

Divisional Record		British Record		European Record		World Record		MPF World Record		Drug Tested		Calibrated Scales and Weights Used YES															
FLT	Wt Class	Body wt	Age Cat	UN/EQ	F/M	DIV	Name	SQUAT				BENCH				DEADLIFT				Total	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter
								1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift								
2	55.50	54.10	M4	UN	F	WAL	Sue Bethell	75.0 kg	85.0 kg	85.0 kg		45.0 kg	50.0 kg	52.5 kg		135.0 kg	150.0 kg	155.0 kg	292.5 kg	0.93760	274.2480	1.250	342.8100	1	1	Best Lifter	
2	55.50	54.20	M3	UN	F	WM	Elizabeth Street (MPF)	70.0 kg	75.0 kg	80.0 kg		40.0 kg	45.0 kg	50.0 kg		90.0 kg			215.0 kg	0.93620	201.2830	1.150	231.4755	2	1		
2	63.00	62.40	M4	UN	F	SE	Melanie Golding	95.0 kg	100.0 kg	105.0 kg	110.00	57.5 kg	60.0 kg	62.5 kg	65.00	125.0 kg	135.0 kg	140.0 kg	302.5 kg	0.83240	251.8010	1.250	314.7513	1	1		
2	63.00	62.90	M2	UN	F	SCO	Gaby Coia	97.5 kg	100.0 kg	100.0 kg		60.0 kg	60.0 kg	62.5 kg		117.5 kg	120.0 kg	120.0 kg	277.5 kg	0.82690	229.4648	1.132	259.7541	2	1		
2	63.00	60.70	M1	UN	F	SCO	Anneli Stewart	80.0 kg	85.0 kg	90.0 kg		45.0 kg	50.0 kg	52.5 kg		110.0 kg	117.5 kg	120.0 kg	262.5 kg	0.85200	223.6500	1.000	223.6500	3	1		
2	63.00	63.00	M1	UN	F	SCO	Carol McLean	60.0 kg	70.0 kg	80.0 kg		40.0 kg	45.0 kg	45.0 kg		100.0 kg	110.0 kg	120.0 kg	245.0 kg	0.82570	202.2965	1.000	202.2965	4	2		
2	70.00	65.70	M5	UN	F	SCO	Cathy MacAsian	50.0 kg	52.5 kg	52.5 kg	55.00	30.0 kg	32.5 kg	35.0 kg		85.0 kg	92.5 kg	100.0 kg	177.5 kg	0.79690	141.4498	1.440	203.6876	1	1		
2	53.00	51.60	M2	UNB	F	SCO	Katie Cooke	0.0 kg	0.0 kg	0.0 kg		60.0 kg	63.0 kg	65.5 kg		0.0 kg	0.0 kg	0.0 kg	62.5 kg	0.97470	60.9188	1.096	66.7670	1	1	Best Bench	
2	53.00	52.20	M1	UNB	F	WM	Deborah MacDonald (MPF)	0.0 kg	0.0 kg	0.0 kg		60.0 kg	55.0 kg	55.0 kg		0.0 kg	0.0 kg	0.0 kg	50.0 kg	0.96550	48.2750	1.028	49.6267	2	1		
2	70.00	68.10	M1	UNB	F	NM	Angela Taylor (MPF)	0.0 kg	0.0 kg	0.0 kg		60.0 kg	70.0 kg	72.5 kg		0.0 kg	0.0 kg	0.0 kg	70.0 kg	0.77290	54.1030	1.028	55.6179	1	1		
2	53.00	52.20	M1	UNB	F	WM	Deborah MacDonald (MPF)	0.0 kg	0.0 kg	0.0 kg		0.0 kg	0.0 kg	0.0 kg		110.0 kg	120.0 kg	127.5 kg	127.5 kg	0.96550	123.1013	1.028	126.5481	1	1	Best Deadlift	
2	70.00	68.10	M1	UNB	F	NM	Angela Taylor (MPF)	0.0 kg	0.0 kg	0.0 kg		0.0 kg	0.0 kg	0.0 kg		105.0 kg	110.0 kg		110.0 kg	0.77290	85.0190	1.028	87.3995	1	1		
2	53.00	52.20	M1	UNB	F	WM	Deborah MacDonald (MPF)	80.0 kg	85.0 kg	90.0 kg		0.0 kg	0.0 kg	0.0 kg		0.0 kg	0.0 kg	0.0 kg	85.0 kg	0.96550	82.0675	1.028	84.3654	1	1	Best Squat	
6	100.00	93.60	M1	EQ	M	SCO	Tom Moffatt	245.0 kg	260.0 kg	272.5 kg		150.0 kg	160.0 kg	170.0 kg		220.0 kg	242.5 kg	242.5 kg	625.0 kg	0.57230	357.6875	1.028	367.7028	1	1		
6	125.00	120.00	M1	EQ	M	SCO	Neil Elliott	270.0 kg	270.0 kg			240.0 kg	240.0 kg	250.0 kg		270.0 kg	290.0 kg		800.0 kg	0.52700	421.6000	1.044	440.1504	1	1	Best Lifter EQ	
4	60.00	58.30	M1	UN	M	NM	Justin Kelly	105.0 kg	112.5 kg	117.5 kg		70.0 kg	75.0 kg	77.5 kg		150.0 kg	162.5 kg	175.0 kg	367.5 kg	0.83760	307.8180	1.014	312.1275	1	1		
4	75.00	72.50	M2	UN	M	SCO	Michael McConway	135.0 kg	145.0 kg	150.0 kg		85.0 kg	90.0 kg	95.0 kg		185.0 kg	195.0 kg	200.0 kg	435.0 kg	0.68280	297.0180	1.060	314.8391	1	1		
4	75.00	73.80	M6	UN	M	EM	David Freeman	125.0 kg	135.0 kg	135.0 kg		85.0 kg	92.5 kg	95.0 kg		165.0 kg	175.0 kg	185.0 kg	405.0 kg	0.67300	272.5650	1.533	417.8421	2	1		
4	82.50	81.30	M1	UN	M	SCO	Graeme Wilkins	167.5 kg	167.5 kg	172.5 kg		92.5 kg	100.0 kg			185.0 kg	207.5 kg	207.5 kg	445.0 kg	0.62570	278.4365	1.014	282.3346	1	1		
6	90.00	88.60	M5	UN	M	SC	Andy Bonner	192.5 kg	225.0 kg	230.0 kg		120.0 kg	135.0 kg	140.0 kg		240.0 kg	267.5 kg	272.5 kg	642.5 kg	0.59100	379.7175	1.380	524.0102	1	1	Best Lifter UN	
6	90.00	86.20	M1	UN	M	SW	Mark Lowe	200.0 kg	217.5 kg	227.5 kg		140.0 kg	155.0 kg	162.5 kg		220.0 kg	235.0 kg	250.0 kg	617.5 kg	0.60130	371.3028	1.028	381.6992	2	1		
6	90.00	85.10	M2	UN	M	SCO	Greg Stuart	140.0 kg	147.5 kg	152.5 kg		115.0 kg	120.0 kg	122.5 kg		170.0 kg	180.0 kg	187.5 kg	460.0 kg	0.60640	278.9440	1.060	295.6906	3	1		
6	110.00	100.80	M4	UN	M	SCO	Arthur Cowley	200.0 kg	210.0 kg			135.0 kg	140.0 kg	142.5 kg		227.5 kg	240.0 kg	247.5 kg	600.0 kg	0.55220	331.3200	1.273	421.7704	1	1		
6	110.00	107.00	M3	UN	M	NE	Steve Lambert	205.0 kg	205.0 kg	215.0 kg		127.5 kg	132.5 kg	135.0 kg		252.5 kg	272.5 kg	272.5 kg	600.0 kg	0.54050	324.3000	1.228	398.2404	2	1		
4	67.50	65.10	M1	UNB	M	NE	Greig Murray	0.0 kg	0.0 kg	0.0 kg		115.0 kg	120.0 kg	125.0 kg		0.0 kg	0.0 kg	0.0 kg	120.0 kg	0.75030	90.0360	1.044	93.9976	1	1		
4	67.50	67.30	M7	UNB	M	SCO	Mike Wade	0.0 kg	0.0 kg	0.0 kg		72.5 kg	75.0 kg	79.0 kg	80.00	0.0 kg	0.0 kg	0.0 kg	77.5 kg	0.72780	56.4045	1.740	98.1438	2	1		
4	82.50	81.50	M6	UNB	M	SCO	Ash Sinclair	0.0 kg	0.0 kg	0.0 kg		125.0 kg	130.0 kg	132.5 kg	135.50	0.0 kg	0.0 kg	0.0 kg	132.5 kg	0.62450	82.7483	1.533	126.8500	1	1	Best Bench	
6	90.00	87.40	M3	UNB	M	NM	Brian Shields	0.0 kg	0.0 kg	0.0 kg		127.5 kg	132.5 kg	135.0 kg		0.0 kg	0.0 kg	0.0 kg	132.5 kg	0.59600	78.9700	1.228	96.9752	1	1		
6	90.00	88.10	M6	UNB	M	NM	Ian King	0.0 kg	0.0 kg	0.0 kg		85.0 kg	90.0 kg	92.5 kg		0.0 kg	0.0 kg	0.0 kg	90.0 kg	0.59300	53.3700	1.533	81.8162	2	1		
6	110.00	110.00	M3	UNB	M	SCO	Joe Coogan	0.0 kg	0.0 kg	0.0 kg		170.0 kg	180.0 kg	180.0 kg		0.0 kg	0.0 kg	0.0 kg	170.0 kg	0.53650	91.2050	1.168	106.5274	1	1		
4	67.50	65.10	M1	UNB	M	NE	Greig Murray	0.0 kg	0.0 kg	0.0 kg		0.0 kg	0.0 kg	0.0 kg		200.0 kg	212.0 kg	215.0 kg	218.0 kg	0.75030	161.3145	1.044	168.4123	1	1	Best Deadlift	
6	90.00	87.40	M3	UNB	M	NM	Brian Shields	0.0 kg	0.0 kg	0.0 kg		0.0 kg	0.0 kg	0.0 kg		210.0 kg	220.0 kg	230.0 kg	230.0 kg	0.59600	137.0800	1.228	168.3342	1	1		
6	90.00	83.50	M1	UNB	M	NW	Neil Ratcliffe	0.0 kg	0.0 kg	0.0 kg		0.0 kg	0.0 kg	0.0 kg		200.0 kg	212.5 kg	222.5 kg	222.5 kg	0.61420	136.6595	1.044	142.6725	2	1		
6	90.00	88.10	M6	UNB	M	NM	Ian King	0.0 kg	0.0 kg	0.0 kg		0.0 kg	0.0 kg	0.0 kg		155.0 kg	160.0 kg	165.0 kg	165.0 kg	0.59300	97.8450	1.533	149.9964	3	1		
6	110.00	108.50	M3	UNB	M	NW	Chris Pilling	0.0 kg	0.0 kg	0.0 kg		0.0 kg	0.0 kg	0.0 kg		227.5 kg	240.0 kg		240.0 kg	0.53840	129.2160	1.168	150.9243	1	1		
4	67.50	65.10	M1	UNB	M	NE	Greig Murray	110.0 kg	120.0 kg	132.5 kg		0.0 kg	0.0 kg	0.0 kg		0.0 kg	0.0 kg	0.0 kg	120.0 kg	0.75030	90.0360	1.044	93.9976	1	1	Best Squat	

Refs  
 Steve McQuade  
 Russ Martin  
 Richard Bremner  
 Bernnie Cunningham  
 Ally Donaldson  
 Wullie Brown  
 Neil Ratcliffe

Scorekeepers  
 Laura Moran  
 Karen Dalziel  
 Pete Gaskin