

Wales – Third Flight

Date of comp

U E	Name	Wt cat.	Body wt	Age Cat	Age	Div/ Nat	Squat				Bench Press				Sub Total	Dead Lift				Total	Co eff.	Points	Place
							1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift				
/UE														0.0 kg					0.0 kg			0.0000	
UE	Josh Edwards	100.00	98.70	T3	19	7	160.0 kg	170.0 kg	180.0 kg	L	100.0 kg	115.0 kg	120.0 kg	L	300.0 kg	200.0 kg	220.0 kg	230.0 kg	240.0 kg	530.0 kg	0.5573	295.3690	Q
UE	Andrew Webber	100.00	95.10	Snr	37	6	170.0 kg	180.0 kg	185.0 kg	L	90.0 kg	NL	NL	NL	275.0 kg	205.0 kg	215.0 kg	NL	NL	490.0 kg	0.5675	278.0750	
UE	Huw Williams	110.00	107.20	Snr	29	6	130.0 kg	140.0 kg	147.5 kg	L	75.0 kg	85.0 kg	90.0 kg	L	237.5 kg	170.0 kg	180.0 kg	190.0 kg	L	427.5 kg	0.5402	230.9355	
UE	Rob Tring	100.00	99.80	T2	17	6	160.0 kg	170.0 kg	175.0 kg	180.0 kg	100.0 kg	110.0 kg	115.0 kg	NL	290.0 kg	180.0 kg	195.0 kg	200.0 kg	205.0 kg	490.0 kg	0.5545	271.7050	Q
UE	Geraint Llewellyn	100.00	97.40	Snr	34	6	150.0 kg	162.5 kg	175.0 kg	L	130.0 kg	140.0 kg	152.5 kg	NL	327.5 kg	180.0 kg	200.0 kg	210.0 kg	L	537.5 kg	0.5608	301.4300	
UE	Lee Dunkley	110.00	109.60	Snr	34	4	160.0 kg	180.0 kg	190.0 kg	L	140.0 kg	NL	NL	NL	330.0 kg	240.0 kg	NL	NL	NL	570.0 kg	0.537	306.0900	Q
UE	James Edmunds	110.00	106.40	Snr	29	4	150.0 kg	170.0 kg	170.0 kg	L	140.0 kg	150.0 kg	155.0 kg	L	325.0 kg	220.0 kg	230.0 kg	245.0 kg	L	570.0 kg	0.5414	308.5980	Q
UE	Peter Sutton	145.00	129.40	M2	48	5	200.0 kg	220.0 kg	240.0 kg	L	180.0 kg	190.0 kg	200.0 kg		440.0 kg	250.0 kg	280.0 kg	300.0 kg	L	740.0 kg	0.5157	381.6180	Q
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REFS Gary Whitbread John Williams Sue Bethell	This result sheet must be signed & printed by all referees who adjudicated in the above competition	
	Ref's Signed	Ref's in Block Caps