PSUK Powerlifting Championships — Date of Comp - 15/11/14 — Organiser:- Kev Kavanagh/Tim Brown

Divisional Record | European Record | World Record | MPF World Record | Drug Tested | Calibrated Scales and Weights Used YES

Refs Andy Davies, Ali Donaldson, Mike Leadbetter, Pat Reeves, Neil Thomas

MC/Scorekeepers - Pete Sparks

FLT	Wt cat.	Body wt	Age Cat	UN/ EQ	DIV	Name	SQUAT				BENCH				DEADLIFT				Total	Co eff.	Points	Place Class	Place Cat	Best Lifter
							1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift						
1A	58.50	57.00	Open/MPF	UN	Cheshire	Trisha Van Rooyen	30.0 kg	45.0 kg	55.0 kg		30.0 kg	40.0 kg	45.0 kg		45.0 kg	55.0 kg	65.0 kg		150.0 kg	0.89800	134.7000			
1A	58.50	56.90	Open/MPF	UN	WMP	Elizabeth Street	85.0 kg	90.0 kg	90.0 kg		50.0 kg	55.0 kg	60.0 kg		107.5 kg	117.5 kg	122.5 kg		262.5 kg	0.89930	236.0663			
1A	58.50	57.50	Open/MPF	UN	SCOT	Karen Dalziel	92.5 kg	97.5 kg	100.0 kg		65.0 kg	70.0 kg	70.0 kg		137.5 kg	142.5 kg	145.0 kg		307.5 kg	0.89150	274.1363			
1A	70.00	66.70	Open/MPF	UN	Merseyside	Rachel Gregory	50.0 kg	60.0 kg	70.0 kg		37.5 kg	42.5 kg	45.0 kg		90.0 kg	110.0 kg	PASS		225.0 kg	0.78670	177.0075			
1A	70.00	65.30	M1/MPF	UN	Herts	Tess Barrow	65.0 kg	70.0 kg	72.5 kg		57.5 kg	60.0 kg	62.5 kg		90.0 kg	97.5 kg	100.0 kg		235.0 kg	0.80100	188.2350			
1A	70.00	68.20	M1/MPF	UN	GMP	Angela Taylor	85.0 kg	90.0 kg	92.5 kg		72.5 kg	77.5 kg	80.0 kg		120.0 kg	127.5 kg	130.0 kg		295.0 kg	0.77210	227.7695			
1A	90.00	85.00	Open/MPF	UN	PS	Bernadette Cunningham	130.0 kg	140.0 kg	150.0 kg		95.0 kg	100.0 kg	102.5 kg		162.5 kg	162.5 kg	167.0 kg		415.0 kg	0.65830	273.1945			
1A	67.50	67.10	Open/MPF	UN	GMP	Neil Cook	135.0 kg	145.0 kg	152.5 kg		95.0 kg	102.5 kg	105.0 kg		160.0 kg	175.0 kg	185.0 kg		442.5 kg	0.72970	322.8923			
1A	67.50	65.50	M3	UN	West Mids	David Gray	165.0 kg	180.0 kg	187.5 kg		125.0 kg	135.0 kg	142.5 kg		220.0 kg	240.0 kg	252.5 kg		575.0 kg	0.74600	428.9500			
1B	75.00	74.60	T2	UN	Easten Counties	Ben Sparks	100.0 kg	110.0 kg	115.0 kg		57.5 kg	65.0 kg	65.0 kg		160.0 kg	172.5 kg	182.5 kg		345.0 kg	0.66730	230.2185			
1B	75.00	74.50	M1/MPF	EQ	PS	Bernie McGurk	225.0 kg	PASS	235.0 kg		145.0 kg	145.0 kg	147.5 kg		255.0 kg	PASS	270.0 kg		637.5 kg	0.66800	425.8500			
1B	75.00	73.30	Open/MPF	UN	LANCS	Tim Brown	150.0 kg	150.0 kg	160.0 kg		100.0 kg	107.5 kg	PASS		180.0 kg	190.0 kg	200.0 kg		450.0 kg	0.67670	304.5150			
1B	82.50	82.50	Open/MPF	UN	MET	Maxwell Herd	150.0 kg	175.0 kg	PASS		130.0 kg	140.0 kg	150.0 kg	-162.50	170.0 kg	192.5 kg	200.0 kg		525.0 kg	0.61930	325.1325			
1B	82.50	78.20	Open/MPF	UN	GMP	Scott Britton	140.0 kg	150.0 kg	155.0 kg		100.0 kg	120.0 kg	130.0 kg		180.0 kg	190.0 kg	200.0 kg		460.0 kg	0.64360	296.0560			
1B	82.50	77.40	Open/MPF	UN	PS	Jamie Dunlop	145.0 kg	155.0 kg	165.0 kg		120.0 kg	127.5 kg	127.5 kg		190.0 kg	200.0 kg	210.0 kg		502.5 kg	0.64860	325.9215			
1B	145.00	126.90	Open/MPF	UN	LANCS	Stu Roberts	170.0 kg	190.0 kg	210.0 kg		120.0 kg	140.0 kg	145.0 kg		180.0 kg	200.0 kg	225.0 kg		580.0 kg	0.51870	300.8460			
2A	90.00	86.00	Open/MPF	UN	Army	Ash Cox	180.0 kg	185.0 kg	190.0 kg		110.0 kg	115.0 kg	115.0 kg		220.0 kg	230.0 kg	240.0 kg		545.0 kg	0.60220	328.1990			
2A	90.00	90.00	Open/MPF	UN	MET	Jonny Mitchell	85.0 kg	90.0 kg	105.0 kg		60.0 kg	70.0 kg	72.5 kg		100.0 kg	120.0 kg	130.0 kg		307.5 kg	0.58530	179.9798			
2A	90.00	88.10	Open/MPF	UN	Merseyside	Paul Bamber	205.0 kg	212.5 kg	220.0 kg		140.0 kg	147.5 kg	147.5 kg		230.0 kg	240.0 kg	250.0 kg		602.5 kg	0.59300	357.2825			
2A	90.00	89.40	Open/MPF	UN	LANCS	Kev Kavanagh	160.0 kg	170.0 kg	180.0 kg		110.0 kg	120.0 kg	130.0 kg		200.0 kg	215.0 kg	225.0 kg		525.0 kg	0.58770	308.5425			
2A	90.00	88.10	Open/MPF	UN	LANCS	Eric Halford	185.0 kg	195.0 kg	202.5 kg		150.0 kg	162.5 kg	162.5 kg		240.0 kg	255.0 kg	265.0 kg		600.0 kg	0.59300	355.8000			
2A	90.00	89.40	Open/MPF	UN	North Yorks	Sean Daly	170.0 kg	175.0 kg	175.0 kg		105.0 kg	110.0 kg	112.5 kg		230.0 kg	240.0 kg	250.0 kg		535.0 kg	0.58770	314.4195			
2A	100.00	99.90	Open/MPF	UN	North Yorks	Gareth Vaughan	192.5 kg	202.5 kg	210.0 kg		130.0 kg	137.5 kg	142.5 kg		237.5 kg	247.5 kg	255.0 kg		607.5 kg	0.55430	336.7373			
2A	100.00	94.40	Open/MPF	UN	MET	Matt Smets	200.0 kg	200.0 kg	205.0 kg		135.0 kg	140.0 kg	142.5 kg		260.0 kg	PASS	270.0 kg		605.0 kg	0.56970	344.6685			
2A	100.00	97.20	Open/MPF	EQ	MET	David Hodgson	170.0 kg	180.0 kg	190.0 kg		140.0 kg	150.0 kg	155.0 kg		180.0 kg	200.0 kg	210.0 kg		555.0 kg	0.56130	311.5215			
2B	110.00	105.70	Open/MPF	UN	North Yorks	Paul Sutton	180.0 kg	190.0 kg	200.0 kg		100.0 kg	110.0 kg	120.0 kg		220.0 kg	240.0 kg	250.0 kg		550.0 kg	0.54260	298.4300			
2B	110.00	102.80	Open/MPF	UN	Merseyside	Jason Ennis	160.0 kg	170.0 kg	175.0 kg		120.0 kg	130.0 kg	137.5 kg		180.0 kg	210.0 kg	220.0 kg		525.0 kg	0.54790	287.6475			
2B	110.00	104.60	Open/MPF	UN	LANCS	Pete Haslam	190.0 kg	200.0 kg	210.0 kg		130.0 kg	135.0 kg	137.5 kg		235.0 kg	245.0 kg	255.0 kg		590.0 kg	0.54440	321.1960			
2B	125.00	116.00	Open/MPF	UN	MET	Pete Frost	180.0 kg	180.0 kg	190.0 kg		150.0 kg	160.0 kg	170.0 kg		220.0 kg	230.0 kg	240.0 kg		590.0 kg	0.53050	312.9950			
2B	125.00	114.00	M1/MPF	UN	Hants	Simon Lythgoe	220.0 kg	240.0 kg	PASS		200.0 kg	220.0 kg	227.5 kg		250.0 kg	270.0 kg	270.0 kg		730.0 kg	0.53230	388.5790			
2B	125.00	122.10	Open/MPF	UN	Herts	Paul Smith (bench only)					137.5 kg	145.0 kg	150.0 kg							0.52480	0.0000			
2B	125.00	121.10	Open/MPF	EQ	MET	Andy Dare	180.0 kg	200.0 kg	220.0 kg		150.0 kg	160.0 kg	170.0 kg		250.0 kg	270.0 kg	290.0 kg		640.0 kg	0.52590	336.5760			
2B	125.00	121.70	Open/MPF	UN	MET	Dean Miller	230.0 kg	250.0 kg	250.0 kg		160.0 kg	170.0 kg	170.0 kg		260.0 kg	280.0 kg	292.5 kg		670.0 kg	0.52530	351.9510			
2B	145.00	127.50	Open/MPF	EQ	North Wales	Tim Wilsdon	220.0 kg	240.0 kg	250.0 kg		140.0 kg	165.0 kg	165.0 kg		260.0 kg	280.0 kg	300.0 kg		695.0 kg	0.51800	360.0100			
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