

Official BDFPA Score Sheet (V13.2)

Date of Comp - Organiser

Division		Competition -										World Record										MPF World Record										Divisional Record										Drug Tested										DEADLIFT										Calibrated Scales and Weights Used YES/NO									
FLT	Age Cat	Wt Class	Age	Body Weight	UN/EQ	F/M	DIV	Name	SQUAT				Best Squat	RH	BENCH				Best Bench	1st Lift				2nd Lift				3rd Lift				4th Lift				Best Deadlift	Total	QUALIFY REQ	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter																										
									1st Lift	2nd Lift	3rd Lift	4th Lift			1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift																																				
1	Jnr	50.50	23	50.1	UN	F	EC	Jen Cassar	60.0 kg	0.0 kg	0.0 kg		60.0 kg		52.5 kg	57.5 kg	80.5 kg	62.5 kg	60.0 kg	90.0 kg	0.0 kg	0.0 kg		90.0 kg	210.0 kg	172.5	0.99840	209.6640	1.000	209.6640	1	1																																							
1	T1	53.00	15	51.2	UNB	F	W	Rhannon Harries	0.0 kg	0.0 kg	0.0 kg				0.0 kg	0.0 kg	0.0 kg			95.0 kg	102.5 kg	0.0 kg		102.5 kg	32.5 kg	57.5	0.98090	100.5423	1.000	100.5423	1	1	Best Unequipped Female Deadlift																																						
1	T1	53.00	15	51.2	UNB	F	W	Rhannon Harries	0.0 kg	0.0 kg	0.0 kg				30.0 kg	32.5 kg	0.0 kg			32.5 kg	0.0 kg	0.0 kg		32.5 kg	32.5 kg	27.5	0.98090	31.8793	1.000	31.8793	1	1	Best Unequipped Female Bench																																						
1	Open	55.50	30	54.1	UN	F	SE	Aillicia James	90.0 kg	100.0 kg	110.0 kg		110.0 kg		45.0 kg	52.5 kg	60.0 kg			52.5 kg	110.0 kg	125.0 kg	145.0 kg		145.0 kg	307.5 kg	210	0.93760	288.3120	1.000	288.3120	1	1	Best Unequipped Female Powerlifter																																					
1	T1	55.50	14	55.5	UNB	F	W	Catrin Harries	0.0 kg	0.0 kg	0.0 kg				0.0 kg	0.0 kg	0.0 kg			65.0 kg	72.5 kg	80.0 kg		80.0 kg	80.0 kg	57.5	0.91800	73.4400	1.000	73.4400	1	1																																							
1	T1	55.50	14	55.5	UNB	F	W	Catrin Harries	0.0 kg	0.0 kg	0.0 kg				27.5 kg	30.0 kg	32.5 kg	35.0 kg			32.5 kg	0.0 kg	0.0 kg		32.5 kg	30	0.91800	29.8350	1.000	29.8350	1	1																																							
1	Open	58.50	26	56.0	UN	F	SE	Kirtsy Bell	80.0 kg	85.0 kg	90.0 kg		90.0 kg		45.0 kg	50.0 kg	55.0 kg			50.0 kg	100.0 kg	105.0 kg	110.0 kg		110.0 kg	250.0 kg	220	0.91220	228.0500	1.000	228.0500	1	1																																						
1	Open	63.00	38	62.5	UN	F	SE	Rima Baki	110.0 kg	120.0 kg	125.0 kg		125.0 kg		65.0 kg	67.5 kg	70.0 kg			70.0 kg	125.0 kg	130.0 kg	132.5 kg		130.0 kg	322.5 kg	235	0.83130	268.0943	1.000	268.0943	1	1																																						
1	Open	63.00	38	60.4	UN	F	EC	Tamasin Mallia	77.5 kg	82.5 kg	85.0 kg		82.5 kg		60.0 kg	62.5 kg	65.0 kg			62.5 kg	127.5 kg	132.5 kg	137.5 kg		137.5 kg	282.5 kg	235	0.85560	241.7070	1.000	241.7070	2	2																																						
1	Jnr	63.00	20	59.5	UN	F	EC	Laura May Smart	55.0 kg	60.0 kg	65.0 kg		55.0 kg		30.0 kg	35.0 kg	40.0 kg			35.0 kg	75.0 kg	85.0 kg	90.0 kg		85.0 kg	175.0 kg	190	0.86640	151.6200	1.000	151.6200	3	1																																						
1	T2	70.00	17	68.0	UN	F	NM	Yasmin Kandagh	100.0 kg	100.0 kg	110.0 kg		110.0 kg		50.0 kg	55.0 kg	55.0 kg			55.0 kg	110.0 kg	120.0 kg	135.0 kg		135.0 kg	300.0 kg	190	0.77370	232.1100	1.000	232.1100	1	1																																						
1	Open	80.00	35	77.5	UN	F	SE	Nydia Prosper	100.0 kg	110.0 kg	115.0 kg		110.0 kg		60.0 kg	65.0 kg	67.5 kg			65.0 kg	130.0 kg	140.0 kg	152.5 kg		152.5 kg	327.5 kg	282.5	0.70470	230.7893	1.000	230.7893	1	1																																						
1	Open	80.00	27	71.1	UNB	F	SCO	Emma Williams	0.0 kg	0.0 kg	0.0 kg				77.5 kg	85.0 kg	90.0 kg			85.0 kg	0.0 kg	0.0 kg		85.0 kg	57.5	0.74970	63.7245	1.000	63.7245	1	1																																								
1	Open	90+	34	129.7	UNB	F	EC	Carrie Lantrua	157.5 kg	157.5 kg	167.0 kg		157.5 kg		0.0 kg	0.0 kg	0.0 kg			0.0 kg	0.0 kg	0.0 kg	0.0 kg		157.5 kg	117.5	0.54350	85.6013	1.000	85.6013	1	1																																							
1	M1	90+	44	111.5	UNB	F	NW	Andrea Neuman	0.0 kg	0.0 kg	0.0 kg				65.0 kg	70.0 kg	75.0 kg			75.0 kg	0.0 kg	0.0 kg	0.0 kg		75.0 kg	65	0.56750	42.5625	1.004	44.4353	1	1																																							
3	M2	0.00	45	0.0	UN	M	EC	Rob Harris	0.0 kg	0.0 kg	0.0 kg		0.0 kg		0.0 kg	0.0 kg	0.0 kg							0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0																																								
3	Open	0.00	34	0.0	UN	M	EM	Matt Smetts	0.0 kg	0.0 kg	0.0 kg				0.0 kg	0.0 kg	0.0 kg							0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0																																								
2	Open	60.00	27	59.1	UN	M	EC	Ben Hampson	135.0 kg	145.0 kg	153.0 kg		152.5 kg		102.5 kg	107.5 kg	107.5 kg			102.5 kg	170.0 kg	180.0 kg	185.0 kg		180.0 kg	435.0 kg	372.5	0.82570	359.1795	1.000	359.1795	1	1																																						
2	Jnr	67.50	21	67.0	UN	M	EC	Samuel Verrinder	140.0 kg	150.0 kg	155.0 kg		150.0 kg		77.5 kg	80.0 kg	85.0 kg			80.0 kg	170.0 kg	185.0 kg	190.0 kg		190.0 kg	420.0 kg	375	0.73070	306.8940	1.000	306.8940	1	1																																						
2	Open	67.50	28	66.2	UN	M	S	Greg Townson	110.0 kg	125.0 kg	125.0 kg		125.0 kg		100.0 kg	102.5 kg	107.5 kg			102.5 kg	170.0 kg	190.0 kg	190.0 kg		190.0 kg	417.5 kg	417.5	0.73870	308.4073	1.000	308.4073	2	2																																						
2	Open	75.00	25	74.3	UN	M	EC	Matthew Perry	155.0 kg	162.5 kg	167.5 kg		162.5 kg		107.5 kg	112.5 kg	115.0 kg			115.0 kg	155.0 kg	170.0 kg	170.0 kg		170.0 kg	447.5 kg	457.5	0.66940	299.5565	1.000	299.5565	1	1																																						
2	M5	75.00	61	74.4	UN	M	WM	Gary Conway	105.0 kg	0.0 kg	0.0 kg		105.0 kg		105.0 kg	110.0 kg	0.0 kg			110.0 kg	140.0 kg	0.0 kg	0.0 kg		140.0 kg	355.0 kg	355	0.66870	237.3885	1.410	334.7178	2	1																																						
2	Open	75.00	28	75.0	UNB	M	SE	Sam Hardy	0.0 kg	0.0 kg	0.0 kg				0.0 kg	0.0 kg	0.0 kg			0.0 kg	205.0 kg	210.0 kg	215.0 kg		215.0 kg	260.0 kg	180	0.66450	172.7700	1.000	172.7700	1	1																																						
2	M3	75.00	53	72.0	UNB	M	EM	Dave Thomas	0.0 kg	0.0 kg	0.0 kg				0.0 kg	0.0 kg	0.0 kg				205.0 kg	210.0 kg	215.0 kg		215.0 kg	215.0 kg	155	0.68870	147.6405	1.207	178.2021	2	1																																						
2	Open	75.00	28	74.7	UNB	M	EC	Alex Davies	162.5 kg	170.0 kg	180.0 kg		170.0 kg		0.0 kg	0.0 kg	0.0 kg			0.0 kg	0.0 kg	0.0 kg	0.0 kg		170.0 kg	162.5	0.66660	113.3220	1.000	113.3220	1	1																																							
1	M3	75.00	51	74.2	UNB	M	EC	Lee Meachen	0.0 kg	0.0 kg	0.0 kg				135.0 kg	142.5 kg	145.0 kg			145.0 kg	0.0 kg	0.0 kg	0.0 kg		145.0 kg	97.5	0.67010	97.1645	1.168	113.4881	1	1																																							
2	M3	75.00	53	72.0	UNB	M	EM	Dave Thomas	0.0 kg	0.0 kg	0.0 kg				90.0 kg	92.5 kg	92.5 kg			90.0 kg	0.0 kg	0.0 kg	0.0 kg		90.0 kg	97.5	0.68670	61.8030	1.207	74.5962	2	2																																							
2	Open	82.50	25	81.8	UN	M	NW	Simon Williams	170.0 kg	185.0 kg	195.0 kg		185.0 kg		110.0 kg	120.0 kg	125.0 kg			120.0 kg	210.0 kg	220.0 kg	230.0 kg		220.0 kg	525.0 kg	490	0.62300	327.0750	1.000	327.0750	1	1																																						
2	M3	82.50	54	80.3	UN	M	SW	Stephen Charters	155.0 kg	165.0 kg	175.0 kg		175.0 kg		80.0 kg	90.0 kg	100.0 kg			100.0 kg	185.0 kg	200.0 kg	220.0 kg		220.0 kg	495.0 kg	420	0.63120	312.4440	1.238	383.6812	2	1																																						
2	Open	82.50	33	82.1	UN	M	EC	William Hanglin	150.0 kg	160.0 kg	160.0 kg		150.0 kg		100.0 kg	105.0 kg	110.0 kg			105.0 kg	200.0 kg	205.0 kg	210.0 kg		210.0 kg	465.0 kg	490	0.62140	288.9510	1.000	288.9510	3	3																																						
2	M7	82.50	74	81.9	UNB	M	EC	Ernie Parkes	0.0 kg	0.0 kg	0.0 kg		0.0 kg		0.0 kg	0.0 kg	0.0 kg				212.5 kg	227.5 kg	235.0 kg		235.0 kg	235.0 kg	122.5	0.62240	146.2640	1.860	272.0510	1	1																																						
2	Jnr	82.50	21	79.6	UNB	M	NW	Umar Said	0.0 kg	0.0 kg	0.0 kg				0.0 kg	0.0 kg	0.0 kg			180.0 kg	200.0 kg	200.0 kg		200.0 kg	200.0 kg	172.5	0.63520	127.0400	1.000	127.0400	2	1																																							
2	Jnr	82.50	21	79.6	UNB	M	NW	Umar Said	157.5 kg	157.2 kg	157.5 kg		157.5 kg		0.0 kg	0.0 kg	0.0 kg			0.0 kg	0.0 kg	0.0 kg	0.0 kg		157.5 kg	157.5	0.63520	100.0440	1.000	100.0440	1	1																																							
2	Jnr	82.50	21	79.6	UNB	M	NW	Umar Said	0.0 kg	0.0 kg	0.0 kg				105.0 kg	107.5 kg	110.0 kg			110.0 kg	0.0 kg	0.0 kg	0.0 kg		110.0 kg	107.5	0.63520	69.8720	1.000	69.8720	1	1																																							
3	Open	90.00	26	88.4	UN	M	EC	Mark Jackson	215.0 kg	235.0 kg	240.0 kg		240.0 kg		140.0 kg	150.0 kg	0.0 kg			150.0 kg	250.0 kg	270.0 kg	280.0 kg		270.0 kg	660.0 kg	520	0.59180	390.5880	1.000	390.5880	1	1																																						
3	Open	90.00	26	86.1	UN	M	EC	Michael Aregbesola	180.0 kg	190.0 kg	200.0 kg		200.0 kg		117.5 kg	122.5 kg	127.5 kg			122.5 kg	200.0 kg	210.0 kg	220.0 kg		210.0 kg	532.5 kg	520	0.60180	320.4585	1.000	320.4585	2	2																																						
3	Open	90.00																																																																					

Manon Bradley (NAT)
Glenn Branch (NAT)
Steve Van Kempen (NAT)
Silvia Costa (NAT)
Phil Jones (DIV)
Jim Burden (DIV)

Scorekeepers
Annabel Berry
Jen Cassar
Silvia Costa

Drug Testing

