

Competition										Date of Comp -				Organiser														
Divisional Record		British Record			European Record			World Record			MPF World Record			Drug Tested				Calibrated Scales and Weights Used YES/NO										
FLT	Wt Class	Body wt	Age Cat	Age	UNI EQ	F/M	DIV	Name	SQUAT				BENCH				DEADLIFT				Total	Co off.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter
									1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift								
1	58.50	57.30	Open	33	UN	F	Wal	Amanda Gisby	120.0 kg	127.5 kg	127.5 kg		57.5 kg	62.5 kg	65.0 kg		150.0 kg	160.0 kg	160.0 kg		332.5 kg	0.89410	297.2883	#REF!	#REF!			
1	55.50	55.00	M2	47	Eq	F	Wal	Hilary Cotterell	60.0 kg	67.5 kg	72.5 kg		37.5 kg	40.0 kg	42.5 kg		90.0 kg	100.0 kg	110.0 kg		225.0 kg	0.92490	208.1025	1.096	228.0803			
1	70.00	69.20	Open	34	UN	F	Wal	Kathryn Holley	90.0 kg	100.0 kg	110.0 kg		70.0 kg	72.5 kg	75.0 kg		135.0 kg	145.0 kg	145.0 kg		307.5 kg	0.76420	234.9915	#REF!	#REF!			
1	63.00	60.50	Open	26	UN	F	Wal	Gemma Stimpson	100.0 kg	110.0 kg	120.0 kg		60.0 kg	62.5 kg	65.0 kg		130.0 kg	140.0 kg	150.0 kg		335.0 kg	0.85440	286.2240	#REF!	#REF!			
1	90+	98.50	Open	39	UN	F	Wal	Kat Zlamalova Brown	100.0 kg	110.0 kg	120.0 kg		50.0 kg	60.0 kg	65.0 kg		142.5 kg	155.0 kg	160.0 kg		340.0 kg	0.60330	205.1220	0.000	0.0000			
1	90+	100.70	M1	43	UN	F	Wal	Polly Thompson	120.0 kg	130.0 kg	140.0 kg		50.0 kg	55.0 kg	60.0 kg		150.0 kg	160.0 kg	165.0 kg	170.0 kg	365.0 kg	0.59650	217.7225	1.028	223.8187			
1	67.50	64.10	T2	16	UN	M	Wal	Rhys Cotterell	80.0 kg	90.0 kg	100.0 kg	105.00	67.5 kg	72.5 kg	77.5 kg		130.0 kg	140.0 kg	147.5 kg		312.5 kg	0.76130	237.9063	#REF!	#REF!			
1	75.00	72.90	T1	15	UN	M	Wal	Evan James	110.0 kg	120.0 kg	130.0 kg		95.0 kg	100.0 kg	105.0 kg		150.0 kg	160.0 kg	165.0 kg	170.0 kg	395.0 kg	0.67970	268.4815	#REF!	#REF!			
1	75.00	74.00	Jnr	23	UN	M	Wal	Ben Gibbs	155.0 kg	170.0 kg	175.0 kg		125.0 kg	130.0 kg	132.5 kg		195.0 kg	205.0 kg	210.0 kg		480.0 kg	0.67160	322.3680	#REF!	#REF!			
1	82.50	81.50	Jnr	21	UN	M	Wal	Harry Johnson	185.0 kg	185.0 kg	190.0 kg		125.0 kg	130.0 kg	132.5 kg		200.0 kg	210.0 kg	220.0 kg		525.0 kg	0.62450	327.8625	#REF!	#REF!			
1	82.50	79.80	Jnr	23	UN	M	Wal	Karl Morgan	165.0 kg	170.0 kg	175.0 kg		120.0 kg	125.0 kg	125.0 kg		200.0 kg	215.0 kg	225.0 kg		520.0 kg	0.63410	329.7320	#REF!	#REF!			
2	52.00	47.90	T1	14	UN	M	Wal	Liam Keddy									80.0 kg	82.5 kg	87.5 kg		87.5 kg	1.05770	92.5488	#REF!	#REF!			
2	67.50	66.30	M3	50	UN	M	Wal	Lyndon James									140.0 kg	150.0 kg	165.0 kg		165.0 kg	0.73770	121.7205	1.150	139.9786			
2	90.00	87.70	Jnr	22	UN	M	Wal	Jonathon Brittan	165.0 kg	172.5 kg	180.0 kg		125.0 kg	135.0 kg	145.0 kg		165.0 kg	172.5 kg	180.0 kg		505.0 kg	0.59470	300.3235	#REF!	#REF!			
2	100.00	92.50	T2	17	UN	M	Wal	Michael Johnson	145.0 kg	150.0 kg	160.0 kg		120.0 kg	130.0 kg	130.0 kg		145.0 kg	180.0 kg	200.0 kg		490.0 kg	0.57610	282.2890	#REF!	#REF!			
2	90.00	88.70	Open	38	UN	M	Wal	Neil Keddy	140.0 kg	150.0 kg	160.0 kg		115.0 kg	120.0 kg	127.5 kg		180.0 kg	190.0 kg	200.0 kg		460.0 kg	0.59050	271.6300	#REF!	#REF!			
2	90.00	87.40	M2	47	UN	M	Wal	Ross McFarlane	140.0 kg	150.0 kg	155.0 kg		125.0 kg	130.0 kg	135.0 kg		190.0 kg	200.0 kg	220.0 kg		510.0 kg	0.59600	303.9600	1.096	333.1402			
2	75.00	75.00	Open	33	UN	M	Wal	Daniel Richardson	170.0 kg	185.0 kg	200.0 kg		120.0 kg	127.5 kg	135.0 kg		210.0 kg	220.0 kg	230.0 kg		550.0 kg	0.66450	365.4750	#REF!	#REF!			
2	90.00	86.80	Jnr	20	UN	M	Wal	Owain Tobias									235.0 kg	250.0 kg	255.0 kg	260.0 kg	255.0 kg	0.59860	152.6430	#REF!	#REF!			
2	90.00	86.50	Open	26	UN	M	Wal	Ramone Burton	140.0 kg	170.0 kg	185.0 kg		100.0 kg	120.0 kg	130.0 kg		240.0 kg	280.0 kg	300.0 kg		615.0 kg	0.60000	369.0000	#REF!	#REF!			
2	100.00	90.30	Open	25	UN	M	Wal	Nicky May					115.0 kg	122.5 kg	130.0 kg						122.5 kg	0.58420	71.5645	#REF!	#REF!			
3	100.00	95.80	Open	39	UN	M	Wal	Joel Ingram	125.0 kg	135.0 kg	147.5 kg		80.0 kg	90.0 kg	95.0 kg		135.0 kg	155.0 kg	162.5 kg		382.5 kg	0.56540	216.2655	0.000	0.0000			
3	125.00	120.00	Open	24	UN	M	Wal	Chris Bell	100.0 kg	115.0 kg	122.5 kg		85.0 kg	92.5 kg	97.5 kg		175.0 kg	185.0 kg	200.0 kg		415.0 kg	0.52700	218.7050	#REF!	#REF!			
3	100.00	97.50	Open	34	UN	M	Wal	Owain Llŷr Jones	160.0 kg	170.0 kg	180.0 kg		135.0 kg	145.0 kg	152.5 kg		210.0 kg	220.0 kg	230.0 kg		562.5 kg	0.56050	315.2813	#REF!	#REF!			
3	110.00	104.10	M2	47	UN	M	Wal	Andrew Cotterell									210.0 kg	220.0 kg	230.0 kg		220.0 kg	0.54540	119.9880	1.096	131.5068			
3	110.00	109.20	M1	43	UN	M	Wal	Jason Johnson									205.0 kg	220.0 kg	232.5 kg		507.5 kg	0.53760	272.8320	1.028	280.4713			
3	110.00	105.20	Open	26	UN	M	Wal	Alex Whitfield	150.0 kg	160.0 kg	167.5 kg		107.5 kg	115.0 kg	120.0 kg		215.0 kg	230.0 kg	240.0 kg		240.0 kg	0.54340	130.4160	#REF!	#REF!			
3	110.00	106.70	M1	44	UN	M	Wal	Clint Trayhern									220.0 kg	235.0 kg	245.0 kg		235.0 kg	0.54100	127.1350	1.044	132.7289			
3	100.00	99.50	Open	36	UN	M	Wal	Geraint Llewellyn	185.0 kg	195.0 kg	200.0 kg		145.0 kg	155.0 kg	160.0 kg		225.0 kg	235.0 kg	245.0 kg		605.0 kg	0.55330	335.9565	#REF!	#REF!			
3	125.00	124.00	M1	44	Eq	M	Wal	Dylan Davies	200.0 kg	230.0 kg	231.0 kg		140.0 kg	155.0 kg	172.5 kg		200.0 kg	230.0 kg	255.0 kg		640.0 kg	0.52240	334.0360	1.044	349.0468			
3	90.00	88.80	Open	37	UN	M	Wal	Jonathan Mogford	140.0 kg	150.0 kg	151.0 kg		140.0 kg	150.0 kg	152.5 kg		230.0 kg	250.0 kg	255.0 kg		552.5 kg	0.59010	326.0303	#REF!	#REF!			
3	110.00	108.60	M1	41	Eq	M	Wal	Andrew Stone	220.0 kg	240.0 kg	260.0 kg		180.0 kg	190.0 kg	200.0 kg		250.0 kg	270.0 kg	280.0 kg		730.0 kg	0.53820	392.8860	1.005	394.8504			
3	125.00	122.30	M3	50	UN	M	Wal	Peter Sutton	180.0 kg	210.0 kg	225.0 kg		170.0 kg	180.0 kg	190.0 kg		245.0 kg	265.0 kg	285.0 kg		700.0 kg	0.52460	367.2200	1.150	422.3030			

Refs
 Phil Webley Parry
 Matthew Owain Kidner
 Dan Yall
 Kat Zlamalova-Brown
 Nicky May
 Dean Roberts