Official BDFPA Score Sheet (V13.1)

Date of Comp - 22nd July 2017 Organiser - Tom Coyle

Competition - 4 Nations 2017 - Castleblayney, Ireland

British Record | European Record | World Record | MPF World Record | Divisional Record | Drug Tested | Calibrated Scales and Weights Used YES

Age Cat	Wt Class	Age	Body Weight	UN/ EQ	F/M	DIV	Name	SQUAT 1st Lift	SQUAT 2nd Lift	SQUAT 3rd Lift	SQUAT 4th Lift	RH	BENCH 1st Lift	BENCH 2nd Lift	BENCH 3rd Lift	BENCH 4th Lift	DEADLIFT 1st Lift	DEADLIFT 2nd Lift	DEADLIFT 3rd Lift	DEADLIFT 4th Lift	Total	QUALIFY REQ	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter
Open	82.50	34	78.8	EQ	M	Wales	Phil Webley Parry			230.0 kg		10			190.0 kg				255.0 kg		**675.0 kg**	540	0.63990	431.9325	1.000	431.9325	1	1	Best Equipped Male Powerlifter
Open	82.50	31	81.0	EQ	M	Scotland	Chris Empson			225.0 kg		11			170.0 kg				245.0 kg		**640.0 kg**	540	0.62730	401.4720	1.000	401.4720	2	2	
M2	100.00	45	92.0	EQ	M	Scotland	Tom Moffat			240.0 kg		9			155.0 kg				230.0 kg		**625.0 kg**	547.5	0.57790	361.1875	1.060	382.8588	1	1	
Open	60.00	30	59.0	EQ	M	Ireland	Barry Smith			185.0 kg			122.5 kg	122.5 kg	122.5 kg		192.5 kg	192.5 kg	192.5 kg		**500.0 kg**	407.5	0.82710	413.5500	1.000	413.5500			
Open	110.00	30	104.7	EQ	M	England	Matthew Gibson			310.0 kg		11			230.0 kg				250.0 kg		**790.0 kg**	627.5	0.54430	429.9970	1.000	429.9970	1	1	
Jnr	58.50	23	57.2	UN	F	England	Amber Hannant			**115.0 kg**		8			**75.0 kg**				**135.0 kg**		**325.0 kg**	197.5	0.89540	291.0050	1.000	291.0050	2	1	
Jnr	58.50	23	58.2	UN	F	Scotland	Hannag McIntyre			**100.0 kg**		7			**57.5 kg**				**150.0 kg**		**307.5 kg**	197.5	0.88250	271.3688	1.000	271.3688	3	2	
Open	47.50	34	47.0	UN	F	Wales	Fran Evans			**70.0 kg**		9			**50.0 kg**				**120.0 kg**		**240.0 kg**	185	1.05120	252.2880	1.000	252.2880	1	1	
M2	58.50	49	58.5	UN	F	Wales	Wendy Evans			**110.0 kg**		9			**55.0 kg**				**132.5 kg**		**297.5 kg**	200	0.87880	261.4430	1.132	295.9535	4	1	
Open	58.50	24	58.0	UN	F	England	Lucia Puricelli			**127.5 kg**		7			**67.5 kg**				**145.0 kg**		**340.0 kg**	220	0.88510	300.9340	1.000	300.9340	1	1	
Jnr	70.00	23	69.9	UN	F	England	Jasmine Isoyama			**132.5 kg**		11			**82.5 kg**				**172.5 kg**		**387.5 kg**	232.5	0.75880	294.0350	1.000	294.0350	3	1	
Open	63.00	38	61.2	UN	F	Scotland	Karen Dalziel			**102.5 kg**		9			**70.0 kg**				**152.5 kg**		**325.0 kg**	235	0.84620	275.0150	1.000	275.0150	2	2	
Open	70.00	29	69.1	UN	F	England	Amy Atkinson			**157.5 kg**		9			**92.5 kg**				**170.0 kg**		**420.0 kg**	257.5	0.76500	321.3000	1.000	321.3000	1	1	Best Unequipped Female Powerlifter
Open	63.00	28	62.7	UN	F	Wales	Aishlen Taylor			**105.0 kg**		9			**55.0 kg**				**135.0 kg**		**295.0 kg**	235	0.82910	244.5845	1.000	244.5845	3	3	
Open	70.00	24	66.1	UN	F	Wales	Becky Jones			**147.5 kg**		9			**75.0 kg**				**172.5 kg**		**395.0 kg**	257.5	0.79280	313.1560	1.000	313.1560	2	2	
Open	70.00	35	68.2	UN	F	Wales	Kathyrn Holly			**105.0 kg**		10			**85.0 kg**				**130.0 kg**		**320.0 kg**	257.5	0.77210	247.0720	1.000	247.0720	5	5	
Open	80.00	30	74.0	UN	F	Scotland	Lorraine Partick			**110.0 kg**		10			**77.5 kg**				155.0 kg		**342.5 kg**	282.5	0.72860	249.5455	1.000	249.5455	1	1	
Open	100.00	26	98.3	UN	M	Wales	Indy Singhh			**245.0 kg**		9			**145.0 kg**				**300.0 kg**		**690.0 kg**	552.5	0.55830	385.2270	1.000	385.2270	2	2	
Open	75.00	24	74.6	UN	M	England	Callum Barney			**202.5 kg**		10			**142.5 kg**				**250.0 kg**		**595.0 kg**	457.5	0.66730	397.0435	1.000	397.0435	1	1	
Open	90.00	38	87.9	UN	F	Scotland	Bernie Cunningham			**155.0 kg**					**110.0 kg**				190.0 kg		**455.0 kg**	305	0.64200	292.1100	1.000	292.1100	1	1	
Jnr	90.00	21	84.1	UN	M	England	Jordan Raine			**217.5 kg**		9			**125.0 kg**				**257.5 kg**		**600.0 kg**	467.5	0.61120	366.7200	1.000	366.7200	4	1	
Open	100.00	30	96.5	UN	M	Wales	Ash Cocco			**135.0 kg**		11			**75.0 kg**				**150.0 kg**		**360.0 kg**	552.5	0.56330	202.7880	1.000	202.7880	5	5	
Open	82.50	27	82.1	UN	M	Scotland	Dean Robertson			**220.0 kg**		8			**145.0 kg**				240.0 kg		**605.0 kg**	490	0.62140	375.9470	1.000	375.9470	1	1	
Open	90.00	26	86.4	UN	M	England	Terry Minty			**237.5 kg**		11			**157.5 kg**				**287.5 kg**		**682.5 kg**	520	0.60040	409.7730	1.000	409.7730	1	1	Best Unequipped Male Powerlifter
Open	110.00	37	102.5	UN	M	Wales	Gerint Llewellyn			**200.0 kg**		11			**155.0 kg**				**255.0 kg**		**610.0 kg**	570	0.54850	334.5850	1.000	334.5850	2	2	
Open	82.50	35	77.0	UN	M	Scotland	Peter McDougall			**172.5 kg**		11			**120.0 kg**				**210.0 kg**		**502.5 kg**	490	0.65110	327.1778	1.000	327.1778	2	2	
Open	90.00	27	89.4	UN	M	England	Mark Jackson			**240.0 kg**		12			**157.5 kg**				**285.0 kg**		**682.5 kg**	520	0.58770	401.1053	1.000	401.1053	1	1	
Open	125.00	24	114.0	UN	M	Wales	Matthew Kinder			**210.0 kg**		11			**130.0 kg**				**260.0 kg**		**600.0 kg**	585	0.53230	319.3800	1.000	319.3800	1	1	
Open	90.00	25	83.0	UN	M	Scotland	David McWilliams			**220.0 kg**		10			**135.0 kg**				**250.0 kg**		**605.0 kg**	520	0.61670	373.1035	1.000	373.1035	3	3	
Open	100.00	36	96.6	UN	M	England	Nathan Harvey			**230.0 kg**					**150.0 kg**				**325.0 kg**		**705.0 kg**	552.5	0.56300	396.9150	1.000	396.9150			
M7	110.00	71	102.1	UN	M	England	Ron Burden			**162.5 kg**					**137.5 kg**				**230.0 kg**		**530.0 kg**	377.5	0.54930	291.1290	1.740	506.5645	3	1	
Open	50.50	34	48.7	UN	F	Ireland	Janine Urquart			**92.5 kg**					**50.0 kg**				**120.0 kg**		**262.5 kg**	192.5	1.02160	268.1700	1.000	268.1700	1	1	
Open	63.00	27	62.0	UN	F	Ireland	Geina McGrath			**117.5 kg**					**60.0 kg**				**170.0 kg**		**347.5 kg**	235	0.83700	290.8575	1.000	290.8575	1	1	
Open	70.00	36	64.8	UN	F	Ireland	Danielle O'Sullivan			**130.0 kg**					**65.0 kg**				**150.0 kg**		**345.0 kg**	257.5	0.80630	278.1735	1.000	278.1735	4	4	
M1	90.00	40	82.5	UN	F	Ireland	Paulina Coleman			**130.0 kg**					**77.5 kg**				**180.0 kg**		**387.5 kg**	290	0.67310	260.8263	1.000	260.8263	2	1	
Open	75.00	24	74.4	UN	M	Ireland	Martin Reidy			**180.0 kg**					**122.2 kg**				**270.0 kg**		**570.0 kg**	457.5	0.66870	381.1590	1.000	381.1590	2	2	
M2	75.00	47	72.0	UN	M	Ireland	Dessie Hughes			**150.0 kg**					**107.5 kg**				**182.5 kg**		**440.0 kg**	412.5	0.68670	302.1480	1.096	331.1542	3	1	
Jnr	90.00	21	85.1	UN	M	Ireland	Conor Logue			**175.0 kg**					**147.5 kg**				**230.0 kg**		**552.5 kg**	467.5	0.60640	335.0360	1.000	335.0360	5	2	
Jnr	100.00	21	96.4	UN	M	Ireland	Ryan Daley			**180.0 kg**					**127.5 kg**				**245.0 kg**		**552.5 kg**	497.5	0.56360	311.3890	1.000	311.3890	4	1	
M2	125.00	46	113.4	UN	M	Ireland	Tomas Cuddihy			**215.0 kg**					**122.5 kg**				**215.0 kg**		**552.5 kg**	527.5	0.53280	294.3720	1.078	317.3330	2	1	
M2	125.00	47	113.1	UN	M	Ireland	James Collins			**180.0 kg**					**145.0 kg**				**210.0 kg**		**535.0 kg**	527.5	0.53310	285.2085	1.096	312.5885	3	2	
M8	110.00	75	107.8	UN	M	Ireland	John West			**155.0 kg**		11			**130.0 kg**				**225.0 kg**		**510.0 kg**	340	0.53930	275.0430	1.900	522.5817	4	1	Best Unequipped Male Powerlifter (Masters)
M8	90.00	77	87.8	UN	M	Scotland	Davie Hearn			**100.0 kg**					**80.0 kg**				**150.0 kg**		**330.0 kg**	312.5	0.59430	196.1190	1.980	388.3156	6	1	
Open	100.00	25	95.6	UN	M	Scotland	Jamie Connor			**215.0 kg**					**165.0 kg**				**270.0 kg**		**650.0 kg**	520	0.61670	373.1035	1.000	373.1035	3	3	
Open	110.00	30	104.5	UN	M	Scotland	Liam Curran			**240.0 kg**		11			**170.0 kg**				**290.0 kg**		**700.0 kg**	570	0.54460	381.2200	1.000	381.2200	1	1	
Open	145.00	37	126.8	UN	M	Wales	Deri Hughes			**260.0 kg**		13			**160.0 kg**				**220.0 kg**		**640.0 kg**	612.5	0.51880	332.0320	1.000	332.0320	1	1	