

SOUTH-WEST COUNTIES DIVISIONAL CHAMPIONSHIPS - POWERLIFTING											
23rd JANUARY 2011 - TIVERTON, DEVON											
						** denotes claim for a British record					
(Figures in brackets indicate successful 4th attempts)						* denotes claim for a South West record					
Memb.	NAME	Town - County	Bwt. Cat.	Bwt.	Age Cat.	SQUAT	B.PRESS	DEAD L.	TOTAL	Formula	Place
		C=Cornwall/ D=Devon									
		S=Somerset									
POWERLIFTING (UNEQUIPPED)											
225	SHACHAR HEAD	Newton Abbot - D	90	80.5	T1	110**	65**	132.5**	307.5**	210.76	1/1
642	CAROLINE SINCLAIR	Braunton - D	90+	107.0	M3	80**	50**	100**	230**	132.92	1/1
tbr	SAM DEW	Torpoint - C	75	74.0	Open	180*	145*	225	550	369.38	1
344	TOM MEREDITH	Camborne - C	75	70.1	M3	175	115	210**	500	351.10	2/1
290	JOE WILLS		75	73.2	Junior	132.5	85	190	407.5	276.04	3/1
201	KAI HOLLAND	Tiverton - D	75	74.3	T2	145 (150*)	85	175	405	271.11	4/1
346	GRAHAM EDWARDS	Truro - C	82.5	80.2	M3	165	135	180	480	303.26	1/1
611	LUKE SOLOMI		82.5	77.3	T1	130*	85*	180	395*	256.43	2/1
109	MARK LOWE	Bodmin - C	90	86.6	Open	232.5	160	240	632.5	379.18	1
656	AXEL AMOS	Tiverton - D	90	83.6	Junior	137.5	90	170	397.5	243.95	2/1
189	ALAN GUNBIE	Newton Abbot - D	90	82.7	M3	90 (92.5*)	85 (87.5*)	147.5(149*)	322.5*	199.40	3/1
332	STEPHEN SPRANGE	Portishead - S	100	99.2	M1	250*	140*	275*	665*	369.74	1/1
61	JAMES COX	Torpoint - C	100	99.3	Open	212.5	137.5	275	625	347.37	2
610	RON JEWELL	Landkey - D	100	93.4	M5	150*	115*	200*	465*	266.45	3/1
412	ADAM TAYLOR	Newquay - C	125	121.1	Junior	180.5*	167.5	240.5*	587.5*	308.97	1/1
POWERLIFTING (EQUIPPED)											
421	RUSSELL MARTIN	Weston-s-Mare - S	90	89.3	Open	65	160	65	290	170.55	1
BEST LIFTER : MARK LOWE											
Referees: Gary Ell, Mark Rattenberry, David Hollingsworth, Andrew Cominos.											