

Refs Glen Danbury, Nicola Elding, Pete Stone, Glenn Branch, Silvia Costa, Phil Jones, William Ricketts, Ben Sparks, Steve Van Kempen

Scorekeepers -

FLT	Wt cat.	Body wt	Age Cat	Age	UN/ EQ	F/M	DIV	Name	RH	SQUAT				RH	BENCH				DEADLIFT				Total	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter
										1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift								
										kg	kg	kg	kg		kg	kg	kg	kg	kg	kg	kg	kg								
1	50.50	49.60	Jnr	20	UN	F	EC	Jen Cassar	6	85.0 kg	90.0 kg	95.5 kg	4	47.5 kg	52.5 kg	57.5 kg	105.0 kg	112.5 kg	117.5 kg	265.0 kg	1.00650	266.7225	#REF!	#REF!	1	1	Best Junior Female			
1	50.50	50.35	Jnr	23	UN	F	EC	Coral Anthony	4	37.5 kg	45.0 kg	47.5 kg	4	47.5 kg	45.0 kg	47.5 kg	100.0 kg	105.0 kg	110.0 kg	232.5 kg	0.99520	231.3840	#REF!	#REF!	2	2				
1	50.50	48.70	M6	69	UN	F	EC	Pat Tombs	6	60.0 kg	65.0 kg	67.5 kg	3	42.5 kg	45.5 kg	47.5 kg	90.0 kg	100.0 kg	103.0 kg	216.0 kg	1.02160	220.6656	1.664	367.1876	3	1				
5	53.00	51.40	M1	41	UN	F	EC	Suzanne Richards	5	67.5 kg	70.0 kg	72.5 kg	3	47.5 kg	50.0 kg	52.5 kg	85.0 kg	92.5 kg	100.0 kg	220.0 kg	0.97780	215.1160	1.005	216.1916	1	1				
5	55.50	54.10	Open	26	UN	F	SE	Kirsty Bell	6	67.5 kg	70.0 kg	75.0 kg	3	42.5 kg	47.5 kg	50.0 kg	75.0 kg	85.0 kg	90.0 kg	215.0 kg	0.93760	201.5840	#REF!	#REF!	1	1				
5	58.50	57.10	Open	25	UN	F	EC	Alice Gibbons	7	85.0 kg	90.0 kg	90.0 kg	5	57.5 kg	60.0 kg	65.0 kg	125.0 kg	130.0 kg	135.0 kg	290.0 kg	0.89670	251.0780	#REF!	#REF!	1	1	Best Female			
5	58.50	57.80	Open	37	UN	F	EC	Tamasin Malia	7	72.5 kg	75.0 kg	75.0 kg	3	47.5 kg	50.0 kg	55.0 kg	122.5 kg	127.5 kg	130.0 kg	260.0 kg	0.88760	230.7760	#REF!	#REF!	2	2				
5	58.50	57.50	Open	31	UN	F	NE	Zoe Haswell	7	55.0 kg	55.0 kg	60.0 kg	3	40.0 kg	45.0 kg	47.5 kg	100.0 kg	110.0 kg	110.0 kg	215.0 kg	0.85000	182.7500	#REF!	#REF!	3	3				
5	63.00	60.30	Open	30	UN	F	EM	Isabel de Barrie	7	92.5 kg	97.5 kg	100.0 kg	4	57.5 kg	60.0 kg	60.0 kg	107.5 kg	112.5 kg	117.5 kg	277.5 kg	0.80870	224.4143	#REF!	#REF!	1	1				
1	63.00	60.50	Jnr	23	UN	F	EC	Mary Ibrahim	6	80.0 kg	85.0 kg	90.0 kg	5	52.5 kg	57.5 kg	60.0 kg	117.5 kg	125.0 kg	132.5 kg	275.0 kg	0.80600	221.6500	#REF!	#REF!	2	1				
1	63.00	61.60	M1	43	UN	F	EC	Jo Montagu	7	80.0 kg	85.0 kg	87.5 kg	3	47.5 kg	50.0 kg	52.5 kg	110.0 kg	115.0 kg	120.0 kg	257.5 kg	0.79150	203.8113	1.028	209.5180	3	1	Best Master Female			
1	63.00	59.35	T3	18	UN	F	EC	Frankie Rickwood	6	80.0 kg	85.0 kg	87.5 kg	3	40.0 kg	45.0 kg	47.5 kg	100.0 kg	100.0 kg	105.0 kg	220.0 kg	0.82280	181.0160	#REF!	#REF!	4	1				
1	63.00	61.45	M2	47	UN	F	NM	Nicola Elding	0	45.0 kg	50.0 kg	55.0 kg	4	45.0 kg	50.0 kg	55.0 kg	90.0 kg	100.0 kg	105.0 kg	155.0 kg	0.79400	123.0700	1.096	134.8847	5	1				
5	70.00	69.30	Open	31	UN	F	EC	Annabel Berry	9	107.5 kg	112.5 kg	115.0 kg	3	55.0 kg	60.0 kg	62.5 kg	120.0 kg	130.0 kg	135.0 kg	305.0 kg	0.70920	216.3060	#REF!	#REF!	1	1				
5	70.00	68.60	Open	27	UN	F	SE	Ioanna Karelia	10	80.0 kg	85.0 kg	90.0 kg	3	52.5 kg	55.0 kg	60.0 kg	120.0 kg	125.0 kg	130.0 kg	275.0 kg	0.71550	196.7625	#REF!	#REF!	2	2				
5	70.00	69.00	Open	28	UN	F	EC	Stephanie Poulter	8	85.0 kg	90.0 kg	95.0 kg	4	75.0 kg	82.5 kg	85.0 kg	110.0 kg	120.0 kg	127.5 kg	270.0 kg	0.74080	200.0160	#REF!	#REF!	3	1				
5	70.00	70.00	Jnr	23	UN	F	EC	Rebecca Hayley-Peacock	8	70.0 kg	77.5 kg	82.5 kg	3	45.0 kg	50.0 kg	52.5 kg	100.0 kg	107.5 kg	112.5 kg	245.0 kg	0.70310	172.2595	#REF!	#REF!	4	1				
6	80.00	79.10	Open	35	UN	F	EC	Zara John	10	120.0 kg	125.0 kg	130.0 kg	3	65.0 kg	70.0 kg	70.0 kg	155.0 kg	170.0 kg	170.0 kg	365.0 kg	0.63820	232.9430	#REF!	#REF!	1	1				
1	80.00	78.00	Open	34	UN	F	EC	Jo Cox	7	100.0 kg	105.0 kg	110.0 kg	5	57.5 kg	62.5 kg	65.0 kg	120.0 kg	130.0 kg	140.0 kg	315.0 kg	0.64480	203.1120	#REF!	#REF!	2	2				
6	80.00	77.60	Open	26	UN	F	EC	Carly Spencer	7	100.0 kg	105.0 kg	112.5 kg	3	47.5 kg	50.0 kg	55.0 kg	130.0 kg	140.0 kg	145.0 kg	307.5 kg	0.64730	199.0448	#REF!	#REF!	3	3				
6	80.00	77.60	Open	35	UN	F	EC	Samantha Bunker	9	90.0 kg	95.0 kg	97.5 kg	4	42.5 kg	45.0 kg	47.5 kg	115.0 kg	122.5 kg	122.5 kg	255.0 kg	0.64730	165.0615	#REF!	#REF!	4	4				
1	80.00	77.10	M1	43	UN	F	EC	Karen Evans	7	65.0 kg	70.0 kg	75.0 kg	4	50.0 kg	55.0 kg	55.0 kg	92.5 kg	97.5 kg	102.5 kg	222.5 kg	0.65050	144.7363	1.028	148.7889	5	1				
1	80.00	75.50	M3	52	UN	F	SE	Elizabeth Merrick	0	42.5 kg	47.5 kg	50.0 kg	3	42.5 kg	47.5 kg	50.0 kg	47.5 kg	0.66100	31.3975	1.187	37.2688	6	1							
1	90.00	83.30	M4	59	UN	F	EC	Sylvia Poulter	3	70.0 kg	75.0 kg	80.0 kg	3	35.0 kg	40.0 kg	40.0 kg	100.0 kg	107.5 kg	112.5 kg	222.5 kg	0.61520	136.8820	1.350	184.7907	1	1				
5	90.00+	92.60	Open	36	UN	F	EC	Claire Barclay	8	70.0 kg	75.0 kg	80.0 kg	4	52.5 kg	55.0 kg	57.5 kg	100.0 kg	110.0 kg	110.0 kg	235.0 kg	0.57580	135.3130	#REF!	#REF!	1	1				
2	56.00	54.40	Jnr	21	UN	M	EC	Joseph Bailey	8	100.0 kg	110.0 kg	115.0 kg	5	80.0 kg	82.5 kg	82.5 kg	160.0 kg	160.0 kg	165.0 kg	357.5 kg	0.90350	323.0013	#REF!	#REF!	1	1				
2	60.00	59.00	Jnr	22	UN	M	SE	Aaron Black	7	90.0 kg	102.5 kg	110.0 kg	112.50	4	60.0 kg	70.0 kg	75.0 kg	152.5 kg	167.5 kg	177.5 kg	190.5 kg	0.82710	295.6883	#REF!	#REF!	1	1			
6	60.00	57.40	Open	25	UN	M	EM	James Calthness	0	0	0	0	0	0	0	0	145.0 kg	150.0 kg	155.0 kg	155.0 kg	0.85160	131.9980	#REF!	#REF!	2	1				
2	67.50	66.50	Open	24	UN	M	EC	David Watts	8	160.0 kg	167.5 kg	175.0 kg	5	92.5 kg	97.5 kg	100.0 kg	222.5 kg	232.5 kg	240.0 kg	515.0 kg	0.78870	406.1805	#REF!	#REF!	1	1				
2	67.50	67.30	M4	55	UN	M	EC	Cliff Haynes	6	140.0 kg	150.0 kg	160.0 kg	3	110.0 kg	120.0 kg	125.0 kg	190.0 kg	200.0 kg	227.5 kg	500.0 kg	0.78070	390.3500	1.250	487.9375	2	1				
2	67.50	64.50	Jnr	23	UN	M	NE	Sean Tan	7	135.0 kg	145.0 kg	152.5 kg	4	75.0 kg	82.5 kg	85.0 kg	160.0 kg	170.0 kg	175.0 kg	327.5 kg	0.80950	329.8713	#REF!	#REF!	3	1				
6	67.50	65.30	Open	32	UN	M	SW	Greg Townson	0	0	0	0	5	90.0 kg	100.0 kg	105.0 kg	160.0 kg	165.0 kg	175.0 kg	275.0 kg	0.80100	220.2750	#REF!	#REF!	4	2				
2	67.50	66.70	Jnr	21	UN	M	EC	David Soall	8	130.0 kg	137.5 kg	150.0 kg	5	115.0 kg	120.0 kg	120.0 kg	222.5 kg	235.0 kg	240.0 kg	490.0 kg	0.78670	202.5753	#REF!	#REF!	5	3				
6	75.00	74.50	Open	24	UN	M	NE	Alex Fodor	7	195.0 kg	205.0 kg	205.0 kg	4	125.0 kg	130.0 kg	132.5 kg	230.0 kg	245.0 kg	252.5 kg	590.0 kg	0.72510	427.8090	#REF!	#REF!	1	1				
2	75.00	73.70	Open	33	UN	M	EM	Jez Parkes	6	145.0 kg	150.0 kg	167.5 kg	6	115.0 kg	120.0 kg	125.0 kg	225.0 kg	235.0 kg	240.0 kg	517.5 kg	0.73080	378.1890	#REF!	#REF!	2	2				
2	75.00	74.00	Jnr	22	UN	M	EC	Matt Longden	8	130.0 kg	145.0 kg	152.5 kg	4	87.5 kg	95.0 kg	100.0 kg	165.0 kg	175.0 kg	180.0 kg	432.5 kg	0.72860	315.1195	#REF!	#REF!	3	1				
6	75.00	74.97	T3	18	UN	M	EC	Ben Sparks	8	120.0 kg	130.0 kg	135.0 kg	5	65.0 kg	70.0 kg	75.0 kg	197.5 kg	205.0 kg	210.0 kg	410.0 kg	0.72230	296.1430	#REF!	#REF!	4	1				
6	75.00	73.10	Jnr	20	UN	M	EC	Samuel Verrinder	8	130.0 kg	137.5 kg	137.5 kg	4	70.0 kg	75.0 kg	80.0 kg	160.0 kg	175.0 kg	187.5 kg	400.0 kg	0.73510	294.0400	#REF!	#REF!	5	2				
2	75.00	68.60	T2	16	UN	M	EC	Jack Morphew	3	110.0 kg	115.0 kg	122.5 kg	6	70.0 kg	75.0 kg	80.0 kg	160.0 kg	165.0 kg	175.0 kg	372.5 kg	0.76890	286.4153	#REF!	#REF!	6	1				
2	75.00	68.55	Jnr	21	UN	M	EC	Dean Lonsdale	9	97.5 kg	102.5 kg	107.5 kg	5	60.0 kg	65.0 kg	70.0 kg	125.0 kg	130.0 kg	135.0 kg	312.5 kg	0.76970	240.5313	#REF!	#REF!	7	3				
6	75.00	73.90	T2	17	UN	M	EC	Wiza Katuba	7	130.0 kg	130.0 kg	130.0 kg	6	100.0 kg	100.0 kg	102.5 kg	120.0 kg	130.0 kg	135.0 kg	265.0 kg	0.67230	178.1595	#REF!	#REF!	8	2				
2	75.00	75.00	Open	28	UN	M	EC	Craig Quinton	0	0	0	0	0	0	0	180.0 kg	190.0 kg	200.0 kg	200.0 kg	0.66450	132.9000	#REF!	#REF!	9	3					
3	75.00	74.60	M2	49	UN	M	EC	Lee Meachen	0	4	130.0 kg	140.0 kg	147.5 kg	4	130.0 kg	140.0 kg	147.5 kg	147.5 kg	0.66730	98.4268	1.132	111.4								

