

2013 WDFPF World Powerlifting Championships by Pete Gaskin

The 2nd and 3rd November saw Glasgow host the WDFPF World Powerlifting Championships for the second time. Once again the venue was the excellent Scotstoun Stadium with its excellent warm up facilities.



Warm up room

The Saturday was buzzing with atmosphere and some amazing lifting. Two platforms were run to accommodate 125 unequipped lifters. It was a long day, I think we finally got out of the Stadium just after midnight... Bobbie Butters won the women's unequipped best lifter trophy, with a 325 total at 53Kg bodyweight, including an impressive 120Kg squat. David Gray took the men's unequipped best lifter trophy with a 582.5Kg total at 67.5Kg giving him 430 points.



Matt Sohmer (USA) opens with 342.5Kg!

Only 2 other lifters went over 400 points, Pierre Shillingford with a 692.5Kg total at 80Kg and Matt Sohmer from the USA with an 815Kg total at 125Kg. Impressive lifting from Matt, who is just a junior. His squat, 342.5Kg and deadlift, 337.5Kg are the highest unequipped lifts recorded in any category in the history of the WDFPF.



Big crowd on the Saturday



It was a long day.....

Sunday was more relaxed but nevertheless some great lifting too.. Indra Sudarminto took the best equipped trophy with a 737.5Kg total at 82.5Kg.

Thanks to Wullie Brown for hosting a great event, Wim and all the referees, all the Spotters and Loaders from Glasgow University Weightlifting Club as well as all the other Glasgow City Barbell Club, BDFPA members and Stadium Staff for helping out.

The following British competitors won their class and are therefore 2013 WDFPF World Champions - Well Done!

Hayley Rutherford - UN 47.5Kg T2 & Open

Patricia Tombs - UN 50.5Kg Open & M6, world record bench and deadlift

Bobbie Butters - UN 53Kg Open & T3, 4 world records and best lifter

Pelin Baykal - UN 58.5Kg Open & M1, 4 world records

Sue Bethell - UN 58.5Kg M3, world record squat and deadlift

Alexandra Williams - UN 63Kg, T2

Jo Gaskin - UN 70Kg M1 & Open, World Record Squat and Deadlift

Shachar Head - IN 80Kg, Open & T2, 3 world and one Euro record

Neil Cook - UN 60Kg Open

Ted Brown - UN 60Kg M9, 4 world records

David Gray - UN 67.5Kg Open and M2, world record squat and best lifter

Patrick Harvey - UN 67.5Kg M8, world record deadlift

Henry Clarck - UN 75Kg M7, world record squat

Sam Dew - UN 82.5Kg Open

Reece Meakin - UN 82.5Kg Jnr, Euro Bench and world record total

Grant Sugarman - UN 82.5Kg M3

Douglas Simpson - UN 82.5Kg T2, world record squat

John Gallacher - UN 82.5Kg M9, world record squat and deadlift

Pierre Shillingford - UN 90Kg Open - Euro record total

Alex Hughes - UN 90Kg T2

Phil Jones - UN 100Kg M2

Rob Tring - UN 100Kg T2

Alistair Murdoch - UN110Kg Open & M2, world record bench

Arthur Cowley - UN 110Kg M3

John Walker - UN 110Kg M7, world record deadlift

Ronald Burden - IN 110Kg M6

Les Pilling - UN 125Kg M4, world record squat

Paul Rutherford - EQ 67.5Kg, M1 & Open

Ryan Rutherford - EQ 67.5Kg T2

Mick Amey - EQ 82.5Kg M5, world record squat and Euro deadlift and total

Ally Donaldson - EQ 100Kg, M1

Martin Cerins - EQ 110Kg Open

Neil Elliott - EQ 125Kg, M1 & Open

Les Pilling - EQ 125Kg M4

Adam Sauberlich - EQ 145Kg, Open