

Official BDFPA Score Sheet (V13.1)

Date of Comp - 09/10/2016 Organiser Neil Ratcliffe

Competition - North West Single Lifts Referees - Pat Reeves, Mike Leadbetter, Les Pilling, Steven Thomas

Division		British Record		European Record		World Record		MPF World Record		Divisional Record		Drug Tested		Calibrated Scales and Weights Used YES																	
FLT	Age Cat	Wt Class	Age	Body Weight	UN/EO	F/M	DIV	Name	SL/FP	SQUAT				BENCH				DEADLIFT				Total	QUALIFY REG	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter	
										1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift										
	T3	50.50	19	49.2	UN	F	NW	Danielle Wilson	FP	50.0 kg	52.0 kg	55.0 kg		30.0 kg	32.5 kg	35.0 kg		67.5 kg	72.5 kg	77.5 kg		167.5 kg	155	1.0132	169.711	1	169.711	1	1		
	Open	63.00	27	60.8	UN	F	NW	Hannah Emptage	FP	75.0 kg	80.0 kg	82.5 kg		52.5 kg	52.5 kg	52.5 kg		100.0 kg	105.0 kg	110.0 kg		0.0 kg	235	0.85080	0.0000	1.000	0.0000	0	0		
	M4	63.00	57	62.5	UN	F	NW	Fiona Graham-Spicer	FP	47.5 kg	55.0 kg	57.5 kg		30.0 kg	32.5 kg	35.0 kg		80.0 kg	92.5 kg	105.0 kg		167.5 kg	192.5	0.83130	139.2428	1.297	180.5978	1	1		
	Open	27	68.8	UN	F	NW	Mollie Wagstaff	FP	100.0 kg	107.5 kg	110.0 kg		50.0 kg	57.0 kg	60.0 kg		130.0 kg	135.0 kg	140.0 kg		310.0 kg	257.5	0.76740	237.8940	1.000	237.8940	1	1	Best Unequipped Female Powerlifter		
	Open	90.00	32	84.0	UN	F	NW	Claire Monaghan	FP	117.5 kg	122.5 kg	125.0 kg		57.5 kg	60.0 kg	60.0 kg		127.5 kg	132.5 kg	140.0 kg		310.0 kg	305	0.66420	205.9020	1.000	205.9020	1	1		
	Open	90+	37	94.1	UN	F	NW	Michelle Parker	FP	80.0 kg	80.0 kg	85.0 kg		42.5 kg	45.0 kg	50.0 kg		110.0 kg	115.0 kg	120.0 kg		250.0 kg	327.5	0.61730	154.3250	1.000	154.3250	3	3		
	M1	90+	42	94.9	UN	F	NW	Corrina Cross	FP	90.0 kg	100.0 kg	105.0 kg		42.5 kg	45.0 kg	47.5 kg		132.5 kg	135.0 kg	137.5 kg		287.5 kg	310	0.61470	176.7263	1.014	179.2004	2	2		
	T3	58.50	19	57.8	UND	F	WM	Grace Oakden	SL										90.0 kg	102.5 kg	110.0 kg		110.0 kg	77.5	0.88760	97.6360	1.000	97.6360	1	1	
	Jnr	63.00	21	62.5	UNB	F	NW	Georgina Stanway	SL					60.0 kg	82.5 kg	82.5 kg						60.0 kg	42.5	0.83130	49.8780	1.000	49.8780	1	1	Best Unequipped Female Bench	
	M1	70.00	44	65.5	UN	F	NW	Joanne Hind	SL	60.0 kg	60.0 kg	65.0 kg						100.0 kg	105.0 kg	110.0 kg		170.0 kg	245	0.79900	135.8300	1.044	141.8065	3	1		
	M4	70.00	55	65.6	UN	F	NW	Liz Dingley	SL	85.0 kg	90.0 kg	92.5 kg		52.5 kg	55.0 kg	57.5 kg		120.0 kg	125.0 kg	130.0 kg		280.0 kg	210	0.79790	223.4120	1.250	279.2650	2	1		
	Open	70.00	32	66.9	UND	F	NW	Rebecca Stephenson	SL									130.0 kg	135.0 kg	140.0 kg		140.0 kg	110	0.78470	109.8580	1.000	109.8580	2	2		
	Open	70.00	36	67.6	UN	F	NW	Nicola Merritt	SL				32.5 kg	35.0 kg	37.5 kg			95.0 kg	105.0 kg	110.0 kg		147.5 kg	257.5	0.77690	114.5928	1.000	114.5928	4	4		
	Open	70.00	30	68.8	UND	F	NW	Beth Hoggarth	SL									145.0 kg	155.0 kg	167.5 kg		155.0 kg	110	0.76740	118.9470	1.000	118.9470	1	1	Best Unequipped Female Deadlift	
	Jnr	70.00	21	69.9	UND	F	WM	Bethanie Edgeley	SL									90.0 kg	100.0 kg	115.0 kg		115.0 kg	100	0.75880	87.2620	1.000	87.2620	3	1		
	M3	80.00	52	73.7	UN	F	NW	Ellen Harrison	SL	85.0 kg	90.0 kg	95.0 kg		40.0 kg	45.0 kg	47.5 kg		90.0 kg	100.0 kg	107.5 kg		240.0 kg	242.5	0.73080	175.3920	1.187	208.1903	1	1		
	Open	80.00	34	75.0	UN	F	NW	Angelika Nowak	SL	107.5 kg	112.5 kg	112.5 kg						110.0 kg	115.0 kg	120.0 kg		232.5 kg	282.5	0.72160	167.7720	1.000	167.7720	2	2		
	M2	80.00	47	79.8	UN	F	NW	Catherine West	SL				42.5 kg	45.0 kg	47.5 kg			110.0 kg	115.0 kg	120.0 kg		162.5 kg	255	0.68980	112.0925	1.096	122.8534	3	1		
	M1	90+	42	114.7	UN	F	NW	Ruth Gardner	SL	125.0 kg	132.5 kg	140.0 kg		65.0 kg	67.5 kg	67.5 kg		145.0 kg	150.0 kg	155.0 kg		360.0 kg	310	0.00000	0.0000	1.014	0.0000	0	0		
	M4	60.00	56	58.7	UN	M	NW	Richard Gould	FP	85.0 kg	92.5 kg	95.0 kg		60.0 kg	65.0 kg	67.5 kg		120.0 kg	130.0 kg	132.5 kg		290.0 kg	305	0.83150	241.1350	1.273	306.9649	2	1		
	M1	60.00	43	58.9	UN	M	NW	Vincenzo Zuccarelli	FP	105.0 kg	110.0 kg	112.5 kg		92.5 kg	97.5 kg	97.5 kg		140.0 kg	145.0 kg	160.0 kg		355.0 kg	355	0.82860	294.1530	1.028	302.3893	1	1		
	Open	75.00	27	72.2	UN	M	NW	Sam Thompson	FP	140.0 kg	145.0 kg	152.5 kg		75.0 kg	80.0 kg	87.5 kg		190.0 kg	195.0 kg	202.5 kg		435.0 kg	457.5	0.68510	298.0185	1.000	298.0185	1	1		
	T3	82.50	18	81.7	UN	M	NE	George Neilson	FP	120.0 kg	140.0 kg	150.0 kg		75.0 kg	85.0 kg	85.0 kg		160.0 kg	180.0 kg	190.0 kg		405.0 kg	395	0.62350	252.5175	1.000	252.5175	1	1		
	M2	100.00	45	97.8	UN	M	NW	Steven Thomas	FP	165.0 kg	177.5 kg	185.0 kg		100.0 kg	110.0 kg	120.0 kg		202.5 kg	215.0 kg	230.0 kg		535.0 kg	500	0.55970	299.4395	1.060	317.4059	1	1		
	Jnr	110.00	23	100.7	UN	M	NW	Alec Davies	FP	145.0 kg	152.5 kg	160.0 kg		110.0 kg	115.0 kg	120.0 kg		170.0 kg	182.5 kg	192.5 kg		452.5 kg	512.5	0.55240	249.9610	1.000	249.9610	2	1		
	M6	110.00	69	104.7	UN	M	NW	Trevor Walker	FP	100.0 kg	125.0 kg	125.0 kg		75.0 kg	85.0 kg	95.0 kg		160.0 kg	180.0 kg	185.0 kg		390.0 kg	420	0.54430	212.2770	1.664	353.2289	3	1		
	Open	110.00	35	107.6	UN	M	NE	Steve Haswell	FP	200.0 kg	220.0 kg	230.0 kg		180.0 kg	190.0 kg	195.0 kg		260.0 kg	280.0 kg	300.0 kg		725.0 kg	570	0.53960	391.2100	1.000	391.2100	1	1	Best Unequipped Male Powerlifter	
	M4	60.00	56	58.7	UND	M	NW	Richard Gould	SL									125.0 kg	130.0 kg	132.5 kg		132.5 kg	117.5	0.83150	110.1738	1.273	140.2512	1	1		
	M2	75.00	47	73.0	UNB	M	NW	Asim Ijaz	SL	90.0 kg	100.0 kg	110.0 kg						-				110.0 kg	147.5	0.67890	74.6790	1.096	81.8482	1	1	Best Unequipped Male Squat Best Unequipped Male Squat (Masters)	
	M6	75.00	66	73.7	UND	M	NW	Alan Brindley	SL									100.0 kg	110.0 kg	120.0 kg		120.0 kg	125	0.67370	80.8440	1.565	126.5209	1	1		
	M1	82.50	43	80.8	EQB	M	NE	Gary Lovett	SL				115.0 kg	122.5 kg	125.0 kg						125.0 kg	125	0.62840	78.5500	1.028	80.7494	1	1	Best Equipped Male Bench Best Equipped Male Bench (Masters)		
	M1	82.50	43	80.8	UNB	M	NE	Gary Lovett	SL				130.0 kg	137.5 kg	142.5 kg						137.5 kg	115	0.62840	86.4050	1.028	88.8243	1	1			
	M1	82.50	42	81.5	UN	M	NM	Richard Crossland	SL	200.0 kg	210.0 kg	220.0 kg		130.0 kg	135.0 kg	140.0 kg						350.0 kg	465	0.62450	218.5750	1.014	221.6351	2	1		
	M7	90.00	72	86.2	UNB	M	NW	Timothy Whitebrook	SL				90.0 kg	100.0 kg	105.0 kg						105.0 kg	80	0.60130	63.1365	1.780	112.3830	1	1			
	M4	90.00	55	87.5	UN	M	NW	Brian Shields	SL				130.0 kg	135.0 kg	140.0 kg			200.0 kg	215.0 kg	225.0 kg		350.0 kg	425	0.59560	208.4600	1.250	260.5750	1	1		
	Open	90.00	31	88.4	UND	M	NE	Thomas Stringwell	SL									190.0 kg	200.0 kg	215.0 kg		215.0 kg	205	0.59180	127.2370	1.000	127.2370	1	1		
	M6	90.00	66	88.6	UN	M	NW	Ian King	SL				85.0 kg	90.0 kg	90.0 kg			160.0 kg	165.0 kg	170.0 kg		255.0 kg	385	0.59100	150.7050	1.565	235.8533	2	1		
	Open	90.00	26	89.4	UN	M	NW	MacKenzie Jackson	SL	185.0 kg	185.0 kg			95.0 kg	105.0 kg	110.0 kg					0.0 kg	520	0.58770	0.0000	1.000	0.0000	0	0			
	M6	90.00	69	89.4	UND	M	NW	David Howarth	SL									190.0 kg	200.0 kg	210.0 kg		200.0 kg	145	0.58770	117.5400	1.664	195.5866	2	1	Best Unequipped Male Deadlift (Masters)	
	M3	90.00	51	90.0	UND	M	NW	Derek Fowler	SL									130.0 kg	140.0 kg	160.0 kg		140.0 kg	175	0.58530	81.9420	1.168	95.7083	3	1		
	M2	100.00	47	90.6	UN	M	NW	Simon Winterborn	SL	165.0 kg	165.0 kg	175.0 kg						185.0 kg	195.0 kg	205.0 kg		370.0 kg	500	0.58300	215.7100	1.096	236.4182	4	3		
	M3	100.00	50	97.3	UND	M	NW	Simon Gardener	SL									200.0 kg	220.0 kg	230.0 kg		230.0 kg	185	0.56100	129.0300	1.150	148.3945	1	1		