

Official BDFPA Score Sheet v6  
Competition 4 Nations 2015

Date of Comp - 1st August 2015

Organiser Wullie Brown

Wt Class	Body wt	Age Cat	Age	UN/EQ	F/M	DIV	Name	World Record				MPF World Record				Drug Tested				Calibrated Scales and Weights Used YES					Best Lifter
								SQUAT				BENCH				DEADLIFT				Total	Co eff.	Points	MAM	Masters PN	
								1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift						
53.00	52.60	M4	55	UN	F	Wales	Sue Bethell	70.0 kg	80.0 kg	85.0 kg		40.0 kg	45.0 kg	47.5 kg		130.0 kg	145.0 kg	147.5 kg		280.0 kg	0.95950	268.6600	1.250	335.8250	Best Lifter Masters
55.50	54.20	Open	25	UN	F	England	Sophie Walker	95.0 kg	102.5 kg	107.5 kg		62.5 kg	67.5 kg	70.0 kg		115.0 kg	122.5 kg	132.5 kg		302.5 kg	0.93620	283.2005	0.000	0.0000	
55.50	55.10	Open	25	UN	F	Ireland	Laura O'Riordan	100.0 kg	105.0 kg	107.5 kg		50.0 kg	55.0 kg	57.5 kg		127.5 kg	135.0 kg	140.0 kg		302.5 kg	0.92350	279.3588	0.000	0.0000	
58.50	58.30	Open	25	UN	F	Wales	Amanda Gisyb	125.0 kg	125.0 kg	132.5 kg		60.0 kg	65.0 kg	67.5 kg		155.0 kg	165.0 kg	167.5 kg		355.0 kg	0.88140	312.8970	0.000	0.0000	Best Lifter UN
58.50	57.80	Open	25	UN	F	England	Habea Fotani	110.0 kg	117.5 kg	117.5 kg		50.0 kg	57.5 kg	57.5 kg		155.0 kg	167.5 kg	172.5 kg	177.5 kg	340.0 kg	0.88760	301.7840	0.000	0.0000	
58.50	58.00	Open	25	UN	F	Scotland	Karen Dalziel (MPF)	95.0 kg	100.0 kg	105.0 kg		67.5 kg	70.0 kg	70.0 kg		140.0 kg	147.5 kg	150.0 kg		320.0 kg	0.88510	283.2320	0.000	0.0000	
63.00	62.10	Open	25	UN	F	Wales	Jessica Evans	90.0 kg	95.0 kg	105.0 kg		55.0 kg	60.0 kg	62.5 kg		135.0 kg	145.0 kg	150.0 kg		300.0 kg	0.83580	250.7400	0.000	0.0000	
70.00	69.30	Open	25	UN	F	Ireland	Clare Patterson	115.0 kg	120.0 kg	125.0 kg		80.0 kg	85.0 kg	90.0 kg		150.0 kg	155.0 kg	155.0 kg		360.0 kg	0.76350	274.8600	0.000	0.0000	
70.00	63.20	Open	25	UN	F	Ireland	Assumpta Feeney	112.5 kg	117.5 kg	122.5 kg		65.0 kg	70.0 kg	70.0 kg		155.0 kg	165.0 kg	170.0 kg		357.5 kg	0.82350	294.4013	0.000	0.0000	
70.00	68.00	Open	25	UN	F	Ireland	Sylvia Majszyk	105.0 kg	107.5 kg	110.0 kg		80.0 kg	82.5 kg	85.0 kg		135.0 kg	142.5 kg	150.0 kg		345.0 kg	0.77370	266.9265	0.000	0.0000	
70.00	68.90	Open	25	UN	F	Scotland	Meg Smith	102.5 kg	107.5 kg	107.5 kg		55.0 kg	60.0 kg	65.0 kg		142.5 kg	150.0 kg	155.0 kg		322.5 kg	0.76660	247.2285	0.000	0.0000	
80.00	73.20	M2	46	UN	F	Scotland	Mary Anderson	135.0 kg	145.0 kg	145.0 kg		85.0 kg	90.0 kg	92.5 kg		170.0 kg	182.5 kg	187.5 kg		420.0 kg	0.73430	308.4060	1.078	332.4617	
80.00	74.30	Open	25	UN	F	Wales	Rachael Armstrong (MPF)	115.0 kg	125.0 kg	132.5 kg		65.0 kg	70.0 kg	72.5 kg		165.0 kg	175.0 kg	180.0 kg		377.5 kg	0.72650	274.2538	0.000	0.0000	
80.00	73.00	Open	25	UN	F	England	Megan Batchelor	112.5 kg	117.5 kg	122.5 kg		80.0 kg	85.0 kg	85.0 kg		140.0 kg	147.5 kg	155.0 kg		357.5 kg	0.73580	263.0485	0.000	0.0000	
90.00	84.10	T3	19	UN	F	England	Shachar Head	145.0 kg	152.5 kg	160.0 kg	165.50	75.0 kg	80.0 kg	85.0 kg	90.00	165.0 kg	172.5 kg	180.0 kg		417.5 kg	0.66360	277.0530	0.000	0.0000	
90.00	84.40	Open	25	UN	F	Scotland	Bernie Cunningham (MPF)	145.0 kg	145.0 kg	160.0 kg		102.5 kg	105.0 kg	108.0 kg	110.00	155.0 kg	165.0 kg	175.0 kg		417.5 kg	0.66180	276.3015	0.000	0.0000	
90.00	84.40	Open	25	UN	M	Ireland	Kris Boyce	155.0 kg	165.0 kg	167.5 kg		120.0 kg	125.0 kg	130.0 kg		200.0 kg	210.0 kg	215.0 kg		505.0 kg	0.73070	369.0035	0.000	0.0000	
90.00	84.40	Open	25	UN	M	England	Roy Pinson	77.5 kg	85.0 kg	90.0 kg		50.0 kg	55.0 kg	65.0 kg		120.0 kg	130.0 kg	135.0 kg		285.0 kg	0.80730	230.0805	1.740	400.3401	Best Lifter
75.00	74.20	Open	25	UN	M	England	Luke Rogers	205.0 kg	215.0 kg	222.5 kg		120.0 kg	120.0 kg	127.5 kg		235.0 kg	255.0 kg	275.0 kg		605.0 kg	0.67010	405.4105	0.000	0.0000	
75.00	69.00	Open	25	UN	M	Ireland	Kevin Moynihan	170.0 kg	185.0 kg	192.5 kg		80.0 kg	85.0 kg	85.0 kg		200.0 kg	210.0 kg	215.0 kg		475.0 kg	0.71190	338.1525	0.000	0.0000	
82.50	81.80	Open	25	UN	M	Scotland	Tristan Kent	180.0 kg	185.0 kg	190.0 kg		140.0 kg	150.0 kg	155.0 kg		250.0 kg	260.0 kg	265.0 kg		600.0 kg	0.62410	374.4600	0.000	0.0000	
82.50	76.20	M1	42	UN	M	Ireland	Jonny Ryan	190.0 kg	205.0 kg	205.0 kg		117.5 kg	120.0 kg	122.5 kg		240.0 kg	245.0 kg	250.0 kg		575.0 kg	0.65630	377.3725	1.014	382.6557	
90.00	88.60	Open	25	UN	M	Wales	Christopher Protheroe	220.0 kg	230.0 kg	235.0 kg		147.5 kg	155.0 kg	157.5 kg		260.0 kg	270.0 kg	270.0 kg		660.0 kg	0.59100	390.0600	0.000	0.0000	
90.00	84.00	Open	25	UN	M	England	Wes McGuinness	202.5 kg	210.0 kg	210.0 kg		150.0 kg	155.0 kg	155.0 kg		220.0 kg	227.5 kg	230.0 kg		572.5 kg	0.61170	350.1983	0.000	0.0000	
90.00	82.80	Open	25	UN	M	Wales	Matthew West	185.0 kg	195.0 kg	200.0 kg		140.0 kg	147.5 kg	152.5 kg		215.0 kg	225.0 kg	227.5 kg		557.5 kg	0.61770	344.3678	0.000	0.0000	
100.00	98.60	Open	25	UN	M	Scotland	Tommy McGovern	232.5 kg	245.0 kg	250.0 kg		132.5 kg	142.5 kg	150.0 kg		275.0 kg	290.0 kg	300.0 kg		692.5 kg	0.53750	386.0688	0.000	0.0000	
100.00	92.40	Open	25	UN	M	England	Rocco Meskin	215.0 kg	225.0 kg	230.0 kg		155.0 kg	160.0 kg	165.0 kg		260.0 kg	270.0 kg	280.0 kg		675.0 kg	0.57650	389.1375	0.000	0.0000	
100.00	98.40	Open	25	UN	M	Ireland	Andrew Richardson	230.0 kg	245.0 kg	255.0 kg		127.5 kg	135.0 kg	137.5 kg		250.0 kg	270.0 kg	275.0 kg		667.5 kg	0.55810	372.5318	0.000	0.0000	
100.00	98.60	Open	25	UN	M	Scotland	Chris Martin (MPF)	205.0 kg	215.0 kg	220.0 kg		155.0 kg	162.5 kg	167.5 kg		230.0 kg	240.0 kg	245.0 kg		627.5 kg	0.55750	349.8313	0.000	0.0000	
100.00	100.00	M4	56	UN	M	Scotland	Arthur Cowley	210.0 kg	210.0 kg	220.0 kg		140.0 kg	147.5 kg	152.5 kg		240.0 kg	255.0 kg	262.5 kg		622.5 kg	0.55400	344.8650	1.273	439.0131	Best Lifter Masters
100.00	97.60	Open	25	UN	M	Wales	Dean Roberts	200.0 kg	212.5 kg	220.0 kg		120.0 kg	127.5 kg	127.5 kg		250.0 kg	262.5 kg	262.5 kg		590.0 kg	0.56020	330.5180	0.000	0.0000	
100.00	91.80	Open	25	UN	M	Wales	Nicholas May	180.0 kg	190.0 kg	192.5 kg		117.5 kg	125.0 kg	130.0 kg		220.0 kg	230.0 kg	230.0 kg		547.5 kg	0.57880	318.8930	0.000	0.0000	
110.00	107.60	Open	25	UN	M	England	Steve Haswell	215.0 kg	240.0 kg	230.0 kg		180.0 kg	190.0 kg	190.0 kg		300.0 kg	315.0 kg	325.0 kg		735.0 kg	0.53960	396.6060	0.000	0.0000	
110.00	104.00	Open	25	UN	M	Wales	Aaron Lewis	225.0 kg	235.0 kg	245.0 kg		135.0 kg	142.5 kg	160.0 kg		230.0 kg	245.0 kg	255.0 kg		650.0 kg	0.54550	354.5750	0.000	0.0000	
110.00	105.00	Open	25	UN	M	Scotland	Martin Smith	192.5 kg	202.5 kg	205.0 kg		150.0 kg	155.0 kg	155.0 kg		252.5 kg	262.5 kg	272.5 kg		625.0 kg	0.54370	339.8125	0.000	0.0000	
110.00	104.00	Open	25	UN	M	Wales	Daniel Vuill	182.5 kg	192.5 kg	200.0 kg		137.5 kg	145.0 kg	150.0 kg		237.5 kg	245.0 kg	250.0 kg		587.5 kg	0.54550	320.4813	0.000	0.0000	
125.00	110.60	Open	25	UN	M	Ireland	Tom Daly	190.0 kg	205.0 kg	220.0 kg		152.5 kg	162.5 kg	170.0 kg		220.0 kg	245.0 kg	260.0 kg		642.5 kg	0.53580	344.2515	0.000	0.0000	
125.00	113.80	Open	25	UN	M	Scotland	Craig Cameron	225.0 kg	235.0 kg	235.0 kg		140.0 kg	140.0 kg	140.0 kg		260.0 kg	275.0 kg	275.0 kg		625.0 kg	0.53250	332.8125	0.000	0.0000	
125.00	120.20	Jnr	23	UN	M	Wales	Matthew Kidner	165.0 kg	172.5 kg	180.0 kg		112.5 kg	117.5 kg	120.0 kg		232.5 kg	242.5 kg	252.5 kg		552.5 kg	0.52680	291.0570	0.000	0.0000	
145.00	138.40	Open	25	UN	M	Ireland	Michael Downey	240.0 kg	252.5 kg	260.0 kg		147.5 kg	152.5 kg	152.5 kg		250.0 kg	260.0 kg	265.0 kg		657.5 kg	0.50510	332.1033	0.000	0.0000	
75.00	74.00	Open	25	EQ	M	Wales	Phil Wbley-Parry	207.5 kg	220.0 kg	225.0 kg		135.0 kg	140.0 kg	142.5 kg		232.5 kg	242.5 kg	252.5 kg		610.0 kg	0.67160	409.6760	0.000	0.0000	
82.50	81.80	Open	25	EQ	M	Ireland	David Twomey	200.0 kg	220.0 kg	230.0 kg		160.0 kg	160.0 kg	165.0 kg		200.0 kg	220.0 kg	227.5 kg		607.5 kg	0.62300	378.4725	0.000	0.0000	
90.00	86.00	Open	25	EQ	M	Scotland	Wullie Brown	270.0 kg	290.0 kg	295.0 kg		182.5 kg	187.5 kg	187.5 kg		270.0 kg	280.0 kg	280.0 kg		757.5 kg	0.60220	456.1665	0.000	0.0000	Best Lifter EQ
90.00	86.40	Open	25	EQ	M	Ireland	Ken Taafe	245.0 kg	245.0 kg	257.5 kg		160.0 kg	160.0 kg	160.0 kg		250.0 kg	260.0 kg	270.0 kg		687.5 kg	0.60040	412.7750	0.000	0.0000	
110.00	100.80	Open	25	EQ	M	England	Matt Gibson	270.0 kg	290.0 kg	300.0 kg		182.5 kg	192.5 kg	200.0 kg		260.0 kg	270.0 kg	275.0 kg							