

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Powerlifting Championships 2009
John White Community Centre, Binley, Coventry - 19/04/2009

		W.Cl.	U/E	Competitor Name		age	cat	B.W.	Squat	Bench	Deadl.	TOTAL	POINTS	Qual.
w	1	1	44kg	U Imelda FLANAGAN	EM	47	M2	42.9	60 WR*	37.5 ER*	100 WR*	197.5 WR*	223.234	YES (140).
w	1	1	50.5kg	U Gurdeep DE-MEIS	EM	36	Snr	49.8	62.5	40	95	197.5	198.152	YES (190).
w	2	1	50.5kg	U Pat REEVES	WM	63	M5	49.7	25 ER*	32.5 ER*	90 ER*	147.5 ER*	148.223	YES (147.5).
w	1	1	53kg	U Patricia KIM	NE	28	Snr	51.6	65	52.5	112.5	230	224.181	YES (200).
w	1	1	55.5kg	U Louise FOX	EC	36	Snr	54.6	95	70	155	320 WR	297.76	YES (215).
w	2	1	55.5kg	U Olivia TOSUNLAR	SC	23	Jnr	53.8	82.5 WR*	45	135 WR*	262.5 WR*	247.249	YES (192.5).
w	1	1	63kg	U Louise WATTON**	SC	22	Jnr	61.4	107.5 ER*	70 ER*	160 WR*	337.5 WR*	284.783	YES (215).
									112.5 ER*					
w	2	1	63kg	U Helen ISAAC	NW	34	Snr	61	95	67.5	142.5	305	258.793	YES (240).
w	3	1	63kg	U Melanie GOLDING	SE	49	M2	62.3	97.5	60	142.5	300	250.08	YES (215).
w	4	1	63kg	U Kirstie M FREEBURN**	SC	17	T2	60.3	80 ER*	55 ER*	120 WR*	255 WR*	218.484	YES (172.5).
w	5	1	63kg	U Claire BROWN	EM	43	M1	61	85 NR*	47.5 NR*	110 NR*	242.5 NR*	205.761	YES (227.5).
w	1	1	70kg	U Vicky BRADLEY	SE	25	Snr	64.1	110	67.5	135	312.5	254.281	YES (255).
w	2	2	70kg	U Sally MOSS	SW	34	Snr	63.4	100	60	130	290	238.177	YES (255).
w	1	1	80kg	U Mary ANDERSON	SCO	41	M1	78.2	145	94 WR*	195 WR	432.5 WR	302.793	YES (260).
									95 WR*					
w	2	1	80kg	U Gabrielle BENNETT	NE	16	T2	78.7	100 WR*	52.5 ER*	127.5 WR*	280 WR*	195.104	YES (197.5).
w	3	1	80kg	U Rebecca HOPEWELL	SC	22	Jnr	73.2	90 WR*	45 ER*	125 WR*	260 WR*	190.918	YES (245).
w	1	1	90kg	U Jessica TAYLOR	NE	18	T3	88.6	80 WR*	52.5 ER*	135 WR*	267.5 WR*	170.719	YES (240).
	1	1	56kg	U David AIKMAN JNR	SCO	16	T2	54.9	110 NR	75 NR*	163 WR*	347.5 NR	310.769	YES (255).
	2	1	56kg	U Kader KHALFEY	WM	24	Snr	56	95	70	160	325	284.31	NO (347.5).
	1	1	60kg	U Shyam CHAVDA	SE	22	Jnr	59.4	117.5	90	170	377.5	310.041	YES (337.5).
	2	1	60kg	U Ashley SANDERS	WM	18	T3	56.2	120 WR*	70	155	345	300.633	YES (305).
	3	1	60kg	U Robbie JONES	SCO	16	T2	56.4	130	70	125	325	282.1	YES (275).
	4	1	60kg	U Alexander STOKES	NE	14	T1	58.3	80	45	100	225	188.46	NO (247.5).
	1	1	67.5kg	U Stuart FORD**	EC	34	Snr	66.5	182.5	137.5	252.5 WR	572.5 WR	421.188	YES (417.5).
	2	2/1	67.5kg	U Sean COLE	SC	35	Snr/MPF	67.4	170 WR†	117.5	240 WR†	527.5 WR†	383.387	YES (417.5).
	3	1	67.5kg	U Alistair CANNINGS**	SC	18	T3	64.7	162.5 NR*	100	200	462.5 NR*	349.003	YES (337.5).
	4	1	67.5kg	U Guy GRANT	WM	22	Jnr	63.7	150 NR*	100	210	460 NR*	352.314	YES (375).
	5	3	67.5kg	U Paul RICHARDS	SC	31	Snr	66.7	145	100	207.5	452.5	331.999	YES (417.5).
	6	2	67.5kg	U Karl SEDDON	EM	19	T3	63.4	157.5 NR*	95	195	447.5	344.307	YES (337.5).
	7	4	67.5kg	U Paul RUTHERFORD	SCO	39	Snr	67.2	150	105	182.5	437.5	318.806	YES (417.5).
	8	1	67.5kg	U Paul ROGERSON	SE	48	M2	64.5	137.5	95	185	417.5	315.964	YES (377.5).
	9	2/2	67.5kg	U Daniel BALDWIN	NW	22	Jnr/MPF	64.6	130	90	190	410	309.837	YES (375).
	---		67.5kg	U Mark WILSON	WM	24	Snr	67.3	0	0	0	---	---	NO (417.5).

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1	1	75kg	U Cliff HAYNES	EC	48	M2	74.4	195 NR*	145 NR*	230.5 WR*	570 WR*	381.159	YES	(412.5).
2	1/1	75kg	U Steve WILKINSON	EM	23	Jnr/MPF	73.7	190	122.5	230	542.5	365.482	YES	(412.5).
3	1	75kg	U Robin MIHRSHAHI	EM	29	Snr	74.5	180	127.5	220	527.5	352.37	YES	(457.5).
4	2	75kg	U Andrew JONES	NW	27	Snr	75	185	117.5	217.5	520	345.54	YES	(457.5).
5	2	75kg	U Kevin BURNARD	SW	21	Jnr	75	160	125	210	495	328.928	YES	(412.5).
6	3/2	75kg	U Oliver HARDY	WM	24	Snr/MPF	72.9	155	110	225	490	333.053	YES	(457.5).
7	4	75kg	U Gary MUNKS	NE	39	Snr	73.8	175	102.5	212.5	490	329.77	YES	(457.5).
8	1	75kg	U Tommy MEREDITH	SW	52	M3	69.6	175	122.5	190	487.5 NR*	344.468	YES	(392.5).
9	3	75kg	U Adam SANDEL	EM	23	Jnr	73.6	165	122.5	200	487.5	328.819	YES	(412.5).
10	1	75kg	U Peter ROBERTS	NM	55	M4	72.7	162.5 NR*	110	185	457.5 NR*	311.649	YES	(372.5).
11	1	75kg	U Terrence J MINTY	SC	18	T3	69.3	145	105	200	450	319.14	YES	(372.5).
12	1	75kg	U Thomas HOUGH	SC	16	T2	72.6	120	92.5	190	402.5	274.505	YES	(335).
13	2	75kg	U Ian DIXON	SC	18	T3	74.4	125	100	170	395	264.137	YES	(372.5).
	---	75kg	U Christian ESKEKUND	SW	41	M1/MPF	74.1	0	95	220	---	---	NO	(435).
1	1	82.5kg	U Paul MC CAFFREY**	NE	30	Snr	82.3	230	145	230	605	375.282	YES	(490).
2	2	82.5kg	U Robert CHAUNT**	SC	27	Snr	80.6	180	140	245	565	355.668	YES	(490).
3	3/1	82.5kg	U Glynn MC AFFER**	SCO	31	Snr/MPF	81.7	190 NR†	157.5 WR†	217.5	565 NR†	352.278	YES	(490).
4	1	82.5kg	U Lewis GRADDON	WAL	23	Jnr	79.1	182.5	120	240	542.5	346.224	YES	(440).
5	4	82.5kg	U Harry GROVE	SE	27	Snr	82.5	172.5	130	230	532.5	329.777	YES	(490).
6	1	82.5kg	U Scott R MC LAUGHLAN	WM	19	T3	79.1	165	135	220	520	331.864	YES	(395).
7	5	82.5kg	U Alex TOSH	WM	26	Snr	80.8	165	152.5	200	517.5	325.197	YES	(490).
8	6	82.5kg	U Jacob GIESECKE	EM	27	Snr	82.4	175	120	215	510	316.098	YES	(490).
9	2	82.5kg	U Russell JOLLEY	SC	23	Jnr	80.9	172.5	112.5	220	505	317.09	YES	(440).
10	1	82.5kg	U Paul C GOLDING	SE	46	M2	81.5	185	115	205	505	315.423	YES	(442.5).
11	3	82.5kg	U Chris EMPSON	SCO	23	Jnr	81.2	157.5	140	200	497.5	311.535	YES	(440).
12	4	82.5kg	U Robert PEARCE	EM	21	Jnr	82.1	170	92.5	235	497.5	309.147	YES	(440).
13	7	82.5kg	U Matt SHORE	SE	34	Snr	81.2	172.5	117.5	200	490	306.838	YES	(490).
14	8	82.5kg	U Gabinder S CHEEMA	WM	26	Snr	79.1	155	130	190	475	303.145	NO	(490).
15	1	82.5kg	U Stephen FRANCE	GBR	16	T2	79	140	95	180	415	265.102	YES	(355).
16	1	82.5kg	U David J FREEMAN	WM	58	M4	76.8	135 NR*	97.5	180 ER*	412.5 NR*	269.115	YES	(400).
17	2	82.5kg	U Nicholas MAY	WAL	18	T3	80.9	125	100	185	410	257.439	YES	(395).
18	2	82.5kg	U Jason CORTESE	WM	17	T2	76.4	125	80	175	380	248.9	YES	(355).

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		W.Cl.	U/E	Competitor Name		age	cat	B.W.	Squat	Bench	Deadl.	TOTAL	POINTS	Qual.	
1	1	90kg	U	Andy BONNER**	SC	53	M3	86.9	237.5	150	270	657.5	393.317	YES	(447.5).
2	1	90kg	U	Ian RA SHAW	NW	33	Snr	87.8	220	125	291 WR	635	377.381	YES	(520).
3	2/1	90kg	U	Colin HARRISON	NW	33	Snr/MPF	88.6	210	155	265	630 WR [†]	372.33	YES	(520).
									212.5 WR [†]						
4	1	90kg	U	Vince MINTY	SC	41	M1	89.9	210	167.5 WR*	240	617.5	361.67	YES	(495).
									212.5 WR*						
5	3/2	90kg	U	Mark FLETCHER	NM	27	Snr/MPF	90	200	170 WR [†]	230	600	351.18	YES	(520).
6	1	90kg	U	Harry PHILLIPS**	SC	20	Jnr	88.8	200	140	250	590	348.159	YES	(467.5).
7	1	90kg	U	Tristan GRAY-DAVIES	EM	19	T3	89.8	180	127.5	235	542.5	317.959	YES	(420).
8	4	90kg	U	James A AMOS	SC	27	Snr	87.2	185	125	230	540	322.326	YES	(520).
9	5/3	90kg	U	Lee PARKIN	NM	28	Snr/MPF	88.6	190	145	205	540	319.14	YES	(520).
10	1	90kg	U	Adrian TUCKER	SE	47	M2	84.6	195	117.5	200	512.5	312.01	YES	(470).
11	1	90kg	U	Andy DAVIES	NW	64	M5	89.4	180	110	220	510	299.727	YES	(405).
12	2	90kg	U	Marcus ROYALL	SC	18	T3	86.3	95	102.5	185	382.5	229.844	NO	(420).
	---	90kg	U	Mike A DAVIES	NM	70	M7	83.8	0	0	0	---	---	NO	(365).
	---	90kg	U	Mark LOWE	SW	37	Snr	88.6	0	0	0	---	---	NO	(520).
1	1	100kg	U	Simon MARSHALL**	EM	37	Snr	99.3	270	185	295	750 WR	416.85	YES	(550).
2	1	100kg	U	Terry JEX	SC	53	M3	98.4	230	135	295 WR*	660	368.346	YES	(472.5).
3	2	100kg	U	Henry TOSH	WM	29	Snr	93.7	200	180	260	640	366.08	YES	(550).
4	3	100kg	U	Jamie ALLONBY	NE	30	Snr	92.8	202.5	155	265	622.5	358	YES	(550).
5	4	100kg	U	Matthew ADCOCK	SC	33	Snr	97.7	215	150	250	615	344.339	YES	(550).
6	1	100kg	U	Adam KERSHAW	NE	22	Jnr	98.5	205	145	265	615 NR*	343.047	YES	(495).
7	2	100kg	U	Brett LE CRAS	SC	20	Jnr	90.6	205	117.5	275 NR*	597.5	348.343	YES	(495).
8	3	100kg	U	Matthew BOLTON	SC	53	Jnr	97.6	210	135	245	590	330.518	YES	(495).
9	5	100kg	U	Jean-Pierre ULLDEMOLISE	SE	29	Snr	98.7	210	140	240	590	328.807	YES	(550).
10	4	100kg	U	Robert REES	WM	20	Jnr	98.2	205	135	240	580	323.988	YES	(495).
11	5	100kg	U	Liam ALLISON	WM	21	Jnr	98.2	200	130	245	575	321.195	YES	(495).
12	1	100kg	U	Andrew M GREEN	SC	48	M2	98	200	130	235	565	315.892	YES	(497.5).
13	6	100kg	U	Michael JJ MITCHELL-H/NW	NW	23	Jnr	93.1	190	140	230	560	321.44	YES	(495).
14	7	100kg	U	James M PERRY	SW	20	Jnr	96.3	170	165 ER*	220	555	312.965	YES	(495).
15	8	100kg	U	Carl WILLIAMS	WM	22	Jnr	97.1	185	120	250	555	311.688	YES	(495).
16	1	100kg	U	Simon GARDENER	NW	44	M1	96.8	190	105	250	545	306.508	YES	(522.5).
17	1	100kg	U	Andy VICKERY	SC	19	T3	95.7	165	135 ER*	217.5 WR*	517.5 WR*	292.75	YES	(445).
18	1	100kg	U	Alex WADE	SC	17	T2	98.6	150	72.5	190	412.5	229.969	YES	(400).
1	1	110kg	U	Steve STANISLAUS	SE	45	M2	109.1	215	152.5	270	637.5	342.72	YES	(512.5).
2	1	110kg	U	Mike LEADBETTER	NW	57	M4	109.5	201 ER*	140	275.5 WR*	615	330.317	YES	(462.5).
3	1	110kg	U	Les PILLING	NW	54	M3	109	220	130	260	610	327.997	YES	(487.5).
4	1	110kg	U	Matthew LLEWELLYN-JCEM	SE	22	Jnr	106	205	140	242.5	587.5	318.484	YES	(510).
5	1/1	110kg	U	Patrick SCHRAM	WM	44	M1/MPF	107.7	200	130	210	540	291.33	YES	(540).
6	2	110kg	U	Andrew ARCHER	NW	43	M1	100.2	175	112.5	227.5	515	285.104	NO	(540).
7	1	110kg	U	Ronnie SIMPSON	SCO	62	M5	104	190	100	205	495	270.023	YES	(440).

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	W.Cl.	U/E	Competitor Name		age	cat	B.W.	Squat	Bench	Deadl.	TOTAL	POINTS	Qual.	
1	1	125kg	U Chris JONES	WAL	31	Snr	112.6	267.5	192.5	292.5	752.5	401.534	YES	(582.5).
2	1	125kg	U Matthew PIPE**	NE	21	Jnr	118.5	230	180	320 WR	730 WR*	385.659	YES	(525).
3	1/1	125kg	U Phil LAING	NM	45	M2/MPF	124	250 ER†	180 WR†	300 WR*	730 NR*	381.352	YES	(525).
4	2	125kg	U Chris BAKER	NE	34	Snr	123.5	235	190	275	700	366.17	YES	(582.5).
5	3	125kg	U Stuart AINSLEY	SC	38	Snr	120.1	250	150	237.5	637.5	335.899	YES	(582.5).
6	2	125kg	U George CARTER	SC	21	Jnr	124.6	215	145	272.5	632.5	329.912	YES	(525).
7	4	125kg	U Christopher J PENGELLYEM		34	Snr	118.4	210	145	260	615	324.966	YES	(582.5).
8	1	125kg	U Chris YOUNG	SE	42	M1	118.2	230	130	200	560	296.016	YES	(552.5).
1	1	145kg	U Peter SUTTON	WAL	43	M1	131.4	260	200	290	750	384.975	YES	(580).
2	1	145kg	U John STOKES	NE	46	M2	136.1	222.5	145	235	602.5	305.889	YES	(550).

(** drug tested; WR/ER/NR - World/European/National Records: * Age class Record/† MPF Record)

Best Lifters:

Women, unequipped

1st Mary ANDERSON: 302.79325 Points

2nd Louise FOX: 297.76 Points

3rd Louise WATTON: 284.7825 Points

Men, unequipped

1st Stuart FORD: 421.18825 Points

2nd Simon MARSHALL: 416.85 Points

3rd Chris JONES: 401.534 Points

Organiser(s):	Ray Allison	Head Referee:	Andy Davies (day 1) Mark Norton (day 2)
Speaker/announcer(s):	Sharron Clegg John Stokes Tom Chantler Andy Bonner	Referees:	Andy Davies (Int) Mark Norton (Int) Neil Thomas (Int) Ann Thomas (Int) Mike Davies (Int) Les Pilling (Int) Ken Smith (Int) Mike Leadbetter (Nat) John Stokes (Nat) Tom Chantler (Nat) Martin O'Grady (Nat) Melanie Golding (Div) Peter Linnett (Div)
Scorekeeper(s):	Sharron Clegg Peter Linnett Pat Kim Nicola Elding Helen Isaac Tom Chantler John Stokes	Drug Tester(s):	Alan Pearson Mark Norton Ann Thomas John Stokes Neil Thomas
Platform Manager(s):	Ray Allison Dean Allison Matt Griffiths		
Spotter/loaders:	Fitness Factory Club		