

Official BDFPA Score Sheet										Date of Comp - 28th & 29th March 2015				Organiser Neil Thomas/BDFPA																	
Competition British Full Power Saturday																															
Divisional Record				British Record			European Record			World Record			MPF Record			Drug Tested				Calibrated Scales and Weights Used YES											
FLT	PLT	Morning Afternoon	DAY	Wt Class	Body wt	Age Cat	UN/EQ	F/M	DIV	Name	SQUAT			BENCH				DEADLIFT				Total	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Int Qual	Best Lifter	
											1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift									
1	A	Morn	Sat	44.00	42.60	Open	UN	F	WM	Lisa-Jayne El-Sour	75.0 kg	77.5 kg	80.0 kg		45.0 kg	47.5 kg	47.5 kg		85.0 kg	90.0 kg	90.0 kg		210.0 kg	1.13650	238.6650			1	1	YES	
1	A	Morn	Sat	44.00	43.50	T3	UN	F	SCO	Hayley Rutherford	65.0 kg	70.0 kg	70.0 kg		35.0 kg	37.5 kg	37.5 kg		90.0 kg	95.0 kg	95.0 kg		190.0 kg	1.11800	212.4200			2	1	YES	
1	A	Morn	Sat	47.50	46.20	Open	UN	F	SCO	Lisa Tobias	85.0 kg	90.0 kg	95.0 kg		55.0 kg	60.0 kg	57.5 kg		110.0 kg	130.0 kg	150.0 kg		280.0 kg	1.06570	298.3960			1	1	YES	
1	A	Morn	Sat	47.50	46.30	Jnr	UN	F	EC	Francis Tombs	85.0 kg	90.0 kg	95.0 kg	95.00	45.0 kg	50.0 kg	50.0 kg		100.0 kg	110.0 kg	112.5 kg	112.5 kg	285.0 kg	1.05480	268.3770			2	1	YES	
1	A	Morn	Sat	50.50	48.20	M6	UN	F	EC	Pat Tombs	60.0 kg	65.0 kg	70.0 kg		42.5 kg	45.0 kg	47.5 kg		95.0 kg	100.0 kg	102.5 kg	102.5 kg	215.0 kg	1.03010	218.8963	1.630	356.8009	1	1	YES	Andrew Varley Memorial Trophy
1	A	Morn	Sat	53.00	52.30	Open	UN	F	EC	Francis Carpenter	87.5 kg	90.0 kg	100.0 kg		55.0 kg	60.0 kg	62.5 kg		120.0 kg	130.0 kg	140.0 kg		285.0 kg	0.96400	274.7400			1	1	YES	
1	A	Morn	Sat	53.00	52.70	M3	UN	F	WAL	Sue Bethell	70.0 kg	80.0 kg	85.0 kg		45.0 kg	47.5 kg	50.0 kg		125.0 kg	135.0 kg	147.5 kg		280.0 kg	0.95800	268.2400	1.228	329.3987	2	1	YES	
1	A	Morn	Sat	53.00	52.10	Jnr	UN	F	SW	Chloe Halliday	70.0 kg	82.5 kg	82.5 kg		45.0 kg	50.0 kg	50.0 kg		85.0 kg	95.0 kg	105.0 kg		220.0 kg	0.96700	212.7400			3	1	YES	
1	A	Morn	Sat	53.00	52.40	M1	UN	F	EM	Rachael Tall	50.0 kg	55.0 kg	62.5 kg		35.0 kg	40.0 kg	42.5 kg		100.0 kg	105.0 kg	107.5 kg		202.5 kg	0.96250	194.9063	1.000	194.9063	4	1	YES	
1	A	Morn	Sat	55.00	55.40	Open/MPF	UN	F	SE	Laegana Brashor	90.0 kg	95.0 kg	100.0 kg		65.0 kg	70.0 kg	75.0 kg		130.0 kg	135.0 kg	135.0 kg		292.5 kg	0.91940	268.9245			1	1	YES	
1	A	Morn	Sat	55.00	53.70	Jnr	UN	F	SC	Sophie Walker	82.5 kg	100.0 kg	105.0 kg		62.5 kg	65.0 kg	65.0 kg		112.5 kg	120.0 kg	130.0 kg		287.5 kg	0.94330	271.1988			2	1	YES	
1	A	Morn	Sat	55.00	54.40	M2	UN	F	WAL	Wendy Evans	80.0 kg	92.5 kg	92.5 kg	100.00	42.5 kg	50.0 kg	55.0 kg		107.5 kg	105.0 kg	120.0 kg		265.0 kg	0.93480	245.3850	1.096	268.9420	2	1	YES	
1	A	Morn	Sat	55.00	54.40	Jnr	UN	F	SE	Silvia Costa	75.0 kg	75.0 kg	85.0 kg		45.0 kg	50.0 kg	50.0 kg		100.0 kg	112.5 kg	112.5 kg		230.0 kg	0.93330	214.6590			4	2	YES	
1	A	Morn	Sat	55.50	54.50	Open	UN	F	SW	Holly Harrison	60.0 kg	67.5 kg	67.5 kg		40.0 kg	45.0 kg	45.0 kg		90.0 kg	90.0 kg	100.0 kg		200.0 kg	0.93190	186.3800			5	1	NO	
1	A	Morn	Sat	55.50	54.60	Open	UN	F	EM	Louise Capicotto	85.0 kg	90.0 kg	90.0 kg		42.5 kg	47.5 kg	47.5 kg		102.5 kg	107.5 kg	110.0 kg		202.5 kg	0.93050				Bomb	NO		
2	A	Morn	Sat	58.50	58.50	Open	UN	F	WAL	Amanda Glsby	125.0 kg	125.0 kg	130.0 kg		57.5 kg	62.5 kg	65.0 kg		145.0 kg	155.0 kg	165.0 kg		342.5 kg	0.87880	300.9890			1	1	YES	
2	A	Morn	Sat	58.50	58.50	Open	UN	F	EM	Habee Fotani	105.0 kg	105.0 kg	120.0 kg		50.0 kg	55.0 kg	57.5 kg		120.0 kg	160.0 kg	170.0 kg		322.5 kg	0.87880	283.4130			2	1	YES	
2	A	Morn	Sat	58.50	57.90	Open/MPF	UN	F	SCO	Karen Dalziel	100.0 kg	100.0 kg	105.0 kg		67.5 kg	70.0 kg	70.0 kg		140.0 kg	147.5 kg	150.0 kg		317.5 kg	0.88630	281.4003			3	1	YES	
2	A	Morn	Sat	58.50	58.40	M2	UN	F	WAL	Scott Gibson	100.0 kg	100.0 kg	100.0 kg		65.0 kg	67.5 kg	67.5 kg		120.0 kg	120.0 kg	120.0 kg		295.0 kg	0.88480	284.4000	1.114	249.9816	4	1	YES	
2	A	Morn	Sat	58.50	57.90	M6	UN	F	EM	Catherine Walter	80.0 kg	87.5 kg	90.0 kg		30.0 kg	32.5 kg	36.0 kg		90.0 kg	95.0 kg	102.5 kg		225.0 kg	0.88630	199.4175	1.630	325.0505	5	1	YES	
2	A	Morn	Sat	63.00	62.10	T2	UN	F	EC	Frankie Rickwood	90.0 kg	97.5 kg	101.0 kg		50.0 kg	55.0 kg	58.5 kg		115.0 kg	123.0 kg	125.0 kg		277.5 kg	0.83580	231.9345			4	1	YES	
2	A	Morn	Sat	63.00	59.80	Open/MPF	UN	F	SE	Regaina Cawley	90.0 kg	95.0 kg	100.0 kg		60.0 kg	65.0 kg	67.5 kg		140.0 kg	145.0 kg	150.0 kg		315.0 kg	0.86280	271.7820			1	1	YES	
2	A	Morn	Sat	63.00	61.40	Open	UN	F	WAL	Jessica Evans	90.0 kg	100.0 kg	105.0 kg		57.5 kg	60.0 kg	60.0 kg		135.0 kg	145.0 kg	150.0 kg		312.5 kg	0.84380	263.6875			2	1	YES	
2	A	Morn	Sat	63.00	61.90	M1	UN	F	NW	Helen Isaac	90.0 kg	95.0 kg	90.0 kg		55.0 kg	60.0 kg	60.0 kg		125.0 kg	135.0 kg	140.0 kg		285.0 kg	0.83810	238.8585	1.000	238.8585	3	1	YES	
2	A	Morn	Sat	63.00	60.20	Open/MPF	UN	F	WAL	Naomi Handley	72.5 kg	75.0 kg	77.5 kg		45.0 kg	47.5 kg	50.0 kg		115.0 kg	120.0 kg	125.0 kg		250.0 kg	0.85790	214.4750			5	1	YES	
2	A	Morn	Sat	63.00	61.70	M1	UN	F	EC	Jo Morley	87.5 kg	90.0 kg	90.0 kg		42.5 kg	47.5 kg	50.0 kg		107.5 kg	107.5 kg	110.0 kg		255.0 kg	0.84980	186.9890	1.014	189.6068	6	2	YES	
2	A	Morn	Sat	63.00	61.80	M1	UN	F	WAL	Cathy McLean	47.5 kg	47.5 kg	50.5 kg		30.0 kg	30.0 kg	30.0 kg		75.0 kg	90.0 kg	85.0 kg	86.0 kg	165.0 kg	0.81920	234.6685	1.410	195.2399	7	1	NO	
3	B	Morn	Sat	70.00	67.70	Open	UN	F	SW	Yvonne Slanger	100.0 kg	107.5 kg	110.0 kg		65.0 kg	70.0 kg	72.5 kg		140.0 kg	150.0 kg	162.5 kg		342.5 kg	0.77610	265.8143			1	1	YES	
3	B	Morn	Sat	70.00	67.70	Open/MPF	UN	F	EM	Froya Lees	105.0 kg	110.0 kg	110.0 kg		55.0 kg	60.0 kg	60.0 kg		150.0 kg	160.0 kg	162.5 kg		332.5 kg	0.77610	258.0533			2	1	YES	
3	B	Morn	Sat	70.00	69.40	Open	UN	F	SC	Megan Batchelor	115.0 kg	120.0 kg	120.0 kg		77.5 kg	82.5 kg	82.5 kg		140.0 kg	150.0 kg	150.0 kg		332.5 kg	0.76270	253.5978			3	1	YES	
3	B	Morn	Sat	70.00	70.00	Jnr	UN	F	WM	Dayla Mlouk	100.0 kg	105.0 kg	110.0 kg		60.0 kg	65.0 kg	65.0 kg		140.0 kg	145.0 kg	150.0 kg		315.0 kg	0.75810	238.8015			4	1	YES	
3	B	Morn	Sat	70.00	69.90	Open	UN	F	SCO	Meg Smith	97.5 kg	100.0 kg	107.5 kg		60.0 kg	65.0 kg	60.0 kg		135.0 kg	142.5 kg	147.5 kg		305.0 kg	0.75880	231.4340			5	1	YES	
3	B	Morn	Sat	70.00	66.10	Open	UN	F	SCO	Katarzyna Kolasa	100.0 kg	105.0 kg	110.0 kg		60.0 kg	62.5 kg	65.0 kg		110.0 kg	120.0 kg	125.0 kg		290.0 kg	0.74280	229.9120			6	1	YES	
3	B	Morn	Sat	70.00	68.30	Jnr	UN	F	EC	Tasmin Sharp	95.0 kg	100.0 kg	102.5 kg		55.0 kg	60.0 kg	62.5 kg		120.0 kg	125.0 kg	127.5 kg		290.0 kg	0.74660	232.5140			7	1	YES	
3	B	Morn	Sat	70.00	70.00	Open	UN	F	EC	Carly Spencer	95.0 kg	102.5 kg	105.0 kg		45.0 kg	47.5 kg	50.0 kg		115.0 kg	125.0 kg	132.5 kg		285.0 kg	0.75810	216.0585			8	1	YES	
3	B	Morn	Sat	70.00	68.20	Jnr/MPF	UN	F	EC	Elyse Linnell	85.0 kg	85.0 kg	90.0 kg		55.0 kg	55.0 kg	57.5 kg		115.0 kg	122.5 kg	127.5 kg		275.0 kg	0.77210	212.3275			9	2	YES	
3	B	Morn	Sat	70.00	69.00	Open	UN	F	WAL	Kathryn Holley	80.0 kg	90.0 kg	100.0 kg		65.0 kg	65.0 kg	65.0 kg		120.0 kg	125.0 kg	130.0 kg		275.0 kg	0.76580	0.0000			Bomb	NO		
4	B	Morn	Sat	80.00	74.40	M2	UN	F	SCO	Mary Anderson	140.0 kg	150.0 kg	150.0 kg		82.5 kg	87.5 kg	90.0 kg		165.0 kg	175.0 kg	185.0 kg		422.5 kg	0.72580	306.6505	1.096	336.0889	1	1	YES	Best Lifter UN
4	B	Morn	Sat	80.00	78.80	T3	UN	F	SW	Shaachar Fein	145.0 kg	150.0 kg	180.0 kg		75.0 kg	75.0 kg	82.5 kg		160.0 kg	170.0 kg	180.0 kg		402.5 kg	0.69620	280.2205			2	1	YES	
4	B	Morn	Sat	80.00	79.70	Open	UN	F	WM	Deirdre Fenlon	117.5 kg	125.0 kg	130.0 kg		57.5 kg	62.5 kg	62.5 kg		150.0 kg	160.0 kg	165.0 kg		352.5 kg	0.69040	243.3660			3	1	YES	
4	B	Morn	Sat	80.00	78.60	Open	UN	F	SW	Richard Webb	110.0 kg	120.0 kg	120.0 kg		65.0 kg	65.0 kg	65.0 kg		150.0 kg	165.0 kg	170.0 kg		350.0 kg	0.69750	274.7250			4	1	YES	
4	B	Morn	Sat	80.00	78.90	Jnr	UN	F	SCO	Alice Pearsons	100.0 kg	107.5 kg	105.0 kg		75.0 kg	80.0 kg	80.0 kg		150.0 kg	160.0 kg	160.0 kg		335.0 kg	0.69560	234.7650			5	1	YES	
4	B	Morn	Sat	80.00	78.50	Open	UN	F	EC	Zara John	95.0 kg	100.0 kg	105.0 kg		50.0 kg	57.5 kg	60.0 kg		140.0 kg	150.0 kg	155.0 kg		312.5 kg	0.69810	218.1563			6	1	YES	
4	B	Morn	Sat	80.00	78.80	Jnr	UN	F	NW	Hollie Dixon	90.0 kg	95.0 kg	97.5 kg		60.0 kg	65.0 kg	65.0 kg		140.0 kg	152.5 kg	152.5 kg		310.0 kg	0.69620	215.8220			7	2	YES	
4	B	Morn	Sat	90.00	85.60	Open/MPF	UN	F	SC	Bernie Cunningham	140.0 kg	140.0 kg	140.0 kg		95.0 kg	100.0 kg	105.0 kg		150.0 kg	160.0 kg	160.0 kg		400.0 kg	0.65490	261.9600			1	1	YES	
4	B	Morn	Sat	90.00	86.90	Open	UN	F	EM	Learna Lee	120.0 kg	130.0 kg	130.0 kg		67.5 kg	72.5 kg	75.0 kg		130.												

8	B	Aft	Sat	82.50	81.60	M4	UN	M	EM	Michael Round	170.0 kg	177.5 kg	180.0 kg		130.0 kg	135.0 kg	135.0 kg		190.0 kg	200.0 kg	210.0 kg		510.0 kg	0.62410	318.2910	1.273	405.1844	12	1	YES		
8	B	Aft	Sat	82.50	76.50	Jnr	UN	M	WM	Sam Ashfield	150.0 kg	160.0 kg	165.0 kg		90.0 kg	97.5 kg	100.0 kg		190.0 kg	195.0 kg	200.0 kg		465.0 kg	0.65430	304.2495			13	4	YES		
8	B	Aft	Sat	82.50	80.10	M3	UN	M	EM	Grant Sugarman	165.0 kg	170.0 kg	175.0 kg		115.0 kg					230.0 kg				0.0 kg	0.63240	0.0000	1.187	0.0000	Bomb		NO	
8	B	Aft	Sat	82.50	81.90	M2	UN	M	SC	Vince Minty	192.5 kg	200.0 kg	200.0 kg		147.5 kg					232.5 kg				0.0 kg	0.62240	0.0000	1.096	0.0000	Bomb		NO	

**Refs**

Pat Reeves  
Neil Thomas  
James Minear  
Glen Darbury  
Mike Leadbetter  
Pete Gaskin  
Sue Bethell  
Steve McQuade  
Chris Martin  
Manon Bradley  
Arthur Cowley  
Bret Le Cras  
Nathan Leach  
Colin Cooke  
Andy Davies  
Pete Sparks  
Russ Martin  
Les Pilling

**Scorekeepers**

Pete Gaskin  
Chris Martin  
Manon Bradley  
Nathan Leach

**INTERNATIONAL QUALIFICATION**

YES Qualified and in top 3  
YES Qualified but not in top 3  
NO Not qualified