

| Official BDFPA Score Sheet |         |         |         |       |     |     | Date of Comp - 20/1/13    |    |          |          | Organiser Glen danbury |          |           |          |                 |          |          |           |  |          |          |          |           |          |         |        |              |
|----------------------------|---------|---------|---------|-------|-----|-----|---------------------------|----|----------|----------|------------------------|----------|-----------|----------|-----------------|----------|----------|-----------|--|----------|----------|----------|-----------|----------|---------|--------|--------------|
| Competition                |         |         |         |       |     |     | World Record              |    |          |          | Best Lifter            |          |           |          | Drug Tested     |          |          |           | Calibrated Scales and Weights Used YES |          |          |          |           |          |         |        |              |
| Divisional Record          |         |         |         |       |     |     | British Record            |    |          |          | European Record        |          |           |          | REF 2 eric west |          |          |           | REF 3 peter linnet                     |          |          |          |           |          |         |        |              |
| REF 1 Pat reeves           |         |         |         |       |     |     | REF 2 eric west           |    |          |          | REF 3 peter linnet     |          |           |          |                 |          |          |           |  |          |          |          |           |          |         |        |              |
| FLT                        | Wt cat. | Body wt | Age Cat | UN/EQ | F/M | DIV | Name                      | RH | SQUAT    |          |                        |          | Sub Total | BENCH    |                 |          |          | Sub Total | DEADLIFT                               |          |          |          | Sub Total | Total    | Co eff. | Points | Place BW/Age |
|                            |         |         |         |       |     |     |                           |    | 1st Lift | 2nd Lift | 3rd Lift               | 4th Lift |           | 1st Lift | 2nd Lift        | 3rd Lift | 4th Lift |           | 1st Lift                               | 2nd Lift | 3rd Lift | 4th Lift |           |          |         |        |              |
| 1                          | 50.50   | 50.50   | Open    | UN    | F   |     | Charlotte Lewis           |    | 0.0 kg   | 0.0 kg   | 0.0 kg                 | 0.0 kg   | 0.0 kg    | 0.0 kg   | 0.0 kg          | 0.0 kg   | 0.0 kg   | 0.0 kg    | 0.0 kg                                 | 0.0 kg   | 0.0 kg   | 0.0 kg   | 0.98490   | 0.0000   |         |        |              |
| 1                          | 0.00    | 58.00   | Open    | M1    | F   |     | Beverley Rodgers          |    |          |          |                        |          |           |          |                 |          |          |           |  |          |          |          | 0.84220   | 0.0000   |         |        |              |
| 1                          | 50.50   | 50.30   | Open    | UN    | F   |     | Rachal Tall               | 6  | 60.0 kg  | 62.5 kg  | 62.5 kg                | 60.0 kg  | 30.0 kg   |          |                 |          |          |           |  |          |          |          | 0.98950   | 59.3700  |         |        |              |
| 1                          | 70.00   | 68.10   | Open    | UN    | F   |     | Emily Troscianko          | 7  | 90.0 kg  | 100.0 kg | 110.0 kg               | 110.0 kg | 50.0 kg   | 55.0 kg  | 60.0 kg         | 60.0 kg  | 110.0 kg | 117.5 kg  | 122.5 kg                               | 117.5 kg | 117.5 kg | 117.5 kg | 0.72010   | 207.0288 | 1       |        |              |
| 1                          | 56.00   | 56.00   | T3      | UN    | M   |     | Amrik Mehta               | 8  | 105.0 kg | 112.5 kg | 120.0 kg               | 120.0 kg | 80.0 kg   | 82.5 kg  | 85.0 kg         | 82.5 kg  | 160.0 kg | 170.0 kg  | 170.0 kg                               | 160.0 kg | 160.0 kg | 160.0 kg | 0.87480   | 0.0000   | 1       |        |              |
| 1                          | 75.00   | 70.50   | T2      | UN    | M   |     | William Sharp             | 8  | 115.0 kg | 120.0 kg | 125.0 kg               | 125.0 kg | 80.0 kg   | 85.0 kg  | 90.0 kg         | 90.0 kg  | 155.0 kg | 165.0 kg  | 175.0 kg                               | 175.0 kg | 175.0 kg | 175.0 kg | 0.69890   | 272.5710 | 2       |        |              |
| 1                          | 67.50   | 66.70   | Open    | UN    | M   |     | Sean Maloney              | 8  | 140.0 kg | 145.0 kg | 147.0 kg               | 147.0 kg | 90.0 kg   | 92.5 kg  | 95.0 kg         | 92.5 kg  | 170.0 kg | 177.5 kg  | 182.5 kg                               | 182.5 kg | 182.5 kg | 182.5 kg | 0.73370   | 309.6214 | 1       |        |              |
| 1                          | 75.00   | 69.90   | Open    | UN    | M   |     | Christopher Wing Tai Chan | 8  | 137.0 kg | 142.5 kg | 147.0 kg               | 147.0 kg | 77.5 kg   | 82.5 kg  | 87.5 kg         | 87.5 kg  | 160.0 kg | 170.0 kg  | 180.0 kg                               | 180.0 kg | 180.0 kg | 180.0 kg | 0.70400   | 291.8080 | 1       |        |              |
| 1                          | 55.50   | 53.6    | M1      | UN    | F   |     | Karen Down                |    |          |          |                        |          |           |          |                 |          |          |           |  |          |          |          | #VALUE!   | #VALUE!  | 1       |        |              |
| 2                          | 82.00   | 79.00   | M4      | UN    | M   |     | Paul Bond                 |    |          |          |                        | 105.0 kg | 110.0 kg  | 115.0 kg | 110.0 kg        | 200.0 kg | 210.0 kg | 220.0 kg  | 220.0 kg                               | 220.0 kg | 220.0 kg | 0.63880  | 70.2680   |          |         |        |              |
| 2                          | 90.00   | 85.90   | junior  | UN    | M   |     | Richard Norris            |    |          |          |                        |          |           |          |                 |          |          |           |  |          |          |          | 0.60270   | 0.0000   | 1       |        |              |
| 2                          | 100.00  | 95.60   | Open    | UN    | M   |     | John Biswell              |    |          |          |                        | 120.0 kg | 125.0 kg  | 130.0 kg | 130.0 kg        | 200.0 kg | 210.0 kg | 220.0 kg  | 220.0 kg                               | 220.0 kg | 220.0 kg | 0.56600  | 73.5800   | 1        |         |        |              |
| 2                          | 100.00  | 100.00  | M1      | UN    | M   |     | Phil Jones                |    |          |          |                        |          |           |          |                 |          |          |           |  |          |          |          | 0.55400   | 0.0000   |         |        |              |
| 2                          | 0.00    | ?       | M9      | UN    | M   |     | Ted Brown                 |    |          |          |                        |          |           |          |                 |          |          |           |  |          |          |          | #VALUE!   | #VALUE!  |         |        |              |
| 2                          | 100.00  | 99.50   | Open    | UN    | M   |     | Frank Kamau               | 9  | 135.0 kg | 155.0 kg | 165.0 kg               | 165.0 kg | 110.0 kg  | 120.0 kg | 120.0 kg        | 120.0 kg | 205.0 kg | 225.0 kg  | 235.0 kg                               | 225.0 kg | 225.0 kg | 510.0 kg | 0.55530   | 283.2030 | 1       |        |              |
| 2                          | 82.50   | 82.50   | T3      | UN    | M   |     | James Wheeler             | 10 | 140.0 kg | 150.0 kg | 155.0 kg               | 155.0 kg | 90.0 kg   | 97.5 kg  | 105.0 kg        | 97.5 kg  | 190.0 kg | 200.0 kg  | 210.0 kg                               | 210.0 kg | 210.0 kg | 210.0 kg | 0.61930   | 286.4263 | 2       |        |              |
| 2                          | 82.00   | 81.30   | M3      | UN    | M   |     | Grant Michael Sugarman    | 8  | 160.0 kg | 175.0 kg | 175.0 kg               | 160.0 kg | 110.0 kg  | 120.0 kg | 125.0 kg        | 120.0 kg | 200.0 kg | 215.0 kg  | 225.0 kg                               | 215.0 kg | 215.0 kg | 495.0 kg | 0.62570   | 309.7215 | 1       |        |              |
| 2                          | 90.00   | 86.90   | JUNIOR  | UN    | M   |     | Benjamin Cagan            | 10 | 160.0 kg | 170.0 kg | 180.0 kg               | 170.0 kg | 100.0 kg  | 110.0 kg | 115.0 kg        | 110.0 kg | 210.0 kg | 227.5 kg  | 240.0 kg                               | 227.5 kg | 227.5 kg | 507.5 kg | 0.59820   | 303.5865 | 4       |        |              |
| 2                          | 110.00  | 107.50  | Open    | UN    | M   |     | Paul Andrew Boston        | 11 | 160.0 kg | 170.0 kg | 180.0 kg               | 170.0 kg | 110.0 kg  | 120.0 kg | 130.0 kg        | 130.0 kg | 200.0 kg | 210.0 kg  | 222.5 kg                               | 210.0 kg | 210.0 kg | 510.0 kg | 0.53980   | 275.2980 | 3       |        |              |
| 2                          | 90.00   | 85.60   | M3      | UN    | M   |     | Michael Round             | 7  | 170.0 kg | 180.0 kg | 185.0 kg               | 180.0 kg | 135.0 kg  | 142.5 kg | 147.5 kg        | 147.5 kg | 170.0 kg | 180.0 kg  | 190.0 kg                               | 190.0 kg | 190.0 kg | 517.5 kg | 0.60410   | 312.6218 | 3       |        |              |
| 2                          | 90.00   | 88.10   | Open    | UN    | M   |     | Sean Smithson             | 8  | 180.0 kg | 185.0 kg | 190.0 kg               | 185.0 kg | 120.0 kg  | 120.0 kg | 125.0 kg        | 120.0 kg | 215.0 kg | 225.0 kg  | 225.0 kg                               | 225.0 kg | 225.0 kg | 530.0 kg | 0.59300   | 314.2900 | 1       |        |              |
| 2                          | 90.00   | 85.20   | Open    | UN    | M   |     | David Heath               | 10 | 185.0 kg | 185.0 kg | 190.0 kg               | 185.0 kg | 130.0 kg  | 130.0 kg | 130.0 kg        | 130.0 kg | 210.0 kg | 210.0 kg  | 210.0 kg                               | 210.0 kg | 210.0 kg | 525.0 kg | 0.60590   | 318.0975 | 2       |        |              |
| 2                          | 110.00  | 103.90  | M3      | EQ    | M   |     | Nirmal Cheema             | 9  | 190.0 kg | 190.0 kg | 200.0 kg               | 200.0 kg | 110.0 kg  | 117.5 kg | 122.5 kg        | 122.5 kg | 200.0 kg | 210.0 kg  | 215.0 kg                               | 200.0 kg | 200.0 kg | 522.5 kg | 0.54570   | 285.1283 | 2       |        |              |
| 2                          | 110.00  | 104.10  | M3      | UN    | M   |     | Barry Gordge              | 9  | 190.0 kg | 205.0 kg | 215.0 kg               | 205.0 kg | 130.0 kg  | 140.0 kg | 150.0 kg        | 150.0 kg | 210.0 kg | 220.0 kg  | 230.0 kg                               | 230.0 kg | 230.0 kg | 585.0 kg | 0.54540   | 319.0590 | 1       |        |              |
| 2                          | 82.00   | 82.40   | Open    | EQ    | M   |     | Neil Abery                | 8  | 245.0 kg | 266.0 kg | 283.0 kg               | 283.0 kg |           |          |                 |          |          |           |  |          |          |          | 0.61980   | 0.0000   |         |        |              |
|                            | 0.00    | 0.00    | Open    | UN    | M   |     |                           |    |          |          |                        |          |           |          |                 |          |          |           |  |          |          |          | #REF!     | #REF!    |         |        |              |
|                            | 0.00    | 0.00    | Open    | UN    | M   |     |                           |    |          |          |                        |          |           |          |                 |          |          |           |  |          |          |          | #REF!     | #REF!    |         |        |              |
|                            | 0.00    | 0.00    | Open    | UN    | M   |     |                           |    |          |          |                        |          |           |          |                 |          |          |           |  |          |          |          | #REF!     | #REF!    |         |        |              |
|                            | 0.00    | 0.00    | Open    | UN    | M   |     |                           |    |          |          |                        |          |           |          |                 |          |          |           |  |          |          |          | #REF!     | #REF!    |         |        |              |
|                            | 0.00    | 0.00    | Open    | UN    | M   |     |                           |    |          |          |                        |          |           |          |                 |          |          |           |  |          |          |          | #REF!     | #REF!    |         |        |              |
|                            | 0.00    | 0.00    | Open    | UN    | M   |     |                           |    |          |          |                        |          |           |          |                 |          |          |           |  |          |          |          | #REF!     | #REF!    |         |        |              |
|                            | 0.00    | 0.00    | Open    | UN    | M   |     |                           |    |          |          |                        |          |           |          |                 |          |          |           |  |          |          |          | #REF!     | #REF!    |         |        |              |
|                            | 0.00    | 0.00    | Open    | UN    | M   |     |                           |    |          |          |                        |          |           |          |                 |          |          |           |  |          |          |          | #REF!     | #REF!    |         |        |              |
|                            | 0.00    | 0.00    | Open    | UN    | M   |     |                           |    |          |          |                        |          |           |          |                 |          |          |           |  |          |          |          | #REF!     | #REF!    |         |        |              |
|                            | 0.00    | 0.00    | Open    | UN    | M   |     |                           |    |          |          |                        |          |           |          |                 |          |          |           |  |          |          |          | #REF!     | #REF!    |         |        |              |
|                            | 0.00    | 0.00    | Open    | UN    | M   |     |                           |    |          |          |                        |          |           |          |                 |          |          |           |  |          |          |          | #REF!     | #REF!    |         |        |              |
|                            | 0.00    | 0.00    | Open    | UN    | M   |     |                           |    |          |          |                        |          |           |          |                 |          |          |           |  |          |          |          | #REF!     | #REF!    |         |        |              |