

Power Press Gym, Dudley - 6th November 2011 - West Midlands Drug free Open Powerlifting Championships

Name	Equipped or Unequipped	Wt. Cat.	Body weight	Age Cat.	Squat				Bench Press				Sub-Total	Deadlift			Total	
					1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
Pat Reeves	U/E	50.5	49.4	M6					22.5	X	X		22.5	75	80	85	107.5	
Nicola Elding	U/E	53	50.8	M1					40	50	X		50.0	80	90	100	150.0	
Lizzie Mawston	U/E	70	67.5	jnr	70	80	90	95					95.0	110	125	F	215.0	
Kim Farmer	U/E	80	74.6	open	100.0	107.5	110.0		55.0	57.5	60.0		170.0	115.0	125.0	132.5	302.5	
David Gray	U/E	67.5	65.2	M2	F	140	155	172.5	112.5	122.5	127.5		300.0	200	220	230	240	512.5
Martin Beasall	U/E	67.5	66.3	M2	130	140	F		90	95	100		240.0	180	190	200	440.0	
David Taylor	U/E	67.5	66.6	M3									0.0	170.0	180.0	190.0	190.0	
Patrick Harvey	U/E	67.5	66.7	M8	65	75	85		60	72.5	75		160.0	125	130	135	295.0	
Andris Sliseris	U/E	75	74.4	open					112.5	120.0	130.0		130.0				130.0	
Tom Rawlinson	U/E	75	74.7	open	?	?	120		F	115	F		235.0	170	185	F	420.0	
Aled John	U/E	82.5	75.8	T2					87.5	95.0	100.0		100.0				100.0	
Gren Elmore	U/E	82.5	78.4	M10					60.0	X	X		60.0	90.0	95.0	X	155.0	
Danny Groom	U/E	82.5	79.6	jnr	130.0	130.0	140.0		105.0	110.0	115.0		255.0	175.0	185.0	192.5	447.5	
Darren Adams	U/E	82.5	79.6	T3	130.0	140.0	160.0		90.0	110.0	F		270.0	160.0	175.0	190.0	460.0	
Peter Linnett	U/E	82.5	79.9	M2					125	130	135		135.0				135.0	
Gary Conway	U/E	82.5	80.6	M4	130.0	X	X		120.0	X	X		250.0	150.0	X	X	400.0	
Gabinder Cheema	U/E	82.5	82.0	open	150.0	160.0	X		120.0	130.0	140.0		300.0	190.0	200.0	X	500.0	
Mick Carridine	U/E	82.5	82.2	M2					F	132.5	137.5		137.5				137.5	
Duncan Clark	U/E		82.5	T3	130.0	145.0	F		95.0	110.0	F		255.0	160.0	180.0	190.0	445.0	
James Foley	U/E	90	84.3	T2					F	105.0	115.0		115.0				115.0	
Mike Davies	U/E	90	84.4	M7									0.0	130	X	X	130.0	
Gary Hallsworth	U/E	90	86.0	M3					110.0	130.0	F		130.0				130.0	
Dan Chepa	U/E	90	86.7	open					150.0	160.0	170.0		170.0				170.0	
Samuel Tanner-Stokes	U/E	90	86.8	open	160	170	180		115	120	F		300.0	200	210	F	510.0	
Xiaochen Liu	U/E	90	87.2	jnr	125	135	145		95	105	112.5		257.5	140	150	165	422.5	
David loebell	U/E	90	87.6	M1					115.0	120.0	125.0		125.0	195.0	207.5	F	332.5	
Owain Evans	U/E	90	88.5	open	205	215	F		135	140	F		355.0	250	265	F	620.0	
Matthew Phillips	U/E	100	92.4	T3	200	210.0	F		120	130	140		350.0	160	180	200	550.0	
Mark Price	U/E	100	94.8	M2	180	X	X		140	142.5	150		330.0	180	190	F	520.0	
Zachary Becker	U/E	100	96.9	jnr	180	220	227.5	235	120	130	135		370.0	220	240	265	627.5	
Steve van Kempen	U/E	100	97.9	M2									0.0	195	205	F	205.0	
Anthony Wilson	U/E	100	98.3	open	160.0	170.0	180.0		110.0	120.0	135.0		315.0	X	X	X	315.0	
David Franklin	U/E	100	98.3	M1	192.5	200.0	205.0						205.0				205.0	
Rob Muir	U/E	100	99.1	jnr	160	170	180		130	X	X		310.0	210	X	X	520.0	
Paul Van Danzig	U/E	100	99.1	M1									0.0	205	215	F	215.0	
Mark Prosser	U/E	100	99.2	open	170.0	180.0	185.0		X	X	X		185.0	220.0	232.5	240.0	425.0	
Steve Traxon	U/E	100	99.3	M1	157.5	165	X						165.0	195	205	207.5	372.5	
Lewis Rennie	U/E	100	99.6	open	160.0	167.5	175.0						175.0	195.0	205.0	F	380.0	
Robert Darvill	U/E	110	102.9	open	200	220	230		130	140	150		380.0	240	260	270	650.0	
John Mitchell	U/E	110	104.7	M3	250.0	280.0	301.0		65.0	X	X		366.0	65.0	X	X	431.0	
Adam Harrigan	U/E	110	104.8	T3					140.0	X	X		140.0				140.0	
Anthony James	U/E	125	117.2	open	235.0	250.0	X		170.0	185.0			435.0	250.0	275.0	0.0	710.0	
Mark Sidney	U/E	125	117.7	M2					142.5	F	F		142.5				142.5	
Dominic McDermott	U/E	125	118.2	open					152.5	160.0	165.0		165.0				165.0	
Jacob Vagg	U/E	125	121.0	jnr	180.0	X	X		120.0	140.0	X		320.0	280.0	F	F	600.0	
John Bernasconi	U/E	125	123.5	M2					150.0	165.0	172.5		172.5				172.5	
Paul Merricks	U/E	.+145	148.4	open					215	225	232.5	235	235.0				235.0	

Referee's	
Pat Reeves	Chief Referee
Gren Elmore	
Gary Conway	
Martin O'Grady	
John Mitchell	
Andy Haynes	

F failed lift
X Pass
? Figure lost due to powercuts
red mark denotes British record
yellow mark denotes unofficial British record (new members)