

Official BDFPA Score Sheet (V13.5)

Date of Comp -15th October 2017 Organiser - Richard Bremner

Competition - South West Autumn Singsge Lift Championships held at Synergy Barbell, Weston-super-Mare

British Record		European Record					World Record				MPF World Record				Divisional Record				Drug Tested				Calibrated Scales and Weights Used YES						
Age Cat	Wt Class	Age	Body Weight	UN/ EQ	F/M	DIV	Name	SQUAT				BENCH				DEADLIFT				Total	QUALIFY REQ	Co eff.	Points	Place Class	Place Cat	Best Lifter			
								1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift										
Open	110.00	35	101.2	EQB	M		Russell Martin					182.5 kg	182.5 kg	190.0 kg									190.0 kg	152.5	0.55130	104.7470	1	1	Best Equipped Male Bench
Open	110.00	39	105.6	EQB	M		David Wozniak					180.0 kg	185.0 kg	190.0 kg									190.0 kg	152.5	0.54270	103.1130	2	2	
Open	110.00	35	101.2	EQD	M		Russell Martin											255.0 kg	272.5 kg	280.0 kg		272.5 kg	232.5	0.55130	150.2293	1	1	Best Equipped Male Deadlift	
Open	50.50	27	49.4	UNB	F		Leoni Tatman					60.0 kg	65.0 kg	67.5 kg									65.0 kg	37.5	1.00980	65.6370	1	1	Best Unequipped Female Bench
Open	55.50	28	55.0	UNB	F		Jo Barwell					37.5 kg	40.0 kg	42.5 kg									40.0 kg	42.5	0.92490	36.9960	1	1	
Open	67.50	33	66.0	UNB	M		Shane Weeks					100.0 kg	115.0 kg	115.0 kg									100.0 kg	100	0.74080	74.0800	1	1	
Open	82.50	28	80.6	UNB	M		Robert Zakrzewski					140.0 kg	145.0 kg	150.0 kg									145.0 kg	120	0.62950	91.2775	1	1	Best Unequipped Male Bench
M4	82.50	57	82.4	UNB	M		Mark Edwards					130.0 kg	140.0 kg	145.0 kg									145.0 kg	100	0.61980	89.8710	2	1	Best Unequipped Male Bench (Masters)
Open	82.50	33	79.2	UNB	M		Oliver Frois					105.0 kg	112.5 kg	120.0 kg									120.0 kg	120	0.63760	76.5120	3	3	
M2	82.50	47	81.6	UNB	M		Ben Taylor					100.0 kg	110.0 kg	pass									110.0 kg	110	0.62410	68.6510	4	1	
Open	100.00	26	90.8	UNB	M		John Duffy					117.5 kg	117.5 kg	120.0 kg									117.5 kg	135	0.58230	68.4203	1	1	
Open	110.00	28	107.2	UNB	M		Philip Salter					145.0 kg	152.5 kg	pass									152.5 kg	140	0.54020	82.3805	1	1	
Open	125.00	33	119.4	UNB	M		Tom Barson					155.0 kg	165.0 kg	172.5 kg									165.0 kg	142.5	0.52750	87.0375	1	1	
M1	125.00	44	117.6	UNB	M		Graham always					110.0 kg	125.0 kg	145.0 kg									145.0 kg	135	0.52910	76.7195	2	1	
Open	55.50	28	55.0	UND	F		Jo Barwell											127.5 kg	135.0 kg	140.0 kg		140.0 kg	90	0.92490	129.4860	1	1	Best Unequipped Female Deadlift	
Open	58.50	36	56.8	UND	F		Emma Wells											105.0 kg	115.0 kg	125.0 kg		125.0 kg	95	0.90060	112.5750	1	1		
M1	58.50	42	58.5	UND	F		Masayo Makino											120.0 kg	125.0 kg	130.0 kg		125.0 kg	90	0.87880	109.8500	2	1		
Open	63.00	25	60.6	UND	F		Aimee Westwood					100.0 kg	105.0 kg	110.0 kg									110.0 kg	100	0.85320	93.8520	1	1	
Open	67.50	33	66.0	UND	M		Shane Weeks											120.0 kg	130.0 kg	135.0 kg		130.0 kg	165	0.74080	96.3040	1	1		
M5	82.50	60	82.2	UND	M		Charles Buchanan											250.0 kg	265.0 kg	280.0 kg		280.0 kg	150	0.62090	173.8520	1	1	Best Unequipped Male Deadlift Best Unequipped Male Deadlift (Masters)	
Open	82.50	33	79.2	UND	M		Oliver Frois											215.0 kg	225.0 kg	240.0 kg		240.0 kg	192.5	0.63760	153.0240	2	2		
M2	82.50	49	81.8	UND	M		Matt Rowe											220.0 kg	235.0 kg	pass		235.0 kg	172.5	0.62300	146.4050	3	1		
M2	82.50	47	81.6	UND	M		Ben Taylor											190.0 kg	200.0 kg	pass		200.0 kg	172.5	0.62410	124.8200	4	2		
M1	90.00	40	81.6	UND	F		Rosie Henry											120.0 kg	127.5 kg	135.0 kg		135.0 kg	125	0.67860	91.6110	1	1		
T1	90.00	15	88.2	UND	F		Benita Rawlings											70.0 kg	87.5 kg	92.5 kg		87.5 kg	87.5	0.64040	56.0350	2	1		
Open	100.00	26	90.8	UND	M		John Duffy											220.0 kg	230.0 kg	240.0 kg		240.0 kg	215	0.58230	139.7520	1	1		
M3	100.00	50	91.0	UND	M		Steve Congreve											230.0 kg	240.0 kg	250.0 kg		240.0 kg	185	0.58150	139.5600	2	1		
Jnr	100.00	23	95.8	UND	M		Callum Green											202.5 kg	212.5 kg	220.0 kg		220.0 kg	192.5	0.56540	124.3880	3	1		
M4	100.00	57	99.8	UND	M		Simon Mansell											210.0 kg	215.0 kg	220.0 kg		220.0 kg	175	0.55450	121.9900	4	1		
Open	110.00	28	107.2	UND	M		Philip Salter											235.0 kg	255.0 kg	255.0 kg		255.0 kg	222.5	0.54020	137.7510	1	1		
M1	90+	44	112.2	UND	F		Joanne Buscombe											127.5 kg	135.0 kg	140.0 kg		140.0 kg	132.5	0.56660	79.3240	1	1		
Open	90+	37	95.6	UND	F		Samantha Saunders											130.0 kg	137.5 kg	145.0 kg		137.5 kg	140	0.61250	84.2188	2	2		
Open	50.50	27	49.4	UNS	F		Leoni Tatman	100.0 kg	107.5 kg	112.5 kg												112.5 kg	67.5	1.00980	113.6025	1	1	Best Unequipped Female Squat	
Open	55.50	28	55.0	UNS	F		Jo Barwell	85.0 kg	90.0 kg	95.0 kg												90.0 kg	72.5	0.92490	83.2410	1	1		
Open	63.00	25	60.6	UNS	F		Aimee Westwood	82.5 kg	82.5 kg	87.5 kg												87.5 kg	82.5	0.85320	74.6550	1	1		
M2	82.50	49	81.8	UNS	M		Matt Rowe	172.5 kg	180.0 kg	192.5 kg												192.5 kg	160	0.62300	119.9275	1	1	Best Unequipped Male Squat Best Unequipped Male Squat (Masters)	
M4	82.50	57	82.4	UNS	M		Mark Edwards	140.0 kg	150.0 kg	160.0 kg												150.0 kg	145	0.61980	92.9700	2	1		
Open	110.00	28	107.2	UNS	M		Philip Salter	172.5 kg	185.0 kg	200.0 kg												200.0 kg	200	0.54020	108.0400	1	1		

Refs  
 Simon Mansell (div)  
 Richard Bremner (Nat)  
 Matt Gibson (Div)  
 Russell Martin (Int)  
 Jon Clarke (div)  
 Loaders  
 Simon Halliday  
 Lewis Jones