Wales – Second Flight **Date of comp**

U E	Name	Wt cat.	Body wt	Age Cat	Age	Div/ Nat	Squat				Bench Press				Sub Total	Dead Lift				Total	Co eff.	Points	Place
							1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift				
UE	Curtis Williams	82.50	80.60	Snr	32	6	150.0 kg	155.0 kg	160.0 kg		110.0 kg	115.0 kg	122.5 kg	L	282.5 kg	185.0 kg	205.0 kg	NL	NL	487.5 kg	0.6295	306.8813	
UE	Alyn Morris	82.50	81.50	Jnr	21	5	160.0 kg	170.0 kg	175.0 kg		130.0 kg	140.0 kg	142.5 kg	L	317.5 kg	160.0 kg	NL	NL	NL	477.5 kg	0.6245	298.1988	Q
UE	Nicky 'THE BOMB' May	82.50	80.60	Jnr	23	6	160.0 kg	160.0 kg	160.0 kg		110.0 kg	NL	120.0 kg	L	280.0 kg	200.0 kg	215.0 kg	NL	NL	495.0 kg	0.6295	311.6025	Q
UE	Phil Webley-Parry	82.50	78.10	Snr	31	6	150.0 kg	160.0 kg	170.0 kg		100.0 kg	112.5 kg	115.0 kg	L	285.0 kg	200.0 kg	215.0 kg	230.0 kg	L	515.0 kg	0.6442	331.7630	Q
UE	Matthew West	82.50	81.40	Snr	37	6	160.0 kg	175.0 kg	180.0 kg		125.0 kg	135.0 kg	NL	NL	315.0 kg	190.0 kg	205.0 kg	210.0 kg	L	525.0 kg	0.6251	328.1775	Q
E	Doug Williams	90.00	86.50	M7	74	6	130.0 kg	140.0 kg	150.0 kg		80.0 kg	85.0 kg	90.0 kg	L	240.0 kg	130.0 kg	140.0 kg	150.0 kg	L	390.0 kg	0.6	234.0000	Q
UE	Nathan Atkins	90.00	87.80	Snr	24	5	125.0 kg	135.0 kg	142.5 kg		65.0 kg	70.0 kg	NL	NL	212.5 kg	150.0 kg	160.0 kg	170.0 kg	L	382.5 kg	0.5943	227.3198	
UE	John Mogford	90.00	89.10	Snr	35	5	180.0 kg	190.0 kg			130.0 kg	140.0 kg	NL	NL	330.0 kg	225.0 kg	250.0 kg	NL	NL	580.0 kg	0.5889	341.5620	Q
UE	Chris Protheroe	90.00	87.20	Snr	39	6	190.0 kg	210.0 kg	220.0 kg		130.0 kg	140.0 kg	145.0 kg	L	365.0 kg	240.0 kg	NL	260.0 kg	L	625.0 kg	0.5969	373.0625	Q
UE	Jon Gooding (Bench)	90.00	88.10	M2	47	6					110.0 kg	120.0 kg	125.0 kg	L	125.0 kg					125.0 kg	0.593	74.1250	Q
UE	Chris Moore (Deadlift)	90.00	87.60	Snr	28										0.0 kg	210.0 kg	225.0 kg	NL	NL	225.0 kg	0.5952	133.9200	Q
UE	Brandon Raymond	90.00	88.50	T2	16	5	75.0 kg	85.0 kg	95.0 kg		65.0 kg	70.0 kg	NL	NL	165.0 kg	NL	130.0 kg	140.0 kg	L	305.0 kg	0.5914	180.3770	
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REFS

Gary Whitbread

John Williams

Sue Bethell

This result sheet must be signed & printed by all referees who adjudicated in the above competition

Ref's Signed	**Ref's in Block Caps**