	1	53kg	U Patricia KIM	NE	28	Snr	51.5	117.5 NR	114.704	YES (85).	
w	1	1	55.5kg	U Louise FOX**	EC	36	Snr	54.4	165 WR	153.995	YES (90).	
w	1	1/1	58.5kg	U Ann THOMAS**	EC	30	Snr/MPF	58.5	130 WR†	114.244	YES (95).	
w	1	1	63kg	U Nicola ELDING	NM	41	M1	59.7	107.5 NR*	92.88	YES (95).	
w	1	1	70kg	U Maureen SAGE	EC	71	M7	67.8	85	65.926	YES (70).	
w	1	1	80kg	U Mary ANDERSON**	SCO	41	M1	77.7	190 WR	133.646	YES (115).	
w	2	1	80kg	U Gabrielle BENNETT	NE	16	T2	78.5	120 WR*	125 WR*	83.772	YES (87.5).
w	1	1	90kg	U Jessica TAYLOR	NE	18	T3	88.9	135 WR*	140 WR*	85.941	YES (107.5).
w	1	1	+90kg	U Tara EDWARDS	SW	35	Snr	111.4	130	73.801	NO (140).	
w	1	1/1	58.5kg	E Ann THOMAS**	EC	30	Snr/MPF	58.5	142.5 WR†	125.229	YES (102.5).	
w	1	1	80kg	E Mary ANDERSON**	SCO	41	M1	77.7	210 WR	147.714	YES (122.5).	
	1	1	67.5kg	U Jordan BUCHANAN	SW	15	T1	63.5	190 WR*	145.958	YES (107.5).	
	2	1	67.5kg	U Ted BYRNE	NM	57	M4	66.8	170 NR*	124.559	YES (135).	
	3	1	67.5kg	U Adam BALLINGER	WM	17	T2	66.8	162.5	119.064	YES (120).	
	4	2	67.5kg	U Harry SANDBACH	NM	17	T2	62.2	160	125.424	YES (120).	
	5	2	67.5kg	U Jamie EASTWOOD	SW	14	T1	61.2	150	119.49	YES (107.5).	
	6	1	67.5kg	U Martin J GODDEN	SC	64	M5	65.9	130 NR*	96.434	YES (127.5).	
	7	1	67.5kg	U Roger J LITTLE	NM	66	M6	67	125	91.3375	YES (115).	
	1	1	75kg	U Michael DALDRY	WM	18	T3	72.2	215.5 NR*	147.297	YES (147.5).	
	2	1	75kg	U Ben TAYLOR	SC	39	Snr	74	200	134.32	YES (180).	
	3	2	75kg	U Callum IDE	SCO	18	T3	68.9	195	138.996	YES (147.5).	
	4	1	75kg	U Tommy MEREDITH	SW	52	M3	70.2	190	133.266	YES (155).	
	5	1	75kg	U Andrew BURT	SW	16	T2	73	190 WR*	128.991	YES (132.5).	
	6	2	75kg	U George SHELTON	WM	16	T2	73	180	122.202	YES (132.5).	
	1	1	82.5kg	U Charles P BUCHANAN**	SW	52	M3	82.5	275 WR*	170.308	YES (165).	
	2	1	82.5kg	U Russell BAIN	NW	41	M1	80.6	242.5	152.654	YES (182.5).	
	3	1/1	82.5kg	U William SHAW	SCO	29	Snr/MPF	81.5	232.5	145.22	YES (192.5).	
	4	1	82.5kg	U John F O'RIORDAN	WM	49	M2	80.1	215.5 NR*	135.966	YES (172.5).	
	5	1	82.5kg	U Josh O'BOYLE	WM	18	T3	78.9	210	134.274	YES (155).	
	6	1	82.5kg	U Darren DEAN	WM	20	Jnr	78.2	202.5	130.329	YES (172.5).	
	7	1	82.5kg	U Will KEEGAN	SW	16	T2	81	200.5 WR*	205 WR*	125.46	YES (140).
	8	2	82.5kg	U David LOEBELL	SE	47	M1	80.8	182.5	114.683	YES (182.5).	
	9	2	82.5kg	U Daniel SAUNDERS	NM	23	Jnr	80.8	172.5	108.399	YES (172.5).	
	10	1	82.5kg	U Daniel WATKINS	WAL	14	T1	78.3	166 WR*	106.095	YES (125).	
	1	1/1	90kg	U Colin HARRISON	NW	33	Snr/MPF	89.4	272.5	160.148	YES (205).	
	2	1	90kg	U Larry WHYTE	WM	52	M3	86.5	260	156	YES (175).	
	3	1	90kg	U Daniel BOLTON	NW	21	Jnr	86.6	210	125.895	YES (185).	
	4	1/2	90kg	U Joe BALLINGER	WM	18	T3/MPF	83.8	205 NR*	125.604	YES (167.5).	
	5	1	90kg	U Spyros MATSOUKIS	NW	48	M2	88.8	205	120.971	YES (185).	
	6	2	90kg	U Matthew INCHLEY	NM	19	T3	87.7	202.5 NR*	210 NR*	120.427	YES (167.5).
	7	3	90kg	U Alex SARGEANT	NM	18	T3	86.1	172.5 NR*	103.811	YES (167.5).	
	8	1	90kg	U Mike A DAVIES	NM	70	M7	83.8	150	91.905	YES (130).	

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	W.Cl.	U/E	Competitor Name		age	cat	B.W.	Result	4th Lift	POINTS	Qual.			
1	1	100kg	U Ben FRANCE	NW	35	Snr	100	277.5		153.735	YES	(215).		
2	1	100kg	U Brett LE CRAS	SC	20	Jnr	90.7	272.5	WR*	158.786	YES	(192.5).		
3	2	100kg	U Adam KERSHAW	NE	22	Jnr	98.7	267.5	NR*	149.078	YES	(192.5).		
4	2	100kg	U Jamie ALLONBY	NE	30	Snr	94	265		151.315	YES	(215).		
5	1	100kg	U Simon GARDENER	NW	43	M1	97.3	250		140.25	YES	(205).		
6	3	100kg	U Paul VAN DANZIG	EM	37	Snr	97.5	242.5		135.921	YES	(215).		
7	1	100kg	U David AINSWORTH	SC	19	T3	95.9	240	WR*	250	WR*	135.624	YES	(172.5).
8	4	100kg	U Philippe M CRISP	SE	39	Snr	97.6	240		134.448	YES	(215).		
9	2	100kg	U Andrew ARCHER	NW	43	M1	99.8	225		124.763	YES	(205).		
10	2	100kg	U Matthew HOULDERSHAW	NM	18	T3	100	220	NR*	121.88	YES	(172.5).		
11	1	100kg	U Andy DAVIES	NW	64	M5	91.4	215	WR*	124.722	YES	(167.5).		
12	1	100kg	U Eddie BENNETT	NE	71	M7	92	160		92.464	YES	(135).		
1	1	110kg	U Mike LEADBETTER	NW	57	M4	109.2	270	WR*	145.125	YES	(182.5).		
2	1	110kg	U Gordon SYKES	NW	39	Snr	107.8	255		137.522	YES	(222.5).		
1	1/1	125kg	U Phil LAING	NM	45	M2/MPF	124	307.5	WR*	160.638	YES	(210).		
2	1	125kg	U Les PILLING	NW	54	M3	110.8	260		139.256	YES	(200).		
1	1	145kg	U Paul MERRICKS**	WM	33	Snr	144.1	280		139.692	YES	(240).		
2	1	145kg	U Christopher PYE	NW	42	M1	143.4	242.5	WR*	250	WR*	121.177	YES	(227.5).
1	1	75kg	E Ben TAYLOR	SC	39	Snr	74	202.5		135.999	YES	(187.5).		
1	1	82.5kg	E Russell BAIN	NW	41	M1	80.6	235		147.933	YES	(192.5).		
2	1	82.5kg	E George FLETCHER	NM	29	Snr	80.9	215		134.999	YES	(202.5).		
3	2	82.5kg	E Neil A RATCLIFFE	NW	38	Snr	81	210		131.733	YES	(202.5).		
1	1	90kg	E Tom MOFFAT	SCO	37	Snr	88.8	260		153.426	YES	(215).		
2	2	90kg	E Tony CRUMP	SE	34	Snr	88.8	245		144.575	YES	(215).		
1	1	100kg	E David HOWARTH	NW	61	M5	99.5	232.5	WR*	129.107	YES	(175).		
2	1	100kg	E James BELL	NM	22	Jnr	98.4	225		125.573	YES	(202.5).		
3	1	100kg	E Derek COPE	EM	50	M3	99.8	222.5		123.376	YES	(195).		
1	1	110kg	E Frank SINCLAIR	SCO	47	M2	100.7	270		149.148	YES	(210).		
2	1	110kg	E Gordon SYKES	NW	39	Snr	107.8	245		132.129	YES	(232.5).		
3	1	110kg	E Marc GILES**	NM	44	M1	102.3	240		131.736	YES	(220).		
4	2/1	110kg	E Steve VAN KEMPEN	EC	42	M1/MPF	100.5	220		121.638	YES	(220).		
1	1	125kg	E Les PILLING	NW	54	M3	110.8	260		139.256	YES	(207.5).		
1	1	145kg	E Gerald PILLING	NE	35	Snr	126.9	310		160.797	YES	(252.5).		
---	---	145kg	E Paul MERRICKS**	WM	33	Snr	144.1	---	---	---	NO	(252.5).		

(** drug tested; WR/ER/NR - World/European/National Records; * Age class Record/t MPF Record)

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
 British Single Lift Championships 2009
 Bradford University, Bradford - 04/04/2009

W.Cl.	U/E Competitor Name	age cat	B.W.	Result	4th Lift	POINTS	Qual.
Best Lifters:							
Women, unequipped, SQUAT		Women, unequipped, BENCH PRESS		Women, unequipped, DEADLIFT			
1st	Mary ANDERSON: 105.705 Points	1st	Mary ANDERSON: 61.66125 Points	1st	Louise FOX: 153.9945 Points		
2nd	Manon BRADLEY: 69.804 Points	2nd	Manon BRADLEY: 60.109 Points	2nd	Mary ANDERSON: 133.646 Points		
3rd	Gabrielle BENNETT: 69.49 Points	3rd	Nicola ELDING: 51.768 Points	3rd	Patricia KIM: 114.7035 Points		
Women, equipped, SQUAT		Women, equipped, BENCH PRESS		Women, equipped, DEADLIFT			
1st	Mary ANDERSON: 137.4165 Points	1st	Mary ANDERSON: 79.1325 Points	1st	Mary ANDERSON: 147.714 Points		
2nd	:	2nd	:	2nd	Ann THOMAS: 125.229 Points		
3rd	:	3rd	:	3rd	:		
Men, unequipped, SQUAT		Men, unequipped, BENCH PRESS		Men, unequipped, DEADLIFT			
1st	Mark FLEMING: 134.84475 Points	1st	Paul MERRICKS: 111.18325 Points	1st	Charles P BUCHANAN: 170.3075 Points		
2nd	Philippe M CRISP: 126.1125 Points	2nd	Mike JOSEPH: 108.20925 Points	2nd	Phil LAING: 160.638 Points		
3rd	Tommy MEREDITH: 124.425 Points	3rd	Andrew RIGBY: 107.084 Points	3rd	Colin HARRISON: 160.14825 Points		
Men, equipped, SQUAT		Men, equipped, BENCH PRESS		Men, equipped, DEADLIFT			
1st	Mark NORTON: 177.936 Points	1st	Martin GREEN: 130.2605 Points	1st	Gerald PILLING: 160.797 Points		
2nd	Neil ABERY: 171.44925 Points	2nd	Ian HAWKINS: 124.8525 Points	2nd	Tom MOFFAT: 153.426 Points		
3rd	Rick MELDON: 164.3795 Points	3rd	Gerald PILLING: 121.8945 Points	3rd	Frank SINCLAIR: 149.148 Points		

Officials

Organiser(s):	Gerald Pilling John Stokes	Head Referee:	Andy Davies (Int)
Speaker/announcer(s):	Sharron Clegg Martin Flett Della Milbourne	Referees:	John Bevan (Int) Mike Davies (Int) Peter Hudson (Div) Mike Leadbetter (Nat) Peter Linnett (Div)
Scorekeeper(s):	Sharron Clegg Della Milbourne Peter Linnett Neil Thomas		Anita Mahony (Int) Della Milbourne (Nat) Mark Norton (Int) Les Pilling (Int) Ann Thomas (Int)
Platform Manager(s):	Gerald Pilling John Stokes		Neil Thomas (Int) David Wallis (Int)
Spotter/loaders:	Bradford University Neil Abery Rick Meldon Neil Ratcliffe	Drug Tester(s):	Alan Pearson Anita Mahony Mark Norton John Stokes