

Official BDFPA Score Sheet										Date of Comp - 25-01-2014				Organiser- Pete Sparks																
Competition										Eastern Counties 2014																				
Divisional Record		British Record		European Record		World Record		MPF World Record		Drug Tested				Calibrated Scales and Weights Used YES/NO																
Refs: Neil Thomas, Pete Sparks										Scorekeepers -																				
FLT	Wt cat.	Body wt	Age Cat	Age	UN/EQ	F/M	DIV	Name	RH	SQUAT				BENCH				DEADLIFT				Total	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter	
										1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift									
1	50.50	50.10	Open	28	UN	F	SE	Charlotte Lewis	7	70.0 kg	80.0 kg	85.0 kg		3	37.5 kg	42.5 kg	47.5 kg		90.0 kg	105.0 kg	110.0 kg		237.5 kg	0.99840	237.1200	#REF!	#REF!	1	1	
1	58.50	57.40	M1	40	UN	F	SE	Pelin Baykal	7	70.0 kg				3	50.0 kg	55.0 kg	60.0 kg		100.0 kg				230.0 kg	0.89280	205.3440	1.000	205.3440	1	1	
1	63.00	62.95	Open	33	UN	F	EC	Lylie Frost	7	75.0 kg	85.0 kg	95.0 kg		3	40.0 kg	45.0 kg	47.5 kg		90.0 kg	105.0 kg	120.0 kg		262.5 kg	0.82690	217.0613	#REF!	#REF!	2	2	
1	63.00	62.25	Open	30	UN	F	SE	Sian Quick	6	65.0 kg	75.0 kg	85.0 kg		3	52.5 kg	57.5 kg	62.5 kg		100.0 kg	110.0 kg	117.5 kg		265.0 kg	0.83470	221.1955	#REF!	#REF!	1	1	
1	70.00	67.50	Open	35	UN	F	SE	LeeAnn Doubell	7	100.0 kg	105.0 kg	110.0 kg		3	45.0 kg	50.0 kg	55.0 kg		120.0 kg	125.0 kg	132.5 kg		292.5 kg	0.77770	227.4773	#REF!	#REF!	1	1	
1	80.00	77.90	Open	30	UN	F	EC	Zara John	9	85.0 kg	95.0 kg	100.0 kg		3	40.0 kg	47.5 kg	47.5 kg		15.0 kg	125.0 kg	130.0 kg		277.5 kg	0.70210	194.8328	#REF!	#REF!	1	1	
1	60.00	58.70	M7	70	UN	M	WM	Roy Pinson	5	70.0 kg	70.0 kg	75.0 kg		3	50.0 kg	52.5 kg	55.0 kg		110.0 kg	115.0 kg	122.5 kg		252.5 kg	0.83150	209.9538	1.700	356.9214	1	1	
1	75.00	74.30	Open	25	UN	M	WM	Luke Rogers	7	185.0 kg	200.0 kg	207.5 kg		3	115.0 kg	120.0 kg	125.0 kg		240.0 kg	255.0 kg	260.0 kg		580.0 kg	0.66940	388.2520	#REF!	#REF!	1	1	
1	75.00	70.74	T2	16	UN	M	EC	Ben Sparks	9	130.0 kg	140.0 kg	145.0 kg		3	100.0 kg	110.0 kg	117.5 kg		130.0 kg	150.0 kg	162.5 kg		162.5 kg	0.69720	113.2950	#REF!	#REF!	3	1	
1	75.00	73.10	T3	19	UN	M	EC	Alex Thoma	9	155.0 kg	185.0 kg	187.5 kg		3	110.0 kg	120.0 kg	125.0 kg		185.0 kg	200.0 kg	210.0 kg		510.0 kg	0.67820	345.8820	#REF!	#REF!	2	1	
3	82.50	82.40	M6	64	EQ	M	EC	Mick Amey	7	200.0 kg	210.0 kg	220.0 kg		3	90.0 kg	100.0 kg	110.0 kg		225.0 kg	240.0 kg			560.0 kg	0.61980	347.0880	1.501	520.9791	1	1	
2	82.50	79.60	Open	24	UN	M	EC	Aaron Bolton	9	170.0 kg	180.0 kg	187.5 kg		3	125.0 kg	130.0 kg	135.0 kg		180.0 kg	187.5 kg	195.0 kg		502.5 kg	0.63520	319.1880	#REF!	#REF!	2	1	
2	82.50	81.10	Open	26	UN	M	NW	Ash Cox	9	175.0 kg	180.0 kg	185.0 kg		3	105.0 kg	110.0 kg	115.0 kg		195.0 kg	200.0 kg	205.0 kg		505.0 kg	0.62680	316.5340	#REF!	#REF!	3	2	
2	82.50	80.65	T3	18	UN	M	EC	Daniel Foster-Knight	9	135.0 kg	150.0 kg	155.0 kg		3	92.5 kg	102.5 kg	105.0 kg		190.0 kg	207.5 kg	215.0 kg		475.0 kg	0.62950	299.0125	#REF!	#REF!	5	1	
2	82.50	81.40	M2	48	EQ	M	EC	Lee Maacham	3	175.0 kg	185.0 kg	190.0 kg		3	175.0 kg	185.0 kg	190.0 kg		185.0 kg	195.0 kg	200.0 kg		475.0 kg	0.62510	115.6435	1.114	128.8269	10	1	
2	82.50	81.80	M1	40	UN	M	EC	Toby Sharp	10	125.0 kg	135.0 kg	145.0 kg		3	77.5 kg	85.0 kg	90.0 kg		150.0 kg	165.0 kg	170.0 kg		400.0 kg	0.62300	249.2000	1.000	249.2000	8	1	
2	82.50	77.60	J	21	UN	M	EC	Ash Simkins	10	147.5 kg	157.5 kg	162.5 kg		3	97.5 kg	102.5 kg	107.5 kg		165.0 kg	175.0 kg	185.0 kg		450.0 kg	0.64730	291.2850	#REF!	#REF!	6	1	
2	82.50	80.15	Open	24	UN	M	WM	Josh Slater	9	192.5 kg	200.0 kg			3	192.5 kg	200.0 kg			200.0 kg	200.0 kg			200.0 kg	0.63240	126.4800	#REF!	#REF!	9	5	
2	82.50	82.50	Open	35	UN	M	EC	Phil Thomas	10	130.0 kg	137.5 kg	145.0 kg		3	100.0 kg	110.0 kg	117.5 kg		170.0 kg	177.5 kg	182.5 kg		432.5 kg	0.61930	267.8473	#REF!	#REF!	7	4	
2	82.50	81.80	Open	26	UN	M	EC	Keiron Tring	9	175.0 kg	180.0 kg	190.0 kg		3	100.0 kg	97.5 kg	102.5 kg		195.0 kg	205.0 kg	210.0 kg		492.5 kg	0.62300	306.8275	#REF!	#REF!	4	3	
2	90.00	88.30	Open	30	UN	M	EC	Glenn Branch	11	170.0 kg	180.0 kg	185.0 kg		3	120.0 kg	127.5 kg	132.5 kg		240.0 kg	255.0 kg	265.0 kg		577.5 kg	0.59220	341.9955	#REF!	#REF!	2	1	
2	90.00	87.40	J	22	UN	M	EC	Aaron Donaldson	10	155.0 kg	165.0 kg	170.0 kg		3	110.0 kg	115.0 kg	120.0 kg		185.0 kg	195.0 kg	207.5 kg		497.5 kg	0.59600	296.5100	#REF!	#REF!	5	3	
2	90.00	84.55	M1	41	UN	M	EC	Brett Paisley	8	110.0 kg	120.0 kg	130.0 kg		3	105.0 kg	112.5 kg	115.0 kg		190.0 kg	210.0 kg	227.5 kg		472.5 kg	0.60930	287.8943	1.005	289.3337	7	1	
2	90.00	87.20	J	21	UN	M	SE	Michael Perrin	9	160.0 kg	165.0 kg	170.0 kg		3	130.0 kg	140.0 kg	145.0 kg		160.0 kg	165.0 kg	170.0 kg		485.0 kg	0.59690	289.4965	#REF!	#REF!	6	4	
2	90.00	89.65	Open	25	UN	M	SE	Pierre Shillingford	9	180.0 kg				3	157.5 kg	167.5 kg	175.0 kg		230.0 kg				577.5 kg	0.58690	338.9348	#REF!	#REF!	3	2	
2	90.00	88.35	J	22	UN	M	EC	Lee Storey	10	185.0 kg	200.0 kg	205.0 kg		3	130.0 kg	140.0 kg	145.0 kg		215.0 kg	230.0 kg	237.5 kg		587.5 kg	0.59220	347.9175	#REF!	#REF!	1	1	
2	90.00	84.90	J	22	UN	M	EC	Adam Williams	9	172.5 kg	185.0 kg	195.0 kg		3	105.0 kg	112.5 kg	117.5 kg		212.5 kg	225.0 kg	235.0 kg		547.5 kg	0.60740	332.5515	#REF!	#REF!	4	2	
3	100.00	99.00	M1	41	UN	M	EM	Pete Clancy						3	125.0 kg	130.0 kg	130.0 kg		215.0 kg	230.0 kg	245.0 kg		245.0 kg	0.59560	136.3425	1.005	137.0242	5	3	
3	100.00	99.50	J	22	UN	M	EC	Adam Court	11	185.0 kg	195.0 kg	195.0 kg		3	125.0 kg	130.0 kg	130.0 kg		230.0 kg	240.0 kg	250.0 kg		565.0 kg	0.55530	313.7445	#REF!	#REF!	2	2	
3	100.00	100.00	M1	43	UN	M	EC	Darren Greville	3	142.5 kg	162.5 kg	162.5 kg		3	142.5 kg	162.5 kg	162.5 kg		205.0 kg	242.5 kg			347.5 kg	0.55400	192.5150	1.028	197.9054	4	1	
3	100.00	95.60	Open	37	UN	M	EM	Laurence Keen						3	165.0 kg	175.0 kg	189.0 kg		175.0 kg				175.0 kg	0.56600	99.0500	#REF!	#REF!	8	5	
3	100.00	98.20	Open	34	UN	M	WM	Matt Paynter											220.0 kg	230.0 kg	245.0 kg		245.0 kg	0.55860	136.8570	#REF!	#REF!	6	4	
3	100.00	97.90	Open	31	UN	M	EM	Matt Smerts	10	200.0 kg	205.0 kg	215.0 kg		3	140.0 kg	145.0 kg	150.0 kg		260.0 kg	270.0 kg			630.0 kg	0.60980	421.7220	#REF!	#REF!	1	1	
3	100.00	96.95	M2	47	EQ	M	EC	Pete Sparks											190.0 kg	205.0 kg	215.0 kg		205.0 kg	0.56230	115.2510	1.096	126.3151	7	1	
3	100.00	96.50	J	21	UN	M	EC	Daniel Willgoss	9	160.0 kg	170.0 kg	180.0 kg		3	120.0 kg	125.0 kg	130.0 kg		205.0 kg	220.0 kg	222.5 kg		515.0 kg	0.56330	290.0995	#REF!	#REF!	3	1	
3	110.00	102.95	M6	67	UN	M	EC	Jim Burden	11	140.0 kg	150.0 kg			3	120.0 kg	127.5 kg	132.5 kg		180.0 kg	200.0 kg	210.0 kg		492.5 kg	0.54770	269.7423	1.597	430.7784	4	1	
3	110.00	105.80	Open	24	UN	M	SE	Mike Goodwin	9	200.0 kg	210.0 kg			3	165.0 kg	170.0 kg	175.0 kg		190.0 kg	210.0 kg	230.0 kg		615.0 kg	0.54240	333.5760	#REF!	#REF!	1	1	
3	110.00	104.10	M2	45	UN	M	EC	Phil Jones	10	187.5 kg	200.0 kg	210.0 kg		3	122.5 kg	130.0 kg	135.0 kg		227.5 kg	240.0 kg	250.0 kg		595.0 kg	0.54540	324.5130	1.060	343.9838	2	1	
3	110.00	106.70	Open	28	UN	M	EM	Mike Warner	10	170.0 kg	180.0 kg	187.5 kg		3	110.0 kg	120.0 kg	125.0 kg		220.0 kg	225.0 kg	230.0 kg		532.5 kg	0.54100	288.0825	#REF!	#REF!	3	2	
3	125.00	120.90	Open	29	UN	M	EM	Ian Barnard	8	180.0 kg	190.0 kg	205.0 kg		3	80.0 kg	90.0 kg	105.0 kg		200.0 kg	220.0 kg	230.0 kg		540.0 kg	0.52610	284.0940	#REF!	#REF!	3	1	
3	125.00	123.50	Open	33	UN	M	EC	Deri Hughes	9	190.0 kg	207.5 kg	215.0 kg		3	115.0 kg	125.0 kg	130.0 kg		190.0 kg	210.0 kg	220.0 kg		560.0 kg	0.52310	292.9360	#REF!	#REF!	2	2	
3	125.00	114.55	Open	27																										