**Official BDFPA Score Sheet** — Date of Comp - 5th July 2015 — Organiser

**Competition Welsh Counties**

Divisional Record | British Record | European Record | World Record | MPF World Record | Drug Tested | Calibrated Scales and Weights Used YES/NO

| FLT | PLT | Morning Afternoon | DAY | Wt Class | Body wt | Age Cat | Age | UN/ EQ | F/M | DIV | Name | RH | SQUAT 1st Lift | SQUAT 2nd Lift | SQUAT 3rd Lift | SQUAT 4th Lift | RH | BENCH 1st Lift | BENCH 2nd Lift | BENCH 3rd Lift | BENCH 4th Lift | DEADLIFT 1st Lift | DEADLIFT 2nd Lift | DEADLIFT 3rd Lift | DEADLIFT 4th Lift | Total | Co eff. | Points | MAM | Masters PN | Place Class | Place Cat | Best Lifter |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | A | Morn | Sat | 0.00 | 0.00 | | | UN | F | Wal | | | | | | | | | | | | | | | | | #REF! | #REF! | #REF! | #REF! | | | |
| 1 | A | Morn | Sat | 0.00 | 0.00 | | | UN | F | Wal | | | | | | | | | | | | | | | | | #REF! | #REF! | #REF! | #REF! | | | |
| 1 | A | Morn | Sat | 58.50 | 58.20 | Jnr | 23 | UN | F | Wal | Caroline Shearer | 8 | 100.0 kg | 105.0 kg | 110.0 kg | | LB | 50.0 kg | 55.0 kg | 55.0 kg | | 125.0 kg | 135.0 kg | 140.0 kg | | 305.0 kg | 0.88250 | 269.1625 | #REF! | #REF! | | | |
| 1 | A | Morn | Sat | 63.00 | 62.80 | Open | 35 | UN | F | Wal | Joanne Hill | 8 | 80.0 kg | 95.0 kg | 95.0 kg | | L | 62.5 kg | 67.5 kg | 75.0 kg | | 100.0 kg | 115.0 kg | 125.0 kg | | 272.5 kg | 0.82800 | 225.6300 | #REF! | #REF! | | | |
| 1 | A | Morn | Sat | 63.00 | 61.80 | Open | 29 | UN | F | Wal | Naomi Handley | 6 | 77.5 kg | 80.0 kg | 82.5 kg | | L | 47.5 kg | 50.0 kg | 52.5 kg | | 122.5 kg | 127.5 kg | 132.5 kg | | 257.5 kg | 0.83920 | 216.0940 | #REF! | #REF! | | | |
| 1 | A | Morn | Sat | 63.00 | 60.80 | Open | 25 | UN | F | Wal | Jessica Evans | 7 | 90.0 kg | 100.0 kg | 100.0 kg | | L | 55.0 kg | 60.0 kg | 65.0 kg | | 140.0 kg | 150.0 kg | 152.5 kg | | 290.0 kg | 0.85080 | 246.7320 | #REF! | #REF! | | | |
| 1 | A | Morn | Sat | 63.00 | 59.10 | Open | 33 | UN | F | Wal | Amanda Gisby | 10 | 120.0 kg | 125.0 kg | 130.0 kg | | L | 60.0 kg | 60.0 kg | 62.5 kg | | 150.0 kg | 160.0 kg | 165.0 kg | | 350.0 kg | 0.87130 | 304.9550 | #REF! | #REF! | | | Best Lifter |
| 1 | A | Morn | Sat | 70.00 | 69.70 | Open | 33 | UN | F | Wal | Kathryn Holley | 8 | 95.0 kg | 95.0 kg | 100.0 kg | | L | 65.0 kg | 67.5 kg | 70.0 kg | | 130.0 kg | 135.0 kg | 140.0 kg | | 302.5 kg | 0.76040 | 230.0210 | #REF! | #REF! | | | |
| 1 | A | Morn | Sat | 80.00 | 79.70 | Open | 29 | UN | F | Em | Rebekka Harding-Smith | 9 | 80.0 kg | 90.0 kg | 95.0 kg | | L | 45.0 kg | 55.0 kg | 55.0 kg | | 100.0 kg | 115.0 kg | 125.0 kg | | 265.0 kg | 0.69040 | 182.9560 | #REF! | #REF! | | | |
| 1 | A | Morn | Sat | 80.00 | 76.70 | Open | 24 | UN | F | Wal | Abigial Read | 7 | 45.0 kg | 60.0 kg | 80.0 kg | | HB | 50.0 kg | 60.0 kg | 60.0 kg | | 100.0 kg | 120.0 kg | 130.0 kg | | 250.0 kg | 0.71000 | 177.5000 | #REF! | #REF! | | | |
| 1 | A | Morn | Sat | 80.00 | 74.90 | T3 | 19 | UN | F | Wal | Shannon Jenkins | 7 | 70.0 kg | 75.0 kg | 80.0 kg | | HB | 45.0 kg | 50.0 kg | 50.0 kg | | 115.0 kg | 122.5 kg | 130.0 kg | | 247.5 kg | 0.72230 | 178.7693 | #REF! | #REF! | | | |
| 1 | A | Morn | Sat | 80.00 | 75.10 | Open | 29 | UN | F | Wal | Rachael Armstrong | 8 | 120.0 kg | 120.0 kg | 120.0 kg | | L | 65.0 kg | 70.0 kg | 72.5 kg | | 160.0 kg | 170.0 kg | 175.0 kg | | 360.0 kg | 0.72090 | 259.5240 | #REF! | #REF! | | | |
| 1 | A | Morn | Sat | 90.00 | 87.10 | Open | 24 | UN | F | Wal | Amy Evans | 6 | 110.0 kg | 115.0 kg | 125.0 kg | | LB | 70.0 kg | 75.0 kg | 82.5 kg | | 150.0 kg | 160.0 kg | 170.0 kg | | 377.5 kg | 0.64640 | 244.0160 | #REF! | #REF! | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | #REF! | #REF! | #REF! | #REF! | | | |
| 2 | A | Morn | Sat | 0.00 | 0.00 | | | UN | M | Wal | | | | | | | | | | | | | | | | | #REF! | #REF! | #REF! | #REF! | | | |
| 2 | A | Morn | Sat | 82.50 | 75.90 | T2 | 16 | UN | M | Wal | Kieron Price | 9 | 105.0 kg | 110.0 kg | 120.0 kg | | L | 70.0 kg | 75.0 kg | 82.5 kg | | 150.0 kg | 160.0 kg | 170.0 kg | | 365.0 kg | 0.65830 | 240.2795 | #REF! | #REF! | | | |
| 2 | A | Morn | Sat | 82.50 | 76.60 | Jnr | 23 | UN | M | Wal | Kyle Williams | 7 | 135.0 kg | 150.0 kg | 150.0 kg | | L | 115.0 kg | 120.0 kg | 120.0 kg | | 150.0 kg | 170.0 kg | 175.0 kg | | 420.0 kg | 0.65370 | 274.5540 | #REF! | #REF! | | | |
| 2 | A | Morn | Sat | 75.00 | 73.00 | T3 | 19 | UN | M | Wal | Callum Williams | 8 | 130.0 kg | 135.0 kg | 135.0 kg | | L | 90.0 kg | 95.0 kg | 100.0 kg | | 165.0 kg | 175.0 kg | 180.0 kg | | 400.0 kg | 0.67890 | 271.5600 | #REF! | #REF! | | | |
| 2 | A | Morn | Sat | 75.00 | 69.60 | M3 | 52 | UN | M | Sc | Dave Thomas | 9 | 120.0 kg | 125.0 kg | | | L | 90.0 kg | 95.0 kg | | | 185.0 kg | 200.0 kg | 205.0 kg | | 415.0 kg | 0.70660 | 293.2390 | 1.187 | 348.0747 | | | |
| 2 | A | Morn | Sat | 75.00 | 71.90 | Jnr | 23 | UN | M | Wal | Matthew Jones | 7 | 135.0 kg | 140.0 kg | 145.0 kg | | L | 90.0 kg | 90.0 kg | 100.0 kg | | 190.0 kg | 205.0 kg | 210.0 kg | | 440.0 kg | 0.68740 | 302.4560 | #REF! | #REF! | | | |
| 2 | A | Morn | Sat | 82.50 | 81.10 | Open | 39 | UN | M | Wal | Matthew West | 7 | 185.0 kg | 195.0 kg | 205.0 kg | | L | 140.0 kg | 150.0 kg | 150.0 kg | | 210.0 kg | 225.0 kg | 230.0 kg | | 560.0 kg | 0.62680 | 351.0080 | 0.000 | 0.0000 | | | |
| 2 | A | Morn | Sat | 75.00 | 74.30 | Snr | 33 | UN | M | NE | Daniel Richardson | 7 | 160.0 kg | 170.0 kg | 180.0 kg | | L | 125.0 kg | 132.5 kg | 135.0 kg | | 225.0 kg | 230.0 kg | 235.0 kg | | 550.0 kg | 0.66940 | 368.1700 | #REF! | #REF! | | | |
| 2 | A | Morn | Sat | 75.00 | 74.40 | Open | 24 | UN | M | Wal | Luke Phillips | 7 | 160.0 kg | 175.0 kg | 182.5 kg | | H | 120.0 kg | 127.5 kg | 130.0 kg | | 220.0 kg | 235.0 kg | 242.5 kg | | 545.0 kg | 0.66870 | 364.4415 | #REF! | #REF! | | | |
| 2 | A | Morn | Sat | 82.50 | 82.00 | Open | 25 | UN | M | Sw | Tom Hamilton | 7 | 202.5 kg | 215.0 kg | 225.0 kg | | L | 125.0 kg | 135.0 kg | 140.0 kg | | 225.0 kg | 240.0 kg | 250.0 kg | | 605.0 kg | 0.63190 | 382.2995 | #REF! | #REF! | | | |
| 2 | A | Morn | Tue | 0.00 | 0.00 | | | UN | M | Wal | | | | | | | | | | | | | | | | | #REF! | #REF! | #REF! | #REF! | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | #REF! | #REF! | #REF! | #REF! | | | |
| 3 | A | Morn | Sun | 100.00 | 94.50 | Open | 35 | UN | M | Wal | Leighton Jones | 7 | 160.0 kg | 170.0 kg | 180.0 kg | | L | 105.0 kg | 110.0 kg | 115.0 kg | | 200.0 kg | | | | 495.0 kg | 0.56940 | 281.8530 | #REF! | #REF! | | | |
| 3 | A | Morn | Sun | 100.00 | 93.80 | T1 | 15 | UN | m | Wal | Joseph James | 6 | 120.0 kg | 120.0 kg | 135.0 kg | | L | 80.0 kg | 90.0 kg | 100.0 kg | | 130.0 kg | 140.0 kg | 155.0 kg | | 390.0 kg | 0.57170 | 222.9630 | #REF! | #REF! | | | |
| 3 | A | Morn | Sun | 90.00 | 89.50 | T2 | 17 | UN | M | Wal | Luke Davey | 6 | 100.0 kg | 110.0 kg | 112.5 kg | | H | 90.0 kg | 100.0 kg | 107.5 kg | | 140.0 kg | 150.0 kg | 155.0 kg | | 362.5 kg | 0.58730 | 212.8963 | #REF! | #REF! | | | |
| 3 | A | Morn | Sun | 82.50 | 78.30 | T2 | 17 | UN | M | Em | Kieran Richardson | 5 | 125.0 kg | 130.0 kg | 140.0 kg | | H | 85.0 kg | 90.0 kg | 95.0 kg | | 160.0 kg | 175.0 kg | 182.5 kg | | 412.5 kg | 0.64300 | 265.2375 | #REF! | #REF! | | | |
| 3 | A | Morn | Sun | 110.00 | 104.00 | M1 | 44 | UN | M | Wal | Christopher Jenkins | 7 | 140.0 kg | 140.0 kg | 160.0 kg | | L | 100.0 kg | 110.0 kg | 120.0 kg | | 180.0 kg | 180.0 kg | 190.0 kg | | 430.0 kg | 0.54550 | 234.5650 | 1.044 | 244.8859 | | | |
| 3 | A | Morn | Sun | 90.00 | 87.50 | Open | 38 | UN | M | Wal | Neil Davies | 5 | 140.0 kg | 160.0 kg | 165.0 kg | | L | 90.0 kg | 100.0 kg | 105.0 kg | | 180.0 kg | 190.0 kg | 205.0 kg | | 470.0 kg | 0.59560 | 279.9320 | #REF! | #REF! | | | |
| 3 | A | Morn | Sun | 90.00 | 88.10 | Open | 30 | UN | M | Wal | Brett Davies | 7 | 140.0 kg | 160.0 kg | 172.5 kg | | L | 105.0 kg | 120.0 kg | 120.0 kg | | 180.0 kg | 200.0 kg | 220.0 kg | | 512.5 kg | 0.59300 | 303.9125 | #REF! | #REF! | | | |
| 3 | A | Morn | Sun | 90.00 | 87.50 | Jnr | 20 | UN | M | Wal | Jarrad Combellack | 6 | 175.0 kg | 190.0 kg | 200.0 kg | | H | 110.0 kg | 120.0 kg | 127.5 kg | | 210.0 kg | 225.0 kg | 232.5 kg | | 552.5 kg | 0.59560 | 329.0690 | #REF! | #REF! | | | |
| 3 | A | Morn | Sun | 90.00 | 87.90 | Open | 18 | UN | M | Wal | Ryan Jones | 6 | 222.5 kg | 225.0 kg | 227.5 kg | | H | 125.0 kg | 125.0 kg | 127.5 kg | | 227.5 kg | 235.0 kg | 245.0 kg | | 587.5 kg | 0.59390 | 348.9163 | #REF! | #REF! | | | |
| 3 | A | Morn | Sun | 90.00 | 89.00 | M1 | 40 | UN | M | Wal | Christopher Protheroe | 7 | 220.0 kg | 230.0 kg | 235.0 kg | | L | 150.0 kg | 160.0 kg | 160.0 kg | | 260.0 kg | 270.0 kg | 275.0 kg | | 660.0 kg | 0.59830 | 394.8780 | 1.000 | 394.8780 | | | Best Lifter |
| 4 | A | Morn | Sun | 100.00 | 96.70 | Jnr | 21 | UN | M | Wal | Thomas Heelas | 6 | 160.0 kg | 170.0 kg | 175.0 kg | | L | 100.0 kg | 100.0 kg | 100.0 kg | | 200.0 kg | 210.0 kg | | | 475.0 kg | 0.56270 | 267.2825 | #REF! | #REF! | | | |
| 4 | A | Morn | Sun | 145.00 | 153.80 | M1 | 40 | UN | M | Wal | Robert West | 7 | 160.0 kg | 170.0 kg | 180.0 kg | | L | 120.0 kg | 130.0 kg | 140.0 kg | | 160.0 kg | | | | 460.0 kg | 0.48910 | 224.9860 | 1.000 | 224.9860 | | | |
| 4 | A | Morn | Sun | 100.00 | 93.00 | Jnr | 23 | UN | M | Wal | Alyn Morris | 5 | 185.0 kg | 195.0 kg | 205.0 kg | | LB | 150.0 kg | 160.0 kg | 160.0 kg | | 205.0 kg | | | | 540.0 kg | 0.57440 | 310.1760 | #REF! | #REF! | | | |
| 4 | A | Morn | Sun | 100.00 | 97.20 | Jnr | 22 | UN | M | Wal | Aarron Stenner | 6 | 135.0 kg | 150.0 kg | 160.0 kg | | H | 95.0 kg | 102.5 kg | 105.0 kg | | 175.0 kg | 185.0 kg | 185.0 kg | | 450.0 kg | 0.56130 | 252.5850 | #REF! | #REF! | | | |
| 4 | A | Morn | Sun | 110.00 | 110.00 | Open | 30 | UN | M | Wal | Huw Williams | 7 | 140.0 kg | 150.0 kg | 160.0 kg | | H | 95.0 kg | 102.5 kg | 107.5 kg | | 180.0 kg | 190.0 kg | 200.0 kg | | 462.5 kg | 0.53650 | 248.1313 | #REF! | #REF! | | | |
| 4 | A | Morn | Sun | 110.00 | 102.70 | Jnr | 21 | UN | M | Wal | Connor Dobbin | 5 | 180.0 kg | 195.0 kg | 205.0 kg | | H | 125.0 kg | 130.0 kg | 130.0 kg | | 187.5 kg | 200.0 kg | 215.0 kg | | 550.0 kg | 0.54810 | 301.4550 | #REF! | #REF! | | | |
| 4 | A | Morn | Sun | 110.00 | 107.50 | M1 | 43 | UN | M | Wal | Jason Johnson | 5 | 145.0 kg | 152.5 kg | 165.0 kg | | H | 102.5 kg | 110.0 kg | 115.0 kg | | 190.0 kg | 202.5 kg | 215.0 kg | | 477.5 kg | 0.53980 | 257.7545 | 1.028 | 264.9716 | | | |
| 4 | A | Morn | Sun | 110.00 | 103.20 | Open | 25 | UN | M | Wal | Alex Whitfield | 3 | 150.0 kg | 160.0 kg | 170.0 kg | | H | 100.0 kg | 120.0 kg | 120.0 kg | | 190.0 kg | 210.0 kg | 215.0 kg | | 485.0 kg | 0.54710 | 265.3435 | #REF! | #REF! | | | |
| 4 | A | Morn | Sun | 110.00 | 119.50 | Jnr | 22 | UN | M | Wal | Matthew Kidner | 4 | 150.0 kg | 157.5 kg | 167.5 kg | | H | 105.0 kg | 115.0 kg | 120.0 kg | | 220.0 kg | 232.5 kg | 237.5 kg | | 520.0 kg | 0.52740 | 274.2480 | #REF! | #REF! | | | |
| 4 | A | Morn | Sun | 110.00 | 104.40 | Open | 26 | UN | M | Wal | Daniel Yuill | 3 | 190.0 kg | 195.0 kg | | | H | 137.5 kg | 145.0 kg | 145.0 kg | | 237.5 kg | 245.0 kg | 250.0 kg | | 572.5 kg | 0.54480 | 311.8980 | #REF! | #REF! | | | |
| 4 | A | Morn | Sun | 110.00 | 109.00 | Open | 28 | UN | M | Wal | Joseph Kirk | 5 | 220.0 kg | 230.0 kg | 255.0 kg | | L | 140.0 kg | 155.0 kg | 162.5 kg | | 250.0 kg | 270.0 kg | 282.5 kg | | 700.0 kg | 0.53770 | 376.3900 | #REF! | #REF! | | | |
| 4 | A | Morn | Sun | 100.00 | 98.40 | Jnr | 21 | UN | M | Wal | Joshua Edwards | 4 | 220.0 kg | 232.5 kg | | | H | 140.0 kg | 140.0 kg | 150.0 kg | | 275.0 kg | 285.0 kg | 300.0 kg | | 95.0 kg | 0.55810 | 53.0195 | #REF! | #REF! | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | #REF! | #REF! | #REF! | #REF! | | | |

Refs
**Phil Webley-Parry**
**Nicky May**
**Robert West**
**Sue Bethell**