

Official BDFPA Score Sheet		Date of Comp -										Organiser																							
Competition		British Record					European Record					World Record					MPF World Record					Drug Tested					Calibrated Scales and Weights Used YES/NO								
FLT	Wt Class	Body wt	Age Cat	Age	UN/EQ	F/M	DIV	Name	SQUAT				SQ Total	SQ Pts	BENCH				BP Total	BP Pts	DEADLIFT				DL Total	DL Pts	Total	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter	
									1st Lift	2nd Lift	3rd Lift	4th Lift			1st Lift	2nd Lift	3rd Lift	4th Lift			1st Lift	2nd Lift	3rd Lift	4th Lift											
1	90.00	85.00	T1	15	UN	M	Wal	Josh Jones	105.0 kg	115.0 kg	122.5 kg		122.5 kg	71.70						0.0 kg	0.00					0.0 kg	0.00	122.5 kg	0.58530	71.6993	#REF!	#REF!	SL		
1	90.00	87.05	Open	35	UN	M	NW	David Brae					0.0 kg	0.00	90.0 kg	95.0 kg	102.0 kg			102.0 kg	59.70	185.0 kg	190.0 kg	200.0 kg	210.0 kg	220.0 kg	190.0 kg	111.21	292.0 kg	0.58530	170.9076	#REF!	#REF!	SL	
1	90.00	86.00	T3	19	UN	M	Wal	Alex Ingram					0.0 kg	0.00	115.0 kg	120.0 kg	125.0 kg			120.0 kg	70.24	200.0 kg	210.0 kg	225.0 kg	210.0 kg	122.91	330.0 kg	0.58530	193.1490	#REF!	#REF!	SL			
1	90.00	88.90	Open	29	UN	M	Wal	Ian Chaffey					0.0 kg	0.00						0.0 kg	0.00	190.0 kg	205.0 kg	212.5 kg	212.5 kg	124.38	212.5 kg	0.58530	124.3763	#REF!	#REF!	SL			
1	82.50	78.60	Jnr	23	UN	M	Wal	Ian Owen					0.0 kg	0.00						0.0 kg	0.00	190.0 kg	195.0 kg	205.0 kg	212.5 kg	205.0 kg	126.96	205.0 kg	0.61930	126.9565	#REF!	#REF!	SL		
1	110.00	104.70	T3	19	UN	M	Wal	Harry Owen	155.0 kg	170.0 kg	175.0 kg		155.0 kg	83.16						0.0 kg	0.00	220.0 kg	230.0 kg	240.0 kg	240.0 kg	128.76	395.0 kg	0.53650	211.9175	#REF!	#REF!	SL			
1	90.00	85.30	Open	32	UN	M	Wal	James Lillie					0.0 kg	0.00						0.0 kg	0.00	205.0 kg	215.0 kg	225.0 kg	225.0 kg	131.69	225.0 kg	0.58530	131.6925	#REF!	#REF!	SL			
1	90+	131.40	Open	25	UN	F	Wal	Penny Haywood	100.0 kg	110.0 kg	115.0 kg		100.0 kg	-54.14						0.0 kg	0.00	120.0 kg	130.0 kg	140.0 kg	145.0 kg	145.0 kg	78.50	145.0 kg	0.54140	78.5030	#REF!	#REF!	sl		
1	63.00	62.00	Open	36	UN	F	Wal	Michelle Williams					0.0 kg	0.00						0.0 kg	0.00	120.0 kg	130.0 kg	140.0 kg	140.0 kg	117.18	140.0 kg	0.83700	117.1800	#REF!	#REF!	SL			
1	90.00	82.90	T3	19	UN	M	Wal	Darren Williams					0.0 kg	0.00	115.0 kg	120.0 kg	125.0 kg			125.0 kg	73.16	185.0 kg	195.0 kg	205.0 kg	205.0 kg	119.99	330.0 kg	0.58530	193.1490	#REF!	#REF!	SL			
1	75.00	73.75	Open	35	UN	M	Wal	Dan Richards	175.0 kg	182.5 kg			175.0 kg	118.29						0.0 kg	0.00					0.0 kg	0.00	175.0 kg	0.66450	118.2875	#REF!	#REF!	sl		
1	110.00	101.10	Jnr	23	UN	M	Wal	Adam Cleverley	170.0 kg	170.0 kg	175.0 kg		175.0 kg	93.89	120.0 kg	120.0 kg	122.5 kg			120.0 kg	64.38					0.0 kg	0.00	295.0 kg	0.53650	158.2875	#REF!	#REF!	SL		
2	58.50	57.10	Open	30	UN	F	NW	Jenni Howard	72.5 kg	72.5 kg	75.0 kg		72.5 kg	65.01	45.0 kg	50.0 kg	55.0 kg			50.0 kg	44.84	87.5 kg	95.0 kg	97.5 kg	95.0 kg	85.19	217.5 kg	0.89670	195.0323	#REF!	#REF!	0			
2	80.00	71.80	Open	37	UN	F	NW	Cassandra Buckley	90.0 kg	90.0 kg	90.0 kg		90.0 kg	-67.01	60.0 kg	65.0 kg	70.0 kg			65.0 kg	48.39	100.0 kg	110.0 kg	120.0 kg	120.0 kg	89.34	185.0 kg	0.74450	137.7325	#REF!	#REF!	0			
2	90.00	86.00	Open	24	UN	F	Wal	Beth Jones	90.0 kg	95.0 kg	105.0 kg		105.0 kg	68.52	50.0 kg	55.0 kg	60.0 kg			60.0 kg	39.16	135.0 kg	140.0 kg	150.0 kg	150.0 kg	97.89	315.0 kg	0.65260	205.5690	#REF!	#REF!	0			
2	70.00	69.15	Open	31	UN	F	Wal	Susan Gale	107.5 kg	117.0 kg	120.0 kg		107.5 kg	82.24	45.0 kg	55.0 kg	55.0 kg			45.0 kg	34.43	110.0 kg	117.5 kg	130.0 kg	130.0 kg	99.45	282.5 kg	0.78500	216.1125	#REF!	#REF!	0			
2	55.50	54.90	Open	35	UN	F	Wal	Louise Brookwell	85.0 kg	90.0 kg	90.0 kg		90.0 kg	83.37	55.0 kg	60.0 kg	60.0 kg			55.0 kg	50.95	100.0 kg	107.5 kg	112.5 kg	107.5 kg	99.58	252.5 kg	0.92630	233.8908	#REF!	#REF!	0			
2	58.50	57.90	Jnr	21	UN	F	NW	Sarah Pearson	80.0 kg	90.0 kg	100.0 kg		90.0 kg	79.77	40.0 kg	40.0 kg	45.0 kg			45.0 kg	39.88	100.0 kg	120.0 kg	130.0 kg	120.0 kg	106.36	255.0 kg	0.88630	226.0065	#REF!	#REF!	0			
2	55.50	54.10	M2	48	UN	F	Wal	Wendy Evans	90.0 kg	95.0 kg	102.5 kg		102.5 kg	96.10	52.5 kg	55.0 kg	57.5 kg			55.0 kg	51.57	110.0 kg	117.5 kg	127.5 kg	127.5 kg	119.54	285.0 kg	0.93760	267.2160	1.114	297.6786	0			
2	90.00	81.40	T3	19	UN	F	Wal	Chrystal Williams	130.0 kg				130.0 kg	88.37	60.0 kg	65.0 kg	70.0 kg			70.0 kg	47.59	165.0 kg	172.5 kg	180.0 kg	180.0 kg	122.36	380.0 kg	0.67980	258.3240	#REF!	#REF!	0			
2	63.00	61.30	Open	32	UN	F	Wal	Kat Court	90.0 kg	100.0 kg	100.0 kg		100.0 kg	84.50	55.0 kg	60.0 kg	60.0 kg			55.0 kg	46.48	120.0 kg	135.0 kg	145.0 kg	145.0 kg	122.53	300.0 kg	0.84500	263.5000	#REF!	#REF!	0			
3	75.00	75.00	Jnr	21	UN	M	NW	Ben Chambers	145.0 kg	155.0 kg	160.0 kg		160.0 kg	106.32	105.0 kg	110.0 kg	110.0 kg			110.0 kg	73.10	165.0 kg	175.0 kg	185.0 kg	175.0 kg	116.29	445.0 kg	0.66450	296.7025	#REF!	#REF!	0			
3	90.00	89.15	Jnr	20	UN	M	Wal	James Martin	165.0 kg	172.0 kg	172.5 kg		172.5 kg	100.96	125.0 kg	127.5 kg	130.0 kg			127.5 kg	74.63	180.0 kg	200.0 kg	200.0 kg	200.0 kg	117.06	500.0 kg	0.58530	292.6500	#REF!	#REF!	0			
3	82.50	78.30	Open	26	UN	M	Wal	Danny Hanks	125.0 kg	142.0 kg	145.0 kg		145.0 kg	89.80	110.0 kg	120.0 kg	122.0 kg			120.0 kg	74.32	170.0 kg	190.0 kg	195.0 kg	195.0 kg	120.76	460.0 kg	0.61930	284.8780	#REF!	#REF!	0			
3	100.00	98.00	Open	31	UN	M	Wal	Joe zen Smith	160.0 kg	170.0 kg	180.0 kg		180.0 kg	99.72	160.0 kg	160.0 kg	171.0 kg			160.0 kg	88.64	220.0 kg				220.0 kg	121.88	560.0 kg	0.55400	310.2400	#REF!	#REF!	0		
3	90.00	85.00	Jnr	22	UN	M	Wal	Lewis Brierley	160.0 kg	175.0 kg	192.0 kg		175.0 kg	102.43	90.0 kg	100.0 kg			100.0 kg	58.53	180.0 kg	192.5 kg	210.0 kg	210.0 kg	122.91	485.0 kg	0.58530	283.8705	#REF!	#REF!	0				
3	100.00	96.70	Open	26	UN	M	NW	Chris Jones	150.0 kg	160.0 kg	170.0 kg		160.0 kg	88.64	120.0 kg	130.0 kg	140.0 kg			130.0 kg	72.02	200.0 kg	220.0 kg	235.0 kg	235.0 kg	130.19	525.0 kg	0.55400	290.8500	#REF!	#REF!	0			
3	90.00	89.50	Jnr	23	UN	M	NW	Jak Cornthwaite	160.0 kg	165.0 kg	175.0 kg		165.0 kg	96.57	110.0 kg	117.5 kg	117.5 kg			110.0 kg	64.38	215.0 kg	225.0 kg	230.0 kg	225.0 kg	131.69	500.0 kg	0.58530	292.6500	#REF!	#REF!	0			
3	90.00	89.80	Open	36	UN	M	Wal	Tom Cocking	160.0 kg	170.0 kg	180.0 kg		170.0 kg	99.50	125.0 kg	130.0 kg	140.0 kg			135.0 kg	79.02	200.0 kg	220.0 kg	230.0 kg	230.0 kg	134.62	535.0 kg	0.58530	313.1355	#REF!	#REF!	0			
3	110.00	104.40	Open	25	UN	M	Wal	Aaron Lewis	235.0 kg	255.0 kg			235.0 kg	126.08	142.5 kg	152.5 kg	160.0 kg			152.5 kg	81.82	245.0 kg	260.0 kg	275.0 kg	260.0 kg	139.49	647.5 kg	0.53650	347.3838	#REF!	#REF!	0			
3	75.00	73.75	Open	35	UN	M	Wal	Dan Richards	170.0 kg	175.0 kg			175.0 kg	116.29	105.0 kg	110.0 kg	115.0 kg			115.0 kg	76.42	210.0 kg	215.0 kg	220.0 kg	220.0 kg	146.19	510.0 kg	0.66450	338.8950	#REF!	#REF!	0			
3	75.00	74.90	Open	33	UN	M	NW	Danny Richardson	175.0 kg	185.0 kg	193.0 kg		193.0 kg	128.25	125.0 kg	135.0 kg	135.0 kg			125.0 kg	63.06	220.0 kg	230.0 kg	230.0 kg	220.0 kg	146.19	538.0 kg	0.66450	357.5010	#REF!	#REF!	0			

Refs
Louise Brookwell
Ian Chaffey
Aaron Lewis
Aled Thomas
Sue Bethell
Wendy Evans