

WELSH SUMMER COMPETITION 2013

Date of comp

Name	Wt cat.	Body wt	Age Cat	Age	Div/Nat	Squat				Bench Press				Sub Total	Dead Lift				Total	Co eff.	Points	Place		
						1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift						
James Edmunds	100.00	98.20	Snr	27	4	130.0 kg	150.0 kg	160.0 kg		130.0 kg	140.0 kg	145.0 kg		305.0 kg	210.0 kg	220.0 kg	235.0 kg		540.0 kg	0.6042	326.2680	1		
Huw Williams	110.00	103.60	Snr	36	4	120.0 kg	x	130.0 kg		70.0 kg	x	x		200.0 kg	135.0 kg	145.0 kg	155.0 kg		355.0 kg	0.5878	208.6690			
Andrew Webber	100.00	94.80	Jnr	22	4	140.0 kg	150.0 kg	160.0 kg		85.0 kg	92.5 kg			252.5 kg	195.0 kg	205.0 kg	215.0 kg		467.5 kg	0.6151	287.5593	3		
Lee Dunkley	110.00	108.10	Snr	37	4	150.0 kg	175.0 kg	x		130.0 kg	142.5 kg	147.0 kg		322.0 kg	230.0 kg	235.0 kg	240.0 kg		562.0 kg	0.5748	323.0376	2		
														0.0 kg					0.0 kg				0.0000	
														0.0 kg					0.0 kg				0.0000	
														0.0 kg					0.0 kg				0.0000	
Harbans Bansal	110.00	98.00	Snr		4					165.0 kg	170.0 kg	180.0 kg		180.0 kg					180.0 kg	0.6049	108.8820			
Steve van Kempen	110.00	109.20	M2		8	155.0 kg	165.0 kg	175.0 kg						175.0 kg					175.0 kg	0.5717	100.0475			