

Official B.D.F.P.A. Championship Score Sheet

Venue & division of Competition -Sunbury Weightlifting Club - SOUTH EAST CHAMPIONSHIPS QUALIFIER

Date of comp 17/01/15

Lift	Name	Mem No.	Wt cat.	Body wt	Age Cat	Age	Div/Nat	RkHt	Squat				Sub Total	Bench Press				Sub Total	Dead Lift				Total	Co eff.	Points	Place
									1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift				
											0.0 kg											0.0 kg	0.6193	0.0000		
	SYLVIA COSTA		55.50	54.40							60.0 kg	70.0 kg	80.0 kg		37.5 kg	40.0 kg	42.5 kg				70.0 kg	80.0 kg	90.0 kg	212.5 kg	0.6193	131.6013
	RYAN RUTHERFORD		67.50	67.40							125.0 kg	135.0 kg	140.0 kg		65.0 kg	72.5 kg	80.0 kg				130.0 kg	150.0 kg	162.5 kg	375.0 kg	0.6193	232.2375
	BRYAN HAYBURN		82.50	79.30							125.0 kg	135.0 kg	150.0 kg		95.0 kg	100.0 kg	105.0 kg				150.0 kg	165.0 kg	182.5 kg	432.5 kg	0.6193	267.8473
	DAVE THOMAS		67.50	63.30							120.0 kg	120.0 kg	125.0 kg		87.5 kg	92.5 kg	-				175.0 kg	182.5 kg	187.5 kg	405.0 kg	0.6193	250.8165
	HARRY BRESLIN		67.50	66.90							140.0 kg	145.0 kg	150.0 kg		90.0 kg	95.0 kg	95.0 kg				180.0 kg	190.0 kg	200.0 kg	445.0 kg	0.6193	275.5885
	MARK GREEN		75.00	69.00							160.0 kg	170.0 kg	180.0 kg		130.0 kg	140.0 kg	150.0 kg	155.0 kg			180.0 kg	200.0 kg	220.0 kg	530.0 kg	0.6193	328.2290
	MATTHEW BOLTON		82.50	81.60							160.0 kg	170.0 kg	180.0 kg		120.0 kg	-	-				210.0 kg	220.0 kg	-	520.0 kg	0.6193	322.0360
	SAM HARDY		82.50	80.90							175.0 kg	190.0 kg	190.0 kg		110.0 kg	120.0 kg	127.5 kg				215.0 kg	230.0 kg	240.0 kg	535.0 kg	0.6193	331.3255
																									0.6193	0.0000
	NEIL ABERY		82.50	82.40							266.0 kg	294.0 kg	300.0 kg		100.0 kg	-	-				200.0 kg	250.0 kg	-	594.0 kg	0.6193	367.8642
																									0.6193	0.0000
	CHAS BEATTIE		100.00	95.00							-	-	-		95.0 kg	100.0 kg	105.0 kg		100.0 kg		170.0 kg	185.0 kg	190.0 kg	190.0 kg	0.6193	117.6670
	DAVE FRANKLIN		110.00	101.70							-	-	-		125.0 kg	-	-		125.0 kg		-	-	-		0.6193	0.0000
																									0.6193	0.0000
	JORDAN HARDMAN		90.00	89.90							175.0 kg	190.0 kg	197.5 kg		115.0 kg	120.0 kg	120.0 kg				190.0 kg	200.0 kg	215.0 kg	532.5 kg	0.6193	329.7773
	SHAUN BLAIR		100.00	99.90							167.5 kg	177.5 kg	190.0 kg		127.5 kg	137.5 kg	145.0 kg				207.5 kg	222.5 kg	230.0 kg	557.5 kg	0.6193	345.2598
	GARETH HICKS		100.00	91.40							170.0 kg	192.5 kg	-		120.0 kg	130.0 kg	130.0 kg				220.0 kg	240.0 kg	-	562.5 kg	0.6193	0.0000
	BRET LE CRAS		110.00	102.50							180.0 kg	200.0 kg	215.0 kg		120.0 kg	125.0 kg	130.0 kg				270.0 kg	290.0 kg	300.0 kg	635.0 kg	0.6193	393.2555
																									0.6193	0.0000
	PHILLIPE CRISP		110.00	107.00							200.0 kg	217.5 kg	235.0 kg		-	-	-				-	-	-		0.6193	0.0000
																									0.6193	0.0000
	PHILLIP NOSKO		90.00	90.00							200.0 kg	210.0 kg	222.5 kg		140.0 kg	145.0 kg	150.0 kg				270.0 kg	285.0 kg	300.0 kg	657.5 kg	0.6193	407.1898
	MIKE ADAMS		125.00	122.20							210.0 kg	227.5 kg	235.0 kg		180.0 kg	185.0 kg	185.0 kg				260.0 kg	275.0 kg	285.0 kg	690.0 kg	0.6193	427.3170
	RUSS MARTIN		100.00	98.30							222.5 kg	235.0 kg	235.0 kg		140.0 kg	152.5 kg	160.0 kg				255.0 kg	267.5 kg	272.5 kg	662.5 kg	0.6193	410.2863
	SIMON MARSHALL										245.0 kg	270.0 kg	275.0 kg		190.0 kg	200.0 kg	205.0 kg				290.0 kg	320.0 kg	320.0 kg	770.0 kg	0.6193	476.8610
																									0.6193	0.0000
	TERRY JEX			98.20							-	-	-		-	-	-				245.0 kg	260.0 kg	270.0 kg	270.0 kg	0.6193	167.2110
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Best Lifter Effort Award

NR = National Reord

ER = European Reord

WR = World Record

A copy of the results should be sent to:

The BDFPA General Secretary. The Records Registrars. Raw Power Editor

This result sheet must be signed & printed by all referees who adjudicated in the above competition

Ref's Signature

Paul Rutherford Russel Martin Terry Jex Andy Bonner

