

Official BDFPA Score Sheet										Date of Comp - 28th February 2015				Organiser Neil Thomas/BDFPA					
Competition British Single Lifts 2015																			
Divisional Record		MPF Record		British Record		European Record		World Record		Drug Tested		Calibrated Scales and Weights Used YES							
FLT	PLT	Wt Class	Body wt	Age Cat	UN/EQ	F/M	DIV	Name	SQUAT				Total	Co eff.	Points	Place Class	Place Cat	Int Qual	Best Lifter
									1st Lift	2nd Lift	3rd Lift	4th Lift							
1 SQ	A	47.5	46.50	Open	UN	F	SCO	LISA TOBIAS	75.0 kg	85.0 kg	92.5 kg	95.50	92.5 kg	1.06020	98.0685	1		YES	
1 SQ	A	47.5	47.10	Open/MPF	UN	F	SE	LYNDSY HALLAM	77.5 kg	82.5 kg	87.5 kg		77.5 kg	1.04940	81.3285	2	1	YES	
1 SQ	A	50.5	49.20	Open	UN	F	WM	GEORGIE HODSON	65.0 kg	75.0 kg	85.0 kg		75.0 kg	1.01320	75.9900	1		YES	
1 SQ	A	53.0	52.30	Open	UN	F	WAL	LOUISE BROOKWELL	82.5 kg	87.5 kg	90.0 kg		87.5 kg	0.96400	84.3500	1		YES	
1 SQ	A	55.5	53.40	M2	UN	F	WAL	WENDY EVANS	90.0 kg	95.0 kg	95.0 kg		95.0 kg	0.94770	90.0315	1	1	YES	
1 SQ	A	55.5	53.70	M1/MPF	UN	F	WM	DEBBIE MACDONALD	75.0 kg	80.0 kg	85.0 kg		80.0 kg	0.94330	75.4640	2	1	YES	
1 SQ	A	58.5	56.80	M2/MPF	UN	F	WM	LIZ STREET	85.0 kg	90.0 kg	90.0 kg		90.0 kg	0.90060	81.0540	1	1	YES	
1 SQ	A	63.0	62.40	M3	UN	F	SE	MEL GOLDING	97.5 kg	102.5 kg	102.5 kg	105.00	102.5 kg	0.83240	85.3210	1	1	YES	
1 SQ	A	63.0	63.00	JNR	UN	F	WAL	EMILY BURNS	85.0 kg	95.0 kg	100.0 kg		95.0 kg	0.82570	78.4415	2	1	YES	
1 SQ	A	63.0	61.00	M4	UN	F	WM	LINSEY GOWLAND	55.0 kg	60.0 kg	65.0 kg		60.0 kg	0.84850	50.9100	3	1	NO	
2 SQ	B	70.0	66.50	Open	UN	F	EM	EMILY TROSCIANKO	105.0 kg	112.5 kg	115.0 kg		115.0 kg	0.78870	90.7005	1		YES	
2 SQ	B	70.0	69.40	Open/MPF	UN	F	WAL	RACHAEL ARMSTRONG	97.5 kg	105.0 kg	110.0 kg		110.0 kg	0.76270	83.8970	2	2	YES	
2 SQ	B	70.0	69.50	JNR	UN	F	WM	DALYA MLOUK	100.0 kg	105.0 kg	112.5 kg		105.0 kg	0.76190	79.9995	3	1	YES	
2 SQ	B	80.0	78.90	T3	UN	F	SW	SHACHAR HEAD	140.0 kg	147.5 kg	150.5 kg	157.50	150.0 kg	0.69560	104.3400	1	1	YES	Best Lifter SQ UN
2 SQ	B	80.0	75.10	M2	UN	F	SCO	MARY ANDERSON	125.0 kg	135.0 kg	135.0 kg		135.0 kg	0.72090	97.3215	2	1	YES	
2 SQ	B	80.0	79.60	Open	UN	F	SC	DEIRDRE FENLON	115.0 kg	120.0 kg	125.0 kg		125.0 kg	0.69110	86.3875	3		YES	
2 SQ	B	80.0	78.00	JNR	UN	F	NW	HOLLIE DIXON	90.0 kg	95.0 kg	97.5 kg		95.0 kg	0.70140	66.6330	4	1	YES	
2 SQ	B	90.0	84.80	Open	UN	F	WAL	SAMANTHA JENKINS	100.0 kg	110.0 kg	110.0 kg		100.0 kg	0.65950	65.9500	1		NO	
7 SQ	A	80.0	75.10	M2	EQ	F	SCO	MARY ANDERSON	160.0 kg	177.5 kg	190.0 kg		190.0 kg	0.72090	136.9710	1	1	YES	Best Lifter SQ EQ
3 SQ	A	60.0	60.00	T3	UN	M	NW	NATHANIEL FLETCHER	125.0 kg	130.0 kg	140.0 kg		130.0 kg	0.81280	105.6640	1	1	YES	
3 SQ	A	67.5	66.70	M3	UN	M	WM	DAVID GRAY	174.0 kg	185.0 kg	191.0 kg		190.0 kg	0.73370	139.4030	1	1	YES	
3 SQ	A	67.5	65.10	Open/MPF	UN	M	EC	NATHAN LEACH	162.5 kg	172.5 kg	175.0 kg		172.5 kg	0.75030	129.4268	2	1	YES	
4 SQ	B	75.0	71.10	T3	UN	M	SC	COREY WIGGINS	182.5 kg	190.0 kg	195.0 kg	200.00	195.0 kg	0.69390	135.3105	1	1	YES	
4 SQ	B	75.0	74.30	M1	UN	M	NW	RICHARD WEBB	185.0 kg	190.0 kg	195.0 kg		195.0 kg	0.66940	130.5330	2	1	YES	
4 SQ	B	75.0	74.30	M1/MPF	UN	M	SC	SEAN COLE	175.0 kg	182.5 kg	187.5 kg	197.50	187.5 kg	0.66940	125.5125	3	1	YES	
4 SQ	B	75.0	73.90	M1/MPF	UN	M	SC	SEB MADRONAL	156.0 kg	170.0 kg	180.0 kg	197.50	180.0 kg	0.67230	121.0140	4	2	YES	
4 SQ	B	75.0	74.30	Open	UN	M	SC	MATT GOLDING	165.0 kg	172.5 kg	180.0 kg		180.0 kg	0.66940	120.4920	5		YES	
4 SQ	B	75.0	74.80	Open	UN	M	NW	DANNY RICHARDSON	180.0 kg	185.0 kg			180.0 kg	0.66590	119.8620	6		YES	
4 SQ	B	75.0	73.20	M4	UN	M	SW	TOMMY MEREDITH	160.0 kg	170.0 kg	175.0 kg		170.0 kg	0.67740	115.1580	7	1	YES	
4 SQ	B	75.0	71.40	JNR	UN	M	NW	ASHLEY BENDALL	155.0 kg	165.0 kg	165.0 kg		155.0 kg	0.69140	107.1670	8	1	YES	
4 SQ	B	75.0	73.60	T2	UN	M	WM	STEVEN GINTY	140.0 kg	150.5 kg	150.5 kg		140.0 kg	0.67450	94.4300	9	1	YES	
3 SQ	A	82.5	81.10	Open	UN	M	EM	GLEN DANBURY	195.0 kg	210.0 kg	216.0 kg	222.50	215.0 kg	0.62680	#VALUE!	1		YES	
3 SQ	A	82.5	81.90	Open/MPF	UN	M	SW	WES MCGUINNESS	205.0 kg	212.5 kg	212.5 kg	216.50	212.5 kg	0.62240	132.2600	2	1	YES	
3 SQ	A	82.5	79.70	Open/MPF	UN	M	SC	DAVE HEATH	205.0 kg	205.0 kg	212.5 kg		205.0 kg	0.63470	130.1135	3	2	YES	
3 SQ	A	82.5	82.10	M1	UN	M	NM	RICHARD CROSSLAND	195.0 kg	205.0 kg			205.0 kg	0.62140	127.3870	4	1	YES	
3 SQ	A	82.5	81.80	M3	UN	M	SE	PAUL GOLDING	175.0 kg	185.0 kg	188.0 kg	190.00	187.5 kg	0.62300	116.8125	5	1	YES	
4 SQ	B	82.5	81.00	M8	UN	M	SC	BILL LEGG	102.5 kg	102.5 kg	102.5 kg		102.5 kg	0.62730	64.2983	6	1	YES	
5 SQ	A	90.0	85.70	M3	UN	M	NW	MARK HESKETH	170.0 kg	170.0 kg	170.0 kg			0.60360	0.0000			NO	
5 SQ	A	90.0	88.10	JNR	UN	M	WM	CALLUM CORDWELL	210.0 kg	225.0 kg	236.0 kg	240.00	235.0 kg	0.59300	139.3550	1	1	YES	
5 SQ	A	90.0	89.30	JNR	UN	M	WM	MANDEEP SHERGILL	210.0 kg	225.0 kg	226.0 kg	236.50	225.0 kg	0.58810	132.3225	2	2	YES	
5 SQ	A	90.0	86.60	JNR	UN	M	EC	LEE STOREY	200.0 kg	212.5 kg	217.5 kg		217.5 kg	0.59950	130.3913	3	3	YES	
5 SQ	A	90.0	88.90	Open	UN	M	WAL	GERAINT LLEWELLYN	180.0 kg	190.0 kg	202.5 kg		202.5 kg	0.58970	119.4143	4		YES	
5 SQ	A	90.0	88.20	Open	UN	M	EC	GLENN BRANCH	180.0 kg	190.0 kg	197.5 kg		190.0 kg	0.59260	112.5940	5		YES	
5 SQ	A	90.0	84.80	T3	UN	M	WAL	JARRAD COMBELLACK	170.0 kg	180.0 kg	192.5 kg		180.0 kg	0.60780	109.4040	6	1	YES	
5 SQ	A	90.0	88.40	Open	UN	M	WAL	NICKY MAY	170.0 kg	180.0 kg	190.0 kg		180.0 kg	0.59180	106.5240	7		NO	
5 SQ	A	90.0	89.10	M1	UN	M	NW	STEVE THOMAS	160.0 kg	160.0 kg	170.0 kg		160.0 kg	0.58890	94.2240	8	1	NO	
5 SQ	A	90.0	88.50	T2	UN	M	NW	ALASTAIR LEES	140.0 kg	145.0 kg	150.0 kg	155.00	150.0 kg	0.59140	88.7100	9	1	YES	
6 SQ	B	100.0	97.70	JNR	UN	M	WAL	JOSHUA EDWARDS	212.5 kg	225.0 kg	240.0 kg		225.0 kg	0.55990	125.9775	1	1	YES	
6 SQ	B	100.0	98.40	Open	UN	M	WAL	AARON LEWIS	210.0 kg	225.0 kg	235.0 kg		225.0 kg	0.55810	125.5725	2		YES	

5 SQ	A	100.0	99.60	JNR/MPF	UN	M	SE	BRADLEY SMITH	200.0 kg	212.5 kg	220.5 kg	222.50	220.0 kg	0.55500	122.1000	3	1	YES	
6 SQ	B	100.0	96.20	Open/MPF	UN	M	SCO	CHRIS MARTIN	200.0 kg	216.0 kg	220.0 kg		215.0 kg	0.56420	121.3030	4	2	YES	
6 SQ	B	100.0	95.80	Open	UN	M	WM	MICHAL MAKOVIC	200.0 kg	210.0 kg			210.0 kg	0.56540	118.7340	5		YES	
6 SQ	B	100.0	99.10	M4	UN	M	SC	TERRY JEX	170.0 kg	185.0 kg	200.0 kg		200.0 kg	0.55630	111.2600	6	1	YES	
6 SQ	B	100.0	96.50	T3	UN	M	SC	HARRY PALIN	190.0 kg	190.0 kg	200.0 kg		190.0 kg	0.56330	107.0270	7	1	YES	
6 SQ	B	100.0	96.30	T3/MPF	UN	M	EM	HENRY RAMPLEY-STURGEON	155.0 kg	165.0 kg	175.0 kg		175.0 kg	0.56390	98.6825	8	2	YES	
6 SQ	B	110.0	107.50	Open	UN	M	NW	ROBYN JONES	225.0 kg	250.0 kg			250.0 kg	0.53980	134.9500	1		YES	
6 SQ	B	110.0	105.40	M2	UN	M	SE	PHILLIPE CRISP	205.0 kg	227.5 kg	227.5 kg		227.5 kg	0.54310	123.5553	2	1	YES	
6 SQ	B	110.0	102.20	Open	UN	M	SC	BRET LE CRAS	220.0 kg	227.5 kg	227.5 kg		220.0 kg	0.54910	120.8020	3		YES	
6 SQ	B	110.0	100.70	Jnr	UN	M	NW	YIANNIS VERENAKIS	202.5 kg	210.0 kg	217.5 kg		210.0 kg	0.55240	116.0040	4	1	YES	
6 SQ	B	110.0	104.80	M2/MPF	UN	M	EC	PHIL JONES	180.0 kg				180.0 kg	0.54410	97.9380	5	2	YES	
6 SQ	B	110.0	104.50	M6	UN	M	EC	RON BURDEN	145.0 kg	155.0 kg	160.0 kg		155.0 kg	0.54460	84.4130	6	1	YES	
7 SQ	A	125.0	112.20	M1	UN	M	WM	DARREN WOOD	240.0 kg	255.0 kg	270.0 kg		270.0 kg	0.53400	144.1800	1	1	YES	Best Lifter SQ UN
7 SQ	A	125.0	122.50	M5	UN	M	NW	LES PILLING	160.0 kg	180.5 kg	190.0 kg		190.0 kg	0.52430	99.6170	2	1	YES	
7 SQ	A	145.0	133.00	JNR	UN	M	WM	ROB BRIDGES	200.0 kg	220.0 kg	220.0 kg		200.0 kg	0.51130	102.2600	1	1	YES	
7 SQ	A	145.0	129.80	M3	UN	M	EC	PAUL WAITES	190.0 kg	202.5 kg	202.5 kg		190.0 kg	0.51520	97.8880	2	1	YES	
7 SQ	A	82.5	82.30	Open	EQ	M	EM	NEIL ABERY	250.0 kg	283.5 kg	283.5 kg		282.5 kg	0.62030	175.2348	1		YES	Best Lifter SQ EQ
7 SQ	A	82.5	82.20	JNR	EQ	M	SW	JAMES MINEAR	210.0 kg	230.0 kg	242.5 kg		242.5 kg	0.62090	150.5683	2	1	YES	
7 SQ	A	82.5	81.40	M6	EQ	M	EC	MICK AMEY	190.0 kg				190.0 kg	0.62510	118.7690	3	1	YES	
7 SQ	A	100.0	99.40	Open	EQ	M	SC	MATT GIBSON	260.0 kg	275.0 kg	290.0 kg	300.50	290.0 kg	0.55550	161.0950	1		YES	
7 SQ	A	100.0	95.80	Open	EQ	M	WM	MICHAL MAKOVIC	220.0 kg	220.0 kg	240.0 kg		240.0 kg	0.56540	135.6960	2		YES	
7 SQ	A	110.0	105.00	M4	EQ	M	WM	JAGHIR SINGH	100.0 kg	140.0 kg	170.0 kg		170.0 kg	0.54370	92.4290	1	1	NO	
7 SQ	A	125.0	119.50	Open	EQ	M	SC	IAN HAWKINS	310.0 kg	310.0 kg	327.5 kg		310.0 kg	0.52740	163.4940	1		YES	

Refs

Pat Reeves
Neil Thomas
James Minear
Glen Danbury
Mike Leadbetter
Pete Gaskin
Sue Bethall
Danyo Cheppa
Chris Martin
Manon Bradley
Ann Thomas
Andy Haynes
Jim Oldfield
Nathan Leach
Colin Cooke
Dean Roberts
Andy Davies
Pete Hudson
Pete Sparks
Phil Tempest
Russ Martin
Les Pilling
Mike Davies
Chris Morgan

Scorekeepers

Pete Gaskin
Chris Martin
Manon Bradley
Megan Batchelor
Dale Trusier
Andy Haynes

INTERNATIONAL QUALIFICATION

YES	Qualified and in top 3
YES	Qualified but not in top 3
NO	Not qualified