

Official APU Championship Score Sheet

Date of comp 06/06/2012

| Sex | RH | Name | Wt cat. | Body wt | Age Cat | Age | unit | corps | Squat | | | | Sub Total | Bench Press | | | | Sub Total | Dead Lift | | | | Total | Co eff. | Points | Place |
|--------|----|-------------|---------|---------|---------|-----|---------|-------|----------|----------|----------|----------|-----------|-------------|----------|----------|----------|-----------|-----------|----------|----------|----------|----------|---------|--------|-------|
| | | | | | | | | | 1st Lift | 2nd Lift | 3rd Lift | 4th Lift | | 1st Lift | 2nd Lift | 3rd Lift | 4th Lift | | 1st Lift | 2nd Lift | 3rd Lift | 4th Lift | | | | |
| Female | | Laycock | 63.00 | 60.40 | Snr | | 22 RE | RE | 75.0 kg | 80.0 kg | 80.0 kg | | 80.0 kg | 45.0 kg | 50.0 kg | 55.0 kg | | 55.0 kg | 90.0 kg | 100.0 kg | 107.5 kg | 107.5 kg | 242.5 kg | 0.8556 | 207.48 | |
| Female | | Fungai | 63.00 | 60.70 | Snr | | 19 RA | | 52.5 kg | 60.0 kg | 70.0 kg | | 70.0 kg | 30.0 kg | 37.5 kg | 47.5 kg | | 37.5 kg | 85.0 kg | 100.0 kg | 110.0 kg | 110.0 kg | 217.5 kg | 0.852 | 185.31 | |
| Female | | Fearnehough | 80.00 | 82.00 | Snr | | | AGC | 40.0 kg | 55.0 kg | 65.0 kg | | 65.0 kg | 50.0 kg | 55.0 kg | 60.0 kg | | 60.0 kg | 70.0 kg | 80.0 kg | 95.0 kg | 95.0 kg | 220.0 kg | 0.6761 | 148.74 | |
| Female | | Everson | 90.00 | 116.00 | Snr | | | AGC | 20.0 kg | 20.0 kg | 20.0 kg | | | | | | | | | | | | 0.0 kg | | 0.00 | |
| Female | | Adey | 75.00 | 72.00 | M1 | | 22 Engr | | 75.0 kg | 80.0 kg | 85.0 kg | | 85.0 kg | 55.0 kg | 60.0 kg | 62.5 kg | | 62.5 kg | 100.0 kg | 105.0 kg | 110.0 kg | 110.0 kg | 257.5 kg | 0.7341 | 189.03 | |
| Female | | Toth | 53.00 | 52.00 | | | | | 70.0 kg | 75.0 kg | 80.0 kg | | 80.0 kg | 42.5 kg | 50.0 kg | 50.0 kg | | 50.0 kg | 70.0 kg | 80.0 kg | 87.5 kg | 87.5 kg | 217.5 kg | 0.9686 | 210.67 | |
| Male | | Sinfield | 75.00 | 69.80 | Jnr | | | | 70.0 kg | 80.0 kg | 85.0 kg | | 85.0 kg | 60.0 kg | 60.0 kg | 65.0 kg | | 65.0 kg | 120.0 kg | 130.0 kg | 135.0 kg | 135.0 kg | 285.0 kg | 0.7048 | 200.87 | |
| Male | | Jenkins | 110.00 | | M1 | | 14 Sig | | 160.0 kg | 160.0 kg | 160.0 kg | | | | | | | | | | | | 0.0 kg | | 0.00 | |
| Male | | King | 110.00 | 104.10 | Jnr | | 2 PWRR | | 150.0 kg | 160.0 kg | 160.0 kg | | 160.0 kg | 115.0 kg | 125.0 kg | 135.0 kg | | 135.0 kg | 170.0 kg | 180.0 kg | 190.0 kg | 190.0 kg | 485.0 kg | 0.5454 | 264.52 | |
| Male | | Wright | 75.00 | 73.60 | Jnr | | 39 Engr | | 140.0 kg | 145.0 kg | 150.0 kg | | 145.0 kg | 90.0 kg | 100.0 kg | 105.0 kg | | 100.0 kg | 170.0 kg | 185.0 kg | 190.0 kg | 190.0 kg | 435.0 kg | 0.6745 | 293.41 | |
| Male | | Russell Cpl | 75.00 | 74.40 | Snr | | RE | | 130.0 kg | 140.0 kg | 155.0 kg | | 155.0 kg | 125.0 kg | 135.0 kg | 135.0 kg | | 135.0 kg | 180.0 kg | 195.0 kg | 212.5 kg | 212.5 kg | 502.5 kg | 0.6687 | 336.02 | |
| Male | | Hill | 75.00 | 72.80 | Snr | | 22 Engr | Hill | 145.0 kg | 152.5 kg | 155.0 kg | | 145.0 kg | 125.0 kg | 130.0 kg | 132.5 kg | | 132.5 kg | 185.0 kg | 192.5 kg | 200.0 kg | 200.0 kg | 477.5 kg | 0.6805 | 324.94 | |
| Male | | Hall | 75.00 | 72.70 | Snr | | 2 PWRR | | 160.0 kg | 160.0 kg | 160.0 kg | | 160.0 kg | 100.0 kg | 110.0 kg | 115.0 kg | | 115.0 kg | 200.0 kg | 210.0 kg | 215.0 kg | 215.0 kg | 490.0 kg | 0.6812 | 333.79 | |
| Male | | Boulton | 75.00 | 73.00 | Jnr | | 22 Engr | | 120.0 kg | 130.0 kg | 135.0 kg | | 135.0 kg | 120.0 kg | 130.0 kg | 135.0 kg | | 130.0 kg | 180.0 kg | 200.0 kg | 200.0 kg | 180.0 kg | 445.0 kg | 0.6789 | 302.11 | |
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DR = Divisional Record

BR = British Record

ER = European Record

WR = World Record

A copy of the results should be sent to:

The BDFPA General Secretary, The Records Registrars, Raw Power Editor

Ref's in Block Caps