

Rack	Name	Age	B/WT	Squat				Bench				D – Lift				Total	Pos	
				1	2	3	Best	1	2	3	Best	1	2	3	Best			
53.0	4	Louise Brookwell	35	51.75	80.0	85	87.5	87.5	52.5	57.5	57.5	52.5	95	100	105	105.0	245.0	1
55.5	3	Wendy Evans	47	55.4	90.0	90	97.5	90.0	50	52.5	55	52.5	100	107.5	115	115.0	257.5	1
55.5	5	Louise Delaitre	21	53.8	70.0	75	80	75.0	35	40	45	45.0	90	100	107.5	107.5	227.5	2
58.5	4	Amanda Gisby	33	58.3	117.5	125	130	125.0	55	60	60	60.0	145	155	162.5	155.0	340.0	1
63.0	7	Simone Davies	44	62.5	105.0	110	115	110.0	50	0	0	50.0	132.5	137.5	142.5	145.0	305.0	1
63.0	7	Jessica Evans	25	62.3	90.0	105	105	105.0	55	60	60	55.0	120	135	142.5	142.5	302.5	2
63.0	8	Naomi Handley	29	61.5	65.0	70	75	75.0	40	45	47.5	47.5	107.5	115	120	115.0	237.5	3
63.0	7	Bryony Gurmin	29	63	60.0	65	65	60.0	40	42.5	45	45.0	90	100	110	100.0	205.0	4
70.0	6	Rachael Armstrong	29	69.5	90.0	100	107.5	107.5	55	60	62.5	62.5	140	150	155	155.0	325.0	1
70.0	6	Madeline Kiley	24	69.3	72.5	77.5	87.5	87.5	37.5	37.5	37.5	37.5	115	122.5	130	130.0	255.0	2
70.0	7	Kathryn Holly	33	67.7	60.0	60	65	60.0	55	60	62.5	60.0	100	110	115	115.0	235.0	3
90.0	8	Samantha Jenkins	25	84.2	100.0	107.5	110	107.5	40	45	50	45.0	125	130	135	130.0	282.5	1
91.0	9	Polly Thompson	41	99.9	115.0	120	125	125.0	57.5	60	62.5	62.5	125	135	145	145.0	332.5	1

Best Lifter

Rack	Name	Age	B/WT	Squat				Bench				D – Lift				Total	Pos	
				1	2	3	Best	1	2	3	Best	1	2	3	Best			
67.5	9	Matthew Jones	23	66.7	135	142.5	147.5	142.5	85	90	95	90.0	165	172.5	177.5	177.5	410.0	1
75.0	8	Luke Phillips	24	74.8	150	160	170	170.0	120	127.5	130	127.5	220	230	235	230.0	527.5	1
75.0	7	Stuart Law	22	74.9	150	160	160	160.0	90	100	105	100.0	210	220	220	210.0	470.0	2
75.0	8	Benjamin Gibbs	23	73.9	140	150	160	160.0	80	100	105	100.0	180	190	200	200.0	460.0	3
75.0	7	Callum Williams	19	72.8	115	115	120	120.0	90	95	95	90.0	155	162.5	170	170.0	380.0	4
75.0	5	Kieron Price	15	71.0	100	110	120	120.0	65	70	75	75.0	135	145	150	150.0	345.0	5
82.5	8	Matthew West	38	81.4	180	190	200	190.0	145	155	155	145.0	205	225	225	205.0	540.0	1
82.5	10	Darren Williams	19	81.9	150	160	167.5	160.0	110	115	120	115.0	220	232.5	242.5	242.5	517.5	2
82.5	8	Kyle Williams	22	80.2	170	170	170	0.0	110	115	120	115.0	140	150	160	160.0	275.0	3
110	8	Craig Beattie (E)	33	108.2	200	220	230	220.0	140	140	140	0.0	0	0	0	0.0	220.0	0
125	11	Richard Peacock (E)	30	130.9	180	185	185	180.0	140	150	152.5	150.0	150	170	190	190.0	520.0	1

Sheet1

Rack	Name	Age	B/WT	Squat				Bench				D – Lift				Total	Pos	
				1	2	3	Best	1	2	3	Best	1	2	3	Best			
90.0	7	Chris Protheroe	40	90	210	230	240	230.0	145	150	0	145.0	250	260	0	250.0	625.0	1
90.0	8	Jonathan Mogford	37	90	160	180	0	180.0	135	140	145	145.0	210	230	240	240.0	565.0	2
90.0	8	Geraint Llewellyn	35	89	165	185	192.5	185.0	140	155	155	140.0	215	225	230	230.0	555.0	3
90.0	9	Jarrad Combellack	19	85.9	170	180	190	180.0	110	115	120	115.0	190	205	215	215.0	510.0	4
90.0	8	Jonathan Gooding	48	89.25	160	170	175	175.0	110	120	0	120.0	190	205	215	215.0	510.0	5
90.0	8	Owain Tobias	19	86.1	160	160	160	160.0	105	110	112.5	112.5	200	215	230	230.0	502.5	6
90.0	10	Aarron Stenner	22	89.4	135	142.5	145	145.0	85	90	95	95.0	165	175	185	185.0	425.0	7
90.0	8	Nicky May	24	89.9	165	175	185	185.0	115	122.5	127.5	127.5	100	0	0	100.0	412.5	8
90.0	8	Michael Odriscoll	31	87	160	172.5	175	172.5	120	120	0	0.0	0	0	0	0.0	172.5	9
90.0	10	Wayne Chamberlain (E)	56	87.8	165	175	185	185.0	135	140	145	140.0	170	180	190	180.0	505.0	1
90.0	10	Barnaby St Anton (E)	21	85.5	140	150	150	140.0	75	80	85	85.0	150	160	172.5	160.0	385.0	2
90.0	7	Dougie Williams (E)	75	89	135	140	145	145.0	80	0	0	80.0	120	130	0	130.0	355.0	3
90.0	9	Mandeep Shergill (G)	20	89.7	180	0	0	180.0	110	0	0	110.0	180	0	0	180.0	470.0	7

Best Lifter (E)

Rack	Name	Age	B/WT	Squat				Bench				D – Lift				Total	Pos	
				1	2	3	Best	1	2	3	Best	1	2	3	Best			
100	10	Joshua Edwards	20	99.7	207.5	220	227.5	227.5	137.5	145	152.5	145.0	265	282.5	300	282.5	655.0	1
100	9	James Cox	32	99.6	210	217.5	220	217.5	135	140	142.5	142.5	255	262.5	0	255.0	615.0	2
100	9	Aaron Lewis	24	97.7	180	205	225	225.0	135	145	145	135.0	220	240	260	240.0	600.0	3
100	8	Alyn Morris	22	95.2	180	190	200	200.0	145	155	160	160.0	200	210	220	220.0	580.0	4
110	8	Andrew Stone	40	109.6	190	210	220	210.0	145	152.5	157.5	157.5	250	265	280	265.0	632.5	1
110	10	Simon Thomas	37	103.6	200	210	220	210.0	120	125	130	125.0	260	275	285	275.0	610.0	2
110	12	Daniel Yuill	25	108.8	160	180	192.5	192.5	120	140	150	140.0	222.5	237.5	250	250.0	582.5	3
110	10	Adam Cleverley	22	106.6	190	190	200	190.0	115	120	127.5	120.0	195	205	215	215.0	525.0	4
110	8	Daniel Davies	19	104.1	170	180	190	180.0	110	115	122.5	115.0	190	205	215	215.0	510.0	5
110	11	Mathew Kidner	21	110	100	125	150	125.0	85	95	105	85.0	190	210	230	210.0	420.0	6
125	9	Robbie Venables	23	111.1	180	190	190	190.0	140	150	155	150.0	220	230	0	230.0	570.0	1
125	13	James Edmunds	30	111.75	150	160	170	160.0	140	150	150	140.0	220	230	0	230.0	530.0	2
145	9	Peter Sutton (in)	49	135.5	200	220	240	240.0	170	190	205	205.0	260	290	0	290.0	735.0	1

Drug Tested

Best Lifter (Men)