

Official BDFPA Score Sheet Competition - West Midlands Bench Press **Date of Comp - 29/11/14** **Organiser** **Martin O'Grady & Pat Reeves**

Divisional Record			British Record				European Record				Calibrated Scales and Weights Used YES					
FLT	Weight class	Body wt	Age Cat	Age	UN/EQ	F/M	DIV	Name	BENCH				Total	Place Class	Place Cat	Best Lifter
									1st Lift	2nd Lift	3rd Lift	4th Lift				
1	58.50	58.50	s	115	un	f		Sam Wood	62.5 kg	68.0 kg	70.0 kg		68.0 kg	1	1	Best Female Lifter
1	70.00	70.00	m2	115	un	f		Una Letton	45.0 kg	50.0 kg	60.0 kg		60.0 kg	1	1	
1	67.50	67.50	j	115	un	m		Nathan Davies	77.5 kg	82.5 kg	85.0 kg		85.0 kg	1	3	
1	67.50	67.50	s	115	un	m		Krupnal Padner	95.0 kg	95.0 kg	100.0 kg		95.0 kg	2	2	
1	67.50	67.50	s	115	un	m		Ravier Johel	110.0 kg	120.0 kg	120.0 kg		110.0 kg	1	1	
1	75.00	75.00	s	115	un	m		Tristian Watkins	55.0 kg	62.5 kg	72.5 kg		62.5 kg	2	2	
1	75.00	75.00	s	115	un	m		Simon Newton	130.0 kg	132.0 kg	137.5 kg		137.5 kg	1	1	
1	75.00	75.00	m11	115	un	m		Andy Haynes	107.5 kg	107.5 kg	X		107.5 kg			
1	82.50	82.50	m11	115	un	m		Richard Crossland	140.0 kg	150.0 kg	155.0 kg		150.0 kg	1	1	
1	82.50	82.50	j	115	un	m		Toby Brazier	125.0 kg	130.0 kg	135.0 kg		135.0 kg	1	2	
2	90.00	88.10	j	115	un	m		James Adams	125.0 kg	135.0 kg	140.0 kg		140.0 kg	1	1	
2	90.00	86.80	m2	115	un	m		Paul Wagstaff	115.0 kg	120.0 kg	125.0 kg		125.0 kg	1	3	
2	90.00	88.40	m5	115	eq	m		David Williams	190.0 kg	195.0 kg	195.0 kg		195.0 kg	1		
2	90.00	88.60	s	115	un	m		Joe Hearne	130.0 kg	135.0 kg	135.0 kg		135.0 kg	1	2	
2	100.00	97.40	s	115	un	m		Tony Walker	150.0 kg	152.5 kg	157.5 kg		157.5 kg	2	3	
2	100.00	98.20	s	115	Un	m		Harbans Bansal	170.0 kg	175.0 kg	180.0 kg		180.0 kg	1	1	
2	100.00	96.90	m11	115	un	m		Lee Smith	140.0 kg	160.0 kg	X		160.0 kg	1	2	
2	100.00	95.00	m3	115	un	m		Marlon O'Grady	125.0 kg	130.0 kg	X		125.0 kg	1	5	
2	100.00	94.90	s	115	un	m		Chris Lerman	140.0 kg	145.0 kg	152.5 kg		152.5 kg	3	4	
3	110.00	107.50	t2	115	un	m		Denzil Jack	145.0 kg	165.0 kg	180.0 kg		180.0 kg	2	1	
3	110.00	105.30	j	115	un	m		Elliot Newsham	130.0 kg	140.0 kg	140.0 kg		140.0 kg	6	2	
3	110.00	108.90	s	115	un	m		Daniel Awoloba	140.0 kg	150.0 kg	175.0 kg		175.0 kg	3	1	
3	110.00	107.40	m3	115	un	m		Andy Rigby	205.0 kg	220.0 kg	228.0 kg		220.0 kg	1	1	Best male lifter
3	110.00	106.80	t2	115	un	m		Joab Boyd	150.0 kg	150.0 kg	160.0 kg		150.0 kg	4	2	
3	125.00	121.50	s	115	un	m		Dom McDermot	170.0 kg	182.5 kg	187.5 kg		182.5 kg	1	1	
3	125.00	121.90	s	115	un	m		Daniel Lindsell	165.0 kg	172.5 kg	172.5 kg		172.5 kg	2	2	
3	125.00	122.60	m3	115	un	m		John Bernasconi	160.0 kg	170.0 kg	x		170.0 kg	3	1	
3	110.00	100.60	j	115	un	m		Yiannis Verenakis	137.5 kg	145.0 kg	145.0 kg		145.0 kg	5	1	
3	145.00	140.00	j	115	un	m		Kane Pickles	125.0 kg	135.0 kg	135.0 kg		135.0 kg	3	1	
3	145.00	137.50	s	115	un	m		Darren Beddall	155.0 kg	165.0 kg	172.5 kg		165.0 kg	2	1	
3	145.00	152.20	s	115	un	m		Paul Merrick	210.0 kg	230.0 kg	235.5 kg		230.0 kg	1	1	

Referres
 Pat Reeves
 Dan Chepa
 Neil Thomas
 Colin Cooke
 Karen Leslie

Score keeper
 Marton O'Grady
 Andy Haynes