

Wales – First Flight

Date of comp

U E	Name	Wt cat.	Body wt	Age Cat	Age	Div/ Nat	Squat				Bench Press				Sub Total	Dead Lift				Total	Co eff.	Points	Place
							1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift				
UE	Sue Bethell	60.00	57.30	M3	51		60.0 kg	70.0 kg	75.0 kg		35.0 kg	42.5 kg	45.0 kg		120.0 kg	110.0 kg	120.0 kg	125.0 kg		245.0 kg	0.6193	151.7285	
UE	Stephen Jeffries	67.50	66.80	M1	40		160.0 kg	170.0 kg	180.0 kg		120.0 kg	125.0 kg	127.5 kg		307.5 kg	190.0 kg	200.0 kg			507.5 kg		0.0000	
UE	Daniel Mahoney	75.00	66.80	T2	16		60.0 kg	75.0 kg			50.0 kg				125.0 kg	80.0 kg	95.0 kg			220.0 kg		0.0000	
UE	James Roberts	75.00	68.70	Snr	26		140.0 kg	150.0 kg	165.0 kg		110.0 kg	120.0 kg	125.0 kg		290.0 kg	180.0 kg	195.0 kg	210.0 kg		500.0 kg		0.0000	
UE	Nicky May	82.50	79.60	Jr	21		145.0 kg	155.0 kg	162.5 kg		100.0 kg	107.5 kg	112.5 kg		275.0 kg	185.0 kg	200.0 kg			475.0 kg		0.0000	
UE	Jake Pearson 12	82.50	81.30	Jr	21		122.5 kg	130.0 kg	135.0 kg			90.0 kg	92.5 kg		227.5 kg	200.0 kg	215.0 kg			442.5 kg		0.0000	
UE	Chris Protheroe	82.50	82.40	Snr	37		180.0 kg	200.0 kg			130.0 kg				330.0 kg	230.0 kg	245.0 kg			575.0 kg		0.0000	
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															0.0 kg					0.0 kg		0.0000	

This result sheet must be signed & printed by all referees who adjudicated in the above competition

	Ref's Signed	Ref's in Block Caps