

Official BDFPA Score Sheet  
Competition

Date of Comp - 27th October 2012

Police Sport UK Powerlifting Championships

FLT	Wt cat.	Body wt	Age Cat	UN/EQ	DIV	Name	SQUAT				Sub Total	BENCH				Sub Total	DEADLIFT				Sub Total	Total	Co eff.	Points	Place
							1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift					
1	55.50	54.30	Open	UN	GMP	Marie Eldred	60.0 kg	65.0 kg	70.0 kg	75.00	70.0 kg	55.0 kg	57.5 kg	60.0 kg	57.5 kg	75.0 kg	82.5 kg	90.0 kg	95.00	90.0 kg	217.5 kg	0.90540	196.9245	#####	
1	63.00	60.40	Open	UN	Mersey	Rachel Gregory	45.0 kg	50.0 kg	60.0 kg	50.0 kg	35.0 kg	37.5 kg	40.0 kg	37.5 kg	85.0 kg	95.0 kg	105.0 kg		105.0 kg	192.5 kg	0.80730	155.4053	1		
1	70.00	66.20	M1	UN	GMP	Angela Taylor	60.0 kg	65.0 kg	72.5 kg	65.0 kg	55.0 kg	60.0 kg	65.0 kg	60.0 kg	85.0 kg	95.0 kg	15.0 kg	111.00	95.0 kg	220.0 kg	0.73870	162.5140	1		
1	80.00	74.90	Open	UN	Met	Tara Johnson	65.0 kg	75.0 kg	85.0 kg	85.0 kg	60.0 kg	70.0 kg	75.0 kg	70.0 kg	130.0 kg	140.0 kg	150.0 kg		150.0 kg	305.0 kg	0.66520	202.8860	1		
1	80.00	76.96	Open	UN	N Wales	Chelsea Symonds-Roberts	75.0 kg	85.0 kg	85.0 kg	85.0 kg	40.0 kg	50.0 kg	55.0 kg	55.0 kg	115 125	135.0 kg			135.0 kg	275.0 kg	0.65170	179.2175	2		
1	90.00	85.30	Open	E	S/Clyde	Bernie Cunninghame	182.5 kg	182.5 kg	190.0 kg	182.5 kg	117.5 kg	122.5 kg	122.5 kg	117.5 kg	170.0 kg	180.0 kg	190.0 kg		190.0 kg	490.0 kg	0.60550	296.6950	#####		
1	90+	94.10	M2	UN	S/Clyde	Claire Cameron					70.0 kg	72.5 kg	75.0 kg	72.5 kg					72.5 kg	72.5 kg	0.57070	41.3758	1		
1	60.00	59.10	Open	UN	GMP	Neil Cook	130.0 kg	140.0 kg	145.0 kg	140.0 kg	95.0 kg	100.0 kg	102.5 kg	102.5 kg	190.0 kg	202.5 kg	208.0 kg		208.0 kg	450.5 kg	0.82570	371.9779			
1	67.50	64.70	Open	UN	Glos	John East	135.0 kg	145.0 kg	150.0 kg	150.0 kg	90.0 kg	95.0 kg	100.0 kg	100.0 kg	202.5 kg	220.0 kg	230.0 kg		220.0 kg	470.0 kg	0.75460	354.6620			
1	75.00	74.60	M1	E	Fife	Bernie McGurk	220.0 kg	227.5 kg	232.5 kg	232.5 kg	95.0 kg	135.0 kg	137.5 kg	135.0 kg	250.0 kg	257.5 kg	262.5 kg		262.5 kg	630.0 kg	0.66730	420.3990	#####		
1	82.50	77.40	Open	UN	Met	Maxwell Herd	170.0 kg	180.0 kg	190.0 kg	190.0 kg	130.0 kg	140.0 kg	142.5 kg	142.5 kg	180.0 kg	195.0 kg	210.0 kg		195.0 kg	527.5 kg	0.64860	342.1365	#####		
1	90.00	88.00	Open	UN	GMP	Colin Harrison	210.0 kg	225.0 kg	230.0 kg	232.50	230.0 kg	140.0 kg	145.0 kg	150.0 kg	150.0 kg	260.0 kg	275.0 kg	282.5 kg	290.00	282.5 kg	662.5 kg	0.59350	393.1938	#####	
1	90.00	89.20	M1	UN	Lancs	Kevin Kavanagh	190.0 kg	200.0 kg	210.0 kg	200.0 kg	120.0 kg	130.0 kg	140.0 kg	130.0 kg	220.0 kg	230.0 kg	240.0 kg		230.0 kg	560.0 kg	0.58850	329.5600	#####		
1	90.00	88.10	Open	UN	Lancs	Eric Halford	150.0 kg	160.0 kg	170.0 kg	160.0 kg	125.0 kg	135.0 kg	140.0 kg	135.0 kg	200.0 kg	215.0 kg	225.0 kg		225.0 kg	520.0 kg	0.59300	308.3600	#####		
1	90.00	88.10	Open	UN	Met	Dunstan Blay	125.0 kg	145.0 kg	155.0 kg	155.0 kg	110.0 kg	120.0 kg	130.0 kg	120.0 kg	165.0 kg	180.0 kg	200.0 kg		180.0 kg	455.0 kg	0.59300	269.8150			
2	100.00	99.40	M1	UN	S/Clyde	Alistair Donaldson	180.0 kg	195.0 kg	200.0 kg	200.0 kg	140.0 kg	150.0 kg	155.0 kg	150.0 kg	250.0 kg	260.0 kg	270.0 kg		270.0 kg	620.0 kg	0.55550	344.4100	1		
2	100.00	93.50	Open	UN	Met	Matt Smets	190.0 kg	205.0 kg	210.0 kg	210.0 kg	115.0 kg	135.0 kg	137.5 kg	137.5 kg	152.5 kg	262.5 kg	272.5 kg		262.5 kg	610.0 kg	0.57270	349.3470	2		
2	100.00	91.20	Open	UN	N Yorks	Gareth Vaughan	185.0 kg	195.0 kg	195.0 kg	195.0 kg	125.0 kg	135.0 kg	140.0 kg	135.0 kg	225.0 kg	235.0 kg	240.0 kg		240.0 kg	570.0 kg	0.58080	331.0560	3		
2	100.00	98.30	Open	UN	N Yorks	Rob Milliner	155.0 kg	155.0 kg	160.0 kg	155.0 kg	100.0 kg	107.5 kg	110.0 kg	110.0 kg	220.0 kg	230.0 kg	235.0 kg		235.0 kg	500.0 kg	0.55830	279.1500			
2	100.00	99.50	M2	UN	Herts	Steve Traxon	165.0 kg	175.0 kg	182.5 kg	175.0 kg	90.0 kg	105.0 kg	112.5 kg	112.5 kg	200.0 kg	210.0 kg	217.5 kg		210.0 kg	497.5 kg	0.55530	276.2618			
2	100.00	95.70	Open	UN	N Yorks	Lee Partridge	135.0 kg	145.0 kg	147.5 kg	145.0 kg	95.0 kg	100.0 kg	105.0 kg	105.0 kg	200.0 kg	210.0 kg	212.5 kg		210.0 kg	460.0 kg	0.56570	260.2220			
2	110.00	102.00	M3	UN	Dorset	Paul Hooker	215.0 kg	225.0 kg	230.0 kg	230.0 kg	150.0 kg	155.0 kg	160.0 kg	160.0 kg	240.0 kg	250.0 kg	260.0 kg		260.0 kg	650.0 kg	0.54950	357.1750	#####		
2	110.00	106.10	Open	UN	Lancs	Pete Haslam	160.0 kg	170.0 kg	180.0 kg	180.0 kg	120.0 kg	125.0 kg	130.0 kg	125.0 kg	220.0 kg	230.0 kg	240.0 kg		240.0 kg	545.0 kg	0.54190	295.3355	2		
2	110.00	101.30	M1	UN	N Yorks	Sean Daly	160.0 kg	165.0 kg	170.0 kg	170.0 kg	100.0 kg	105.0 kg	110.0 kg	110.0 kg	230.0 kg	242.5 kg	255.0 kg		255.0 kg	535.0 kg	0.55100	294.7850	3		
2	110.00	107.30	M2	UN	Met	Mark Brewster	140.0 kg			140.0 kg	100.0 kg			100.0 kg	140.0 kg				140.0 kg	380.0 kg	0.54010	205.2380			
2	110.00	102.80	M3	E	Met	David Hodgson	190.0 kg	210.0 kg	222.5 kg	190.0 kg	120.0 kg	140.0 kg		140.0 kg	210.0 kg	230.0 kg	242.5 kg		230.0 kg	560.0 kg	0.54790	306.8240	#####		
2	125.00	123.90	M3	UN	Met	Andrew Dare	140.0 kg	140.0 kg		140.0 kg	150.0 kg	160.0 kg	180.0 kg	180.0 kg	260.0 kg	280.0 kg	280.0 kg		260.0 kg	580.0 kg	#REF!	#REF!	1		
2	125.00	123.40	M1	UN	N Wales	Andrew Symonds-Roberts	140.0 kg	150.0 kg	160.0 kg	160.0 kg	140.0 kg	160.0 kg	160.0 kg	140.0 kg	190.0 kg	210.0 kg	225.0 kg		225.0 kg	525.0 kg	0.52320	274.6800	2		
2	125.00	118.70	M1	E	N Wales	Tim Willsdon	200.0 kg	220.0 kg	235.0 kg	235.0 kg	140.0 kg	160.0 kg	160.0 kg	160.0 kg	250.0 kg	270.0 kg	282.5 kg		270.0 kg	665.0 kg	0.52820	351.2530	1		
2	145.00	133.10	M2	UN	N Yorks	Roy Jakins	220.0 kg	230.0 kg	240.0 kg	240.0 kg	160.0 kg	170.0 kg	175.0 kg	175.0 kg	230.0 kg	240.0 kg	245.0 kg		245.0 kg	660.0 kg	0.51130	337.4580	1		
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