

Official BDFPA Score Sheet

Date of Comp - 05 Mar 14

Competition **RN Championships 05 Mar 14**

Divisional Record **British Record** **European Record** **World Record** **Best Lifter** **Drug Tested** **Calibrated Scales and Weights Used YES**

REF 1 **Steve Congreve, Chris Martin**

REF 2 **Sam Dew, Reece Meakin**

REF 3 **Wes Mc Guinness**

FLT	Wt cat.	Body wt	Age Cat	UN/EQ	F/M	DIV	Name	SQUAT				Sub Total	BENCH				Sub Total	DEADLIFT				Sub Total	Total	Co eff.	Points	Place
								1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift					
1	75.00	72.30	Open	UN	M	RM	Craig McIvor	135.0 kg	140.0 kg	150.0 kg		150.0 kg	110.0 kg	115.0 kg	120.0 kg		115.0 kg	180.0 kg	190.0 kg	200.0 kg		200.0 kg	465.0 kg	0.68430	318.1995	Q
1	75.00	73.10	Open	UN	M	Army	Theo Spikas	110.0 kg	110.0 kg	120.0 kg		120.0 kg	115.0 kg	125.0 kg	135.0 kg		125.0 kg	180.0 kg	200.0 kg	212.5 kg		200.0 kg	445.0 kg	0.67820	301.7990	
1	82.50	79.30	Jnr	UN	M	RM	Adam Baird	140.0 kg	150.0 kg	160.0 kg		150.0 kg	100.0 kg	107.5 kg	115.0 kg		107.5 kg	230.0 kg	240.0 kg	250.0 kg		250.0 kg	507.5 kg	0.63700	323.2775	Q
1	90.00	87.60	Open	UN	M	Army	Simon Robb	210.0 kg	220.0 kg	230.0 kg		230.0 kg	147.5 kg	155.0 kg	160.0 kg		155.0 kg	260.0 kg	275.0 kg	285.0 kg		285.0 kg	670.0 kg	0.59520	398.7840	Best lifter
1	90.00	87.70	Open	UN	M	Army	Ian Cox	160.0 kg	170.0 kg	180.0 kg		180.0 kg	140.0 kg	150.0 kg	155.0 kg		155.0 kg	230.0 kg	240.0 kg	240.0 kg		230.0 kg	565.0 kg	0.59470	336.0055	Q
1	90.00	86.00	Jnr	UN	M	RN	Reece Meakin						150.0 kg	160.0 kg	165.0 kg		160.0 kg	245.0 kg	270.0 kg	270.0 kg		245.0 kg	405.0 kg	0.60220	243.8910	singles
1	90.00	90.00	Open	UN	M	RN	Wes McGuinness	207.5 kg				207.5 kg											207.5 kg	0.58530	121.4498	singles
1	90.00	86.00	Jnr	UN	M	RN	Mike Hawkins	175.0 kg	182.5 kg	182.5 kg		175.0 kg											175.0 kg	0.60220	105.3850	singles
1	100.00	99.70	Open	UN	M	RN	Chris Martin	190.0 kg	200.0 kg	210.0 kg		210.0 kg	135.0 kg	142.5 kg	147.5 kg		142.5 kg	230.0 kg	240.0 kg	247.5 kg		240.0 kg	592.5 kg	0.55480	328.7190	Q
1	100.00	92.90	Open	UN	M	RM	Aston Yelland	180.0 kg	190.0 kg	200.0 kg		190.0 kg	130.0 kg	140.0 kg	145.0 kg		145.0 kg	230.0 kg	240.0 kg	240.0 kg		240.0 kg	575.0 kg	0.57470	330.4525	Q
1	100.00	93.80	Open	UN	M	RM	Steve Congreve											230.0 kg	240.0 kg	240.0 kg		230.0 kg	230.0 kg	0.57170	131.4910	singles
1	110.00	103.50	Open	UN	M	RN	Jovin Harper	180.0 kg	200.0 kg	215.0 kg		215.0 kg	115.0 kg	125.0 kg	140.0 kg		125.0 kg	230.0 kg	260.0 kg	280.0 kg		280.0 kg	620.0 kg	0.54650	338.8300	Q