

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2010
Horncastle Golf Country Club - 06/03/2010

Day 1, Flight 1

WGT CLASS	Competitor Name	NAT CLUB	DOB Age	Body Weight	Cat.	U/E	Squat				BEST LIFT	POINTS
							1	2	3	4		
w 55.5kg	Janet SCOTT	GBR NM	05/09/61 48	53.3	M2	E	WR* 70	WR* 80	WR 91		80	75.936
w 70kg	Melanie GOLDING	ENG SE	25/03/60 49	63.4	M2	U	WR* 87.5	WR* 92.5	WR* 97.5	WR* 100	97.5	80.07675
w 70kg	Manon BRADLEY	ENG EM	19/10/66 43	67.4	M1	U	95	100	110		100	77.96
w 70kg	Kristine MEZALE	GBR NE	13/07/87 22	67.7	Jnr	U	NR* 75	NR* 77.5	NR* 80		77.5	60.1865
w 90kg	Mary ANDERSON	SCO SCO	02/09/67 42	82.3	M1	U	WR 135	WR 142.5	WR 150		150	101.145
w 90kg	Gabrielle BENNETT	ENG NE	18/03/93 16	87.9	T2	U	WR* 97.5	WR* 105	WR* 110		110	70.62
100kg	Philippe M CRISP	ENG SE	01/12/69 40	96.9	M1	U	205	205	220		205	115.251
100kg	Alan MURPHY	GBR NM	19/02/62 48	99.6	M2	U	160	172.5	-		172.5	95.7375
125kg	Les PILLING	ENG NW	07/12/54 55	113.7	M4	U	180	WR* 210	WR* 230		230	122.498

Referees:

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2010
Horncastle Golf Country Club - 06/03/2010

Day 1, Flight 2

WGT CLASS	Competitor Name	NAT CLUB	DOB Age	Body Weight	Cat.	U/E	Squat				BEST LIFT	POINTS
							1	2	3	4		
w 90kg	Mary ANDERSON	SCO	02/09/67 42	82.3	M1	E	WR 175	WR 185	WR 185	WR 195	185	124.7455
75kg	Dean MIKOSZ	ENG SC	04/07/68 41	74.6	M1	E	220	230	-		230	153.479
75kg	Mark FLEMING	ENG NE	10/08/83 26	74.6	Snr/MP F	U	200	207.5	-		200	133.46
82.5kg	Paul C GOLDING	ENG SE	14/01/63 47	81.6	M2	U	170	180	WR* 185.5		180	112.338
90kg	Rick MELDON	ENG SE	21/04/64 45	84.5	M2	E	250	-			250	152.325
90kg	Daniel GEACH	ENG SW	23/01/86 24	86.5	Snr	U	185	195	200		195	117
90kg	Neil ABERY	ENG EM	09/11/77 32	86.8	Snr	E	267.5	WR 287.5	WR 300		267.5	160.1255
100kg	Andy DAVIES	ENG NW	12/06/44 65	91.6	M6	U	WR* 150	WR* 160	WR* 160		150	86.895
100kg	Alan MURPHY	GBR NM	19/02/62 48	99.6	M2	E	170	182.5	182.5		170	94.35
110kg	Martins CERINS	ENG NE	09/11/77 32	109.2	Snr	E	315	315	-		0	0
125kg	Les PILLING	ENG NW	07/12/54 55	113.7	M4	E	WR* 220	WR* 240	-		240	127.824

Referees:

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2010
Horncastle Golf Country Club - 06/03/2010

Day 1, Flight 3

WGT CLASS	Competitor Name	NAT CLUB	DOB Age	Body Weight	Cat.	U/E	Bench				BEST LIFT	POINTS
							1	2	3	4		
w 50.5kg	Pat REEVES	ENG WM	12/11/45 64	49.7	M5	U	30	32.5	-		32.5	32.65925
w 53kg	Gina SITARENOU	GBR WM	25/02/74 36	52	Snr	U	40	40	45		45	43.587
w 55.5kg	Janet SCOTT	GBR NM	05/09/61 48	53.3	M2	U	40	42.5	45	46 NR*	45	42.714
w 63kg	Nicola ELDING	ENG NM	01/04/68 41	61.4	M1	U	50	57.5	62.5	NR*	62.5	52.7375
w 70kg	Manon BRADLEY	ENG EM	19/10/66 43	67.4	M1	U	75	81 WR*	81 WR*		75	58.47
w 70kg	Kristine MEZALE	GBR NE	13/07/87 22	67.7	Jnr	U	40	42.5	45		45	34.947
w 90kg	Mary ANDERSON	SCO SCO	02/09/67 42	82.3	M1	U	WR* 82.5	WR* 87.5	90 WR*		87.5	59.00125
w 90kg	Gabrielle BENNETT	ENG NE	18/03/93 16	87.9	T2	U	WR* 57.5	WR* 60	62.5 WR*		60	38.52
67.5kg	Ted BYRNE	ENG NM	02/09/51 58	66.3	M4	U	80	85 NR*	85 NR*		80	59.016
75kg	Kallum PENNINGTON	GBR NW	17/04/88 21	72.7	Jnr	U	115	125	133	NR*	135	90.259
75kg	Mark FLEMING	ENG NE	10/08/83 26	74.6	Snr/MP F	U	155	MPF-WR 165	170 MPF-WR		165	110.1045

Referees:

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2010
Horncastle Golf Country Club - 06/03/2010

Day 1, Flight 4

WGT CLASS	Competitor Name	NAT CLUB	DOB Age	Body Weight	Cat.	U/E	Bench				BEST LIFT	POINTS
							1	2	3	4		
82.5kg	Michael JOHN	GBR WM	09/11/60 49	77.1	M2	U	117.5	125	130		125	81.3125
82.5kg	Ben GRIFFITHS	ENG WM	28/05/92 17	78.7	T2	U	WR* 125.5	WR* 125.5	WR* 125.5		0	0
82.5kg	Gren ELMORE	WAL WM	15/05/26 83	79.6	M9	U	70	75	WR* 80		75	47.64
82.5kg	Gary CONWAY	ENG WM	02/01/56 54	79.7	M3	U	132.5	137.5	NR* 142.5		137.5	87.27125
82.5kg	Phil TEMPEST	ENG EM	04/05/71 38	79.8	Snr/MP F	U	140	145	147.5		145	91.9445
82.5kg	Mike JOSEPH	ENG EC	23/07/71 38	79.9	Snr	U	165	165	170		170	107.695
82.5kg	Peter LINNETT	ENG EM	18/01/64 46	80	M2	U	130	135	140		135	85.4415
82.5kg	Jonathan MITCHELL	ENG NE	09/03/86 23	80.1	Jnr/MPF	U	125	135	135		125	79.05
82.5kg	Ashley SINCLAIR	SCO SCO	18/07/50 59	80.5	M4	U	125	130	132.5		132.5	83.48825
82.5kg	Alex TOSH	ENG WM	28/07/82 27	80.6	Snr	U	150	155	160		155	97.5725
82.5kg	Bill LEGG	ENG SC	11/04/39 70	81	M7	U	82.5	NR* 87.5	NR* 87.5		82.5	51.75225
82.5kg	David WILLIAMS	GBR SW	24/06/53 56	81.6	M4	U	120	130	132.5		132.5	82.69325
82.5kg	Pawel KRAMER	GBR SE	05/01/77 33	82.1	Snr	U	165	165	170		170	105.638
82.5kg	Michael YULE	SCO SC	24/12/78 31	82.5	Snr/MP F	U	145	155	162.5		162.5	100.6363

Referees:

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
 British Single Lift Championships 2010
 Horncastle Golf Country Club - 06/03/2010

Day 1, Flight 5

WGT CLASS	Competitor Name	NAT CLUB	DOB Age	Body Weight	Cat.	U/E	Bench				BEST LIFT	POINTS
							1	2	3	4		
90kg	John FULTON	ENG EC	08/09/26 83	84.2	M9	U	75	80	80		80	48.856
90kg	Jan MAKSYM CZUK	GBR SW	11/09/72 37	87.2	Snr	U	152.5	157.5	157.5		152.5	91.02725
90kg	Dave TEMPEST	GBR NW	05/11/72 37	87.3	Snr/MP F	U	120	127.5	130		127.5	76.05375
90kg	Joe WEBB	GBR NM	24/06/94 15	88	T1	U	NR* 70	NR* 82.5	NR* 90	NR* 95	90	53.406
90kg	Jamie WEBSTER	ENG WM	06/05/77 32	88.1	Snr	U	125	130	135		130	77.09
90kg	Joe BALLINGER	ENG WM	06/04/90 19	88.2	T3	U	100	102.5	-		100	59.26
90kg	Daniel PENNINGTON	GBR NW	27/11/90 19	88.3	T3	U	115	130	140	NR* 143	140	82.908
90kg	Jon MOORE	ENG NE	24/11/82 27	88.6	Snr/MP F	U	135	145	145		135	79.785
90kg	Henry TOSH	ENG WM	26/01/80 30	89.7	Snr	U	160	170	175		170	99.705

Referees:

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2010
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Day 1, Flight 6

WGT CLASS	Competitor Name	NAT CLUB	DOB Age	Body Weight	Cat.	U/E	Bench				BEST LIFT	POINTS
							1	2	3	4		
100kg	Richard WHISKER	ENG NM	29/10/85 24	96.4	Snr	U	165	175	182.5		182.5	102.857
100kg	Philippe M CRISP	ENG SE	01/12/69 40	96.9	M1	U	130	-			130	73.086
100kg	Chris MARSHALL	GBR EM	12/03/71 38	97.4	Snr	U	135	140	145		145	81.316
100kg	Andrew RIGBY	ENG NW	20/03/62 47	97.6	M2	U	175	NR* 192.5	WR* 200.5	WR* 202.5	200	112.04
100kg	Gareth WALL	GBR WM	17/05/87 22	97.6	Jnr	U	115	127.5	135		127.5	71.4255
100kg	Paul HAMMOND	GBR NM	05/07/63 46	98.5	M2	U	110	120	120		110	61.358
100kg	John MC COMISH	GBR EC	03/02/69 41	98.8	M1	U	160	170	170		160	89.12
100kg	Alistair MURDOCH	GBR SE	09/05/67 42	98.9	M1	U	NR* 180	NR* 190	WR* 202.5	WR* 205	202.5	112.752
100kg	Martin FLETT	SCO NW	06/02/56 54	99.9	M3	U	145	160	162.5		160	88.688

Referees:

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
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Day 1, Flight 7

WGT CLASS	Competitor Name	NAT CLUB	DOB Age	Body Weight	Cat.	U/E	Bench				BEST LIFT	POINTS
							1	2	3	4		
110kg	Simon MARSHALL	ENG EM	27/02/72 38	104.9	Snr	U	180	187.5	195		187.5	101.9813
110kg	Pete GASKIN	SCO SCO	29/09/62 47	105.5	M2	U	137.5	142.5	147.5		147.5	80.07775
110kg	Jay HOLLINGSWO	ENG NE	10/11/84 25	108.5	Snr/MP F	U	180	MPF-NR 190	MPF-WR 195	MPF-WR 200	195	104.988
110kg	Neil THOMAS	ENG EC	22/02/72 38	109.7	Snr/MP F	U	170	180	-		170	91.256
125kg	Les PILLING	ENG NW	07/12/54 55	113.7	M4	U	115	130	NR* 138		137.5	73.2325
125kg	Paul SPENCER	ENG NM	11/05/78 31	114	Snr	U	160	170	170		170	90.491
125kg	Gary DADA	GBR NM	22/12/70 39	119.3	Snr	U	170	190	200	NR 216	200	105.52
145kg	Paul MERRICKS	ENG WM	04/10/75 34	143.7	Snr	U	220	225	ER 228	ER 230	227.5	113.5908
145kg	Haydn ROWLANDS	ENG NM	14/07/56 53	144.3	M3	U	182.5	190	195		195	97.2465
+145kg	Graham MELLOR	ENG NM	22/03/94 15	156.2	T1	U	WR* 95	WR* 102.5	WR* 105	WR* 110	105	51.114

Referees:

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2010
Horncastle Golf Country Club - 06/03/2010

Day 2, Flight 1

WGT CLASS	Competitor Name	NAT CLUB	DOB Age	Body Weight	Cat.	U/E	Bench				BEST LIFT	POINTS
							1	2	3	4		
w 90kg	Mary ANDERSON	SCO	02/09/67 42	82.2	M1	E	WR 105	WR 112.5	WR 117.5		117.5	79.30075
60kg	Aaron GIDEON	ENG SE	02/03/80 30	59.1	Snr	E	140	NR 145	NR 147.5		145	119.7265
75kg	Dean MIKOSZ	ENG SC	04/07/68 41	74.5	M1	E	150	WR* 167.5	WR* 177.5		150	100.2
75kg	Lee James MEACHEN	GBR EC	29/12/65 44	75	M1	E	WR* 167.5	WR* 172.5	WR* 177.5		172.5	114.6263
82.5kg	Phil TEMPEST	ENG EM	04/05/71 38	80	Snr/MP F	E	150	MPF-WR 171	MPF-WR 171		150	94.935
82.5kg	Mike JOSEPH	ENG EC	23/07/71 38	80.5	Snr	E	170	175	175		170	107.117
82.5kg	David WILLIAMS	GBR SW	24/06/53 56	81.2	M4	E	150	WR* 160	WR* 160		160	100.192
82.5kg	George KING	ENG NM	08/11/86 23	81.9	Jnr	E	120	130	135		135	84.024
90kg	Jan MAKSYM CZUK	GBR SW	11/09/72 37	87.7	Snr	E	150	155	170		170	101.099
90kg	Paul C MASON	GBR NW	14/02/62 48	89.6	M2	E	120	130	135		130	76.297

Referees:

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2010
Horncastle Golf Country Club - 06/03/2010

Day 2, Flight 2

WGT CLASS	Competitor Name	NAT CLUB	DOB Age	Body Weight	Cat.	U/E	Bench				BEST LIFT	POINTS
							1	2	3	4		
100kg	Richard WHISKER	ENG NM	29/10/85 24	96.6	Snr	E	190	200	210		210	118.23
100kg	Paul HAMMOND	GBR NM	05/07/63 46	98.5	M2	E	132.5	140	150		140	78.092
100kg	Terry JEX	ENG SC	21/11/55 54	99.8	M3	E	135	145	145		145	80.4025
100kg	Martin FLETT	SCO NW	06/02/56 54	100	M3	E	180	WR* 195	WR* 202.5		195	108.03
110kg	Wayne CATTERALL	ENG NW	21/06/62 47	105.6	M2	E	190	200	200		190	103.113
110kg	Mark NORTON	ENG NE	30/07/64 45	106	M2	E	WR* 225	WR* 230	WR* 235		230	124.683
125kg	Les PILLING	ENG NW	07/12/54 55	115.5	M4	E	ER* 150.5	ER* 155	ER* 160		160	84.944
125kg	Marc SIDNEY	ENG SE	13/01/63 47	118.4	M2	E	WR* 206	WR* 210	WR* 210		205	108.322

Referees:

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2010
Horncastle Golf Country Club - 06/03/2010

Day 2, Flight 3

WGT CLASS	Competitor Name	NAT CLUB	DOB Age	Body Weight	Cat.	U/E	Deadlift				BEST LIFT	POINTS
							1	2	3	4		
w 50.5kg	Pat REEVES	ENG WM	12/11/45 64	49.5	M5	U	90	WR* 100	-		100	100.82
w 53kg	Patricia KIM	ENG NE	17/12/80 29	51.7	Snr	U	115	NR 125	NR 130		130	126.503
w 55.5kg	Janet SCOTT	GBR NM	05/09/61 48	53.5	M2	U	WR* 100	WR* 110	WR* 115		115	108.813
w 55.5kg	Louise FOX	ENG EC	31/07/72 37	54.8	Snr	U	150	160	WR 106		160	148.432
w 63kg	Nicola ELDING	ENG NM	01/04/68 41	61.2	M1	U	100	115	WR* 120.5		115	97.313
w 63kg	Sarah Elizabeth JONES	GBR SW	16/10/88 21	61.4	Jnr/MPF	U	NR* 110	NR* 120	NR* 130		120	101.256
w 70kg	Kristine MEZALE	GBR NE	13/07/87 22	67.4	Jnr	U	NR* 112.5	NR* 115	NR* 117.5	WR* 120.5	117.5	91.603
w 90kg	Mary ANDERSON	SCO SCO	02/09/67 42	82.2	M1	U	WR* 160	WR* 175	WR* 185		185	124.8565
w 90kg	Gabrielle BENNETT	ENG NE	18/03/93 16	87.5	T2	U	WR* 125	WR* 135	WR* 140		140	90.188

Referees:

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2010
Horncastle Golf Country Club - 06/03/2010

Day 2, Flight 4

WGT CLASS	Competitor Name	NAT CLUB	DOB Age	Body Weight	Cat.	U/E	Deadlift				BEST LIFT	POINTS
							1	2	3	4		
w 55.5kg	Janet SCOTT	GBR NM	05/09/61 48	53.5	M2	E	WR* 100	WR* 110	WR* 112.5		112.5	106.4475
w 90kg	Mary ANDERSON	SCO SCO	02/09/67 42	82.2	M1	E	WR 200	WR 212.5	WR 221		212.5	143.4163
67.5kg	Richard TAPER	GBR SW	06/01/84 26	63.4	Snr	U	160	175	185		185	142.339
67.5kg	Jordan BUCHANAN	ENG SW	05/05/93 16	63.9	T2	U	180	190	WR* 195	WR* 200	195	148.902
67.5kg	Ted BYRNE	ENG NM	02/09/51 58	66.3	M4	U	160	NR* 172.5	NR* 190		172.5	127.2533
67.5kg	John MC GATHAN	ENG NW	19/03/88 21	66.6	Jnr	U	NR* 162.5	NR* 170	NR* 175	NR* 180	175	128.5725
67.5kg	Luke DIXON	GBR NM	21/11/88 21	66.7	Jnr	U	NR* 165	NR* 175	NR* 182.5		175	128.3975
75kg	Glynne THOMAS	GBR NM	11/10/82 27	70	Snr	U	165	180	190		180	126.558
75kg	Andrew BURT	GBR SW	12/11/92 17	71.1	T2	U	180	WR* 191	WR* 200		200	138.78
75kg	Peter ARON	GBR NM	13/10/80 29	73	Snr	U	180	190	200		190	128.991
75kg	Adam BALLINGER	ENG WM	13/02/92 18	73.7	T3	U	165	175	190		175	117.8975

Referees:

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2010
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Day 2, Flight 5

WGT CLASS	Competitor Name	NAT CLUB	DOB Age	Body Weight	Cat.	U/E	Deadlift				BEST LIFT	POINTS
							1	2	3	4		
82.5kg	Gren ELMORE	WAL WM	15/05/26 83	79.6	M9	U	110	WR* 116	-		115	73.048
82.5kg	Alex TOSH	ENG WM	28/07/82 27	80.9	Snr	U	215	225	230		230	144.417
82.5kg	Russell BAIN	ENG NW	24/03/68 41	81.5	M1	U	225	235	242.5		242.5	151.4655
82.5kg	Luke DU-CASSE	ENG SE	16/07/79 30	81.6	Snr	U	200	212.5	220		220	137.302
82.5kg	Mike A DAVIES	GBR NM	27/08/38 71	82.5	M7	U	NR* 130	NR* 145	NR* 145		130	80.509
82.5kg	Charles P BUCHANAN	ENG SW	29/10/56 53	82.5	M3	U	250	270	280		280	173.404
82.5kg	Daniel SAUNDERS	GBR NM	10/06/85 24	82.5	Snr	U	192.5	200	205		200	123.86
82.5kg	David LOEBELL	ENG SE	22/01/68 42	82.5	M1	U	195	210	220		210	130.053

Referees:

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2010
Horncastle Golf Country Club - 06/03/2010

Day 2, Flight 6

WGT CLASS	Competitor Name	NAT CLUB	DOB Age	Body Weight	Cat.	U/E	Deadlift				BEST LIFT	POINTS
							1	2	3	4		
90kg	Richard SCOTT	GBR NM	25/06/62 47	82.7	M2	U	160	185	185		160	98.928
90kg	Matthew INCHLEY	ENG NM	12/03/90 19	83	T3	U	210	222.5	227.5		227.5	140.2993
90kg	Dominic REDBOURN	GBR WM	05/06/92 17	86	T2	U	NR* 210	NR* 220	NR* 225	WR* 230.5	225	135.495
90kg	Daniel GEACH	ENG SW	23/01/86 24	87	Snr	U	215	227.5	232.5		232.5	138.9885
90kg	Nick KIRKWOOD	GBR NE	15/02/70 40	87.5	M1	U	195	205	210		210	125.076
90kg	Joe BALLINGER	ENG WM	06/04/90 19	87.9	T3	U	210	220	225		210	124.719
90kg	Jamie WEBSTER	ENG WM	06/05/77 32	88.3	Snr	U	210	220	227.5		227.5	134.7255
90kg	Colin HARRISON	ENG NW	29/12/75 34	88.3	Snr/MP F	U	270	282.5	285	MPF-WR 292.5	285	168.777
90kg	John FOY	GBR NW	02/10/79 30	88.4	Snr	U	195	210	-		195	115.401
90kg	Jon MOORE	ENG NE	24/11/82 27	88.5	Snr/MP F	U	230	240	250		250	147.85
90kg	Robert COOPER	GBR SW	13/03/81 28	88.8	Snr/MP F	U	240	265	-		240	141.624
90kg	Henry TOSH	ENG WM	26/01/80 30	89.9	Snr	U	260	270	270		270	158.139
90kg	Eddie BENNETT	ENG NE	19/11/37 72	90	M7	U	160	170	-		170	99.501
100kg	Andy DAVIES	ENG NW	12/06/44 65	92.6	M6	U	195	210	WR* 217.5		210	120.918

Referees:

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2010
Horncastle Golf Country Club - 06/03/2010

Day 2, Flight 7

WGT CLASS	Competitor Name	NAT CLUB	DOB Age	Body Weight	Cat.	U/E	Deadlift				BEST LIFT	POINTS
							1	2	3	4		
100kg	Brett LE CRAS	ENG SC	29/04/88 21	93.2	Jnr	U	260	WR* 275	-		275	157.7675
100kg	James COX	GBR SW	19/09/72 37	96.1	Snr	U	240	260	275		260	146.77
100kg	Philippe M CRISP	ENG SE	01/12/69 40	96.9	M1	U	215	225	-		215	120.873
100kg	Paul VAN DANZIG	ENG EM	30/09/71 38	99.4	Snr	U	225	240	250		250	138.875
100kg	Terry JEX	ENG SC	21/11/55 54	99.8	M3	U	WR* 255	WR* 275	WR* 285		285	158.0325
100kg	Martin FLETT	SCO NW	06/02/56 54	100	M3	U	170	187.5	197.5		187.5	103.875
110kg	Simon GARDENER	GBR NW	24/02/66 44	101.7	M1	U	240	260	260		240	132.048
110kg	Paul JAMES	GBR SW	12/06/81 28	103.6	Snr	U	200	222.5	222.5		222.5	121.5518
110kg	Pete GASKIN	SCO SCO	29/09/62 47	105.9	M2	U	220	225	230		230	124.706
110kg	Mike LEADBETTER	ENG NW	24/04/51 58	110	M4	U	250	262.5	WR* 272.5	WR* 277.5	272.5	146.1963
125kg	Steve STANISLAUS	GBR SE	27/12/63 46	115.4	M2	U	270	285	300		285	151.335
125kg	Les PILLING	ENG NW	07/12/54 55	115.5	M4	U	230	240	250		250	132.725
125kg	Ian MC ARDLE	GBR SE	20/05/82 27	119.2	Snr	U	240	250	255		250	131.925
125kg	Phil LAING	ENG NM	17/10/63 46	124.5	M2/MPF	U	280	290	302.5		302.5	157.8143
+145kg	Graham MELLOR	ENG NM	22/03/94 15	156.2	T1	U	WR* 170	WR* 180	WR* 185		180	87.624

Referees:

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2010
Horncastle Golf Country Club - 06/03/2010

Day 2, Flight 8

WGT CLASS	Competitor Name	NAT CLUB	DOB Age	Body Weight	Cat.	U/E	Deadlift				BEST LIFT	POINTS
							1	2	3	4		
67.5kg	Ted BYRNE	ENG NM	02/09/51 58	66.3	M4	E	-				0	0
67.5kg	Roger J LITTLE	ENG NM	13/05/42 67	66.8	M6	E	130	WR* 140	WR* 145		140	102.578
82.5kg	Alex SMITH	ENG SE	15/02/87 23	79.7	Jnr	E	200	215	220		215	136.4605
82.5kg	Russell BAIN	ENG NW	24/03/68 41	81.5	M1	E	225	235	245		235	146.781
82.5kg	Chris MORGAN	ENG SE	16/03/73 36	82	Snr	E	210	240	260		260	161.694
90kg	Matthew INCHLEY	ENG NM	12/03/90 19	83	T3	E	NR* 210	NR* 220	NR* 230		230	141.841
100kg	Philippe M CRISP	ENG SE	01/12/69 40	96.9	M1	E	-				0	0
100kg	Steve VAN KEMPEN	ENG EC	25/05/66 43	98.7	M1/MPF	E	205	215	220		220	122.606
100kg	David HOWARTH	ENG NW	23/06/47 62	99.9	M5	E	210	220	227.5		220	121.946
110kg	Marc GILES	ENG NM	07/08/64 45	102.5	M2	E	240	260	270		240	131.64
125kg	Steve STANISLAUS	GBR SE	27/12/63 46	115.4	M2	E	260	WR* 280.5	WR* 300		280	148.68
125kg	Les PILLING	ENG NW	07/12/54 55	115.5	M4	E	NR* 230	-			230	122.107

Referees:
