

Official APU Championship Score Sheet  
Venue & division of Competition - SINGLE LIFT

Date of Comp - 23rd Jan 2013

RANK	Name	Wt cat.	Body wt	Age Cat	CORPS	UNIT	Single Lift - BENCH				Sub Total	Co eff.	Points		Place
							1st Lift	2nd Lift	3rd Lift	4th Lift					
										0.0 kg	#REF!	#REF!			
											#REF!	#REF!			
											#REF!	#REF!			
SGT	AARON HULL	100.00	98.20	S	R-SIGS	15 SIG REGT	175.0 kg	185.0 kg	190.0 kg	185.0 kg	0.55860	103.3410	1.0000	BEST LIFTER	
SPR	WHITE	90.00	89.40	S	RE	1 RSME	150.0 kg	155.0 kg	160.0 kg	160.0 kg	0.58770	94.0320	1.0000		
KNG	STONEHEWER	90.00	89.90	S	INF	JHSSU	140.0 kg	150.0 kg	160.0 kg	160.0 kg	0.58570	93.7120	2.0000		
CPL	JEREMIAH	110.00	106.00	S	RLC	JHSSU	140.0 kg	152.5 kg	170.0 kg	192.5 kg	0.54210	92.1570	1.0000		
CAPT	NEIL THOMAS	110.00	106.80	M	AGC	LD	170.0 kg	180.0 kg	180.0 kg	170.0 kg	0.54080	91.9360	2.0000		
	RUSSELL	75.00	73.50	S	RE	1 RSME	130.0 kg	135.0 kg	140.0 kg	135.0 kg	0.67520	91.1520	1.0000		
SSGT	DAVID HEATH	90.00	85.10	S	AAC	7 REGT AAC	145.0 kg	147.5 kg	150.0 kg	150.0 kg	0.60640	90.9600	3.0000		
LCPL	GODFREY MENSA	82.50	77.70	S	AGC	3 AAC	120.0 kg	130.0 kg	140.0 kg	140.0 kg	0.64670	90.5380	1.0000		
	DAVID HODGSON	110.00	103.20			POLICE	150.0 kg	160.0 kg	170.0 kg	160.0 kg	0.54710	87.5360			
SGT	BAINBRIDGE	90.00	86.10	S	AGC	MCTC	120.0 kg	145.0 kg	155.0 kg	145.0 kg	0.60180	87.2610	4.0000		
SGT	HASWELL	110.00	104.50	S	RAPTC	1 GREN GDS	150.0 kg	155.0 kg	160.0 kg	160.0 kg	0.54460	87.1360	3.0000		
	ANDY DARE	125.00	121.20			POLICE	150.0 kg	160.0 kg	165.0 kg	165.0 kg	0.52580	86.7570			
CFN	SCOOBY SERUVATU	100.00	93.00	S	REME	21 SIG REGT	140.0 kg	150.0 kg	160.0 kg	150.0 kg	0.57440	86.1600	2.0000		
SGT	BENNETT	90.00	89.20	S	RE	3 RSME	132.5 kg	137.5 kg	142.5 kg	142.5 kg	0.58850	83.8613	5.0000		
SPR	SIMMS	110.00	106.70	J	RE	1 RSME	150.0 kg	155.0 kg	177.5 kg	155.0 kg	0.54100	83.8550	4.0000	BEST JUNIOR	
LCPL	SCULION	90.00	83.10	S	AAC	9 AAC	130.0 kg	135.0 kg	140.0 kg	135.0 kg	0.61620	83.1870	6.0000		
LCPL	CLARK	100.00	94.20	S	AAC	9 AAC	135.0 kg	140.0 kg	145.0 kg	145.0 kg	0.57040	82.7080	3.0000		
MR	MIDDLEHURST	100.00	95.20		MOD	CIVIL SERVANT	135.0 kg	145.0 kg	147.5 kg	145.0 kg	0.56720	82.2440			
	DUNSTAN BLAY	100.00	92.50			POLICE	125.0 kg	135.0 kg	142.5 kg	142.5 kg	0.57610	82.0943			
SGT	BAMFORD	82.50	75.70	M	RAF	RAF ODIHAM	117.5 kg	122.5 kg	127.5 kg	122.5 kg	0.65980	80.8255			
MR	WILDING	90.00	86.20		MOD	CIVIL SERVANT	115.0 kg	125.0 kg	130.0 kg	130.0 kg	0.60130	78.1690			
SPR	NEWLAND	82.50	77.70	J	RE	22 ENGR	110.0 kg	120.0 kg	125.0 kg	120.0 kg	0.64670	77.6040	2.0000		
PTE	ROYCE	90.00	88.20	J	INF	R ANG	120.0 kg	130.0 kg	145.0 kg	130.0 kg	0.59260	77.0380	7.0000		
CPL	TIBBS	100.00	98.80		RAF	JHSSU	125.0 kg	132.5 kg	140.0 kg	132.5 kg	0.55700	73.8025			
SPR	BRENNAN	100.00	96.50	J	RE	1 RSME	120.0 kg	125.0 kg	130.0 kg	130.0 kg	0.56330	73.2290	4.0000		
LCPL	EZEL	67.50	67.50	S	RE	22 ENGR	100.0 kg	110.0 kg	110.0 kg	100.0 kg	0.72580	72.5800	1.0000		
SPR	BURRELL	100.00	99.10	J	RE	1 RSME	130.0 kg	132.5 kg	132.5 kg	130.0 kg	0.55630	72.3190	5.0000		
WO2	FRANCE	110.00	106.60	S	REME	9 AAC	120.0 kg	127.5 kg	132.5 kg	132.5 kg	0.54110	71.6958	5.0000		
LCPL	SMITH	82.50	77.60	S	RE	22 ENGR	100.0 kg	100.0 kg	110.0 kg	110.0 kg	0.64730	71.2030	3.0000		
SPR	COLACO	82.50	74.70	S	RE	1 RSME	100.0 kg	105.0 kg	110.0 kg	105.0 kg	0.66660	69.9930	4.0000		
	PHIL MALIN	125.00	113.40			POLICE	120.0 kg	130.0 kg	145.0 kg	130.0 kg	0.53280	69.2640			
SPR	DREW	125.00	113.70	S	RE	1 RSME	120.0 kg	130.0 kg	145.0 kg	130.0 kg	0.53260	69.2380	1.0000		
LCPL	GARDNER	82.50	81.70	J	AGC	4 RMP	105.0 kg	105.0 kg	110.0 kg	105.0 kg	0.62350	65.4675	5.0000		
CFN	HARTLEY	75.00	71.70	J	REME	22 ENGR	90.0 kg	95.0 kg	95.0 kg	95.0 kg	0.68900	65.4550	2.0000		
SPR	STRAMPE	75.00	71.90	S	RE	1 RSME	95.0 kg	100.0 kg	100.0 kg	95.0 kg	0.68740	65.3030	3.0000		
SSGT	DAN WALL	100.00	96.30	S	REME	21 SIG REGT	105.0 kg	110.0 kg	115.0 kg	115.0 kg	0.56390	64.8485	6.0000		
BDR	SARAH BELL	63.00	61.40	S	RA	RA SCHOOL	70.0 kg	80.0 kg	82.5 kg	80.0 kg	0.79400	63.5200	1.0000	ARMY RECORD	
SGT	LING	110.00	109.40	S	INF	R ANG	105.0 kg	110.0 kg	117.5 kg	117.5 kg	0.53720	63.1210	6.0000		
SAC	EDWARDS	110.00	102.40		RAF	JHSSU	110.0 kg	115.0 kg	120.0 kg	115.0 kg	0.54870	63.1005			
LCPL	BIRDMAN MWEMBA	67.50	62.50	S	AGC	3 AAC	80.0 kg	90.0 kg	102.5 kg	80.0 kg	0.78020	62.4160	2.0000		
SIG	SHAUN CALLAN	90.00	87.50	S	SIG	21 SIG REGT	100.0 kg	105.0 kg	107.5 kg	100.0 kg	0.59560	59.5600	8.0000		
SPR	REED	90.00	84.50	S	RE	1 RSME	80.0 kg	85.0 kg	95.0 kg	95.0 kg	0.60930	57.8835	9.0000		
ATPR	FITZSIMMONS	82.50	80.40	J	AAC	9 AAC	80.0 kg	90.0 kg	100.0 kg	90.0 kg	0.63070	56.7630	6.0000		
SPR	RICHARDSON	82.50	81.60	S	RE	1 RSME	90.0 kg	90.0 kg	95.0 kg	90.0 kg	0.62410	56.1690	7.0000		
PTE	BROOKS	145.00	148.00	S	INF	R ANG	90.0 kg	100.0 kg	110.0 kg	110.0 kg	0.49490	54.4390	1.0000		
SPR	MCDOWELL	90.00	85.80	S	RE	1 RSME	90.0 kg	100.0 kg	100.0 kg	90.0 kg	0.60310	54.2790	10.0000		
SGT	PEREZ-BAEZA	63.00	62.50	S	CAMUS	RLC	55.0 kg	60.0 kg	62.5 kg	62.5 kg	0.78020	48.7625	3.0000		
CAPT	LAYCOCK	63.00	62.50	S	RE	3 RSME	55.0 kg	60.0 kg	62.5 kg	62.5 kg	0.78020	48.7625	3.0000		
	JULIE POPE	55.50	53.50			POLICE	40.0 kg	45.0 kg	50.0 kg	50.0 kg	0.92080	46.0400	1.0000		
SPR	HUTCHINSON	90.00	86.90	J	RE	22 ENGR	70.0 kg	70.0 kg	72.5 kg	72.5 kg	0.59820	43.3695	11.0000		
	LEE-ANN DOUBELL	70.00	66.00			POLICE	45.0 kg	50.0 kg	57.5 kg	57.5 kg	0.74080	42.5960	1.0000		
WO2	ADEY	80.00	74.20	M	AGC	22 ENGR	55.0 kg	60.0 kg	62.5 kg	62.5 kg	0.67010	41.8813	1.0000	BEST MASTER	
PTE	ELENA MONK	63.00	62.60	S	RLC	JHSS ODIHAM	40.0 kg	45.0 kg	52.5 kg	52.5 kg	0.77890	40.8923	2.0000		
CAPT	CHARLIE HAY	63.00	62.60	S	AAC	7 REGT AAC	50.0 kg	55.0 kg	55.0 kg	50.0 kg	0.77890	38.9450	4.0000		
LCPL	PENELOPE CLARKE	58.50	56.40	S	AGC	12 MECH BDE HQ	30.0 kg	35.0 kg	37.5 kg	37.5 kg	0.86800	32.5500	1.0000		
LCPL	FENWICK	80.00	78.60	S	AGC	4 RMP	40.0 kg	40.0 kg	40.0 kg	40.0 kg	0.64120	-25.6480			
TPR	WAKEFIELD	100.00	92.00	S	RAC	LD	105.0 kg	110.0 kg	110.0 kg	105.0 kg	0.57790	-60.6795	7.0000		
SPR	SIMPSON	82.50	79.60	J	RE	1 RSME	100.0 kg	110.0 kg	112.5 kg	100.0 kg	0.63520	-63.5200	8.0000		