Official BDFPA Score Sheet (V13.1)

Competition - Welsh National Qualifier 2016 - Cardiff

Date of Comp - 4th December 2016 Organiser - Dean Roberts

British Record | European Record | World Record | MPF World Record | Divisional Record | Drug Tested

Calibrated Scales and Weights Used YES

SQ FLT	B FLT	DL FLT	Age Cat	Wt Class	Age	Body Weight	UN/ EQ	F/M	DIV	Name	SQUAT 1st Lift	SQUAT 2nd Lift	SQUAT 3rd Lift	SQUAT 4th Lift	BENCH 1st Lift	BENCH 2nd Lift	BENCH 3rd Lift	BENCH 4th Lift	DEADLIFT 1st Lift	DEADLIFT 2nd Lift	DEADLIFT 3rd Lift	DEADLIFT 4th Lift	Total	QUALIFY REQ	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter
4	4	4	Open	100.00	27	94.6	UN	M	Wal	Adam Curtain	120.0 kg	140.0 kg	170.0 kg		110.0 kg	120.0 kg	130.0 kg		120.0 kg	160.0 kg	180.0 kg		470.0 kg	552.5	0.56910	267.4770	1.000	267.4770	3	3	
4	4	4	T3	90.00	18	87.7	UN	M	Wal	Adam Thomas	150.0 kg	157.5 kg	162.5 kg		95.0 kg	100.0 kg	105.0 kg		180.0 kg	190.0 kg	200.0 kg		462.5 kg	420	0.59470	275.0488	1.000	275.0488	4	1	
1	1	1	Open	63.00	28	61.7	UN	F	Sw	Aishlen Taylor	80.0 kg	85.0 kg	92.5 kg		40.0 kg	45.0 kg	50.0 kg		100.0 kg	110.0 kg	120.0 kg		255.0 kg	235	0.84040	214.3020	1.000	214.3020	1	1	
4	4	4	Open	110.00	29	102.0	UN	M	Wal	Ash Cocco	110.0 kg	120.0 kg	127.5 kg		60.0 kg	65.0 kg	72.5 kg		132.5kg	140.0 kg	145.0 kg		345.0 kg	570	0.54950	189.5775	1.000	189.5775	5	5	
4	4	4	Open	90.00	30	87.2	UN	M	Wal	Ash Lewis	175.0 kg	185.0 kg	200.0 kg		117.5 kg	122.5 kg	130.0 kg		220.0 kg	230.0 kg	240.0 kg		570.0 kg	520	0.59690	340.2330	1.000	340.2330	1	1	
	3		Open	75.00	35	73.7	UNB	M	Se	Ben Richens					102.5 kg	107.5 kg	112.5 kg						112.5 kg	112.5	0.67370	75.7913	1.000	75.7913	2	2	
		3	Open	75.00	35	73.7	UND	M	Se	Ben Richens									170.0 kg	180.0 kg	190.0 kg		190.0 kg	180	0.67370	128.0030	1.000	128.0030	3	3	
3	3	3	Open	82.50	24	76.0	UN	M	Wal	Benjamin Gibbs	170.0 kg	180.0 kg	190.0 kg		100.0 kg	110.0 kg	115.0 kg		200.0 kg	210.0 kg	222.5 kg		512.5 kg	490	0.65770	337.0713	1.000	337.0713	2	2	
1	1	1	Jnr	50.50	23	50.5	UN	F	Wal	Beth David	60.0 kg	65.0 kg	72.5 kg		40.0 kg	45.0 kg	45.0 kg		85.0 kg	95.0 kg	100.0 kg		205.0 kg	172.5	0.99190	203.3395	1.000	203.3395	2	1	
5	5	5	M4	90.00	58	83.9	EQ	M	Wal	Brad Culverwell	190.0 kg	210.0 kg	212.5 kg		75.0 kg	82.5 kg	82.5 kg		205.0 kg	230.0 kg	230.0 kg		502.5 kg	467.5	0.61220	307.6305	1.322	406.6875	2	1	Best Equipped Male Powerlifter (Masters)
4	4	4	Open	82.50	32	82.5	UN	M	Wal	Brett Davies	167.5 kg	177.5 kg	180.0 kg		115.0 kg	120.0 kg	120.0 kg		210.0 kg	220.0 kg	225.0 kg		0.0 kg	490	0.61930	0.0000	1.000	0.0000	0	0	
1	1	1	M2	63.00	45	61.4	UN	F	Wal	Catherine Charlton	92.5 kg	92.5 kg	92.5 kg		50.0 kg	55.0 kg	57.5 kg		130.0 kg	140.0 kg	147.5 kg		0.0 kg	212.5	0.84380	0.0000	1.060	0.0000	0	0	
4	4	4	Jnr	100.00	22	97.4	UN	M	Wal	Charles Fajemisin	205.0 kg	222.5 kg	232.5 kg		115.0 kg	130.0 kg	142.5 kg		220.0 kg	255.0 kg	260.0 kg		622.5 kg	497.5	0.56080	349.0980	1.000	349.0980	2	1	
5	5	5	Open	125.00	25	124.2	EQ	M	Wal	Chris Bell	170.0 kg	182.5 kg	187.5 kg		125.0 kg	135.0 kg	140.0 kg						317.5 kg	645	0.52210	165.7668	1.000	165.7668	1	1	
5	5	5	Open	110.00	27	108.6	UN	M	Wal	Dan Yuill	195.0 kg	202.5 kg	212.5 kg		147.5 kg	155.0 kg	160.0 kg		235.0 kg	250.0 kg	260.0 kg		632.5 kg	570	0.53820	340.4115	1.000	340.4115	1	1	
3	3	3	Open	67.50	28	66.6	UN	M	Wal	Daniel Morgan	145.0 kg	155.0 kg	160.0 kg		92.5 kg	100.0 kg	107.5 kg		165.0 kg	175.0 kg	185.0 kg		435.0 kg	417.5	0.73470	319.5945	1.000	319.5945	1	1	
3	3	3	Jnr	82.50	22	75.3	UN	M	Wal	Daniel White	130.0 kg	140.0 kg	150.0 kg		110.0 kg	120.0 kg	130.0 kg		160.0 kg	170.0 kg	180.0 kg		450.0 kg	440	0.66240	298.0800	1.000	298.0800	5	1	
3	3	3	Open	75.00	27	73.3	UN	M	Wal	Denzil John Turbervill	120.0 kg	145.0 kg	155.0 kg		100.0 kg	100.0 kg	107.5 kg		160.0 kg	165.0 kg	170.0 kg		410.0 kg	457.5	0.67670	277.4470	1.000	277.4470	3	3	
1	1	1	Open	50.50	34	48.2	UN	F	Wal	Frances Evans	60.0 kg	70.0 kg	70.0 kg		35.0 kg	40.0 kg	40.0 kg		80.0 kg	90.0 kg	92.5 kg		192.5 kg	192.5	1.03010	198.2943	1.000	198.2943	3	3	
1	1	1	Open	50.50	39	49.2	UN	F	Sw	Helen Gregory	75.0 kg	77.5 kg	82.5 kg		52.5 kg	55.0 kg	57.5 kg		117.5 kg	125.0 kg	130.0 kg		262.5 kg	192.5	1.01320	265.9650	1.000	265.9650	1	1	Best Unequipped Female Powerlifter
4	4	4	Open	100.00	25	95.2	UN	M	Wal	Indy Singh	200.0 kg	220.0 kg	230.0 kg		120.0 kg	140.0 kg	145.0 kg		260.0 kg	280.0 kg	300.0 kg		655.0 kg	552.5	0.56720	371.5160	1.000	371.5160	1	1	Best Unequipped Male Powerlifter
3	3	3	Jnr	75.00	20	74.4	UN	M	Wal	Jack Arlett	140.0 kg	150.0 kg	155.0 kg		100.0 kg	107.5 kg	110.0 kg		175.0 kg	175.0 kg	190.0 kg		447.5 kg	412.5	0.66870	299.2433	1.000	299.2433	2	1	
2	2	2	Open	82.50	24	79.5	UN	M	Wal	Jack Higgings	160.0 kg	170.0 kg	180.0 kg		115.0 kg	120.0 kg	125.0 kg		190.0 kg	200.0 kg	210.0 kg		500.0 kg	490	0.63580	317.9000	1.000	317.9000	3	3	
5	5	5	Open	90.00	33	89.7	EQ	M	Wal	James Noble	200.0 kg	207.5 kg	215.0 kg		110.0 kg	122.5 kg	135.0 kg		260.0 kg	270.0 kg	270.0 kg		597.5 kg	572.5	0.58650	350.4338	1.000	350.4338	1	1	Best Equipped Male Powerlifter
4	4	4	M2	100.00	49	95.8	UN	M	Wal	John Lewis	135.0 kg	135.0 kg	140.0 kg		95.0 kg	102.5 kg	110.0 kg		150.0 kg	160.0 kg	175.0 kg		417.5 kg	500	0.56540	236.0545	1.132	267.2137	4	1	
	4		Jnr	90.00	23	88.3	UNB	M	Wal	Jonathon Brittan					125.0 kg	130.0 kg	140.0 kg						130.0 kg	115	0.59220	76.9860	1.000	76.9860	1	1	
2	2	2	Open	82.50	24	79.7	UN	M	Wal	Karl Strangward-Morgan	172.5 kg	182.5 kg	190.0 kg		115.0 kg	120.0 kg	125.0 kg		210.0 kg	220.0 kg	230.0 kg		545.0 kg	490	0.63470	345.9115	1.000	345.9115	1	1	
2	2	2	M1	90+	40	99.5	UN	F	Wal	Kat Zlamalova Brown	112.5 kg	120.0 kg			60.0 kg	65.0 kg			132.5 kg	150.0 kg	160.0 kg		340.0 kg	310	0.60020	204.0680	1.000	204.0680	1	1	
	1		Open	70.00	35	68.3	UNB	F	Wal	Kathryn Holley					75.0 kg	80.0 kg	82.5 kg						80.0 kg	50	0.77130	61.7040	1.000	61.7040	1	1	Best Unequipped Female Bench
1	1	1	Jnr	53.00	22	51.5	UN	F	Wal	Kayley Phillips	60.0 kg	72.5 kg	80.0 kg		27.5 kg	32.5 kg	35.0 kg		80.0 kg	95.0 kg	102.5 kg		210.0 kg	182.5	0.97620	205.0020	1.000	205.0020	1	1	
		1	M4	80.00	57	73.3	UND	F	Sw	Linda Thorne									120.0 kg	127.5 kg	135.0 kg		135.0 kg	100	0.73360	99.0360	1.297	128.4497	1	1	Best Unequipped Female Deadlift Best Unequipped Female Deadlift (Masters)
1	1	1	Jnr	63.00	23	58.6	UN	F	Wal	Louise Delaitre	70.0 kg	77.5 kg	82.5 kg		40.0 kg	47.5 kg	52.5 kg		90.0 kg	102.5 kg	112.5 kg		242.5 kg	212.5	0.87750	212.7938	1.000	212.7938	3	2	
	3		Open	75.00	25	74.9	UNB	M	Wal	Luke Phillips					120.0 kg	130.0 kg	132.5 kg						132.5 kg	112.5	0.66520	88.1390	1.000	88.1390	1	1	Best Unequipped Male Bench
		3	Open	75.00	25	74.9	UND	M	Wal	Luke Phillips									225.0 kg	240.0 kg	242.5 kg		240.0 kg	180	0.66520	159.6480	1.000	159.6480	1	1	
3			Open	75.00	25	74.9	UNS	M	Wal	Luke Phillips	185.0 kg	195.0 kg	203.0 kg	-205.00									202.5 kg	162.5	0.66520	134.7030	1.000	134.7030	1	1	Best Unequipped Male Squat
	4		Open	100.00	24	97.7	UNB	M	Sw	Mantas Grizas					122.5 kg	127.5 kg	132.5 kg						132.5 kg	135	0.55990	74.1868	1.000	74.1868	1	1	
5	5	5	M2	110.00	45	105.0	UN	M	Wal	Marc Jenkins	140.0 kg	180.0 kg	190.0 kg		100.0 kg	115.0 kg	115.0 kg		180.0 kg	205.0 kg	210.0 kg		485.0 kg	515	0.54370	263.6945	1.060	279.5162	4	1	
1	1	1	Jnr	63.00	21	61.1	UN	F	Sw	Mare Gross	70.0 kg	80.0 kg	87.5 kg		47.5 kg	55.0 kg	62.5 kg		92.5 kg	100.0 kg	105.0 kg		255.0 kg	212.5	0.84730	216.0615	1.000	216.0615	1	1	
5	5	5	Open	145.00	38	138.4	UN	M	Wal	Mark Searle	175.0 kg	182.5 kg	182.5 kg		117.5 kg	122.5 kg	122.5 kg		180.0 kg	190.0 kg	210.0 kg		510.0 kg	612.5	0.50510	257.6010	1.000	257.6010	1	1	
2	2	2	Open	82.50	27	80.8	UN	M	Wal	Martin Andrews	145.0 kg	155.0 kg	160.0 kg		100.0 kg	107.5 kg	115.0 kg		195.0 kg	210.0 kg	217.5 kg		462.5 kg	490	0.62840	290.6350	1.000	290.6350	4	4	
5	5	5	Jnr	125.00	23	117.7	UN	M	Wal	Mathew Kidner	180.0 kg	195.0 kg	205.0 kg		115.0 kg	115.0 kg	122.5 kg		230.0 kg	245.0 kg	245.0 kg		572.5 kg	527.5	0.52900	302.8525	1.000	302.8525	1	1	
2	2	2	M1	80.00	43	74.3	UN	F	Wal	Melanie Cicero	95.0 kg	105.0 kg	110.0 kg		62.5 kg	65.0 kg	67.5 kg		145.0 kg	152.5 kg	160.0 kg		335.0 kg	267.5	0.72650	243.3775	1.028	250.1921	1	1	
3	3	3	Open	75.00	29	74.0	UN	M	Wal	Michael Elias	150.0 kg	150.0 kg	150.0 kg		95.0 kg	100.0 kg	107.5 kg		195.0 kg	205.0 kg	222.5 kg		480.0 kg	457.5	0.67160	322.3680	1.000	322.3680	1	1	
	2		M1	82.50	41	79.1	UNB	M	Se	Mike Burt					120.0 kg	127.5 kg	135.0 kg						135.0 kg	115	0.63820	86.1570	1.005	86.5878	1	1	
1	1	1	Open	70.00	24	68.8	UN	F	Wal	Nathalie Harasyn	100.0 kg	110.0 kg	110.0 kg		50.0 kg	55.0 kg	55.0 kg		140.0 kg	150.0 kg	160.0 kg		300.0 kg	257.5	0.76740	230.2200	1.000	230.2200	1	1	
4	4	4	Open	90.00	25	88.7	UN	M	Wal	Oliver Emmitt	160.0 kg	175.0 kg	190.0 kg		110.0 kg	120.0 kg	135.0 kg		210.0 kg	230.0 kg	245.0 kg		555.0 kg	520	0.59050	327.7275	1.000	327.7275	2	2	
		2	Open	82.50	32	80.0	UND	M	Sw	Oliver Frois									215.0 kg	230.0 kg	240.0 kg		240.0 kg	192.5	0.63290	151.8960	1.000	151.8960	1	1	
		1	T1	53.00	15	51.4	UND	F	Wal	Rhiannon Harries									92.5 kg	97.5 kg	100.0 kg		100.0 kg	57.5	0.97780	97.7800	1.000	97.7800	1	1	
4	4	4	M2	90.00	48	86.9	UN	M	Wal	Ross McFarlane	140.0 kg	150.0 kg	160.0 kg		120.0 kg	132.5 kg	140.0 kg		200.0 kg	220.0 kg			520.0 kg	470	0.59820	311.0640	1.114	346.5253	3	1	
2	2	2	M1	70.00	43	65.4	UN	F	Wal	Samanthan Heighway	90.0 kg	95.0 kg	100.0 kg		50.0 kg	55.0 kg	57.5 kg		125.0 kg	130.0 kg	135.0 kg		290.0 kg	245	0.80000	232.0000	1.028	238.4960	2	1	
3	3	3	Open	82.50	29	81.6	UN	M	Wal	Scott Davies	110.0 kg	120.0 kg	130.0 kg		90.0 kg	100.0 kg	105.0 kg		130.0 kg	155.0 kg	160.0 kg		385.0 kg	490	0.62410	240.2785	1.000	240.2785	7	7	
5	5	5	Open	110.00	39	106.7	UN	M	Wal	Simon Cottrell	195.0 kg	205.0 kg	217.5 kg		125.0 kg	132.5 kg	140.0 kg		202.5 kg	212.5 kg	220.0 kg		577.5 kg	570	0.54100	312.4275	1.000	312.4275	2	2	
2	2	2	Jnr	70.00	22	70.0	UN	F	Wal	Sophie Matthews	65.0 kg	72.5 kg	77.5 kg		37.5 kg	42.5 kg	45.0 kg		100.0 kg	107.5 kg	112.5 kg		227.5 kg	232.5	0.75810	172.4678	1.000	172.4678	3	1	
2	2	2	T3	82.50	19	81.8	UN	M	Wal	Stephen May	135.0 kg	140.0 kg	147.5 kg		102.5 kg	107.5 kg	107.5 kg		165.0 kg	180.0 kg	195.0 kg		430.0 kg	395	0.62300	267.8900	1.000	267.8900	6	1	
		3	Open	75.00	25	74.4	UND	M	Wal	Thomas Daniel									170.0 kg	185.0 kg	200.0 kg		200.0 kg	180	0.66870	133.7400	1.000	133.7400	2	2	
3			Open	75.00	25	74.4	UNS	M	Wal	Thomas Daniel	135.0 kg	142.5 kg	150.0 kg										150.0 kg	162.5	0.66870	100.3050	1.000	100.3050	2	2	
		3	Jnr	67.50	23	64.8	UND	M	Sw	Thomas Jeffcott									200.0 kg	213.0 kg	217.5 kg		212.5 kg	147.5	0.75350	160.1188	1.000	160.1188	1	1	Best Unequipped Male Deadlift
	5		Open	125.00	32	121.0	UNB	M	Sw	Tom Barson					150.0 kg	160.0 kg	170.0 kg						160.0 kg	142.5	0.52600	84.1600	1.000	84.1600	1	1	
		5	Open	125.00	32	121.0	UND	M	Sw	Tom Barson									210.0 kg	225.0 kg	235.0 kg		235.0 kg	232.5	0.52600	123.6100	1.000	123.6100	1	1	
5	5	5	Open	110.00	24	106.4	UN	M	Wal	William Falleyn	200.0 kg	207.5 kg	215.0 kg		105.0 kg	110.0 kg	115.0 kg		215.0 kg	230.0 kg	230.0 kg		555.0 kg	570	0.54140	300.4770	1.000	300.4770	3	3	
				0.00																			0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0	
				0.00						Refs													0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0	
				0.00						Dean Roberts													0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0	

				0.00						Nicky May													**0.0 kg**	#N/A	#REF!	0.0000	1.000	0.0000	0	0	
				0.00						Joshua Edwards													**0.0 kg**	#N/A	#REF!	0.0000	1.000	0.0000	0	0	
				0.00						Phil Webley Parry													**0.0 kg**	#N/A	#REF!	0.0000	1.000	0.0000	0	0	
				0.00						James Minear													**0.0 kg**	#N/A	#REF!	0.0000	1.000	0.0000	0	0	
				0.00						Jason Johnson													**0.0 kg**	#N/A	#REF!	0.0000	1.000	0.0000	0	0	
				0.00																			**0.0 kg**	#N/A	#REF!	0.0000	1.000	0.0000	0	0	