

Official BDFPA Score Sheet (V13.1)

Date of Comp - 16th October 2016 Organiser - Ian Chaffey

Competition - Welsh Fullpower 2016 - Bangor

British Record		European Record					World Record				MPF World Record				Divisional Record				Drug Tested				Calibrated Scales and Weights Used YES					
Age Cat	Wt Class	Age	Body Weight	UN/EQ	F/M	DIV	Name	RH	SQUAT				RH	BENCH				DEADLIFT				Total	QUALIFY REQ	Co eff.	Points	Place Class	Place Cat	Best Lifter
									1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift							
Open	55.50	36	55.5	UN	F	Wal	Louise Brookwell	4	82.5 kg	90.0 kg	90.0 kg		5	57.5 kg	62.5 kg	65.0 kg		105.0 kg	112.5 kg	115.0 kg		257.5 kg	210	0.91800	236.3850	1	1	
Open	58.50	30	57.3	UN	F	Wal	Iona Evans	7	77.5 kg	82.5 kg	87.5 kg		7	37.5 kg	42.5 kg	45.0 kg		88.0 kg	95.0 kg	95.0 kg		0.0 kg	220	0.89410	0.0000	0	0	
T3	58.50	19	58.4	UN	F	WM	Grace Okden	5	85.0 kg	92.5 kg	95.0 kg		6	40.0 kg	47.5 kg	52.5 kg		105.0 kg	112.5 kg	115.0 kg		260.0 kg	177.5	0.88000	228.8000	1	1	
T3	63.00	19	63.0	UN	F	Wal	Sian Golding	6	70.0 kg	70.0 kg	85.0 kg		7	35.0 kg	40.0 kg	45.0 kg		105.0 kg	122.5 kg	132.5 kg		242.5 kg	192.5	0.82570	200.2323	2	1	
Open	63.00	25	61.2	UN	F	NW	Ellen Freeborn	6	105.0 kg	115.0 kg	120.0 kg		7	60.0 kg	65.0 kg	67.5 kg		130.0 kg	140.0 kg	145.0 kg		320.0 kg	235	0.84620	270.7840	1	1	
Open	70.00	32	68.4	UN	F	Wal	Lyndsey Thomas	7	60.0 kg	70.0 kg	75.0 kg		7	55.0 kg	60.0 kg	60.0 kg		100.0 kg	110.0 kg	115.0 kg		245.0 kg	257.5	0.77050	188.7725	2	2	
Open	70.00	33	63.4	UN	F	Wal	Katherine Court	6	102.5 kg	110.0 kg	117.5 kg		6	62.5 kg	65.0 kg	70.0 kg		145.0 kg	155.0 kg	155.0 kg		335.0 kg	257.5	0.82130	275.1355	1	1	Best Unequipped Female Powerlifter
Open	80.00	39	79.5	UN	F	Wal	Gillian Green	7	75.0 kg	75.0 kg	85.0 kg		7	40.0 kg	45.0 kg	52.5 kg		97.5 kg	105.0 kg	120.0 kg		225.0 kg	282.5	0.69170	155.6325	4	4	
M3	80.00	50	74.3	UN	F	NW	Mags Adepton	7	75.0 kg	82.5 kg	82.5 kg		7	55.0 kg	60.0 kg	60.0 kg		100.0 kg	110.0 kg	115.0 kg		257.5 kg	242.5	0.72650	187.0738	3	1	
Open	80.00	27	80.0	UN	F	Wal	Kim Jones	6	100.0 kg	100.0 kg	107.5 kg		6	60.0 kg	65.0 kg	67.5 kg		130.0 kg	137.5 kg	145.0 kg		310.0 kg	282.5	0.68850	213.4350	1	1	
Open	80.00	32	70.4	UN	F	Wal	Susan Ward	6	110.0 kg	120.0 kg	130.0 kg		4	57.5 kg	60.0 kg	60.0 kg		130.0 kg	137.5 kg	137.5 kg		310.0 kg	282.5	0.75500	234.0500	1	1	
Jnr	75.00	22	74.7	UN	M	NW	Ben Chambers	8	160.0 kg	170.0 kg	175.0 kg		7	110.0 kg	117.5 kg	117.5 kg		195.0 kg	205.0 kg	210.0 kg		495.0 kg	412.5	0.66660	329.9670	2	1	
Open	75.00	36	74.5	UN	M	Wal	Dan Richards	7	180.0 kg	195.0 kg	202.5 kg		7	115.0 kg	120.0 kg	125.0 kg		210.0 kg	220.0 kg	220.0 kg		547.5 kg	457.5	0.66800	365.7300	1	1	
T2	82.50	17	81.6	UN	M	Wal	Chris Bareham	8	120.0 kg	125.0 kg	130.0 kg		7	95.0 kg	100.0 kg	105.0 kg		160.0 kg	165.0 kg	170.0 kg		405.0 kg	355	0.62410	252.7605	2	1	
Jnr	82.50	22	80.5	UN	M	Wal	Jac Lewis	8	165.0 kg	180.0 kg	187.5 kg		5	140.0 kg	150.0 kg	157.5 kg		200.0 kg	220.0 kg	230.0 kg		575.0 kg	440	0.63010	362.3075	1	1	
Open	90.00	25	87.9	UN	M	NW	Edward Davison	9	140.0 kg	150.0 kg	157.5 kg		7	107.5 kg	115.0 kg	117.5 kg		190.0 kg	202.5 kg	210.0 kg		482.5 kg	520	0.59390	286.5568	3	3	
Open	90.00	31	87.5	UN	M	NW	Rob Mitcham	9	162.5 kg	170.0 kg	180.0 kg		7	87.5 kg	95.0 kg	100.0 kg		195.0 kg	202.5 kg	210.0 kg		485.0 kg	520	0.59560	288.8660	2	2	
Jnr	90.00	21	87.7	UN	M	Wal	Owain Tobias	8	180.0 kg	190.0 kg	190.0 kg		7	125.0 kg	132.5 kg	140.0 kg		265.0 kg	285.0 kg	285.0 kg		605.0 kg	467.5	0.59470	359.7935	1	1	
Open	100.00	24	97.7	UN	M	Wal	Josh Griffiths	11	177.5 kg	182.5 kg	190.0 kg		7	105.0 kg	112.5 kg	122.5 kg		185.0 kg	202.5 kg	202.5 kg		505.0 kg	552.5	0.55990	282.7495	3	3	
Open	100.00	35	98.6	UN	M	Wal	Llyr Jones	11	180.0 kg	190.0 kg	200.0 kg		7	145.0 kg	152.5 kg	160.0 kg		230.0 kg	240.0 kg	250.0 kg		600.0 kg	552.5	0.55750	334.5000	2	2	
Open	100.00	26	97.4	UN	M	Wal	Aaron Lewis	10	250.0 kg	260.0 kg	260.0 kg		7	160.0 kg	167.0 kg	172.5 kg		270.0 kg	285.0 kg	297.5 kg		695.0 kg	552.5	0.56080	389.7560	1	1	Best Unequipped Male Powerlifter
Open	110.00	25	107.0	UN	M	WM	Joseph Hall	8	210.0 kg	220.0 kg	230.0 kg		7	120.0 kg	130.0 kg	140.0 kg		210.0 kg	230.0 kg	240.0 kg		590.0 kg	570	0.54050	318.8950	1	1	
Open	125.00	26	112.5	UN	M	Wal	Andy Hughes	9	210.0 kg	220.0 kg	230.0 kg		7	115.0 kg	120.0 kg	125.0 kg		230.0 kg	240.0 kg	255.0 kg		585.0 kg	585	0.53370	312.2145	1	1	

Refs Ian Chaffey
Susan Ward
Aaron Lewis
Louise Brookwell
Sue Bethell