

Official BDFPA Score Sheet										Date of Comp - 08/12/13				Organiser Simon Mansell															
Competition SW Single Lifts 8 December 2013 - Flight 1 Squats																													
Divisional Record			British Record			European Record			World Record			MPF World Record			Drug Tested			Calibrated Scales and Weights Used YES (Scales certificat expired though)											
REF 1 Refs -																													
FLT	Wt cat.	Body wt	Age Cat	M Age	UN/EQ	F/M	DIV	Name	RH	SQUAT				RH BENCH				Scorekeepers - DEADLIFT				Total	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter
										1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift								
1	55.00	0.00	Open	0	UN	F	SW	Louise Mills	0																				
1	0.00	0.00	Open	0	UN	F	SW	Kate Jackson	0																				
1	80.00	78.20	T2	0	UN	F	SW	Sachar Head	0	115.0 kg	120.0 kg	130.0 kg	-140.00								130.0 kg	0.70010	91.0130						
1	80.00	0.00	Junior	0	UN	F	SW	Lucie Spraggon	0																				
1	67.50	72.80	Open	0	UN	M	SW	James Oswald	0	130.0 kg	137.5 kg	145.0 kg									145.0 kg	0.73520	106.6040						
1	75.00	69.20	Open	0	UN	M	SW	Tommy Meredith	0	160.0 kg	170.0 kg	175.0 kg									175.0 kg	0.76420	133.7350						
2	82.50	77.00	M1	0	UN	M	SW	Stefan Sheisher	3	150.0 kg	160.0 kg	170.0 kg									160.0 kg	0.70800	113.2800						
2	82.50	79.40	M4	0	UN	M	SW	Graham Edwards	3	150.0 kg	160.0 kg	165.0 kg									165.0 kg	0.69230	114.2295						
2	90.00	87.50	Open	0	UN	M	SW	Daniel Geach	3	185.0 kg	200.0 kg	210.0 kg									200.0 kg	0.64420	128.8400						
2	100.00	95.00	Open	0	UN	M	SW	Jim Cox	3	180.0 kg	192.5 kg	/									192.5 kg	0.61440	118.2720						
2	145.00	124.30	Open	0	UN	M	SW	Adam Taylor	3	180.0 kg	190.0 kg	205.0 kg									180.0 kg	0.00000	0.0000						
3	63.00	62.50	Open	0	UN	F	SW	Jade Farrington	3	60.0 kg	65.0 kg	67.5 kg									67.5 kg	0.83130	56.1128						
3	67.50	58.80	T2	0	UN	F	SW	Yasmin Ahmed	3	80.0 kg	85.0 kg	90.0 kg									90.0 kg	0.87500	78.7500						
3	63.00	62.80	Open	0	UN	F	SW	Sarah Bell	3	80.0 kg	85.0 kg	87.5 kg									85.0 kg	0.82800	70.3800						
3	67.50	68.90	Junior	0	UN	M	SW	Chris Clamp	3	95.0 kg	100.0 kg	105.0 kg									100.0 kg	0.76660	76.6600						
3	75.00	73.40	Open	0	UN	M	SW	Jon Gaffney	3	110.0 kg	120.0 kg	125.0 kg									125.0 kg	0.73290	91.6125						
3	75.00	67.50	Open	0	UN	M	SW	Matthew Smallacombe	3	100.0 kg	105.0 kg	110.0 kg									105.0 kg	0.72580	76.2090						
3	82.50	82.40	M3	0	UN	M	SW	Mark Edwards	3	135.0 kg	135.0 kg	140.0 kg									140.0 kg	0.61980	86.7720						
3	82.50	81.00	M5	0	UN	M	SW	David Williams	3	115.0 kg	/										115.0 kg	0.62730	72.1395						
3	82.50	76.30	Open	0	UN	M	EM	David Harris	3	105.0 kg	115.0 kg	120.0 kg									115.0 kg	0.65570	75.4055						
3	82.50	81.00	Open	0	UN	M	EM	David Parkin	3	157.5 kg	160.0 kg	162.5 kg	165.00								162.5 kg	0.62730	101.9363						
4	55.00	0.00	Open	0	UN	F	SW	Louise Mills	3	/																			
4	55.00	0.00	0.00	0	UN	F	SW	Kate Jackson	3	/																			
4	80.00	0.00	Junior	0	UN	F	SW	Lucie Spraggon	3	/																			
4	67.50	72.80	Open	0	UN	M	SW	James Oswald	3	110.0 kg	115.0 kg	117.5 kg									117.5 kg	0.68050	79.9588						
4	75.00	69.20	M4	0	UN	M	SW	Tommy Meredith	3	100.0 kg	110.0 kg	115.0 kg									115.0 kg	0.71010	81.6615						
4	82.50	77.00	M1	0	UN	M	SW	Stefan Sheisher	3	100.0 kg	107.5 kg	115.0 kg									107.5 kg	0.65110	69.9933						
4	82.50	79.40	M4	0	UN	M	SW	Graham Edwards	3	120.0 kg	130.0 kg	/									130.0 kg	0.63640	82.7320						
4	90.00	88.60	M1	0	UN	M	SW	Jan Maksymczuk	3	150.0 kg	165.0 kg	160.0 kg	-162.50								160.0 kg	0.59100	94.5600						
4	90.00	83.00	M2	0	UN	M	SW	Neal Collinson	3	135.0 kg	145.0 kg	155.0 kg									155.0 kg	0.61670	95.5885						
4	110.00	0.00	M1	0	UN	M	EM	Graham Always	3	/																			
4	145.00	124.30	Open	0	UN	M	EM	Adam Taylor	3	170.0 kg	182.5 kg	182.5 kg									170.0 kg	0.52200	88.7400						
5	82.50	81.00	M5	0	EQ	M	SW	David Williams	3	160.0 kg	170.0 kg	/									170.0 kg	0.62730	106.6410						
5	90.00	88.60	M1	0	EQ	M	SW	Jan Maksymczuk	3	182.5 kg	182.5 kg	182.5 kg									182.5 kg	0.59100	-107.8575						
5	110.00	0.00	M1	0	EQ	M	SW	Graham Always	3	/																			
6	55.00	0.00	0.00	0	UN	F	SW	Kate Jackson	3																				
6	63.00	58.80	T2	0	UN	F	SW	Yasmin Ahmed	3																				
6	63.00	62.80	Open	0	UN	F	SW	Sarah Bell	3	165.0 kg	170.0 kg	170.0 kg									165.0 kg	0.77650	128.1225						
6	80.00	0.00	Junior	0	UN	F	SW	Lucie Spraggon	3																				
6	80.00	78.20	T2	0	UN	F	SW	Sachar Head	3																				
6	67.50	68.90	Junior	0	UN	M	SW	Chris Clamp	3	140.0 kg	150.0 kg	160.0 kg	2.3 kg								160.0 kg	0.64360	102.9760						
6	67.50	72.80	Open	0	UN	M	SW	James Oswald	3	145.0 kg	155.0 kg	165.0 kg	2.4 kg								165.0 kg	0.71280	117.6120						
6	82.50	77.00	M1	0	UN	M	SW	Stefan Sheisher	3	170.0 kg	180.0 kg	185.0 kg	2.5 kg								185.0 kg	0.68050	125.8925						
6	82.50	78.70	Junior	0	UN	M	SW	Mark Rapson	3	200.0 kg	210.0 kg	220.0 kg	2.7 kg								210.0 kg	0.65110	136.7310						
6	82.50	0.00	Open	0	UN	M	SW	David Harris	3	160.0 kg	172.5 kg	182.5 kg	2.3 kg								182.5 kg	0.64050	116.8913						
6	82.50	80.80	0.00	0	UN	M	SW	Bradley Westell	3	190.0 kg	195.0 kg	200.0 kg	#DIV/0!								200.0 kg								
7	75.00	67.50	Open	0	UN	M	SW	Matthew Smallacombe	3	180.0 kg	180.0 kg	200.0 kg	2.2 kg								180.0 kg	0.62840	113.1120						
7	75.00	69.20	M4	0	UN	M	SW	Tommy Meredith	3	155.0 kg	165.0 kg	172.5 kg	2.6 kg								172.5 kg	0.72580	125.2005						
7	82.50	81.90	M4	0	UN	M	SW	Charles Buchanan	3	180.0 kg	200.0 kg	200.0 kg	2.6 kg								180.0 kg	0.71010	127.8180						
7	90.00	78.90	Open	0	EQ	M	SW	Luke Turnock	3	260.0 kg	280.0 kg	292.5 kg	3.6 kg								292.5 kg	0.62240	182.0520						
7	90.00	87.50	Open	0	UN	M	SW	Daniel Geach	3	180.0 kg	192.5 kg	200.0 kg	2.5 kg								200.0 kg	0.63940	127.8800						
7	90.00	0.00	M3	0	UN	M	SW	Bill Short	3	220.0 kg	230.0 kg	237.5 kg	2.7 kg								237.5 kg	0.59560	141.4550						
7	90.00	83.00	M2	0	UN	M	SW	Neal Collinson	3																				
7	90.00	84.70	0.00	0	UN	M	SW	John Duffy	3	190.0 kg	200.0 kg	210.0 kg	2.5 kg								210.0 kg	0.61670	129.5070						
7	90.00	90.70	0.00	0	UN	M	SW	Scott Tubby	3	210.0 kg	220.0 kg	230.0 kg	2.6 kg								220.0 kg	0.60830	133.8260						
7	100.00	97.30	Open	0	EQ	M	SW	Russell Martin	3	230.0 kg	250.0 kg	/	2.5 kg								230.0 kg	0.58270	134.0210						
7	110.00	0.00	Open	0	UN	M	SW	Jim Cox	3	250.0 kg	262.5 kg	/	2.6 kg								250.0 kg	0.56100	140.2500						
7	110.00	108.40	M2	0	UN	M	SE	Steve Van Kempen	3	/																			
7	145.00	124.30	Open	0	UN	M	SW	Adam Taylor	3	180.0 kg	200.0 kg	210.0 kg	1.9 kg								210.0 kg	0.53850	113.0850						
7	75.00	74.80	M2	0	UN	M	SW	Reginoid Dalby	3	230.0 kg	240.0 kg	250.0 kg	1.9 kg								240.0 kg	0.52200	125.2800						