

NAME	B WT	CLASS	SQUAT1	SQUAT2	SQUAT3	BEST LIFT	RH	BENCH 1	BENCH 2	BENCH 3	BEST LIFT	SUB	DEAD LIFT	DL 2	DL3	BEST LIFT	TOTAL	E/UE	
DAVID FREEMAN	77.3	M5	0	130	137.5	137.5	7	87.5	92.5	0	92.5	230	160	170	180	180	410	u	1
MARK QUINN	78.2	M1						100	112.5	120	120							u	1
DARREN ADEMS	79.35	T3	160	170	0	170	9				0	170				0	170	u	1
RUSSELL HARRIS	80.15	Open	150	0	165	165	8	107.5	112.5	117.5	117.5	282.5	170	185	190	190	472.5	u	4
DAVID CHESHAM	81	Jnr	120	135	145	145	8	80	95	100	100	245	170	195	200	200	445	u	1
MARK HESKETH	81.35	M3	170	0	182.5	182.5	7	105	110	0	110	292.5	170	180	0	180	472.5	u	1
ROBIN BEARD	81.7	Open	160	170	190	190	8	125	135	0	135	325	240	260	270	270	595	u	1st
ALEX TOSH	81.7	Open	130	0	0	130	6	130	0	0	130	260	230	0	0	230	490	u	3
NEIL ABERY	82.5	Open	0	285	300	300	9	170	180	0	180	480	240	262.5	0	262.5	742.5	E	4
SEBASTIAN SAWICKI	82.5	Open	130	140	150	150	6	110	120	0	120	270	160	170	180	180	450	u	5
JOSH MERRET	82.5	Open	185	0	195	195	7	125	130	0	130	325	215	225	0	225	550	E	2
BRIAN SHIELDS	82.5	M3				0		110	0	0	110	110	170	180	187.5	187.5	297.5	u	1
MIKE DAVIES	82.5	M7				0		0	65	0	65	65	122.5	0	0	122.5	187.5	u	1
MICHAEL CLARK	85.15	T2				0		105	110	115	115	115				0	115	u	1
KEITH HUNTCHINSON	86.6	M5				0		120	0	0	120	120				0	120	u	1
JIM STRINGER	86.9	M2				0		80	87.5	92.5	92.5	92.5	135	145	155	155	247.5	u	1
ASHLEY COLES	89.1	T2				0					0	0	100	120	0	120	120	u	1
ANDY HAYNES	89.3	Open	150	165	0	165	8	100	0	0	100	265	160	172.5	177.5	177.5	442.5	u	1st
ALEX HUGHES	90	T1	105	120	130	130	6	60	67.5	70	70	200	130	147.5	0	147.5	347.5	u	2nd

BEST LIFTS							
WEIGHT CLASS	SQUAT		BENCH		DEADLIFT		
80	darren adams 170		mark quinn 100		David Freeman 180		
82.5	neil abery 300		neil abery 180		Robin Beard 270		
90	andy haynes 165		sebastian sawicki 120		Sebastian Sawicki 180		